

Terapia dello scompenso cardiaco a frazione di eiezione ridotta: oltre i 4 pilastri

Stefano Pidello

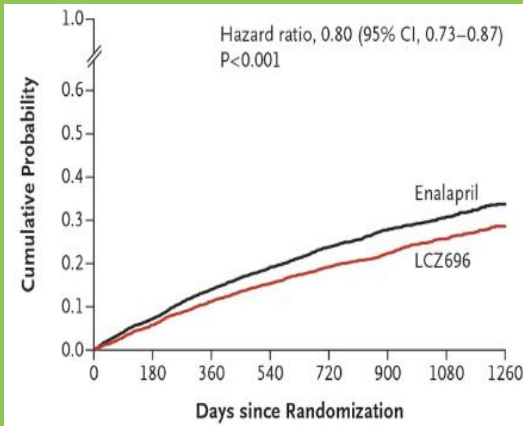
Cardiologia U

Città della Salute e della Scienza - Torino



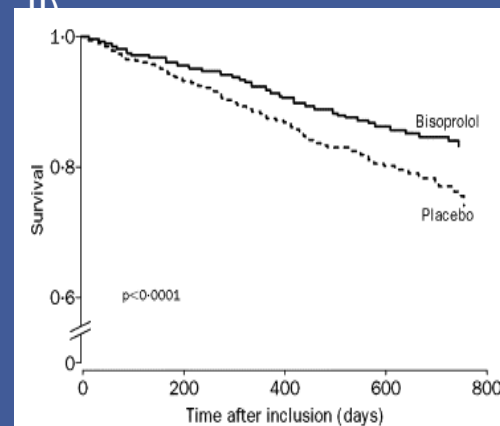
Background: terapia cardine dell'insufficienza cardiaca

ARNi (PARADIGM-HF)



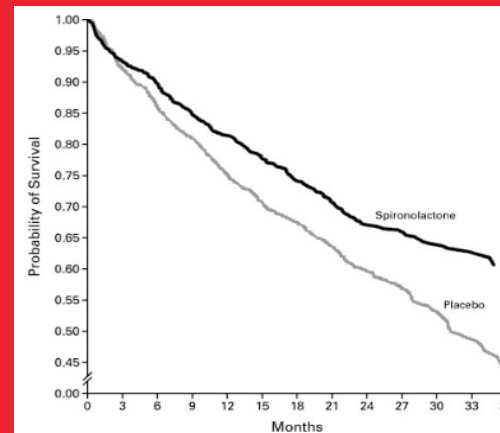
ARNi riduce la mortalità

BETABLOCCANTI (CIBIS-II)



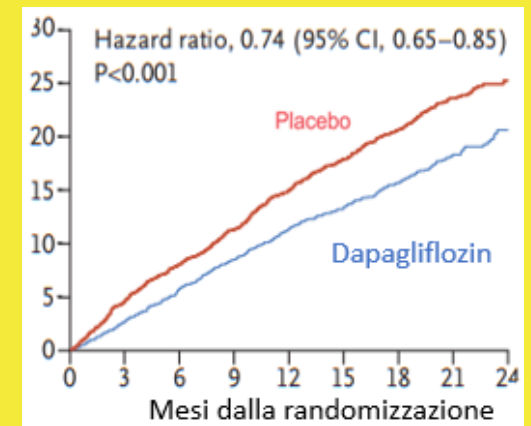
I betabloccanti riducono la mortalità

MRA (RALES)



MRA riducono la mortalità

SGLT2i (DAPA-HF)



SGLT2i riducono la mortalità

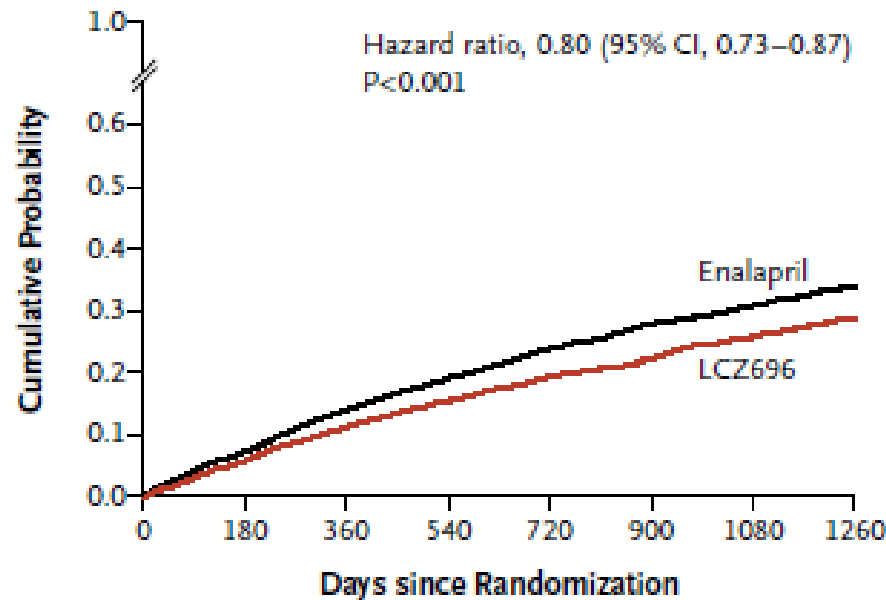
Management of HFrEF



Beneficio precoce

Angiotensin–Neprilysin Inhibition versus Enalapril in Heart Failure

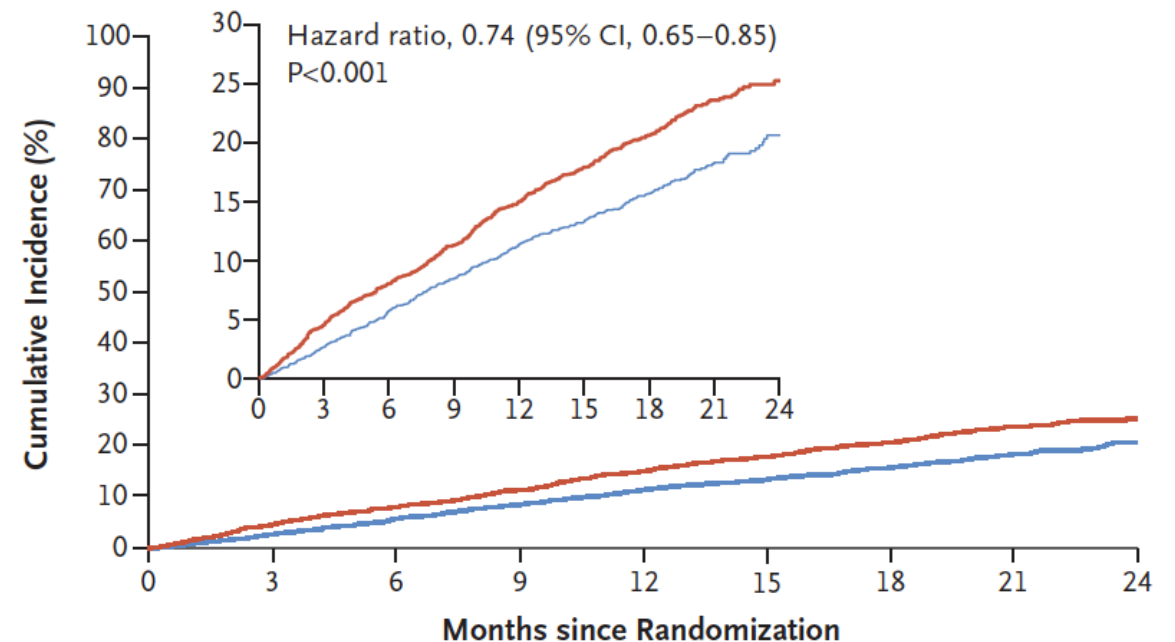
A Primary End Point



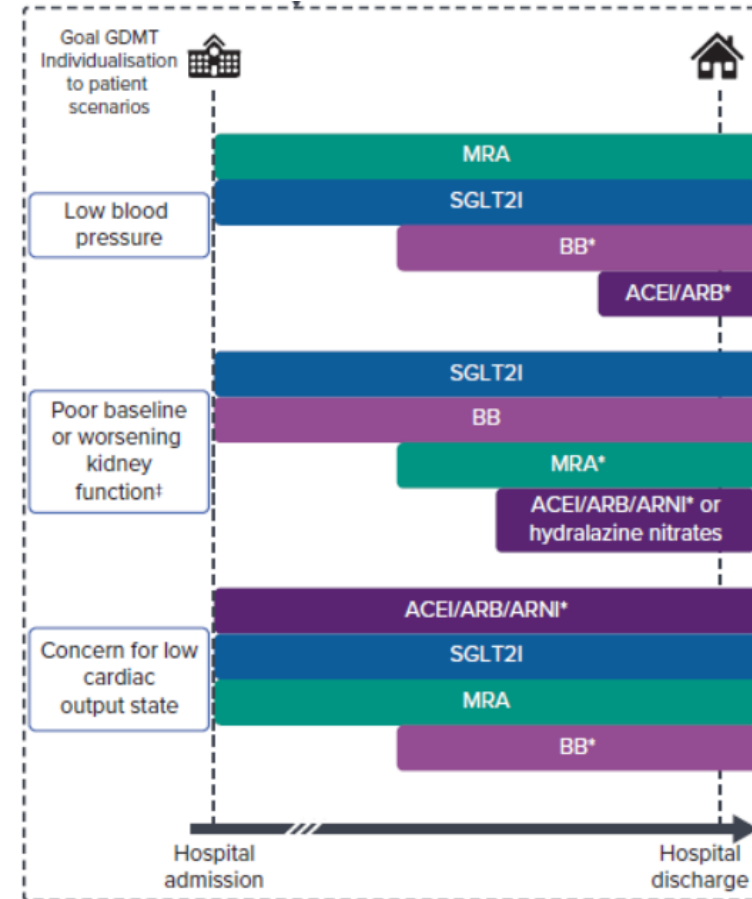
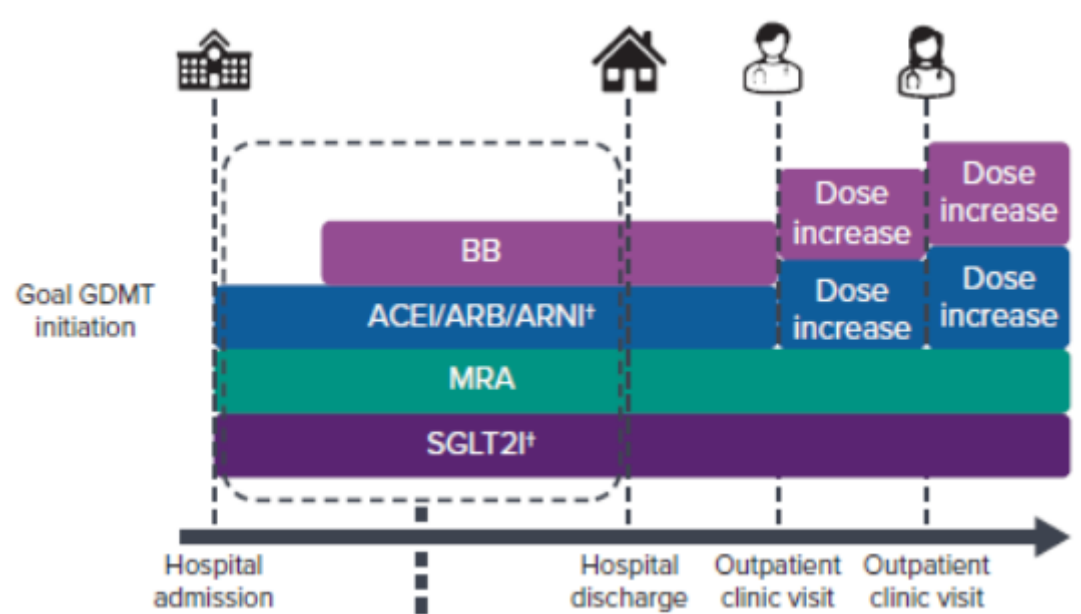
No. at Risk

LCZ696	4187	3922	3663	3018	2257	1544	896	249
Enalapril	4212	3883	3579	2922	2123	1488	853	236

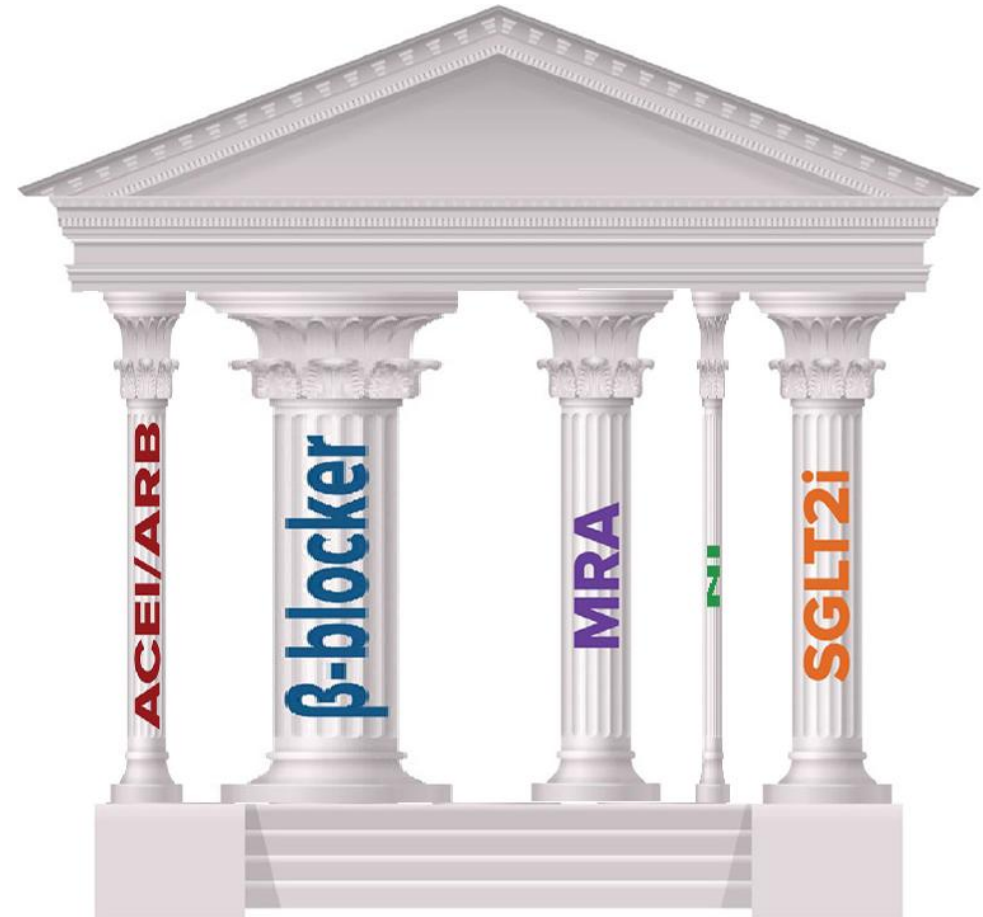
Cardiovascular and Renal Outcomes with Empagliflozin in Heart Failure



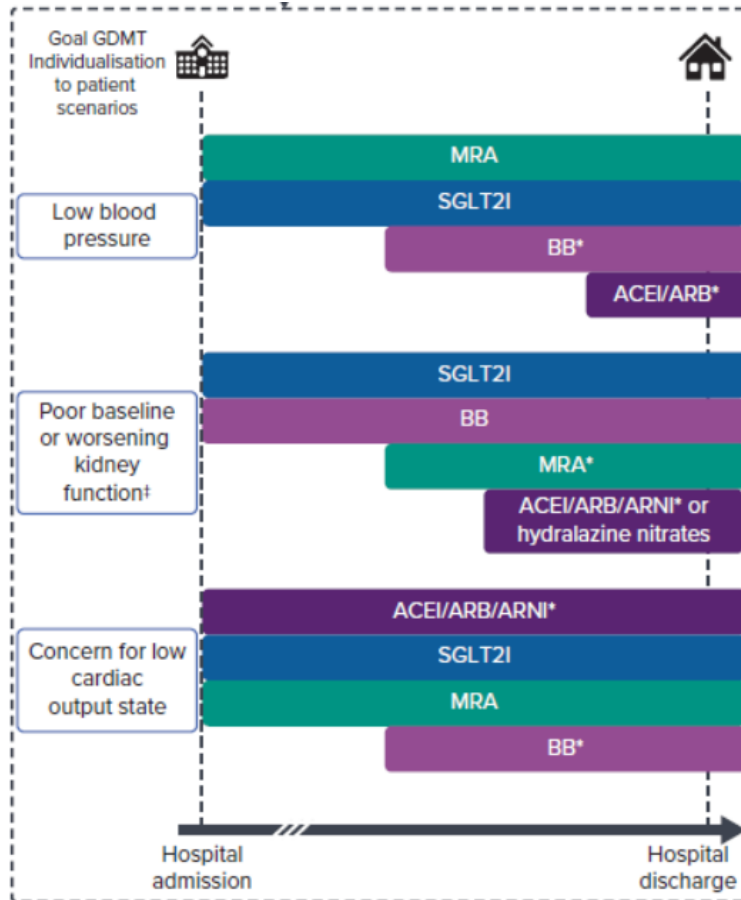
Tailored sequencing in GDMT



Not only sequencing...

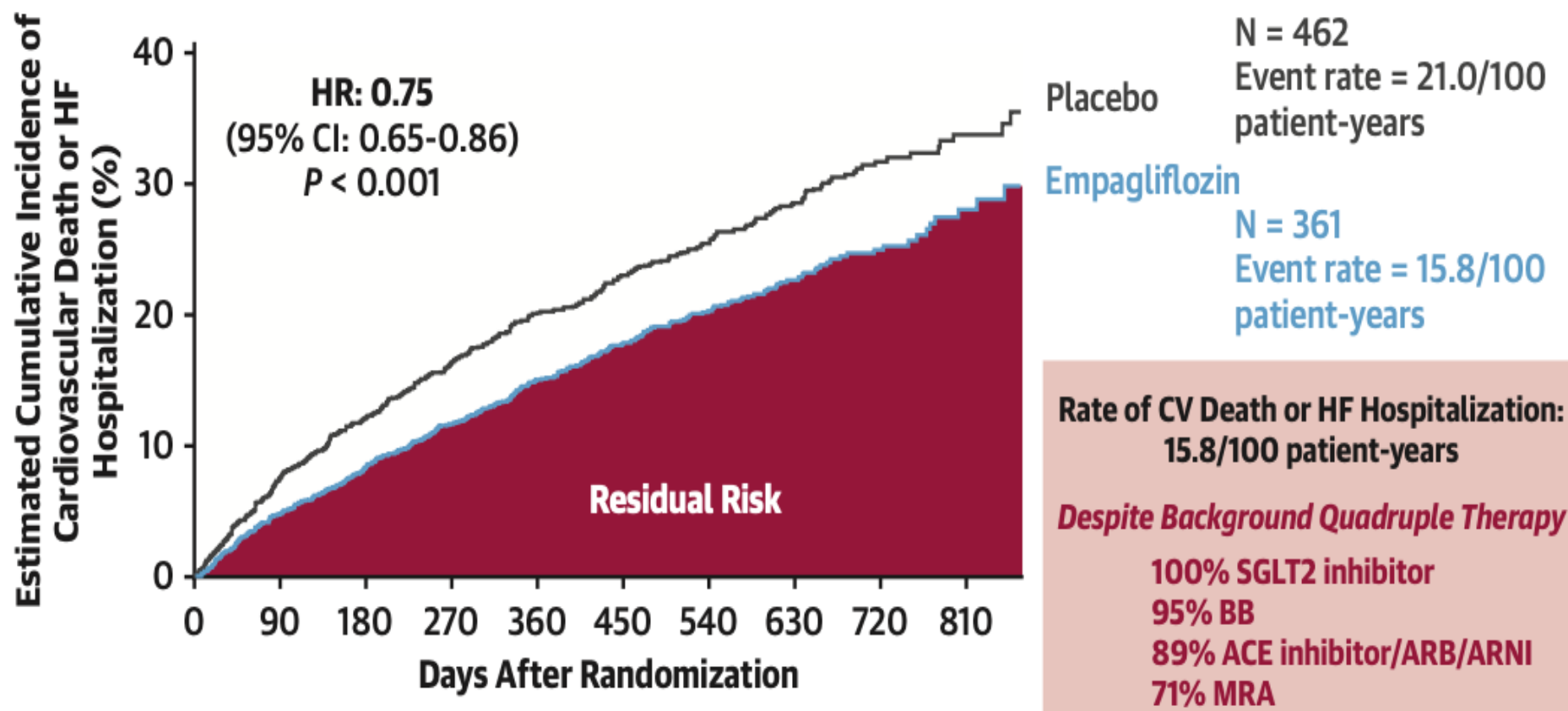


Not only sequencing...

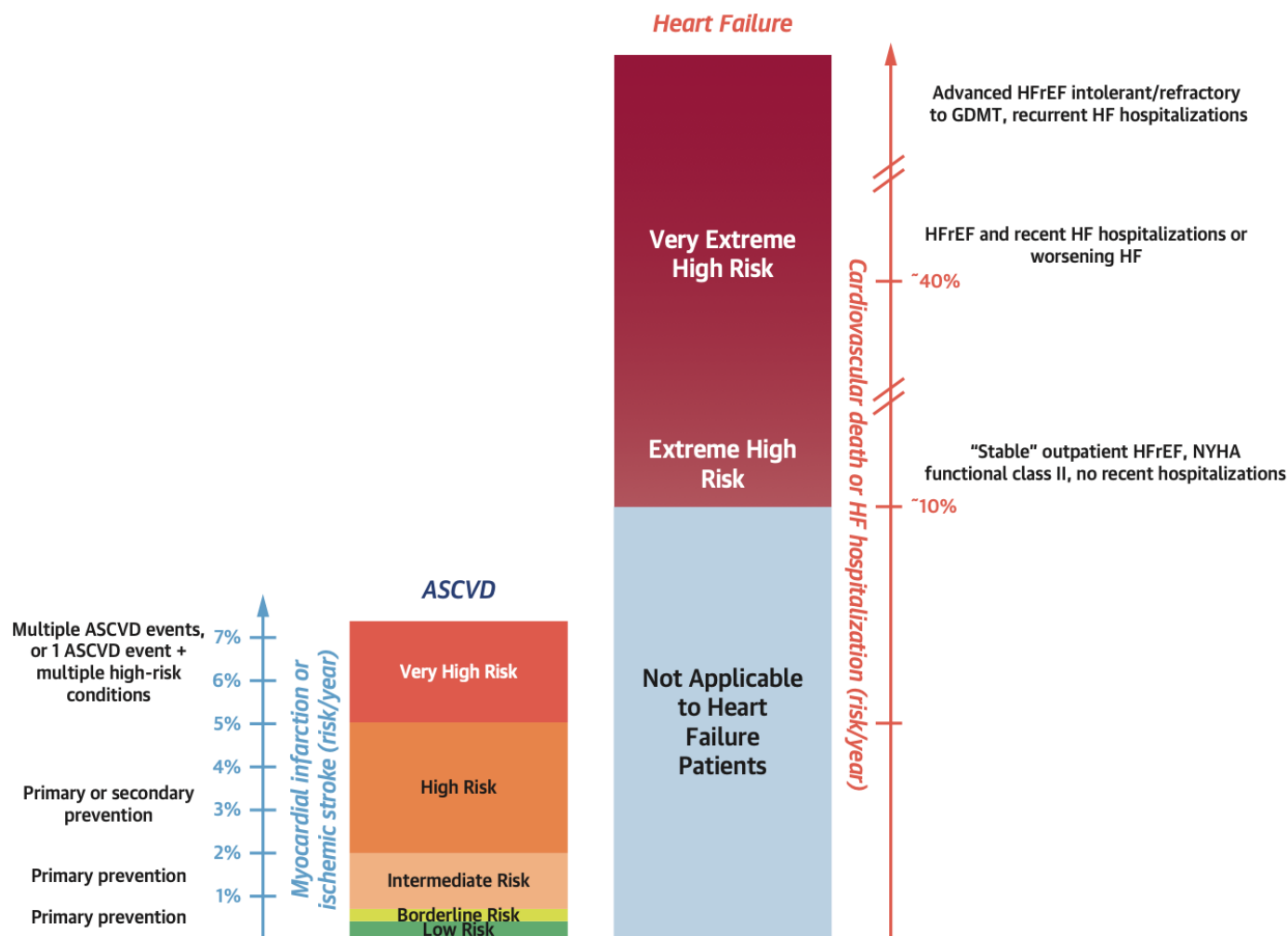


I 4 pilastri: abbiamo raggiunto il massimo?

«If you use all of these drugs correctly there will be no progression of heart failure...»?

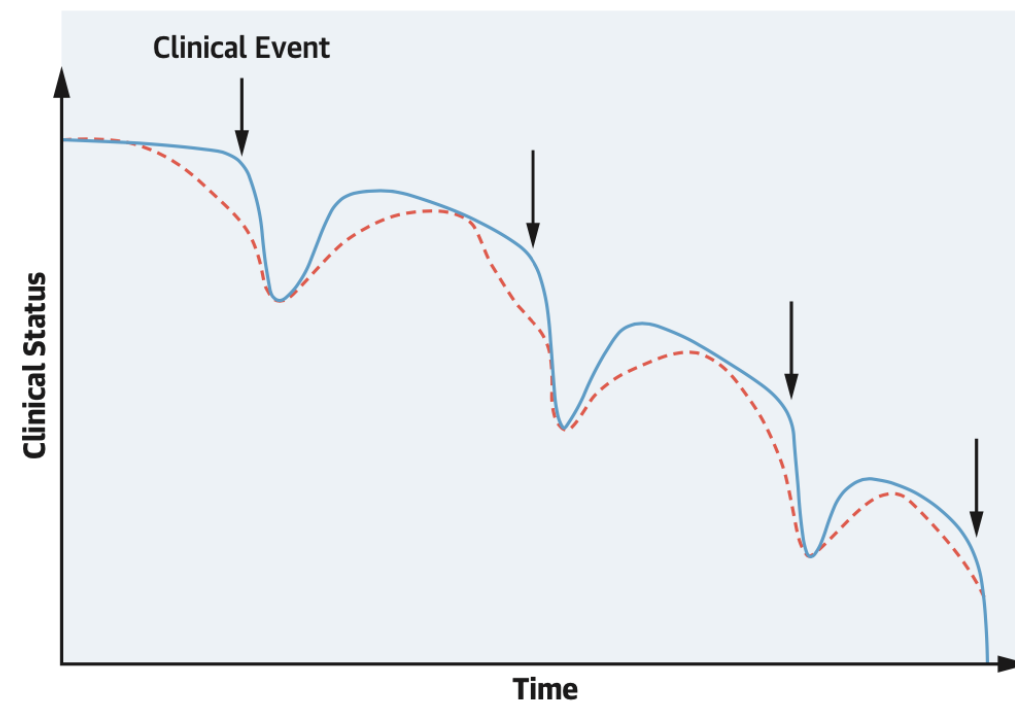


I 4 pilastri: abbiamo raggiunto il massimo?



The misperception of 'stable' heart failure

Domingo Pascual-Figal ✉, Antoni Bayes-Genis



Worsening heart failure

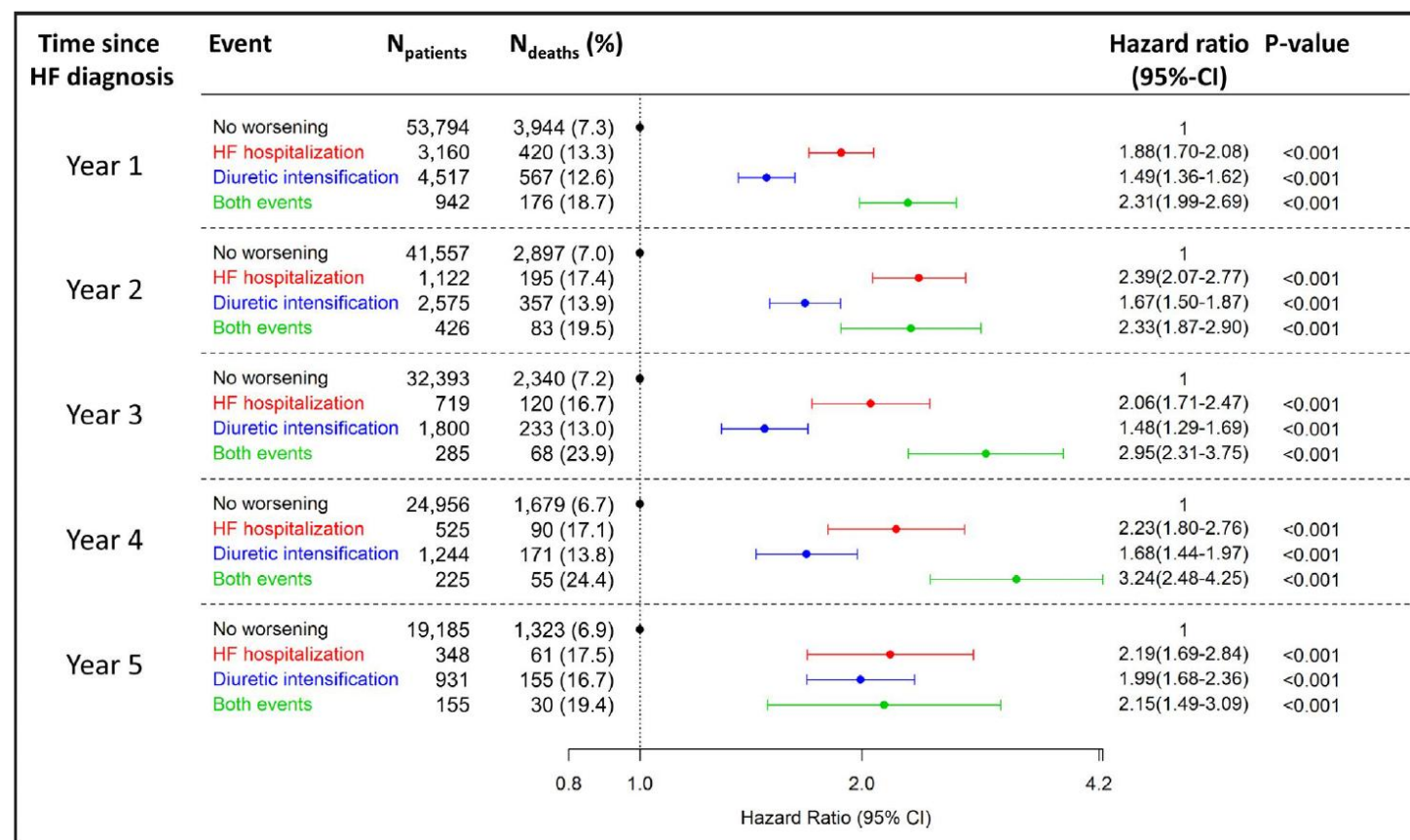
What it is and why it matters

Generally defined by the need for increased oral or diuretic therapy.

- 6% of outpatient events and 4.2% of HF hospitalizations
- One-year mortality:
 - 18.0% after an intensification event
 - 22.6% after HF hospitalization
 - 10.4% for matched controls with neither

ORIGINAL RESEARCH

One-Year Mortality After Intensification of Outpatient Diuretic Therapy

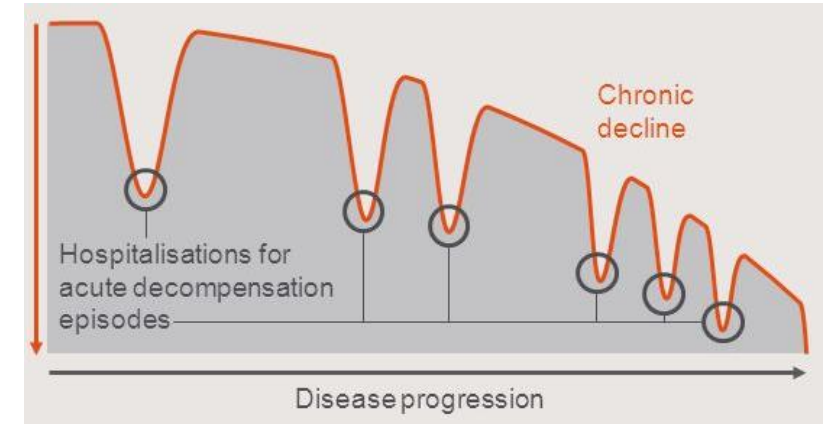


Worsening heart failure

Instruction for use: where is my patient?

Clinical elements

- De novo vs chronic HF
- HF duration
- Medical therapy naive vs optimized medical therapy
- Chronic functional class
- High chronic diuretic dose
- Triggers
 - Extra-cardiac triggers (infection, COPD, PE, AKI...)
 - Cardiac triggers (rapid AF, MR, coronary ischemia, drugs....) -> NB always try to understand whether it is a trigger or a consequence of disease progression
 - No triggers (worst case!)
- Actionable treatment targets (AF, MR, coronary ischemia, LBBB, CVP)



Tachicardiomiopatie

Electrical management of heart failure: from pathophysiology to treatment

Frits W. Prinzen ^{1*}, Angelo Auricchio ², Wilfried Mullens ^{3,4}, Cecilia Linde ^{5,6}, and Jose F. Huizar ^{7,8}

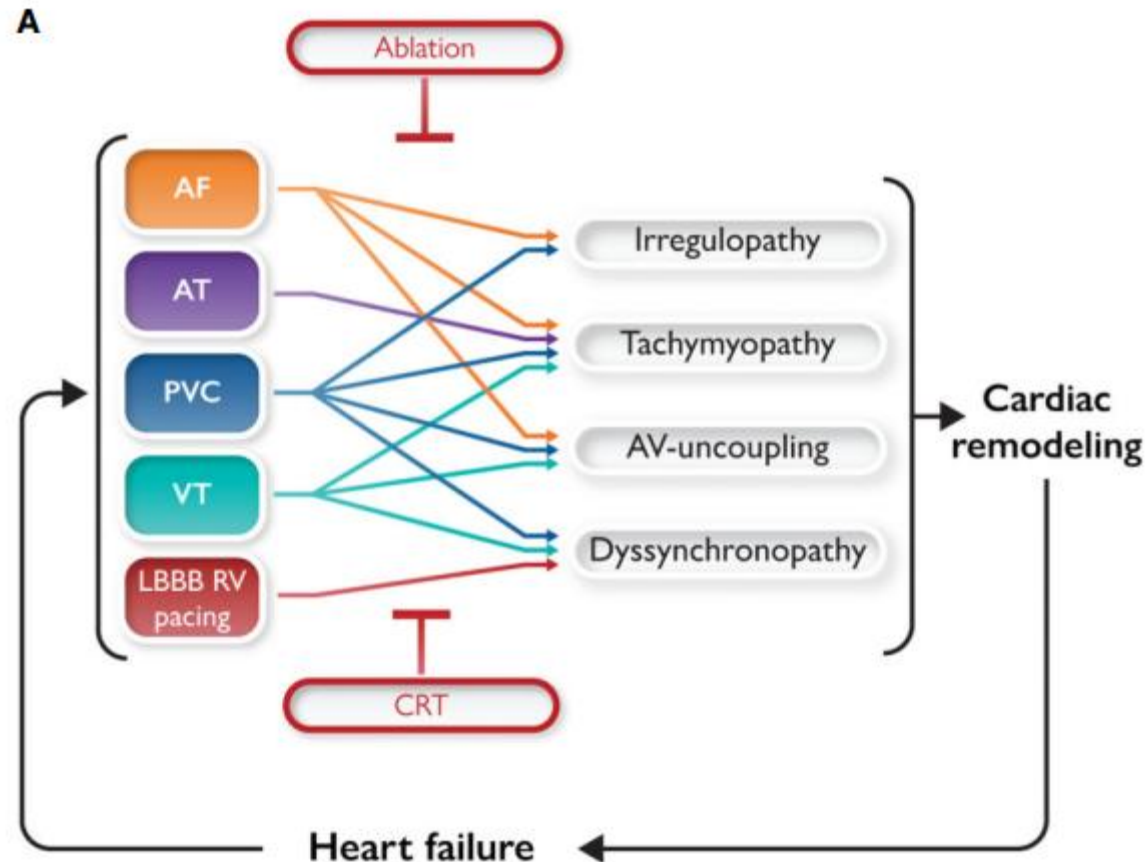
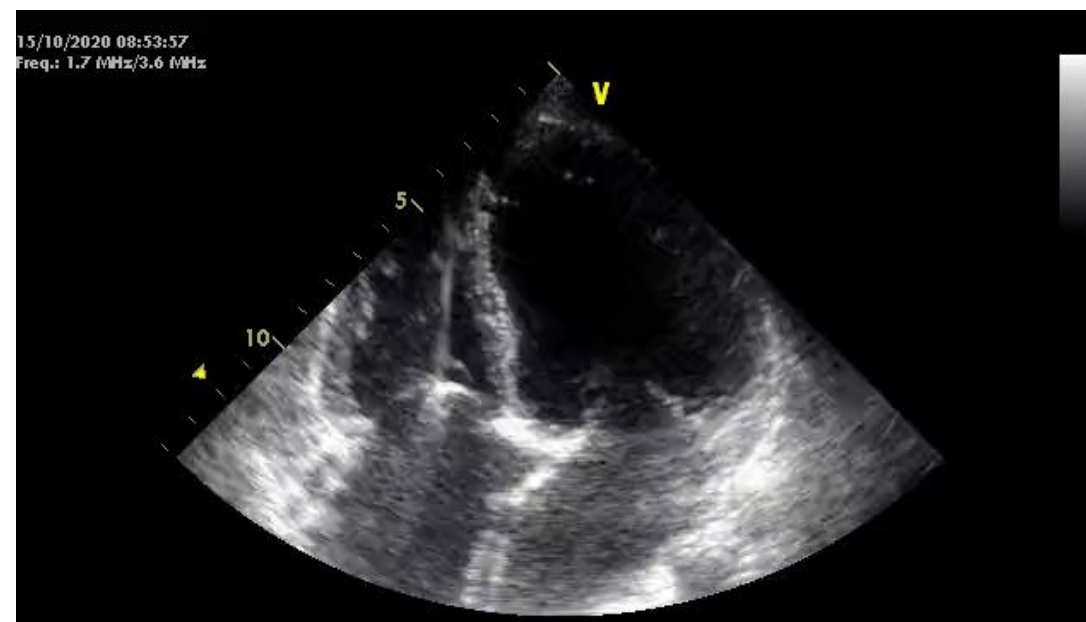
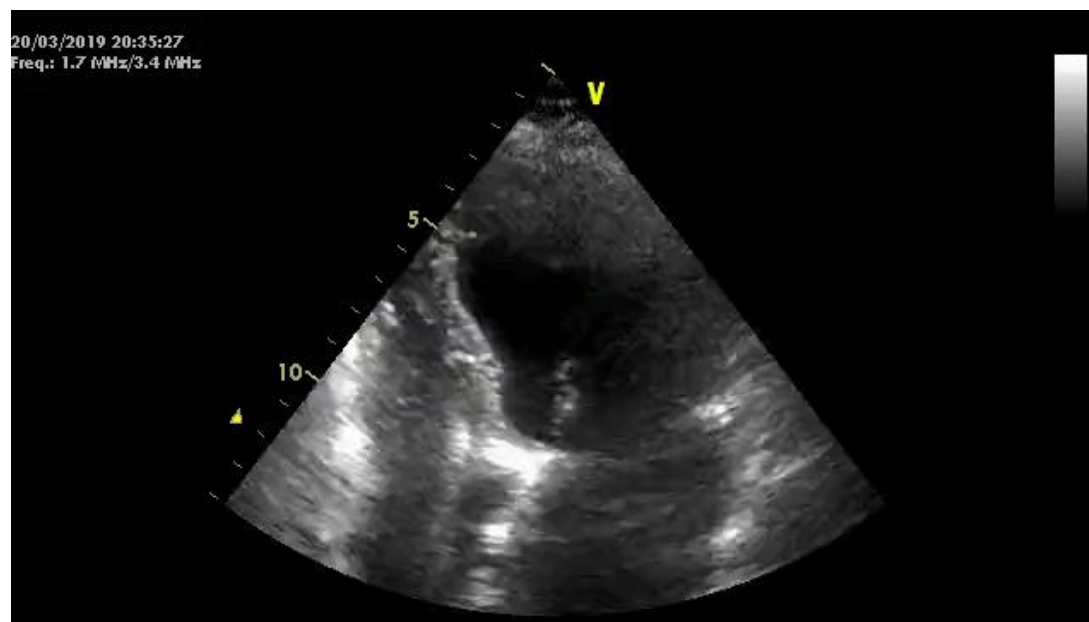


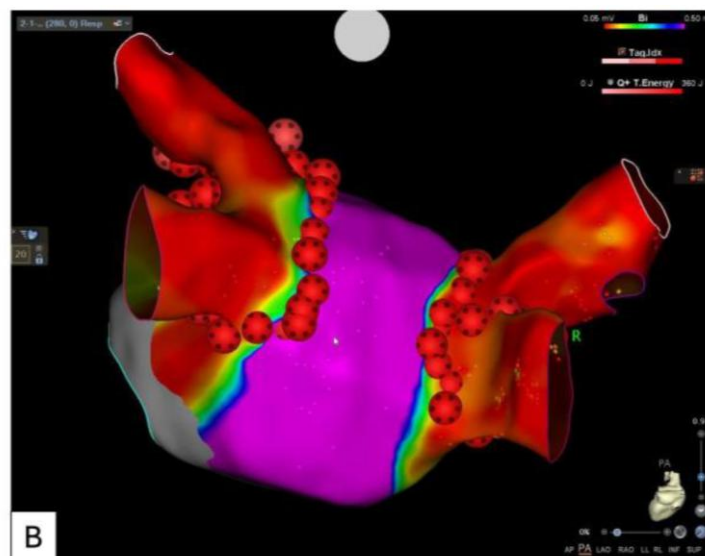
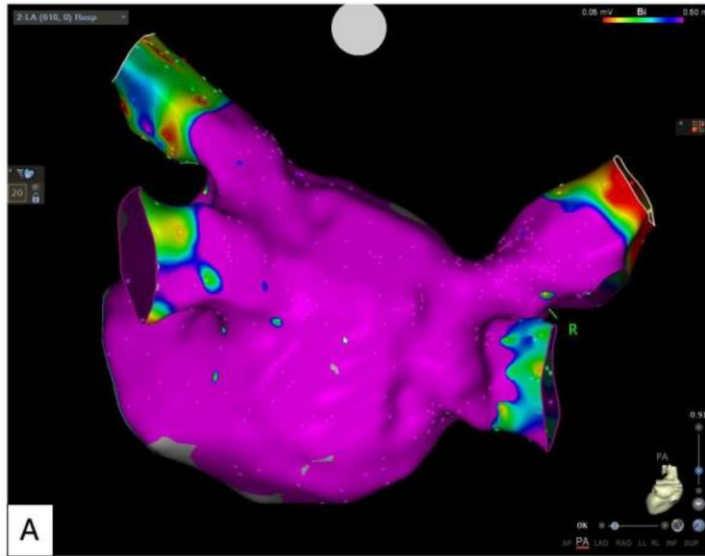
Table 2 Clinical and premature ventricular contraction features to identify premature ventricular contraction-mediated cardiomyopathy

	CM resulting in PVCs	PVCs causing CM
Patient characteristics	Older with known heart disease	Healthy otherwise
Comorbidities	CAD, myocarditis, RV dysplasia ^a	No prior cardiac hx
Echocardiogram	Segmental hypokinesis, LVEF <25%	Global hypokinesis, LVEF 35 ± 10% ^b
Cardiac MRI (late gadolinium enhancement)	Significant scar	Absence or minimal scar burden (≤9 g)
PVC frequency	<5000/24 h (<5%)	≥10 000/24 h (≥10%)
PVC pattern	Multifocal	Monomorphic
QRS morphology	Non-specific	RVOT/LVOT/epicardial
Response to PVC suppression	No change in LV function	Improvement of LV function

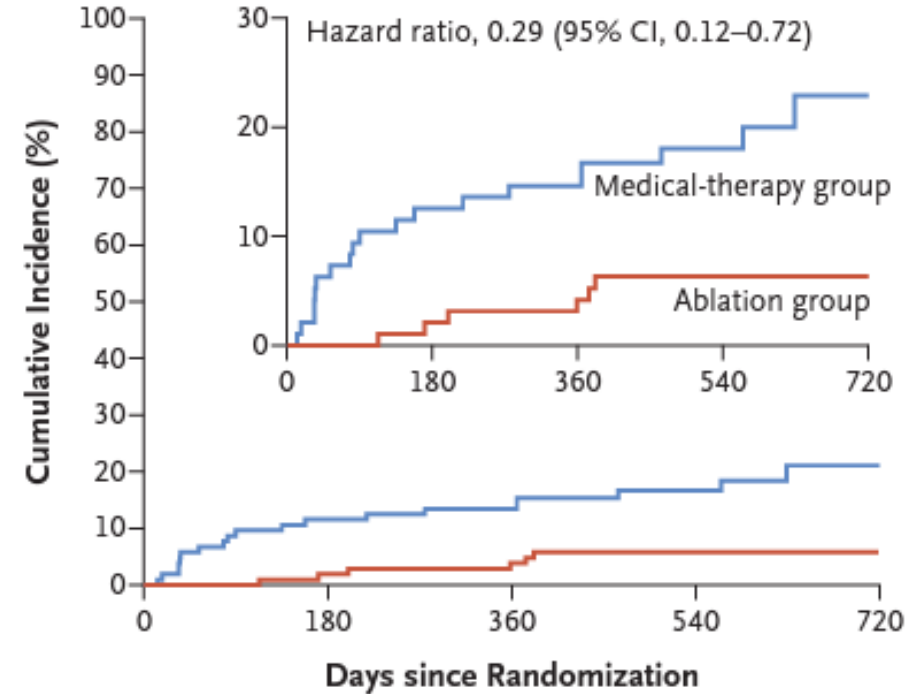
Tachicardiomiopatia (fibrillazione atriale)



Catheter Ablation in End-Stage Heart Failure with Atrial Fibrillation



B Death from Any Cause

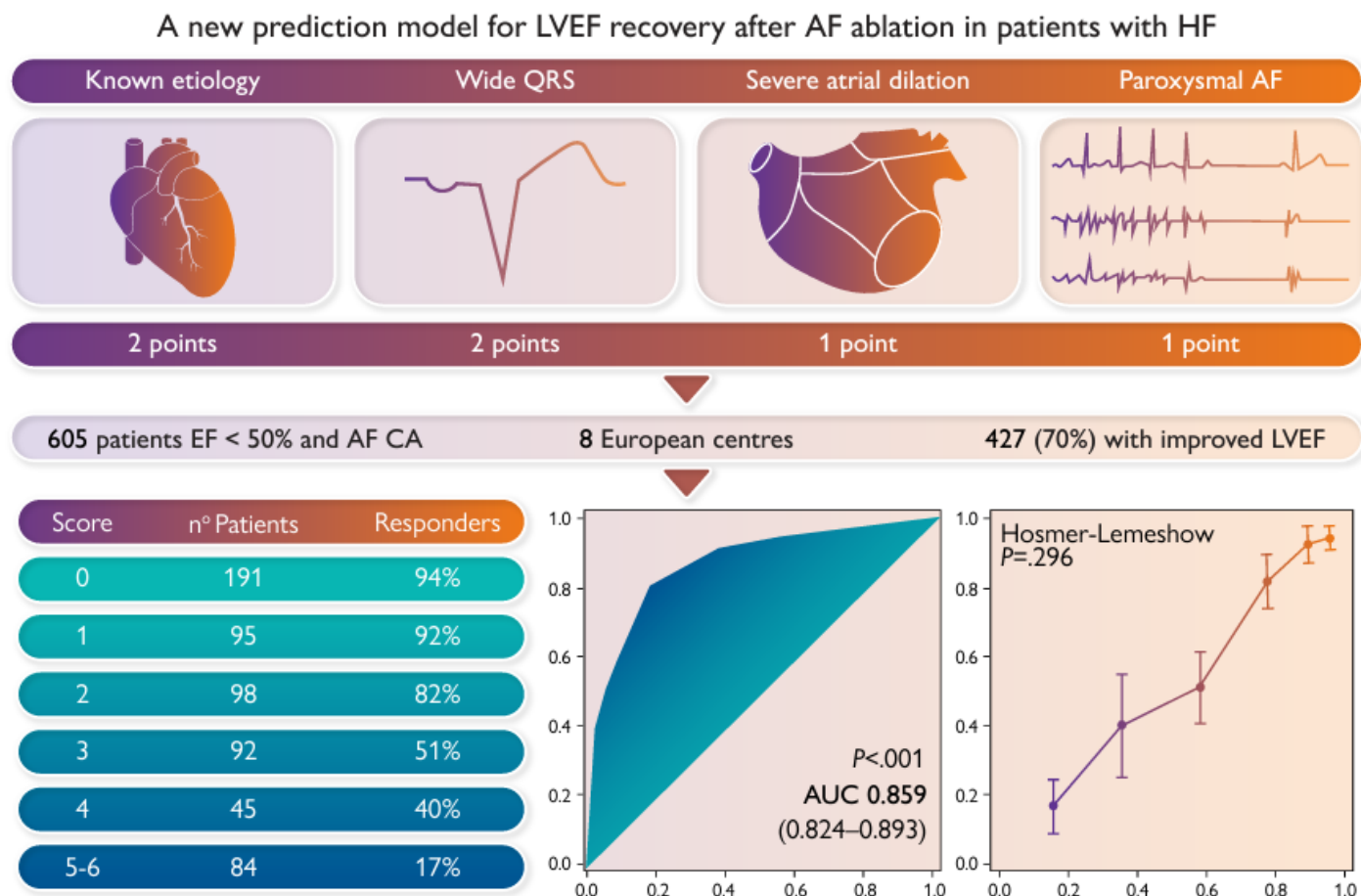


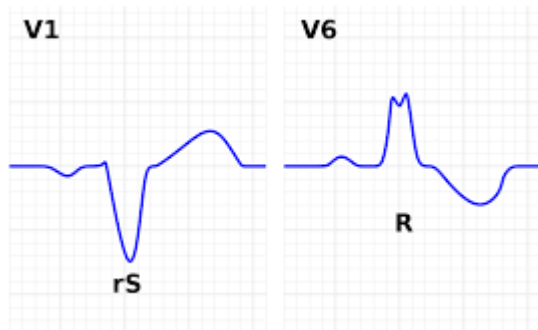
No. at Risk

Medical-therapy group	97	85	83	45	13
Ablation group	97	95	93	51	20

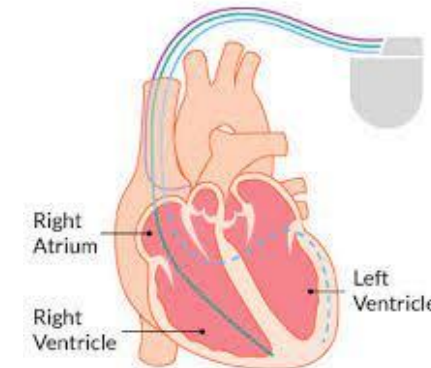
N Engl J Med. 2023 Aug 27. doi: 10.1056/NEJMoa2306037.

Left ventricular functional recovery after atrial fibrillation catheter ablation in heart failure: a prediction model

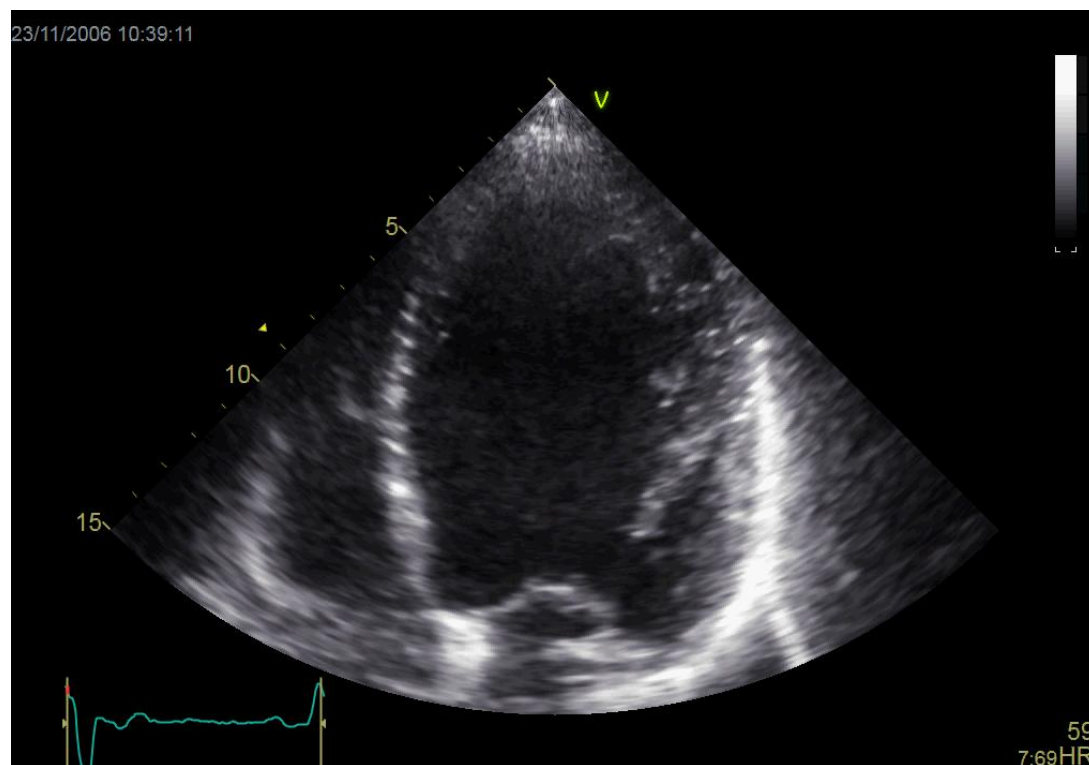




LBBB-cardiomyopathy



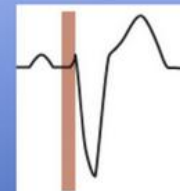
Biventricular Devices (CRT)



Early diagnostic work-up of LBBB-induced cardiomyopathy: Red-Flags

ECG

- Typical LBBB
- Wide QRS (> 140 msec) with notching in lateral leads and QS or rS in V2-V3
- No pseudonecrosis



Medical history/genetics



- No family history for DCM
- Exclusion of:
 - coronary artery disease
 - toxic causes of LV dysfunction (e.g. alcohol)
 - peripartum
 - thyroid disorders
 - sustained supraventricular arrhythmias
 - frequent premature ventricular contractions
 - inflammatory cardiomyopathy*
 - genetic mutations specific for DCM (e.g. Lamin)**

Echocardiography

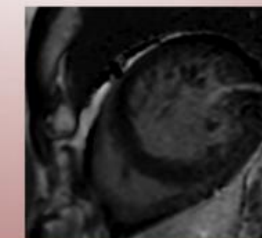
- Usually non severe left ventricular dilatation
- Normal wall thickness
- Septal flash and apical rocking
- Visually marked dyssynchrony



- Non-severe diastolic dysfunction
- Mild left atrial dilatation
- Mild functional mitral regurgitation
- Usually normal right ventricle

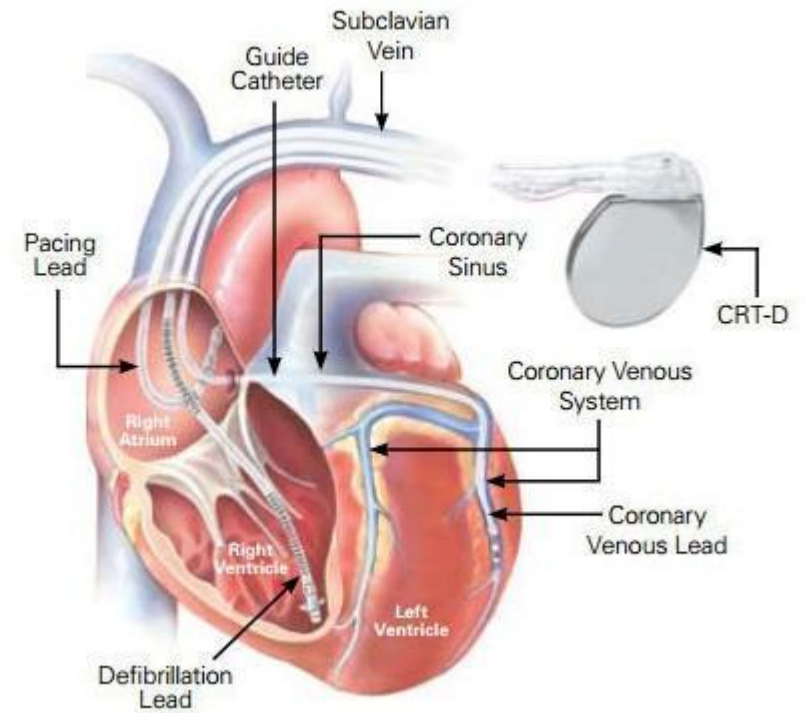
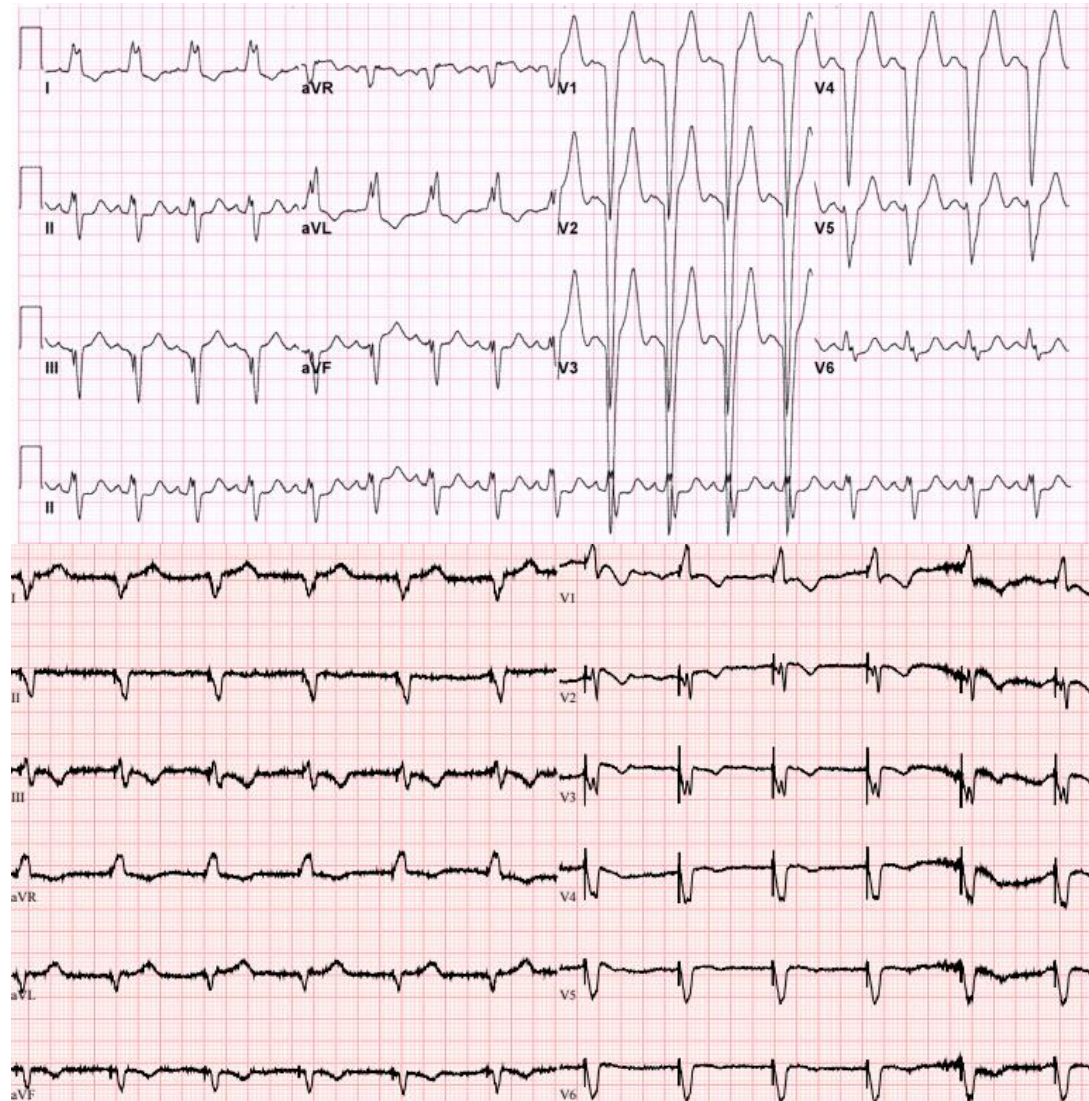
CMR

- Tissue characterization unremarkable (i.e. no or non-significant scar or fibrosis – usually no LGE, T1 and T2 mapping within normal limits)

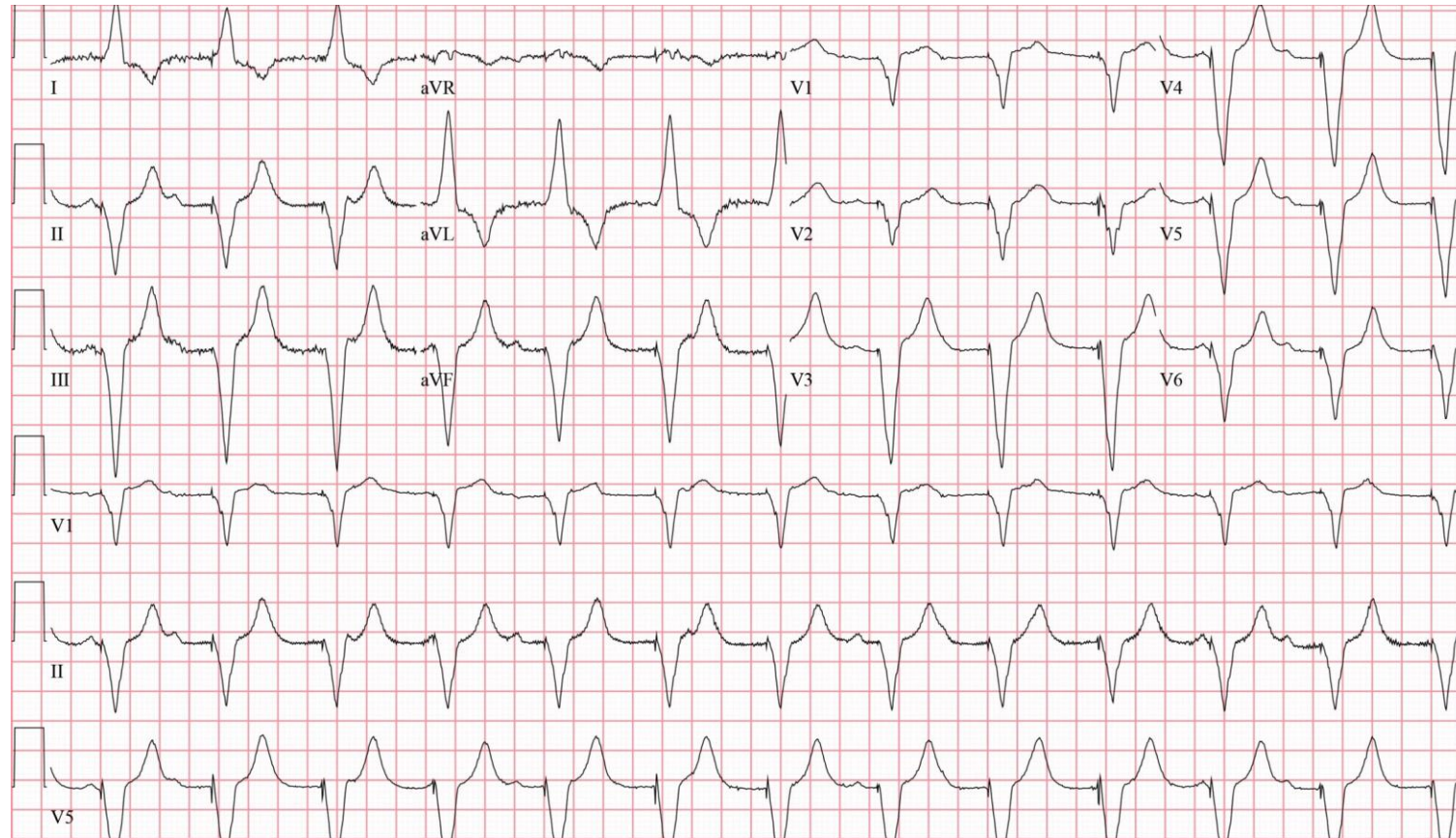


Left bundle branch block-induced cardiomyopathy: a diagnostic proposal for a poorly explored pathological entity☆☆☆

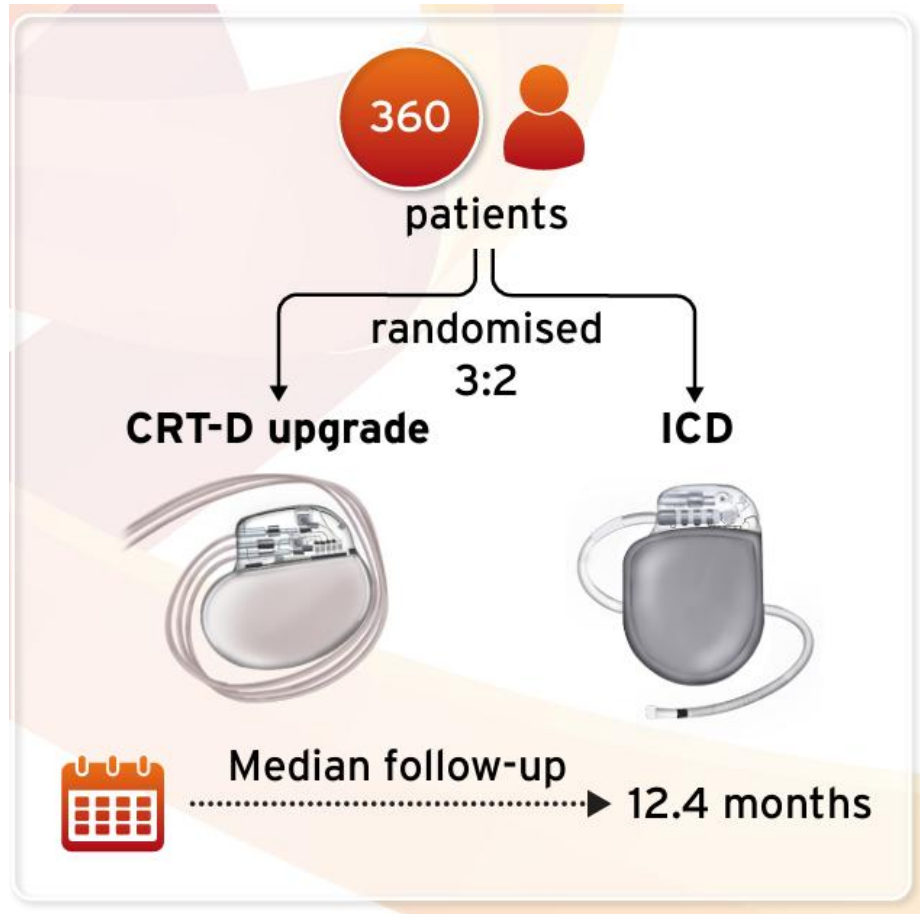
LBBB-cardiomyopathy



RV pacing

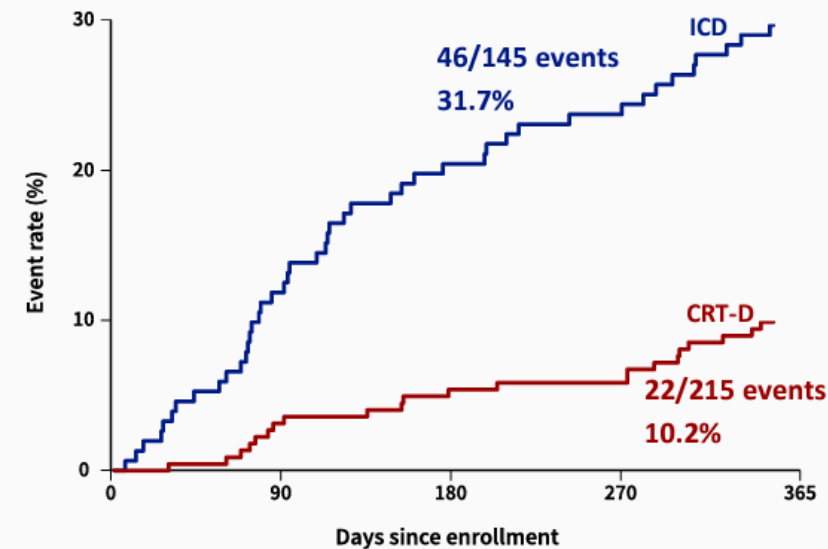


RV pacing



RV pacing 20-100%, QRS > 150 msec

Secondary Endpoint: All-cause mortality or HF hospitalisation



HR 0.28
95% CI 0.17-0.46

Adjusted HR 0.27
95% CI 0.16-0.47

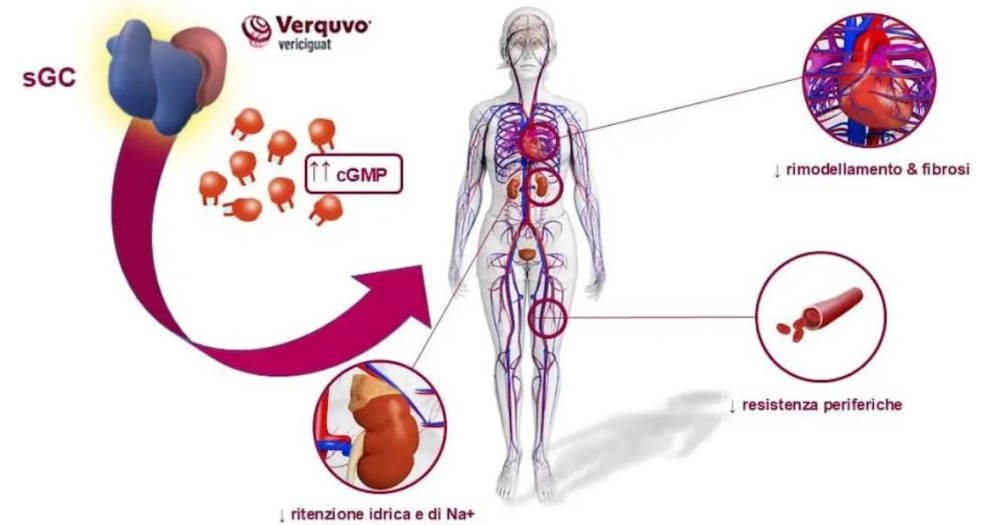
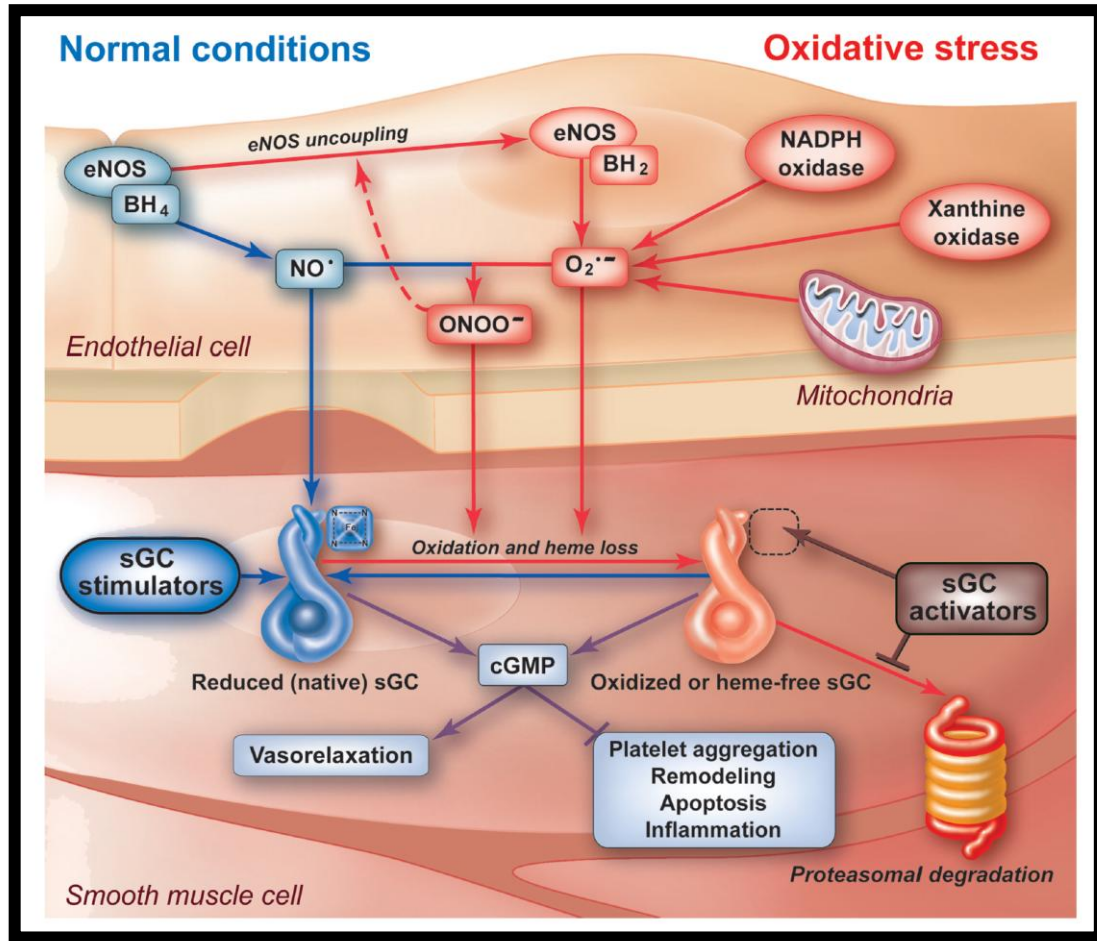
NNT= 4.7



A new pillar?



sGC stimulators



- 1. Vasodilatazione:** Il cGMP induce il rilassamento della muscolatura liscia vascolare, portando alla vasodilatazione e alla riduzione della resistenza vascolare periferica.
- 2. Inotropismo positivo:** A livello miocardico, il cGMP migliora la contrattilità cardiaca (inotropismo positivo) attraverso il miglioramento del ciclo di rilascio del calcio e della sensibilità al calcio.

History first!

Riociguat for Patients With Pulmonary Hypertension Caused by Systolic Left Ventricular Dysfunction

A Phase IIb Double-Blind, Randomized, Placebo-Controlled, Dose-Ranging Hemodynamic Study

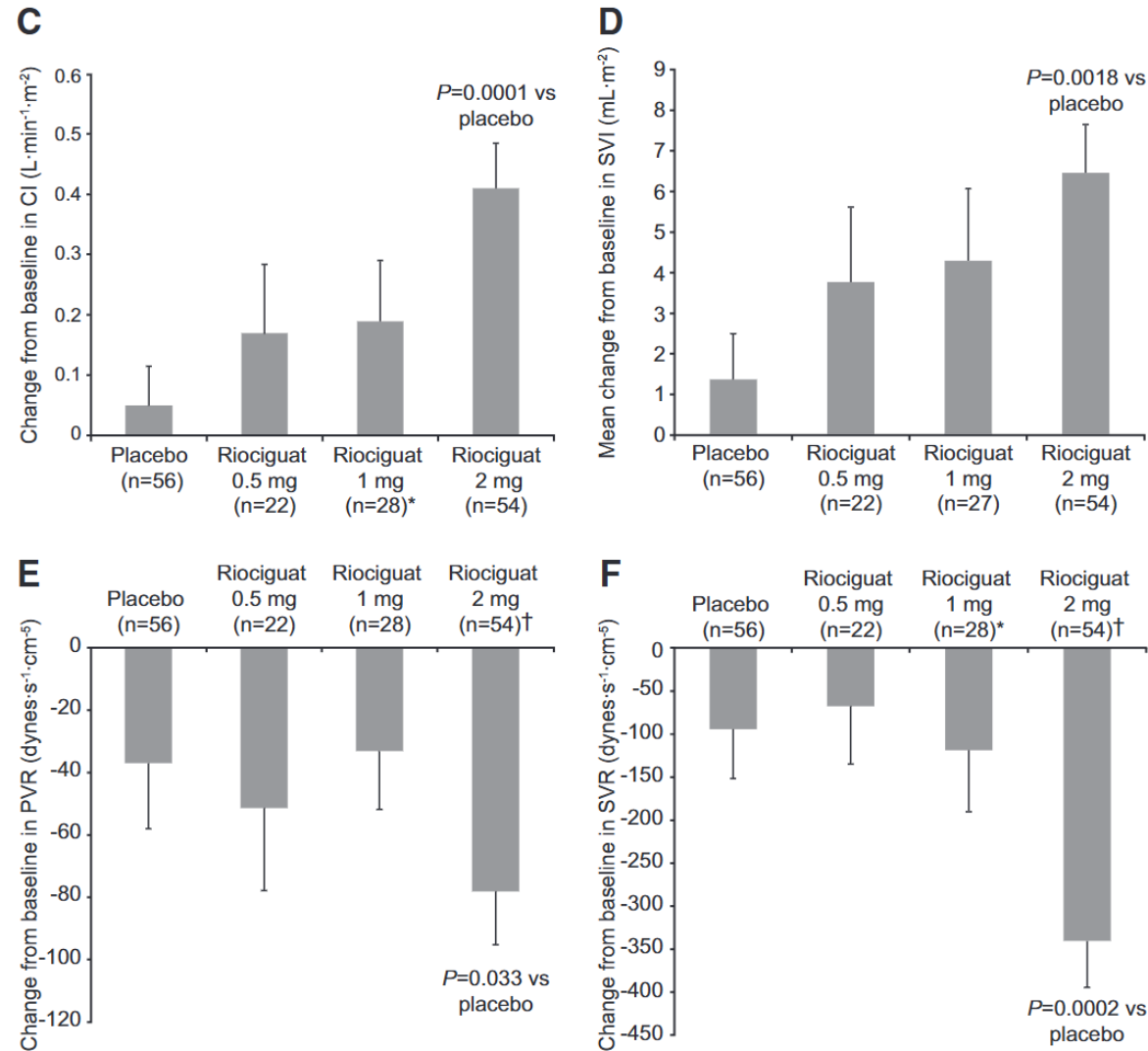
Parameter	Placebo (n=69)	Riociguat			Total (n=201)
		0.5 mg (n=32)	1 mg (n=33)	2 mg (n=67)	
Male sex, n (%)	61 (88)	26 (81)	30 (91)	55 (82)	172 (86)
Mean age (range), y	58.9 (25–79)	57.2 (36–78)	55.1 (28–74)	59.3 (26–76)	58.1 (25–79)
Mean (SEM) body mass index, kg·m ⁻²	28.7 (0.7)	29.2 (1.0)	28.2 (0.8)	28.9 (0.6)	...
6-min walking distance (SEM), m	382.1 (14.9)	416.6 (16.9)	401.9 (17.7)	380.9 (15.4)	...
LVEF (SEM), %	27.1 (0.6)	27.0 (0.9)	28.8 (0.8)	28.4 (0.7)	...

Table 2. Hemodynamic Results From Right Heart Catheterization (Per-Protocol Population)

Parameter	Placebo (n=56)	Riociguat			Placebo-Corrected LS Mean Difference (95% CI), Riociguat 2 mg vs Placebo	P Value, Riociguat 2 mg vs Placebo*
		0.5 mg (n=22)	1 mg (n=28)	2 mg (n=54)		
Mean pulmonary artery pressure, mm Hg						
Baseline	40.4±1.2	37.9±2.2	35.2±1.8	38.1±1.3	−2.7 (−6.0 to 0.6)	0.10
Week 16	36.4±1.4	33.4±2.4	34.5±2.2	32.0±1.6		

Bonderman D, et al. Riociguat for patients with pulmonary hypertension caused by systolic left ventricular dysfunction: a phase IIb double-blind, randomized, placebo-controlled, dose-ranging hemodynamic study. *Circulation*. 2013 Jul 30;128(5):502-11

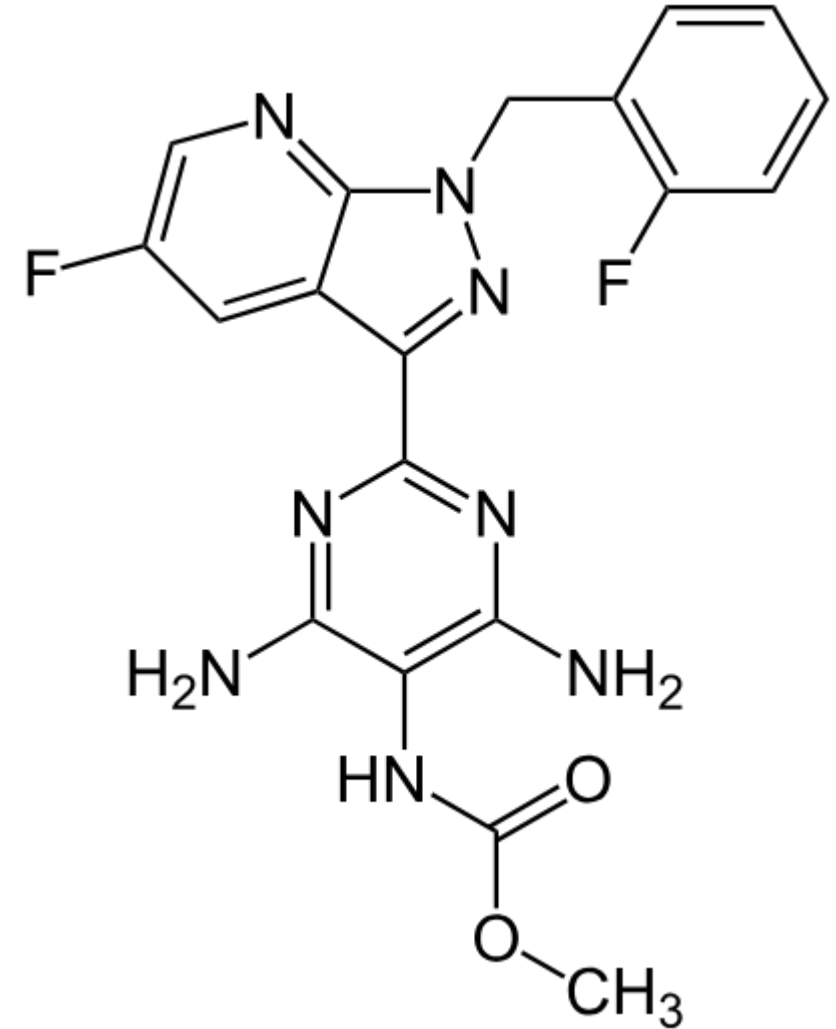
History first!



Bonderman D, et al. Riociguat for patients with pulmonary hypertension caused by systolic left ventricular dysfunction: a phase IIb double-blind, randomized, placebo-controlled, dose-ranging hemodynamic study. *Circulation*. 2013 Jul 30;128(5):502-11

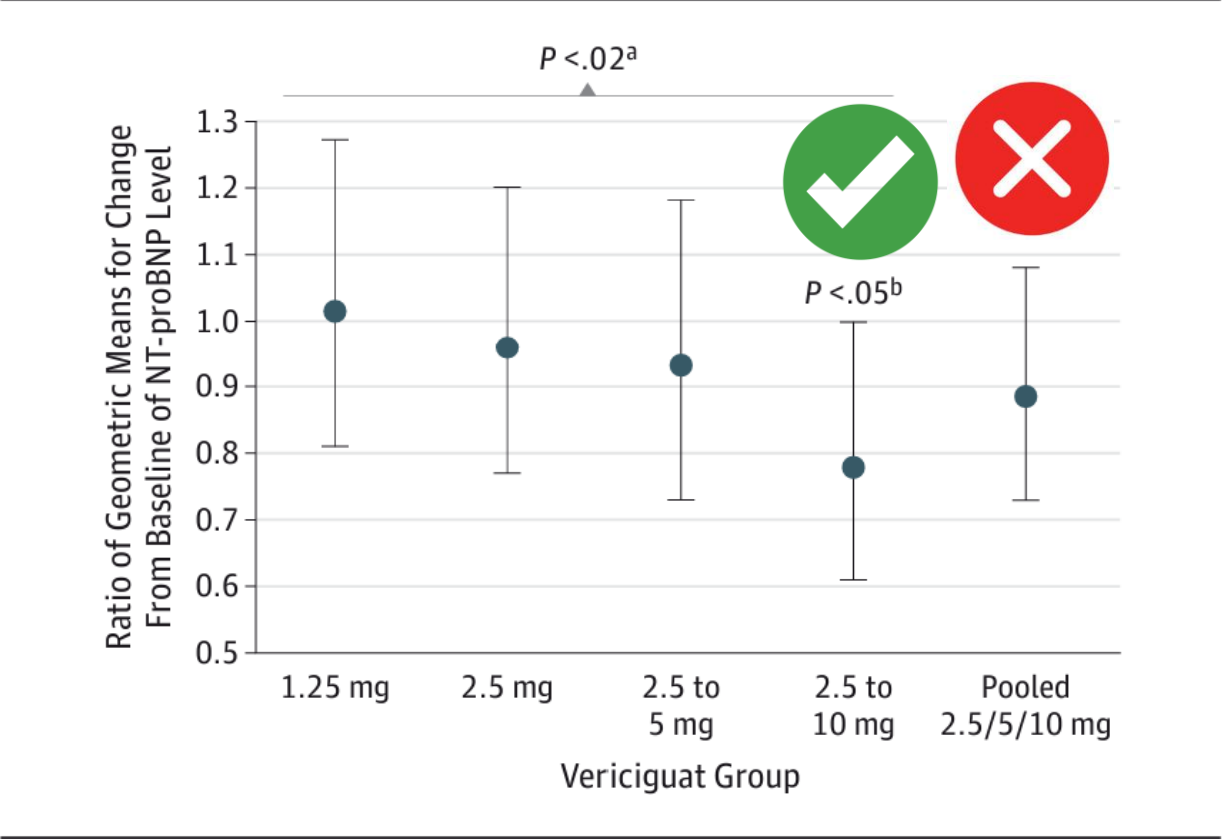
Vericiguat

- Stimulator of the soluble guanylate cyclase.
- Longer half-life compared to riociguat.
- It can be administered once daily.



SOCRATES-REDUCED

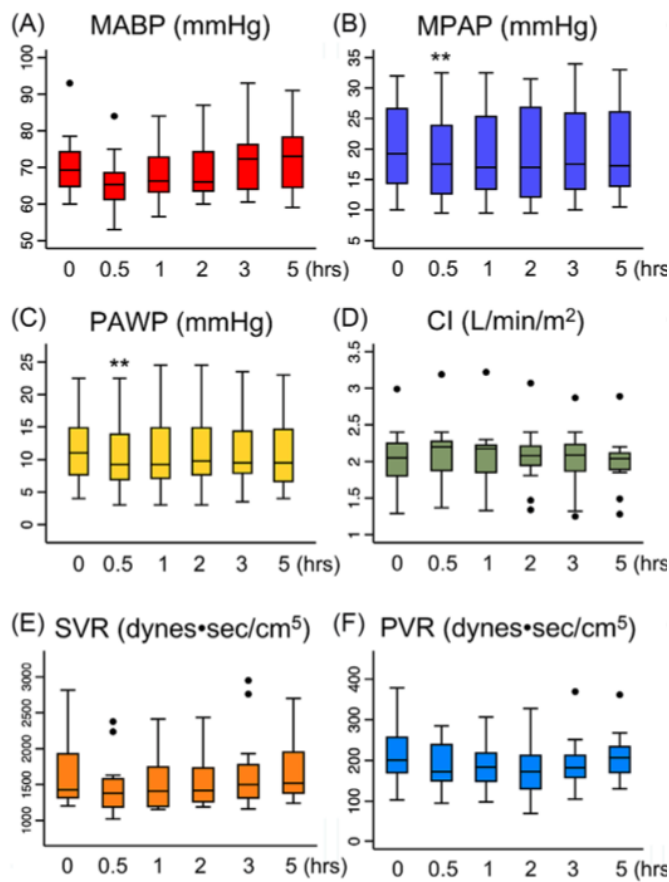
Figure 2. Change From Baseline in NT-proBNP Level for Vericiguat Dose Groups Compared With Placebo (Per-Protocol Set)



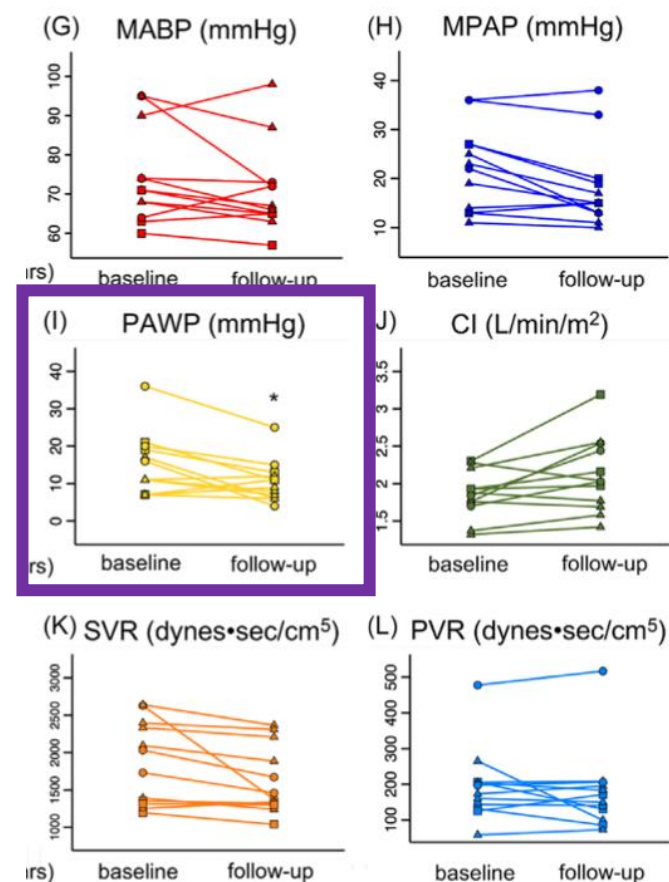
Gheorghiade M. Effect of Vericiguat, a Soluble Guanylate Cyclase Stimulator, on Natriuretic Peptide Levels in Patients With Worsening Chronic Heart Failure and Reduced Ejection Fraction: The SOCRATES-REDUCED Randomized Trial. JAMA. 2015 Dec 1;314(21):2251-62

Vericiguat – hemodynamic effects (12 pts)

ACUTE EFFECTS

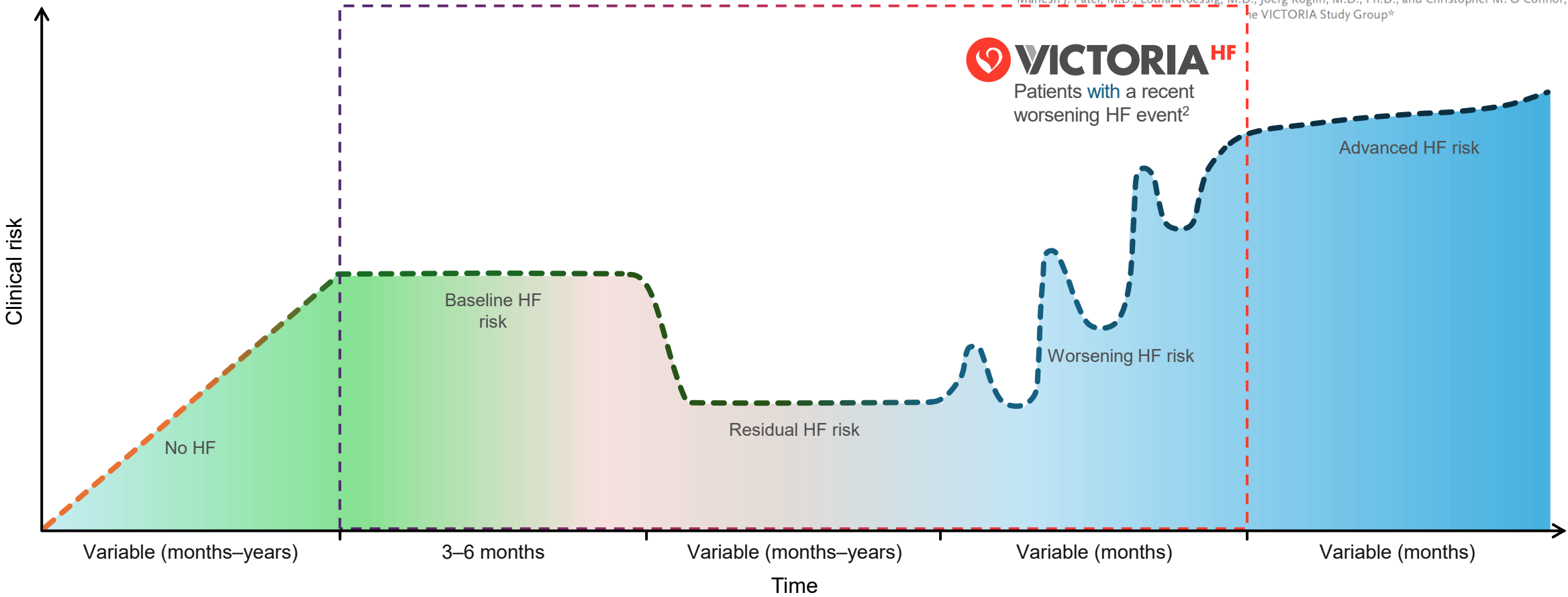


CHRONIC EFFECTS (105 days)



Vericiguat in Patients with Heart Failure and Reduced Ejection Fraction

Paul W. Armstrong, M.D., Burkert Pieske, M.D., Kevin J. Anstrom, Ph.D., Justin Ezekowitz, M.B., B.Ch., Adrian F. Hernandez, M.D., M.H.S., Javed Butler, M.D., M.P.H., M.B.A., Carolyn S.P. Lam, M.B., B.S., Ph.D., Piotr Ponikowski, M.D., Adriaan A. Voors, M.D., Ph.D., Gang Jia, Ph.D., Steven E. McNulty, M.S., Mahesh J. Patel, M.D., Lothar Roessig, M.D., Joerg Koglin, M.D., Ph.D., and Christopher M. O'Connor, M.D., for the VICTORIA Study Group*

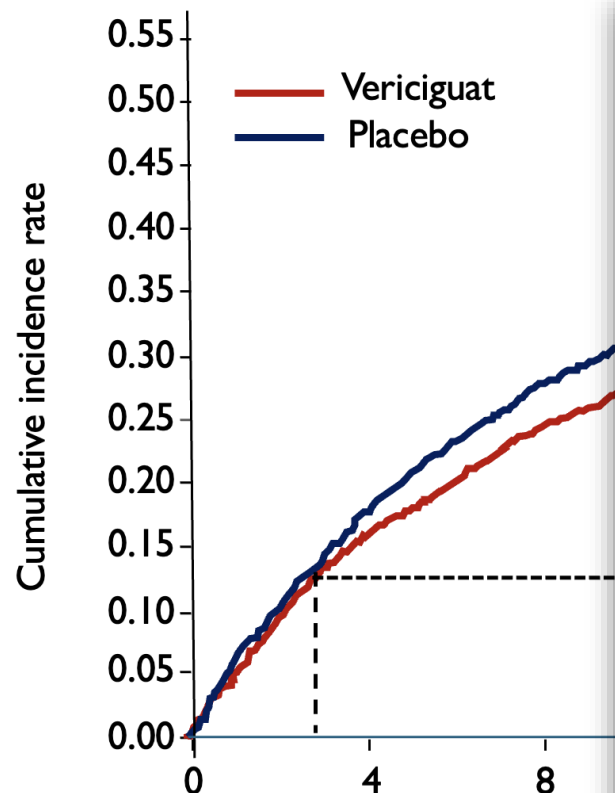


VICTORIA trial

N=5050

Symptomatic chronic HFrEF population:

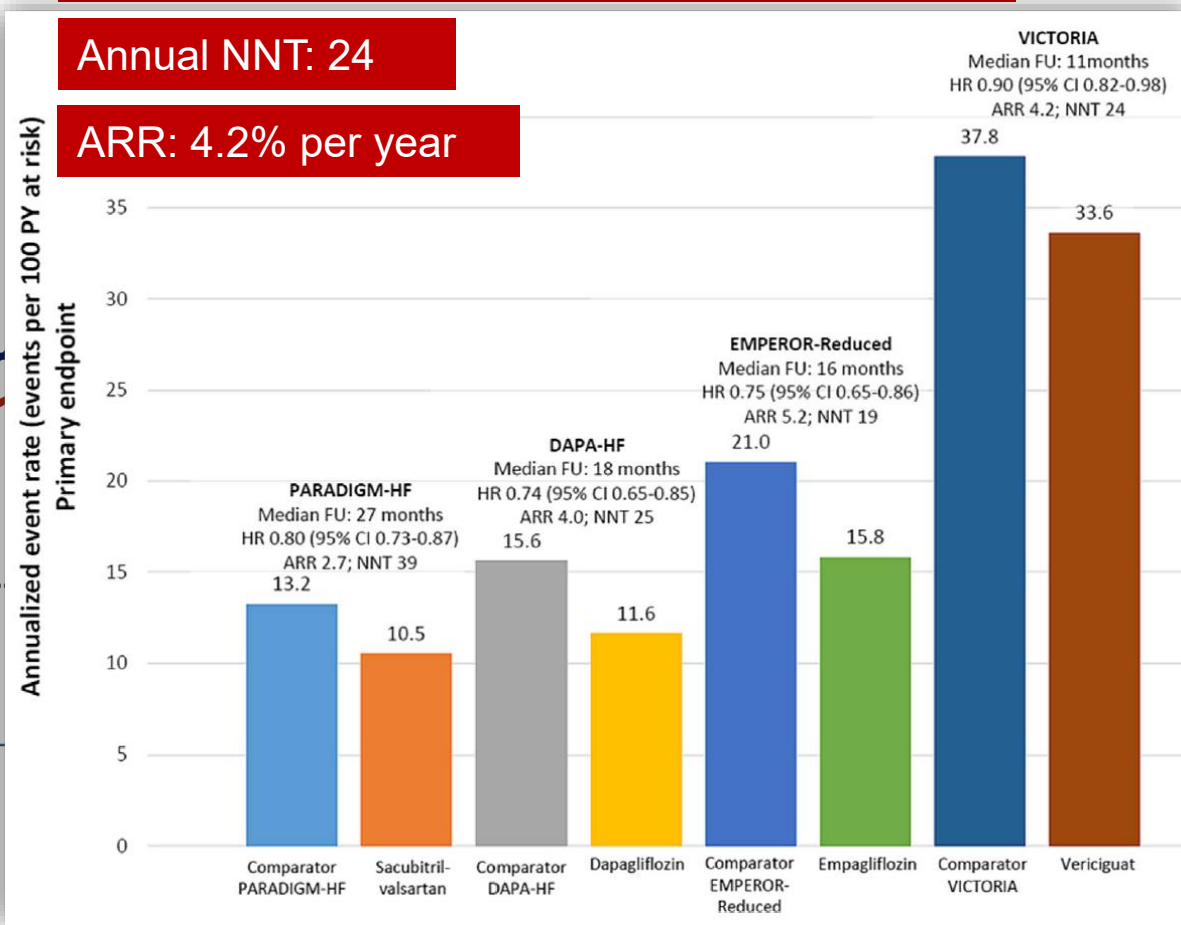
- HFrEF <45%
- NYHA II–IV
- Receiving HF SOC
- Prior HFH within 6 months or outpatient IV diuretic for HF within 3 months
- Elevated NP*
- SBP >100
- eGFR>15 ml/min/1.73 m²



HR=0.90 (95% CI 0.82–0.98) P=0.02

Annual NNT: 24

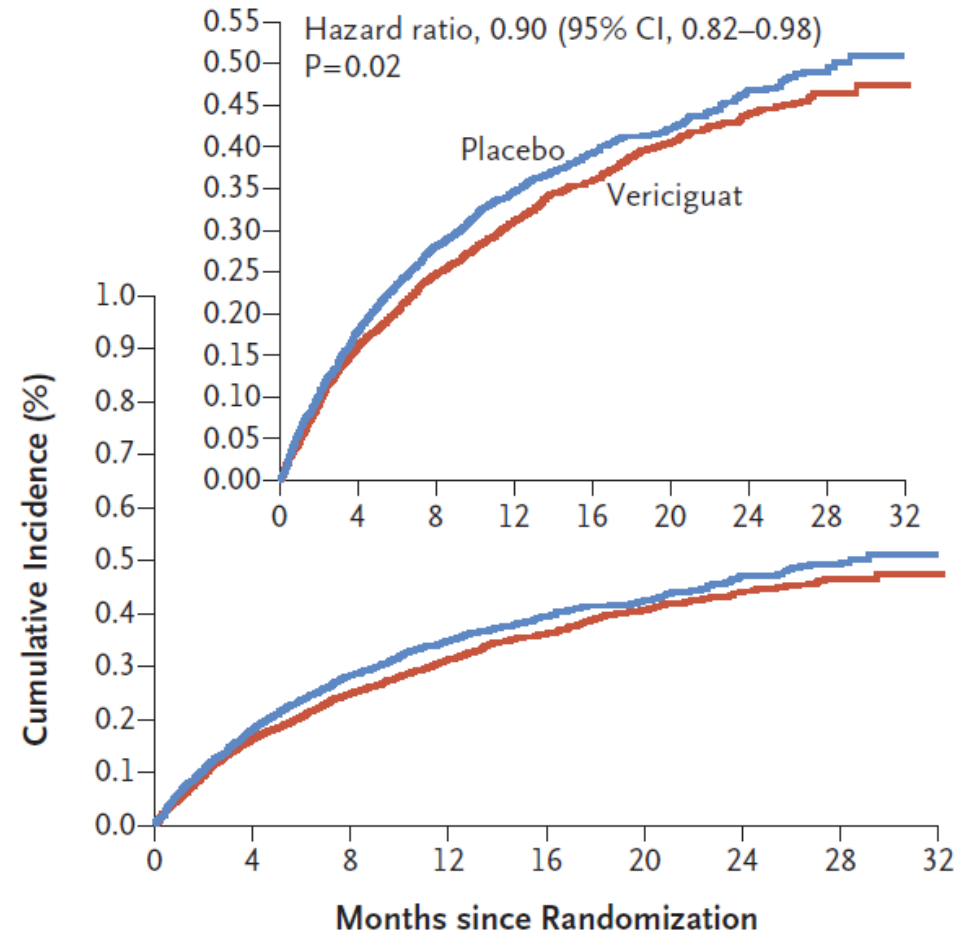
ARR: 4.2% per year



*Natriuretic peptides cut off: BNP level > 300 pg/mL (>500 if AF) - NT-proBNP > 1000 pg/mL (>1600 if AF)

VICTORIA trial

A Primary Outcome



Armstrong PW, et al. Vericiguat in Patients with Heart Failure and Reduced Ejection Fraction. N Engl J Med. 2020 May 14;382(20):1883-1893

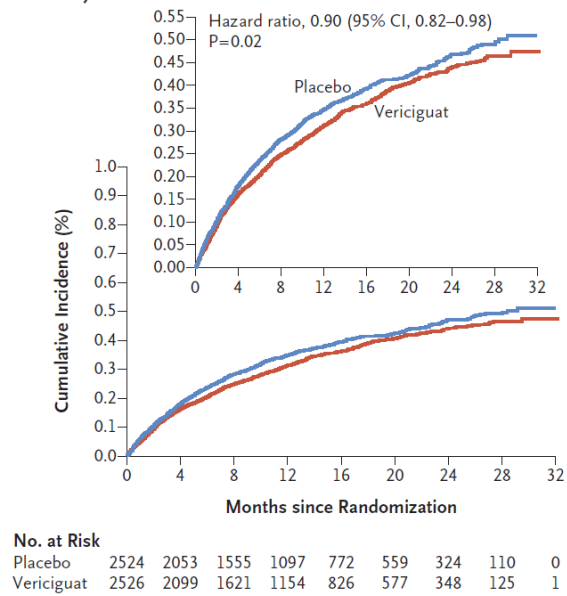
No. at Risk

Placebo	2524	2053	1555	1097	772	559	324	110	0
Vericiguat	2526	2099	1621	1154	826	577	348	125	1

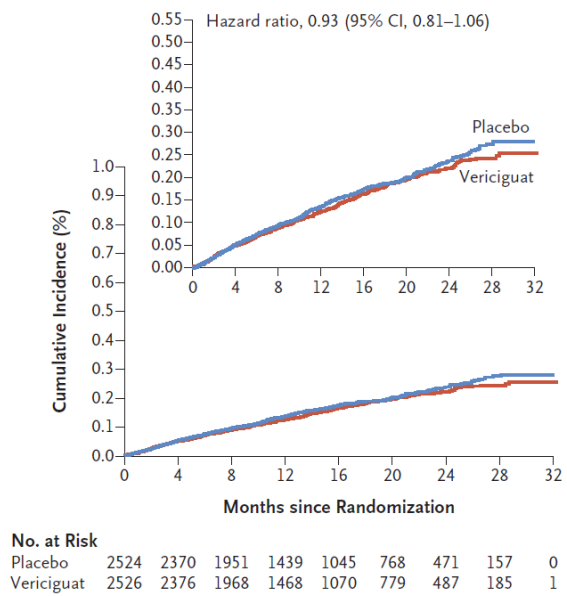
VICTORIA trial

Armstrong PW, et al. Vericiguat in Patients with Heart Failure and Reduced Ejection Fraction. N Engl J Med. 2020 May 14;382(20):1883-1893

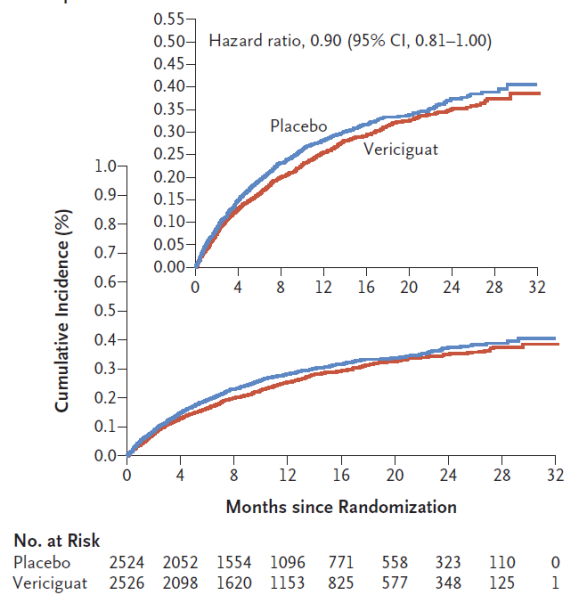
A Primary Outcome



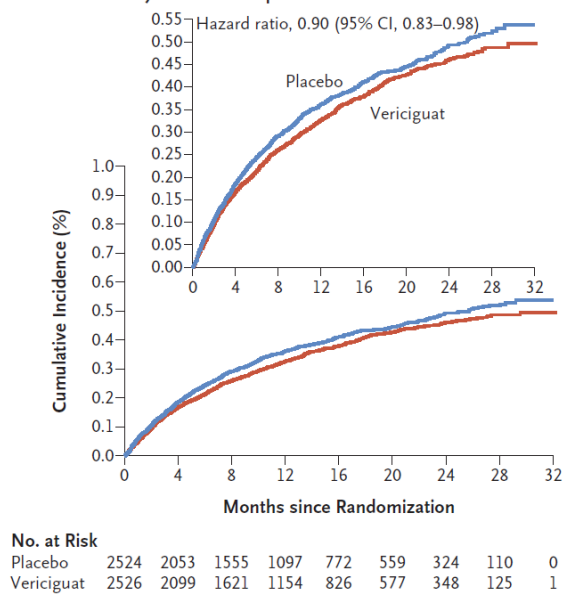
B Death from Cardiovascular Causes



C Hospitalization for Heart Failure



D Death from Any Cause or Hospitalization for Heart Failure

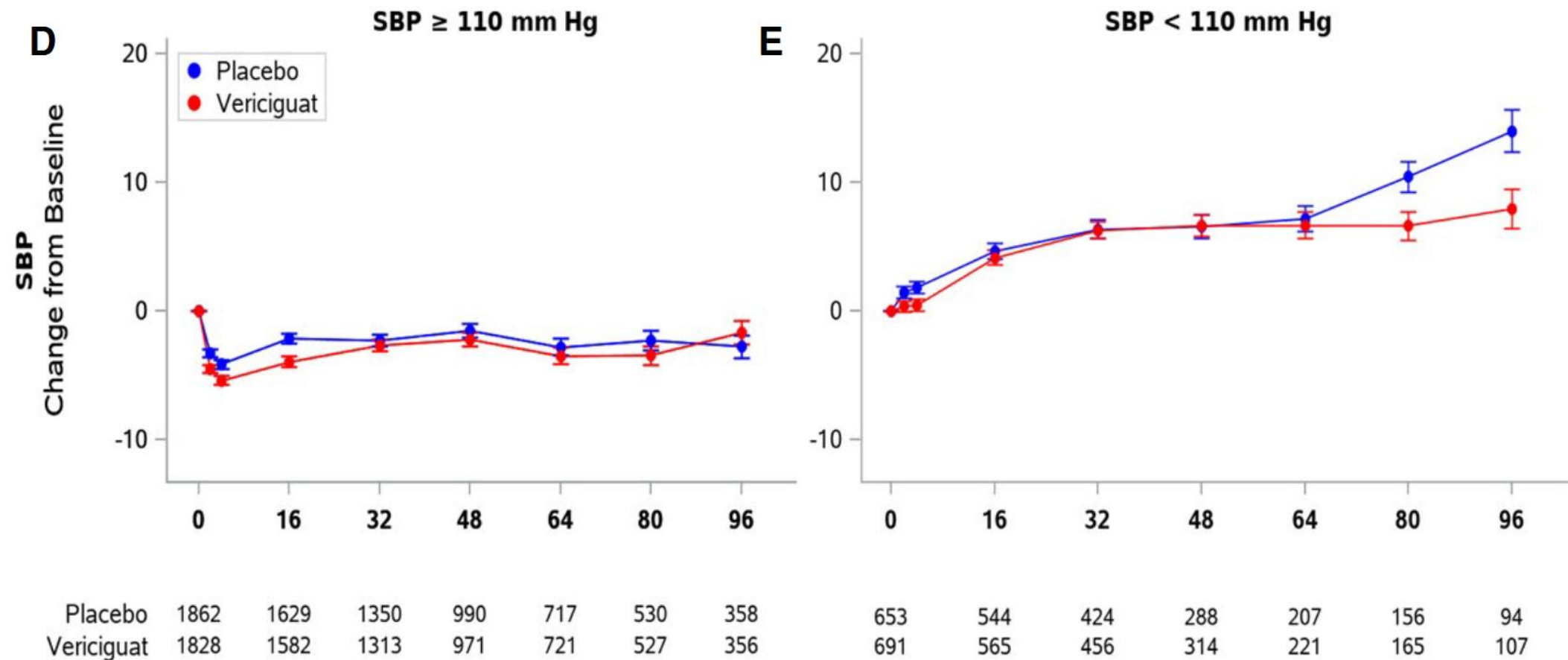


Vericiguat: is it safe?

Three main concerns when starting a new drug:

- Blood pressure lowering
- Worsening renal function
- Hyperkalemia

Vericiguat – blood pressure



Vericiguat –renal function

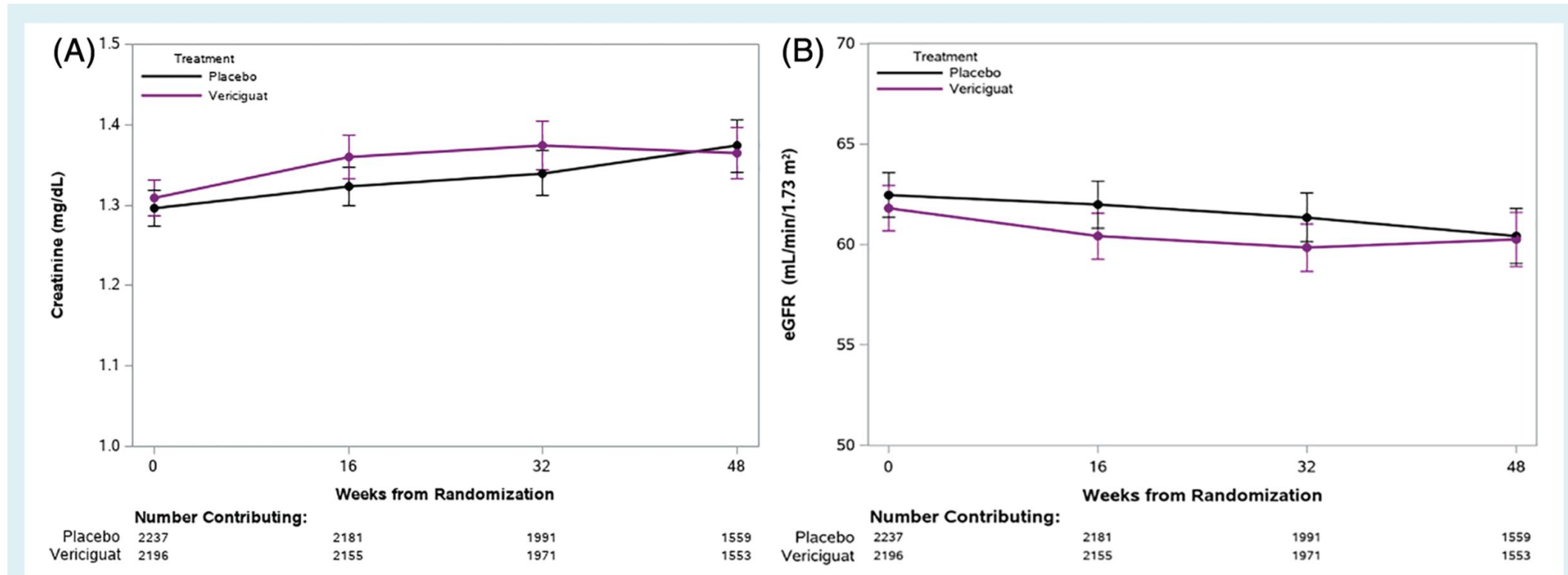


Figure 1 Change in serum creatinine (A) and estimated glomerular filtration rate (eGFR, B) over time in vericiguat- and placebo-treated patients was assessed with a linear mixed model. This figure shows no differences in the change in creatinine ($P = 0.18$) and eGFR ($P = 0.50$) between the vericiguat and placebo groups, as evaluated by the interaction between treatment and study visit in the model.

Voors AA. Renal function and the effects of vericiguat in patients with worsening heart failure with reduced ejection fraction: insights from the VICTORIA (Vericiguat Global Study in Subjects with HFrEF) trial. Eur J Heart Fail. 2021 Aug;23(8):1313-1321

Vericiguat – hyperkalemia

Table 2 Safety outcomes by treatment and estimated glomerular filtration rate category

	eGFR ≤ 30 mL/min/1.73 m ²		30 < eGFR ≤ 60 mL/min/1.73 m ²		eGFR > 60 mL/min/1.73 m ²		Overall (n = 4956)
	Vericiguat (n = 261)	Placebo (n = 246)	Vericiguat (n = 1060)	Placebo (n = 1070)	Vericiguat (n = 1153)	Placebo (n = 1166)	
Syncope	11 (4.2)	10 (4.1)	48 (4.5)	38 (3.6)	41 (3.6)	37 (3.2)	185 (3.7)
Symptomatic hypotension	29 (11.1)	22 (8.9)	109 (10.3)	98 (9.2)	86 (7.5)	72 (6.2)	416 (8.4)
Hyperkalaemia	21 (8.0)	25 (10.2)	71 (6.7)	84 (7.9)	29 (2.5)	39 (3.3)	269 (5.4)
Treatment discontinuation	144 (55.2)	138 (56.1)	436 (41.1)	435 (40.7)	371 (32.2)	368 (31.6)	1892 (38.2)
Reason for discontinuation							
Adverse event	30 (20.8)	32 (23.2)	83 (19.0)	75 (17.2)	59 (15.9)	50 (13.6)	329 (17.4)
Death	55 (38.2)	57 (41.3)	156 (35.8)	173 (39.8)	141 (38.0)	149 (40.5)	731 (38.6)
Lost to follow-up	2 (1.4)	2 (1.4)	2 (0.5)	2 (0.5)	4 (1.1)	7 (1.9)	19 (1.0)
Non-compliance with study drug	2 (1.4)	6 (4.3)	23 (5.3)	24 (5.5)	22 (5.9)	19 (5.2)	96 (5.1)
Physician decision	30 (20.8)	22 (15.9)	78 (17.9)	70 (16.1)	65 (17.5)	62 (16.8)	327 (17.3)
Protocol deviation	1 (0.7)	1 (0.7)	4 (0.9)	1 (0.2)	3 (0.8)	0 (0.0)	10 (0.5)
Withdrawal by patient	24 (16.7)	18 (13.0)	90 (20.6)	90 (20.7)	77 (20.8)	81 (22.0)	380 (20.1)
Worsening renal function by 16 weeks	47/210 (22.4)	35/184 (19.0)	183/892 (20.5)	173/921 (18.8)	116/1016 (11.4)	92/1041 (8.8)	646/4264 (15.2)

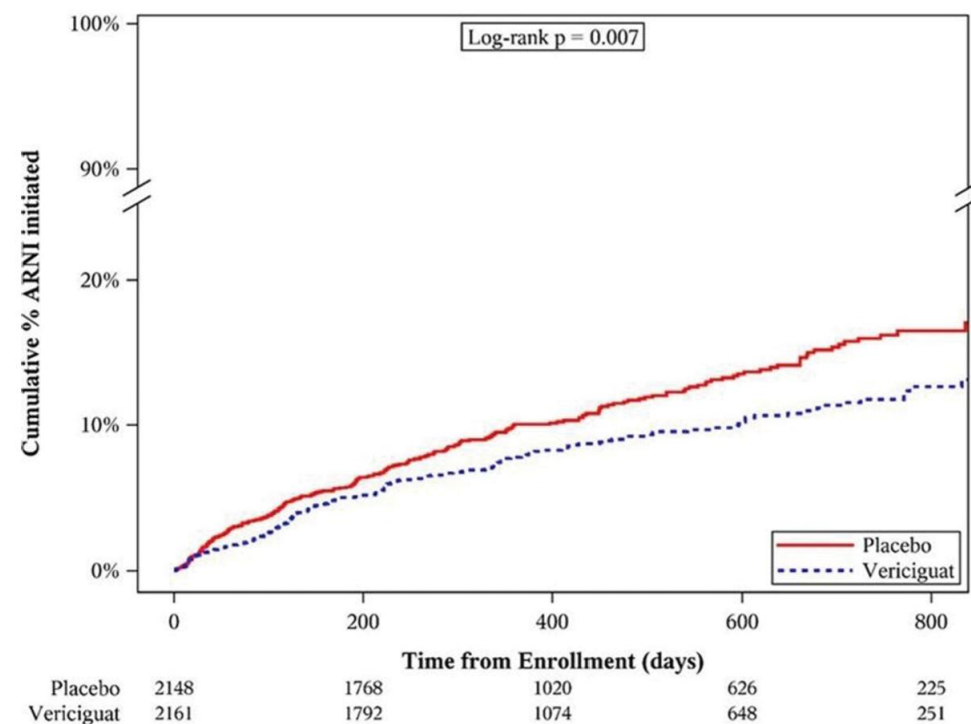
Voors AA. Renal function and the effects of vericiguat in patients with worsening heart failure with reduced ejection fraction: insights from the VICTORIA (Vericiguat Global Study in Subjects with HFrEF) trial. Eur J Heart Fail. 2021 Aug;23(8):1313-1321

Vericiguat – more room for ARNI?

Efficacy and safety of vericiguat in patients with HFrEF treated with sacubitril/valsartan: results from the VICTORIA trial

M. Senni¹, W. Alemayehu², D. Sim³, F. Edelmann⁴, J. Butler⁵, J.A. Ezekowitz², A.F. Hernandez⁶, C.S.P. Lam³, C.M. O'Connor⁷, B. Pieske⁴, P. Ponikowski⁸, L. Roessig⁹, A.A. Voors¹⁰, C. McMullan¹¹, P.W. Armstrong²

Figure. Time to initiation of ARNI in patients who were not already on ARNI at randomization (n=4309).



Vericiguat – real-world data from Germany (1416 pts)

	Prior to vericiguat initiation (n = 1416)	After to vericiguat initiation (n = 1416)
HF co-medication		
BB	1113 (78.6%)	1202 (84.9%)
ACEi	236 (16.7%)	204 (14.4%)
ARB	179 (12.6%)	168 (11.9%)
ARNi	801 (56.6%)	949 (67.0%)
Any RASi	1113 (78.6%)	1193 (84.3%)
MRA	769 (54.3%)	943 (66.6%)
SGLT2i	724 (51.1%)	1040 (73.4%)
Diuretic medication	1124 (79.4%)	1243 (87.8%)
Digitalis	141 (10.0%)	175 (12.4%)
Ivabradine	82 (5.8%)	104 (7.3%)
HF drug combinations		
≤ 1 drug class	252 (17.8%)	103 (7.3%)
2 drug classes	381 (26.9%)	319 (22.5%)
3 drug classes	375 (26.5%)	375 (26.5%)
4 drug classes	408 (28.8%)	619 (43.7%)

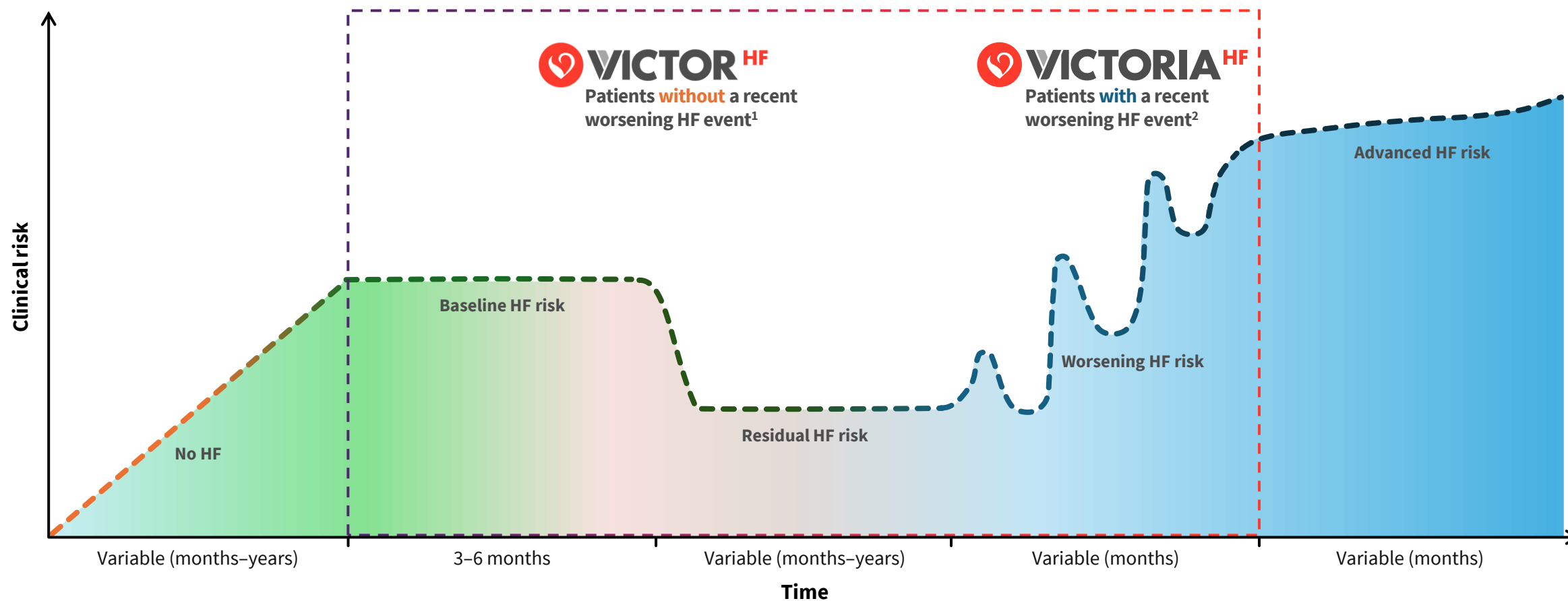
Quintuple therapy for heart failure?

Oral Medical Therapy						Intravenous Medical Therapy
Step #1 <i>Rapid sequence or simultaneous initiation of disease-modifying medical therapies</i>	Quadruple Therapy					Intravenous Iron • Among patients with iron deficiency (ferritin <100 µg/L, or 100-299 µg/L with transferrin saturation <20%)
	ARNI	BB	MRA	SGLT2i	Vericiguat	
	Quintuple Therapy With Vericiguat					
	• Prioritize initiating (at least) low doses • Prioritize initiating multiple/all medications prior to dose escalation of any one medication					
Step #2 <i>Dose escalation of oral medical therapies, as tolerated</i>	Quadruple Therapy					Strength of Recommendation and Benefit • Proven to improve HF outcomes, including mortality • Foundational therapy for all eligible patients, as tolerated • Proven to improve HF outcomes other than mortality • Therapy should be strongly considered, as tolerated
	↑ARNI	↑BB	↑MRA	Continue SGLT2i	↑Vericiguat	
	Quintuple Therapy With Vericiguat					
	• Achieve maximally tolerated or target doses within 4-6 weeks • Prioritize dose escalation of BB as tolerated (strongest dose-response data) • Consider including virtual/remote visits to facilitate rapid titration • Serial laboratory monitoring of kidney function, serum potassium, and NT-proBNP during titration to confirm safety					

VICTOR trial

Vericiguat in patients with chronic heart failure and reduced ejection fraction (VICTOR): a double-blind, placebo-controlled, randomised, phase 3 trial

Javed Butler, Ciaran J McMullan, Kevin J Anstrom, Irina Barash, Marc P Bonaca, Maria Borentain, Stefano Corda, Justin A Ezekowitz, G Michael Felker, Davis Gates, Carolyn S P Lam, Eldrin F Lewis, JoAnn Lindenfeld, Robert J Mentz, Christopher M O'Connor, Piotr Ponikowski, Yogesh N V Reddy, Giuseppe M C Rosano, Clara Saldarriaga, Michele Senni, Lilin She, Pedro Pinto Teixeira, James Udelson, Alessia Urbinati, Vanja Vlainic, Adriaan A Voors, Aiwon Xing, Mahesh J Patel, Faiez Zannad, for the VICTOR Study Group*



VICTOR trial

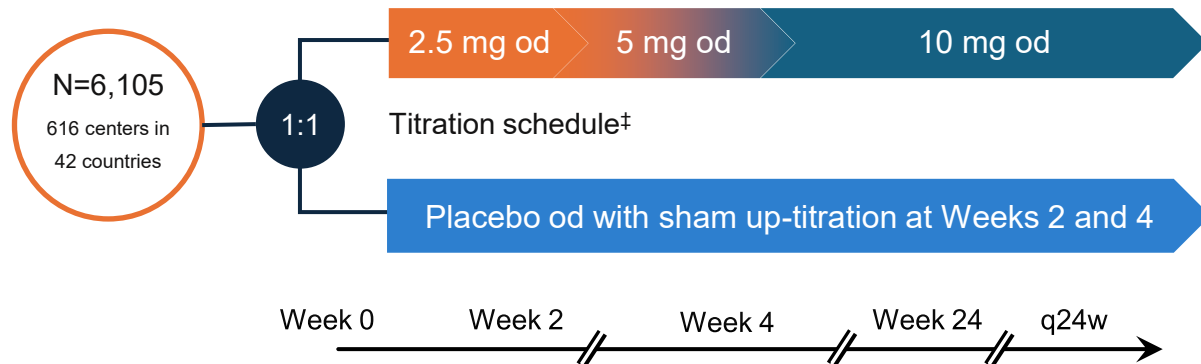
Vericiguat in patients with chronic heart failure and reduced ejection fraction (VICTOR): a double-blind, placebo-controlled, randomised, phase 3 trial

Javed Butler, Ciaran J McMullan, Kevin J Anstrom, Irina Barash, Marc P Bonaca, Maria Borentain, Stefano Corda, Justin A Ezekowitz, G Michael Felker, Davis Gates, Carolyn S P Lam, Eldrin F Lewis, JoAnn Lindenfeld, Robert J Mentz, Christopher M O'Connor, Piotr Ponikowski, Yogesh N V Reddy, Giuseppe M C Rosano, Clara Saldarriaga, Michele Senni, Lilin She, Pedro Pinto Teixeira, James Udelson, Alessia Urbinati, Vanja Vljajnic, Adriaan A Voors, Aiwon Xing, Mahesh J Patel, Faiez Zannad, for the VICTOR Study Group*

Phase 3, double-blind, placebo-controlled, 1:1 randomized, event-driven trial

Key eligibility criteria

- LVEF $\leq 40\%$ within 12 months
- NYHA class II–IV on GDMT
- No HFH within 6 months or outpatient i.v. diuretic use within 3 months
- NT-proBNP level within 30 days
 - SR: 600–6,000 pg/ml; AF: 900–6,000 pg/ml
- eGFR ≥ 15 ml/min/1.73 m² and not on chronic dialysis



Composite primary endpoint

Time to first occurrence of HFH or CV death

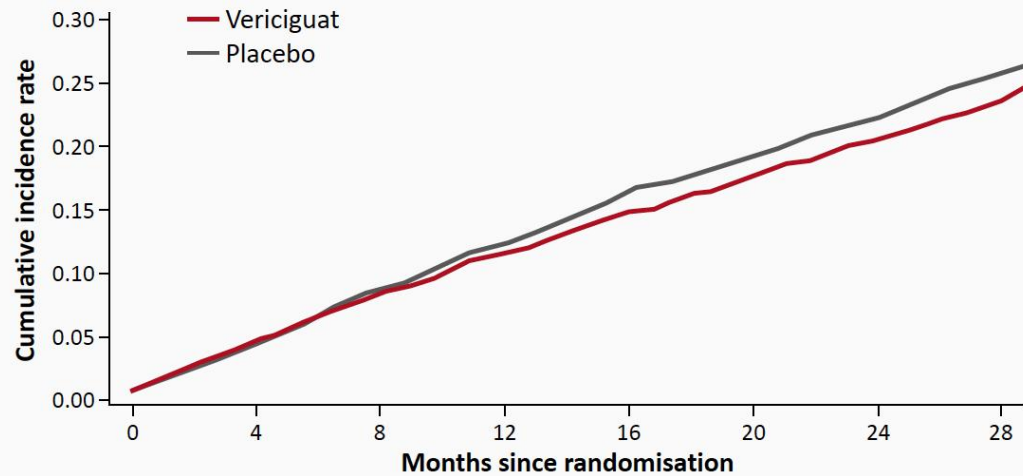
Key secondary endpoint

Time to CV death

Follow-up continued until target number of CV death events was reached (n=590)

VICTOR results in practice

Primary outcome results: Time to CV death or first HHF



	Number of participants at risk							
Vericiguat	3053	2927	2797	2581	1917	1352	849	459
Placebo	3052	2929	2771	2543	1879	1314	823	442
	Cumulative number of events up to the time point							
Vericiguat	0	109	228	333	409	462	505	527
Placebo	0	108	242	355	442	506	547	574

Vericiguat: 549 (18.0%)

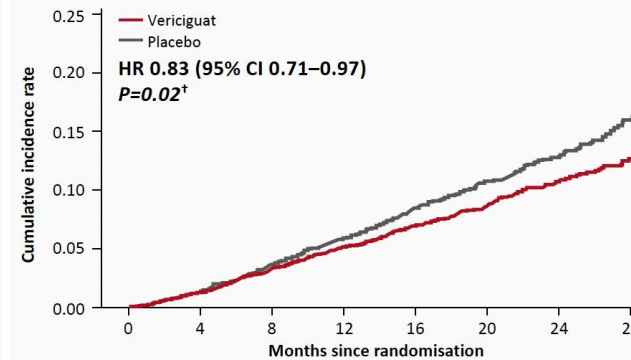
Placebo: 584 (19.1%)

HR 0.93 (95% CI 0.83 – 1.04); P=0.22

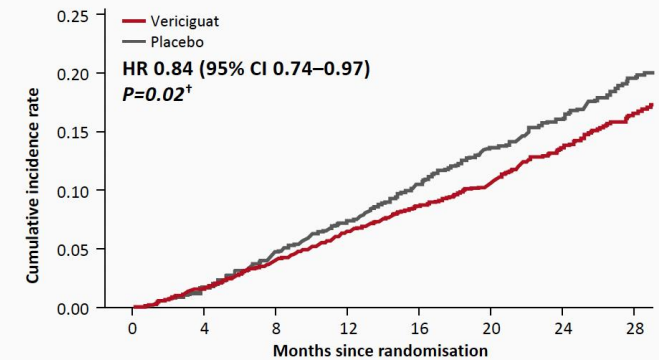
Effects of vericiguat on mortality

CV death^{1,2}

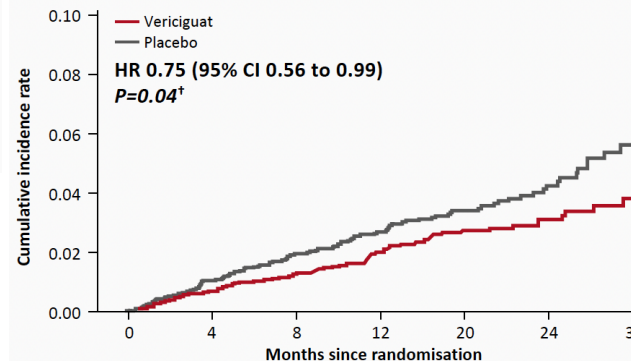
Prespecified powered secondary endpoint



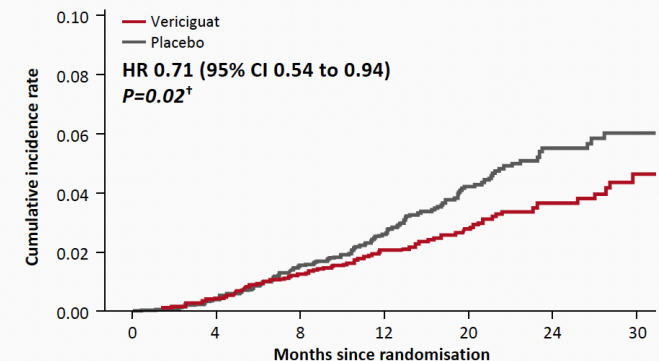
All-cause death^{1,2}



Sudden cardiac death^{1,2}

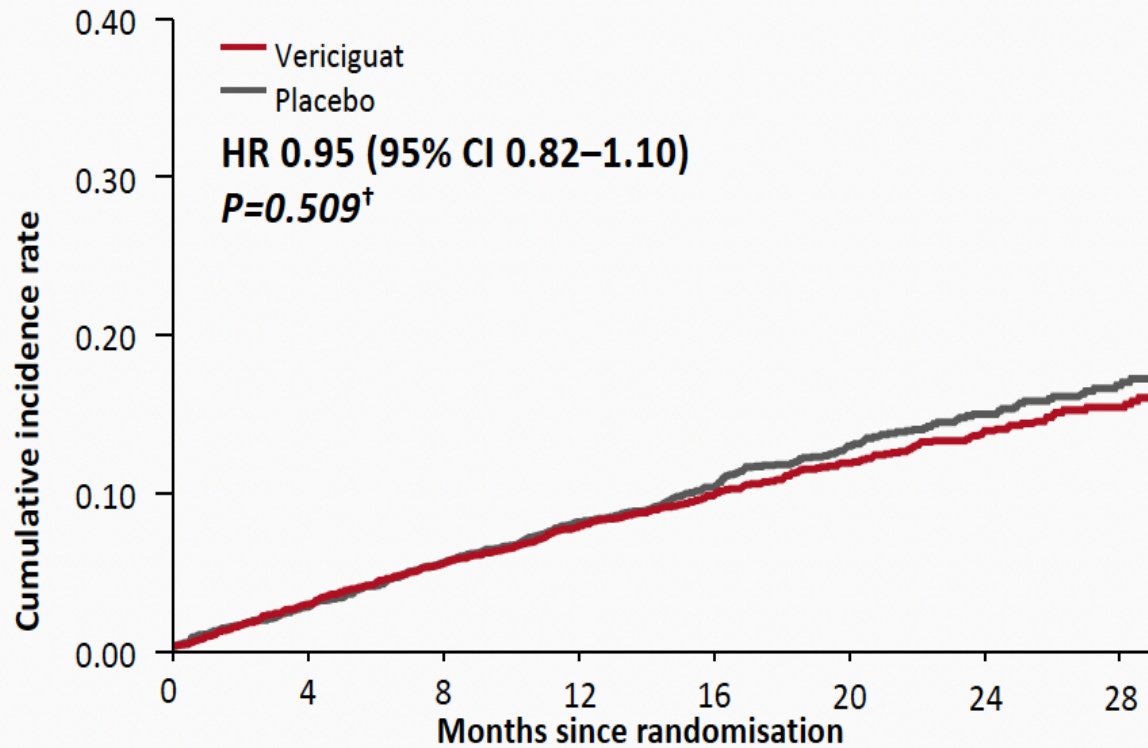


HF-related death^{1,2}

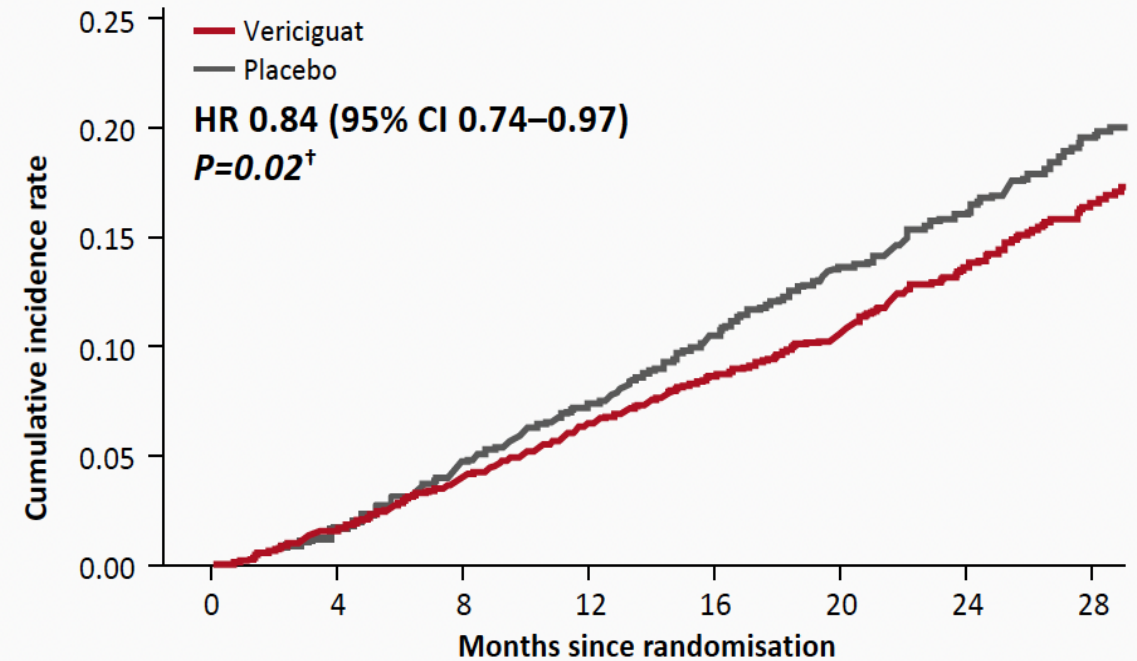


VICTOR results in practice

HHF^{1,2}
Secondary endpoint

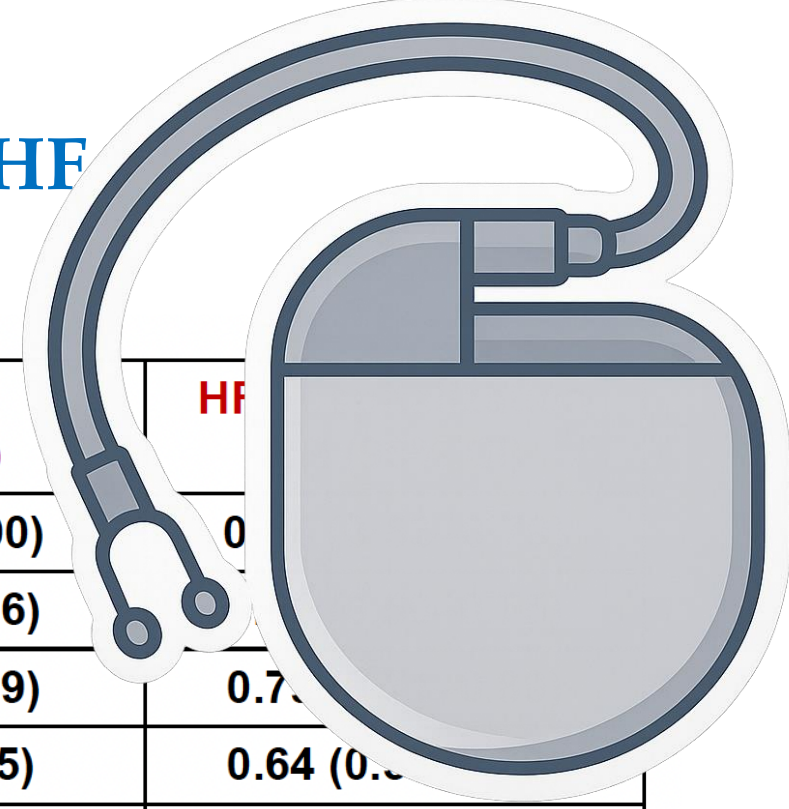


All-cause death^{1,2}



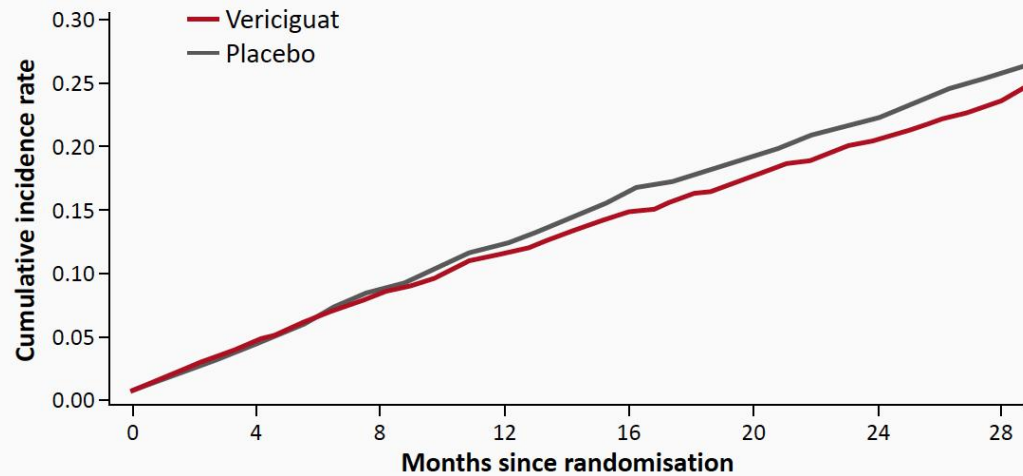
Effect of HF treatment on CV death and HHF

	CV death HR (95% CI)	HF HR (95% CI)
Beta-blocker (CIBIS-2, bisoprolol)	0.71 (0.56–0.90)	0.71 (0.56–0.90)
MRA (EMPHASIS-HF, eplerenone)	0.77 (0.62–0.96)	0.77 (0.62–0.96)
Sacubitril/valsartan (PARADIGM-HF)	0.80 (0.71–0.89)	0.71 (0.62–0.80)
ACE inhibitor (SOLVD-T, enalapril)	0.83 (0.73,0.95)	0.64 (0.55–0.74)
Soluble guanylate cyclase stimulator (VICTOR, vericiguat)	0.83 (0.71, 0.97)	0.95 (0.82–1.10)
ARB (CHARM-HFrEF, candesartan)	0.84 (0.75–0.95)	0.76 (0.68–0.85)
SGLT2 inhibitor (meta-analysis)	0.86 (0.76–0.98)	0.69 (0.62–0.78)
Sinus node inhibition (SHIFT, ivabradine)	0.91 (0.80–1.03)	0.74 (0.66–0.83)
Digitalis glycoside (DIG, digoxin)	1.01 (0.93–1.10)	0.72 (0.66–0.79)



VICTOR results in practice

Primary outcome results: Time to CV death or first HHF



	Number of participants at risk							
Vericiguat	3053	2927	2797	2581	1917	1352	849	459
Placebo	3052	2929	2771	2543	1879	1314	823	442
	Cumulative number of events up to the time point							
Vericiguat	0	109	228	333	409	462	505	527
Placebo	0	108	242	355	442	506	547	574

Vericiguat: 549 (18.0%)

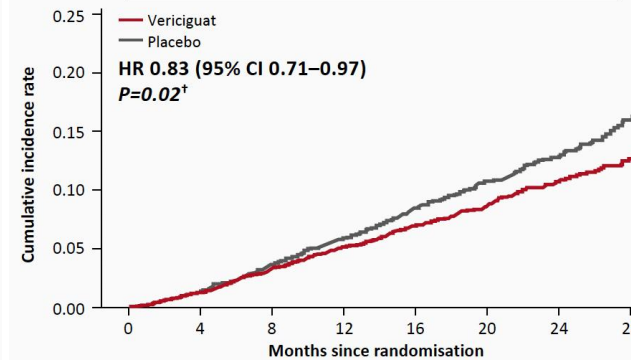
Placebo: 584 (19.1%)

HR 0.93 (95% CI 0.83 – 1.04); P=0.22

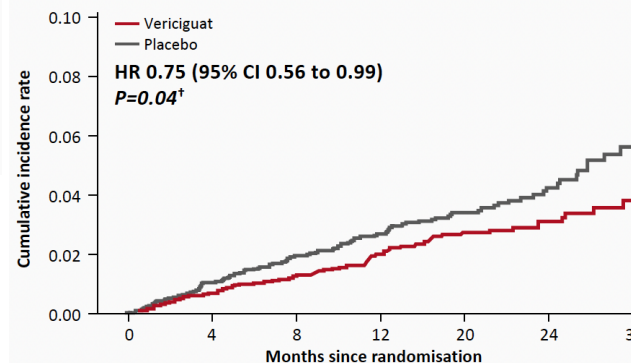
Effects of vericiguat on mortality

CV death^{1,2}

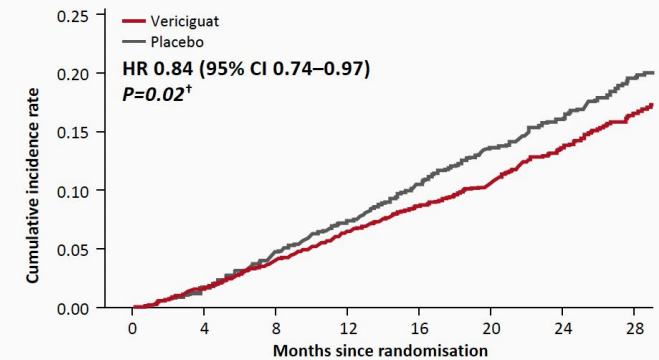
Prespecified powered secondary endpoint



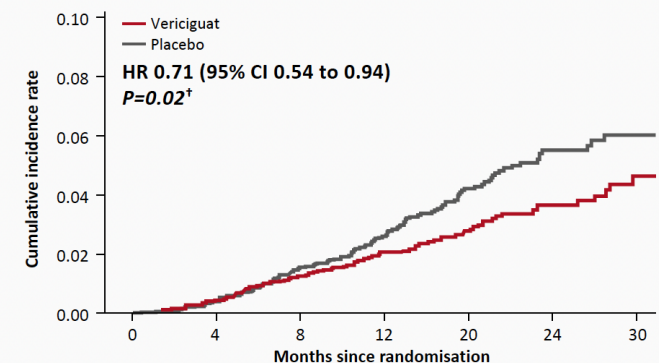
Sudden cardiac death^{1,2}



All-cause death^{1,2}



HF-related death^{1,2}



VICTOR placebo group treatment

Phase III trial

Baseline characteristics of contemporary trial participants with heart failure and reduced ejection fraction. The VICTOR trial

Baseline characteristics of contemporary trial participants with heart failure and reduced ejection fraction: The VICTOR trial

Clara I. Saldarriaga¹, Faiez Zannad^{2*}, Ciaran J. McMullan³, Aiwen Xing³,

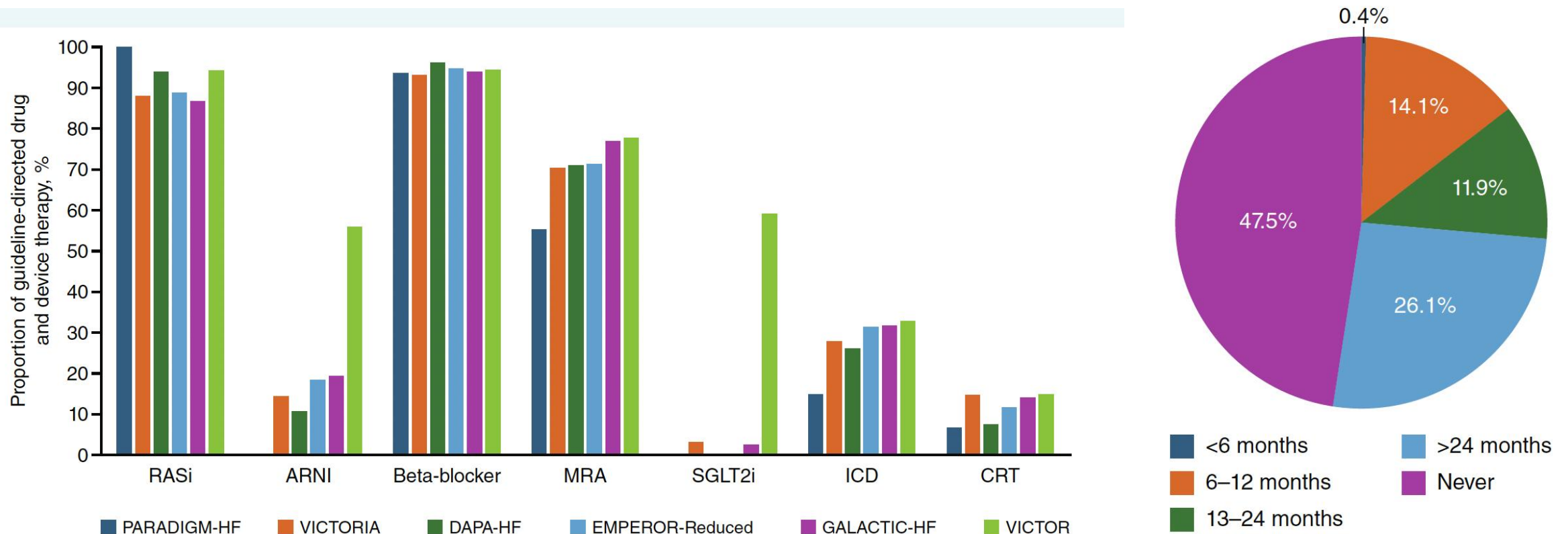


Figure 2 Proportion of guideline-directed drug and device therapy across contemporary heart failure with reduced ejection fraction trials. ARNI, angiotensin receptor–neprilysin inhibitor; CRT, cardiac resynchronization therapy; ICD, implantable cardioverter-defibrillator; MRA, mineralocorticoid receptor antagonist; RASi, renin–angiotensin system inhibitor; SGLT2i, sodium–glucose cotransporter 2 inhibitor.

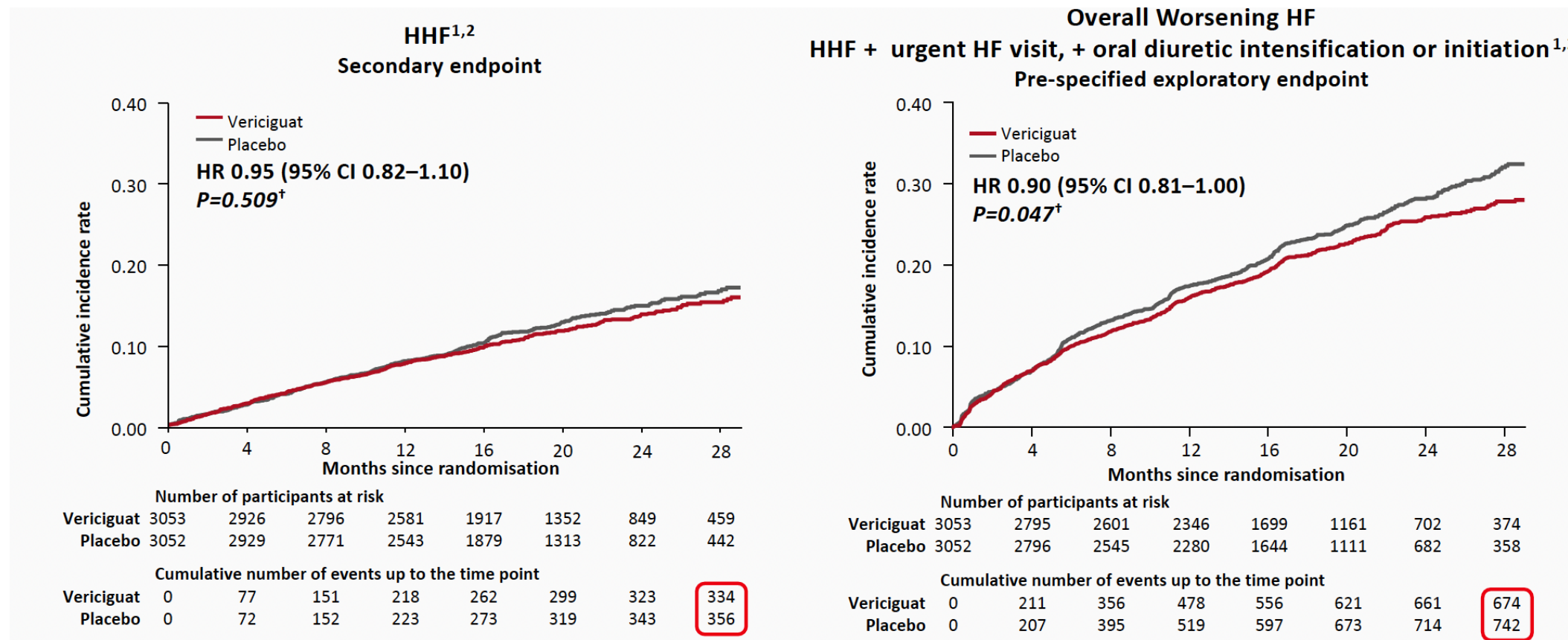
VICTOR results in practice

Effects of Vericiguat on total HF events

Effect of Vericiguat on Total Heart Failure Events in Compensated Outpatients With HFrEF

Insights From VICTOR

Faiez Zannad, MD, PhD,^a Yogesh N.V. Reddy, MBBS,^b Irina Barash, MD, MS, MD,^c Kevin J. Anstrom, PhD,^d



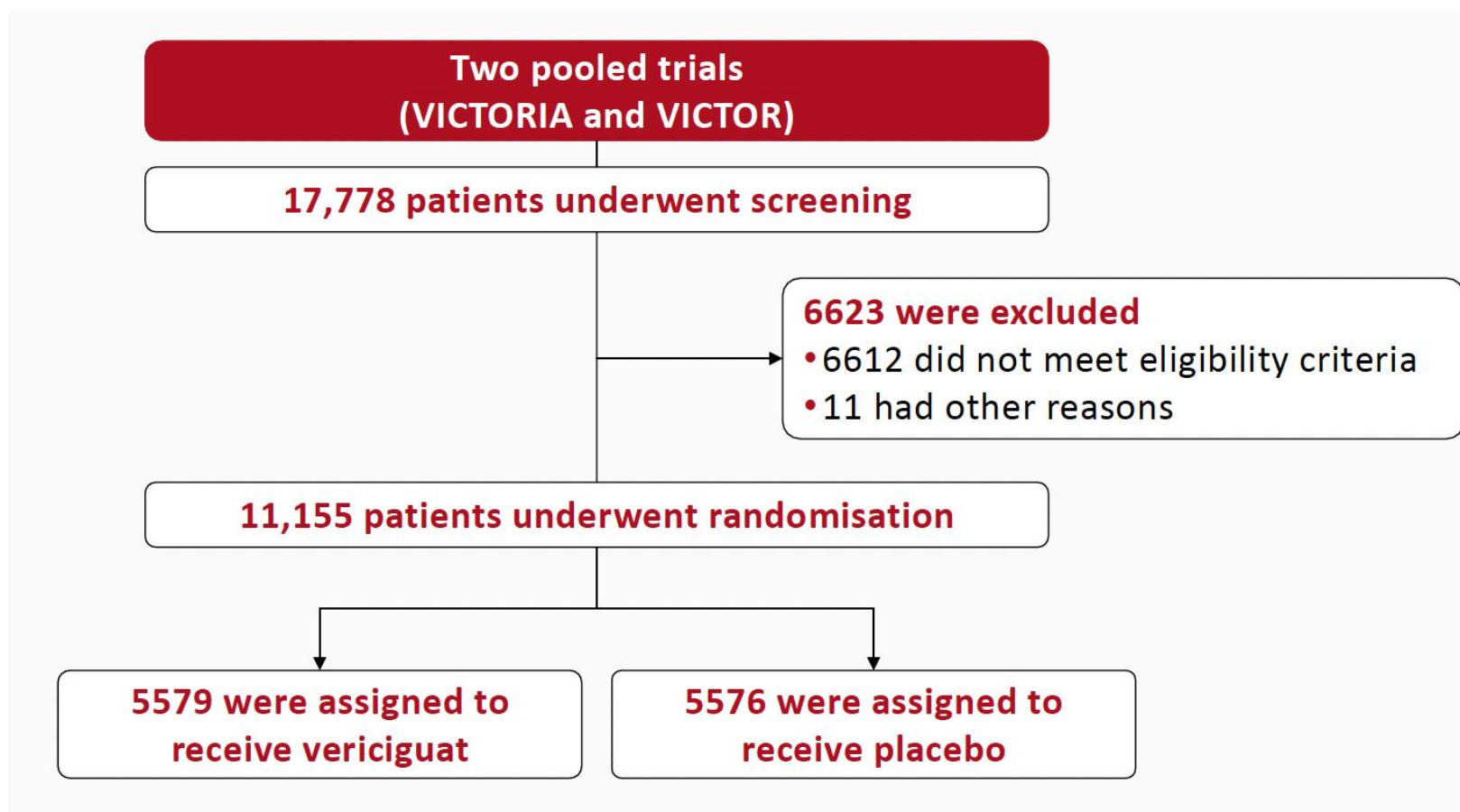
N eventi di HHF (pochi, probabilmente non sufficiente per evidenziare un effect size basso) vs eventi HF complessivi sufficientemente alti per evidenziare riduzione significativa

VICTORIA/VICTOR pooled analysis

Vericiguat for patients with heart failure and reduced ejection fraction across the risk spectrum: an individual participant data analysis of the VICTORIA and VICTOR trials



Faiez Zannad, Christopher M O'Connor, Javed Butler, Ciaran J McMullan, Kevin J Anstrom, Irina Barash, Marc P Bonaca, Maria Borentain, Stefano Corda, Davis Gates, Justin A Ezekowitz, Adrian F Hernandez, Carolyn S P Lam, Eldrin F Lewis, JoAnn Lindenfeld, Robert J Mentz, Piotr Ponikowski, Yogesh N V Reddy, Giuseppe M C Rosano, Clara Saldarriaga, Michele Senni, Pedro P Teixeira, James Udelsom, Alessia Urbinati, Vanja Vlainic, Adriaan A Voors, Aiwun Xing, Mahesh J Patel, Paul W Armstrong, for the VICTORIA and VICTOR Study Groups



Largest contemporary HF dataset

VICTORIA/VICTOR pooled analysis

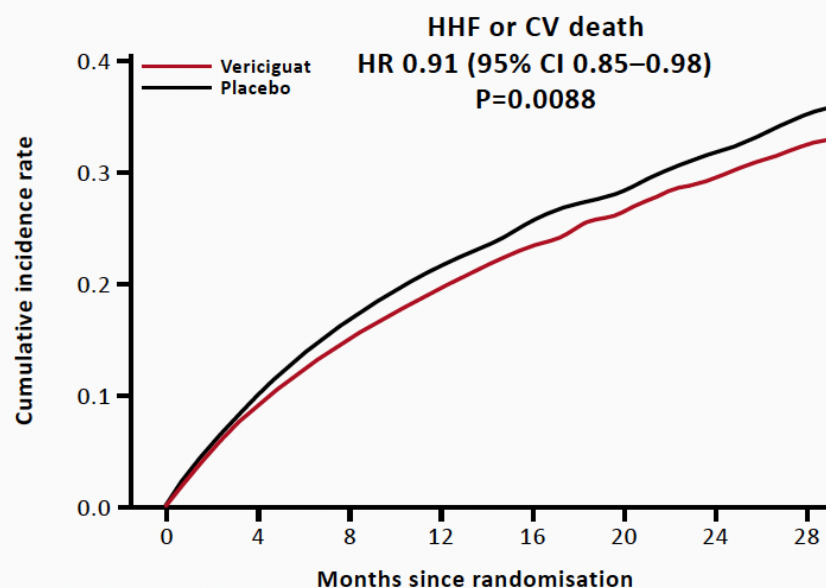
Vericiguat for patients with heart failure and reduced ejection fraction across the risk spectrum: an individual participant data analysis of the VICTORIA and VICTOR trials



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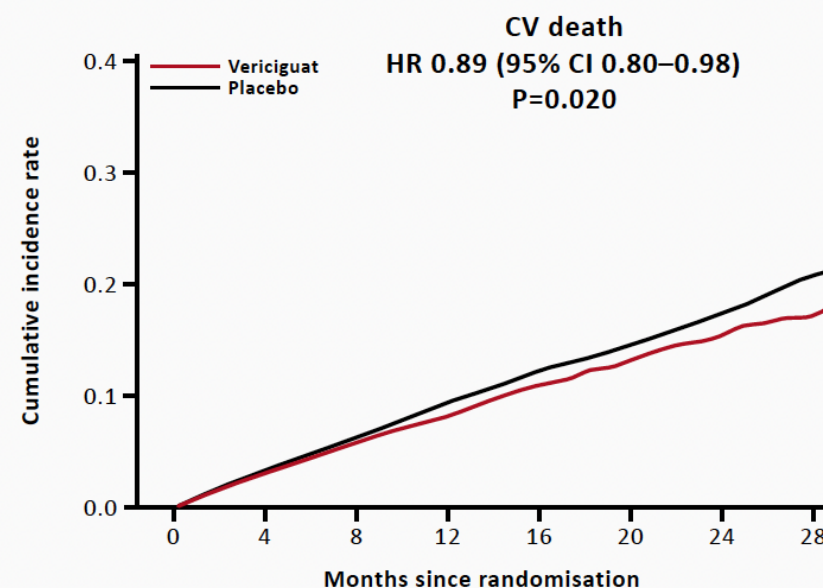


Primary composite endpoint and CV death (VICTORIA/VICTOR pooled)



Number of participants at risk

Vericiguat	5579	5026	4418	3735	2743	1929	1197	584
Placebo	5576	4982	4326	3640	2651	1873	1147	552



Number of participants at risk

Vericiguat	5579	5376	4896	4220	3162	2295	1455	721
Placebo	5576	5373	4861	4167	3095	2224	1411	671

Vericiguat significantly reduced the risk of the primary composite and the CV death, with treatment effects emerging at around 4 months and around 8 months, respectively

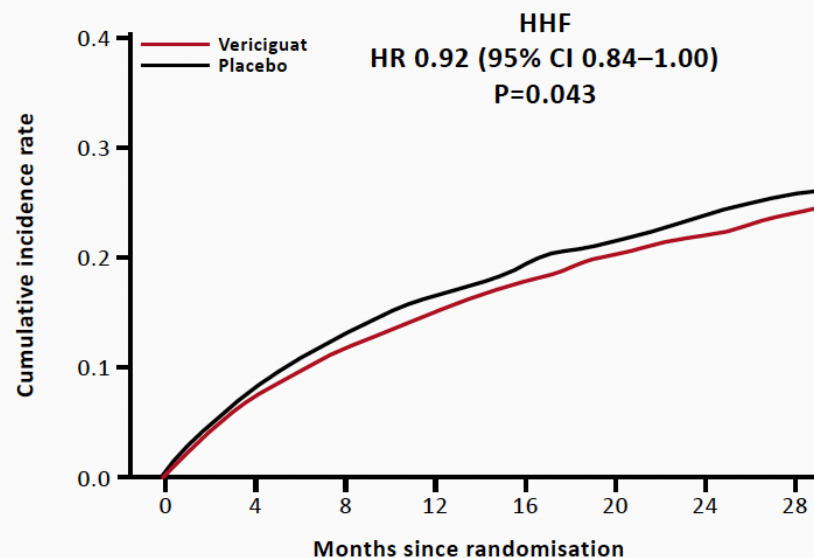
VICTORIA/VICTOR pooled analysis

Vericiguat for patients with heart failure and reduced ejection fraction across the risk spectrum: an individual participant data analysis of the VICTORIA and VICTOR trials



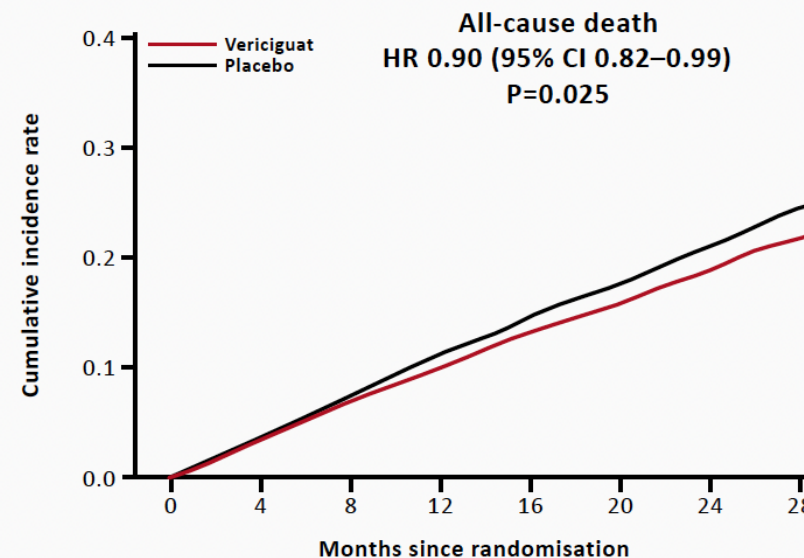
Faiez Zannad, Christopher M O'Connor, Javed Butler, Ciaran J McMullan, Kevin J Anstrom, Irina Barash, Marc P Bonaca, Maria Borentain, Stefano Corda, Davis Gates, Justin A Ezekowitz, Adrian F Hernandez, Carolyn S P Lam, Eldrin F Lewis, JoAnn Lindenfeld, Robert J Mentz, Piotr Ponikowski, Yogesh N V Reddy, Giuseppe M C Rosano, Clara Saldarriaga, Michele Senni, Pedro P Teixeira, James Udelson, Alessia Urbinati, Vanja Vlaisnjic, Adriaan A Voors, Aiwien Xing, Mahesh J Patel, Paul W Armstrong, for the VICTORIA and VICTOR Study Groups

HHF and all-cause death (VICTORIA/VICTOR pooled)



Number of participants at risk

Vericiguat	5579	5024	4416	3734	2742	1929	1197	584
Placebo	5576	4981	4325	3639	2650	1871	1145	552

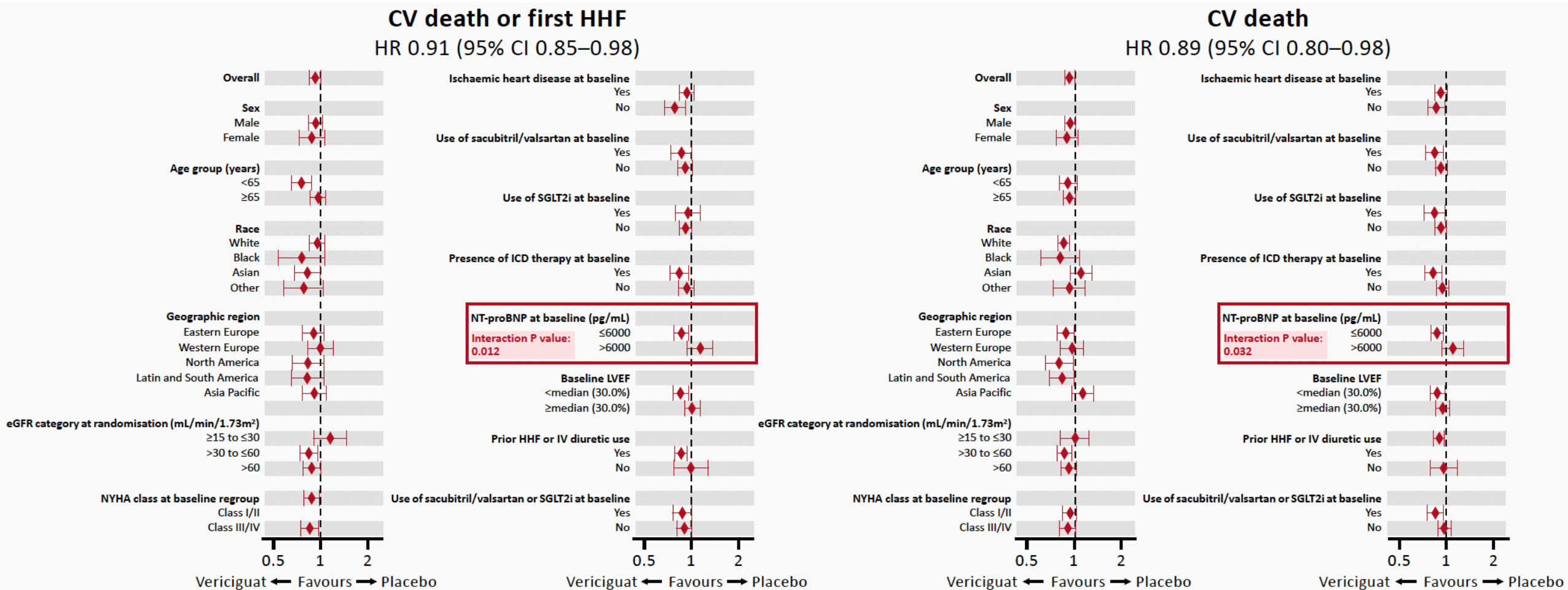


Number of participants at risk

Vericiguat	5579	5376	4896	4220	3162	2295	1455	721
Placebo	5576	5373	4861	4167	3095	2224	1411	671

- Vericiguat significantly reduced the risk of first HHF and all-cause death, with treatment effects emerging at around 4 months and around 8 months, respectively
- No evidence of treatment by trial interaction
(P=0.586 for HHF or CV death; P=0.318 for CV death; P=0.510 for HHF; P=0.235 for all-cause death)

VICTORIA/VICTOR pooled subgroups analysis

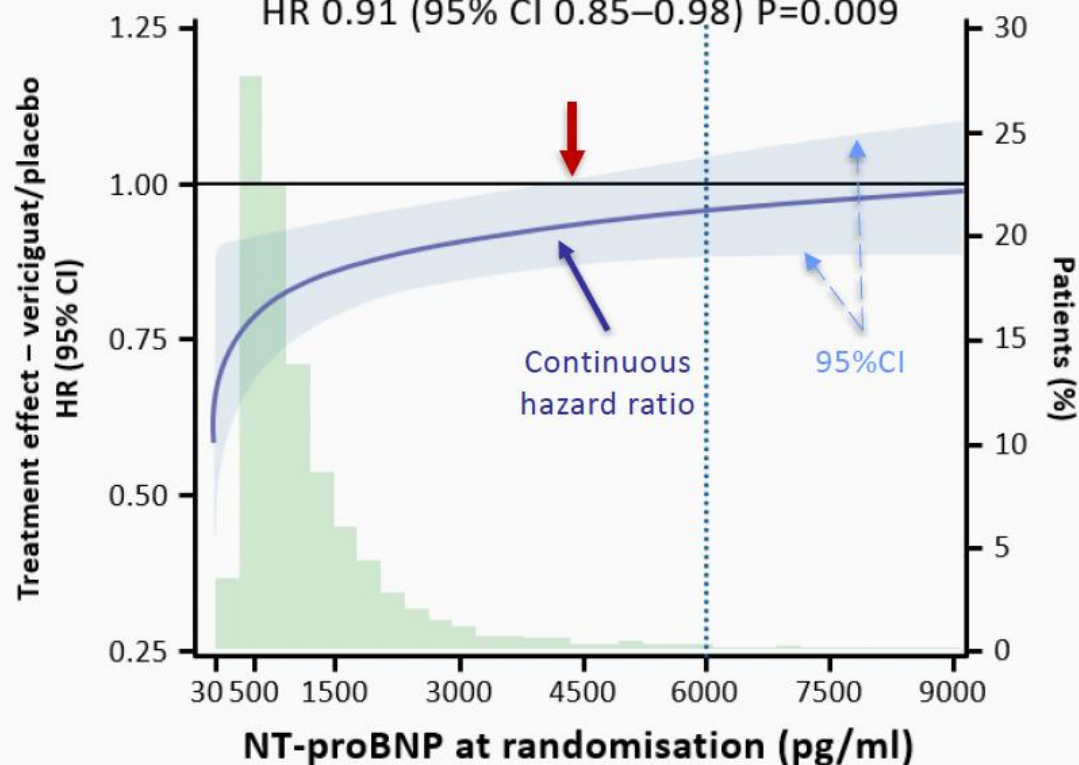


The only subgroup showing significant and consistent interaction with treatment effect was baseline NT-proBNP ≤6000 pg/mL

Vericiguat and NTproBNP interaction

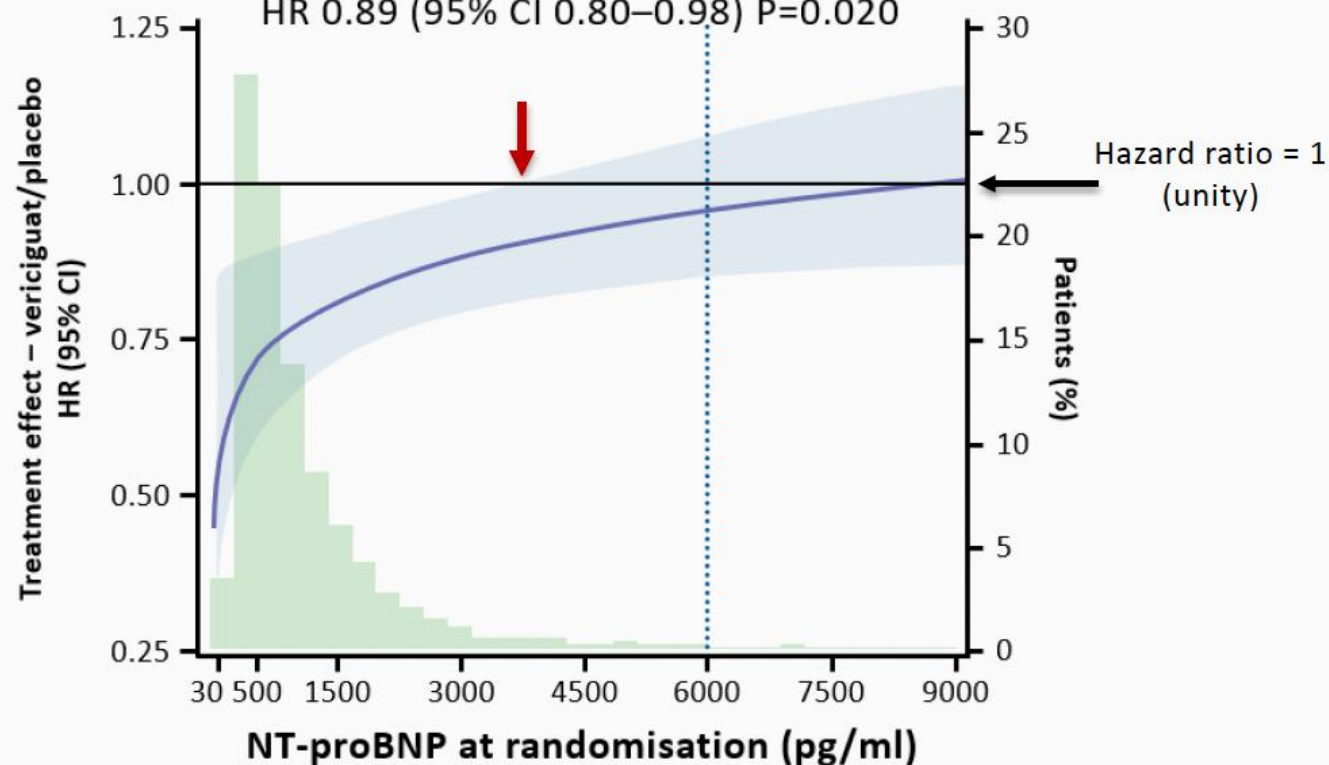
CV death or first HHF

HR 0.91 (95% CI 0.85–0.98) P=0.009



CV death

HR 0.89 (95% CI 0.80–0.98) P=0.020

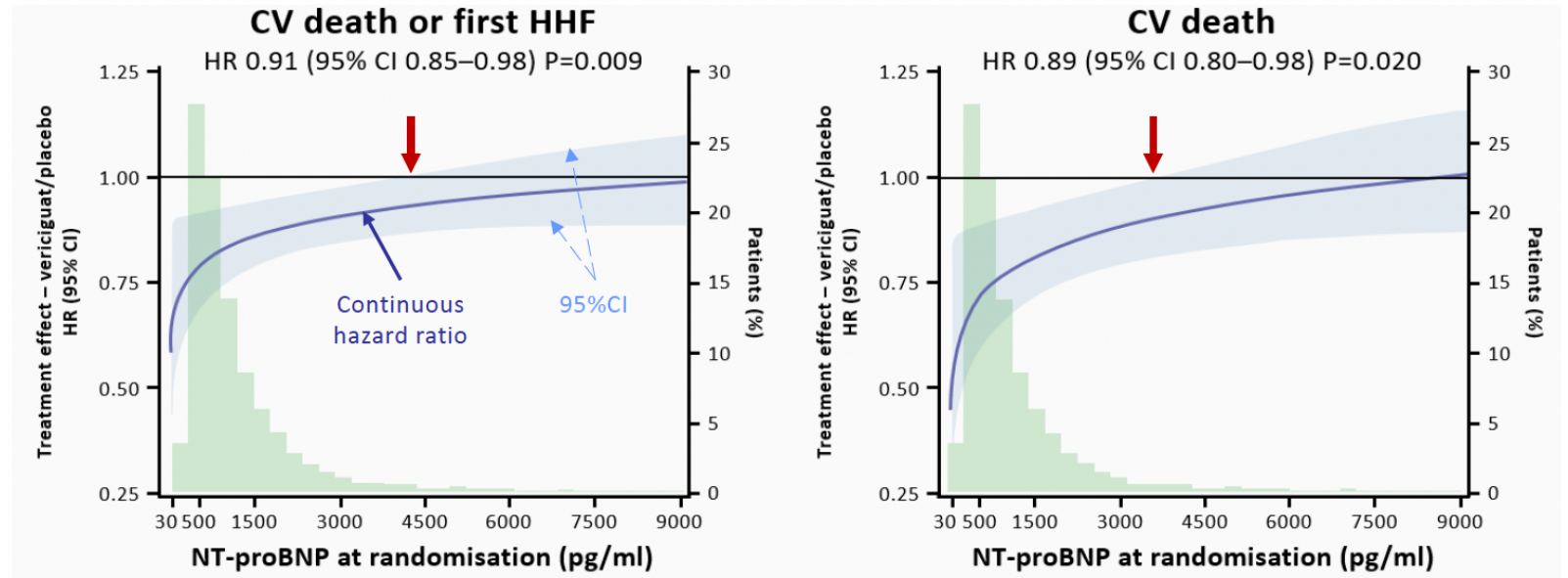


Is there any plausible biological explanation for this interaction? Natriuretic peptides act through increasing cGMP, as does vericiguat (but different cGMP pathways – particulate vs. soluble guanylate cyclase).

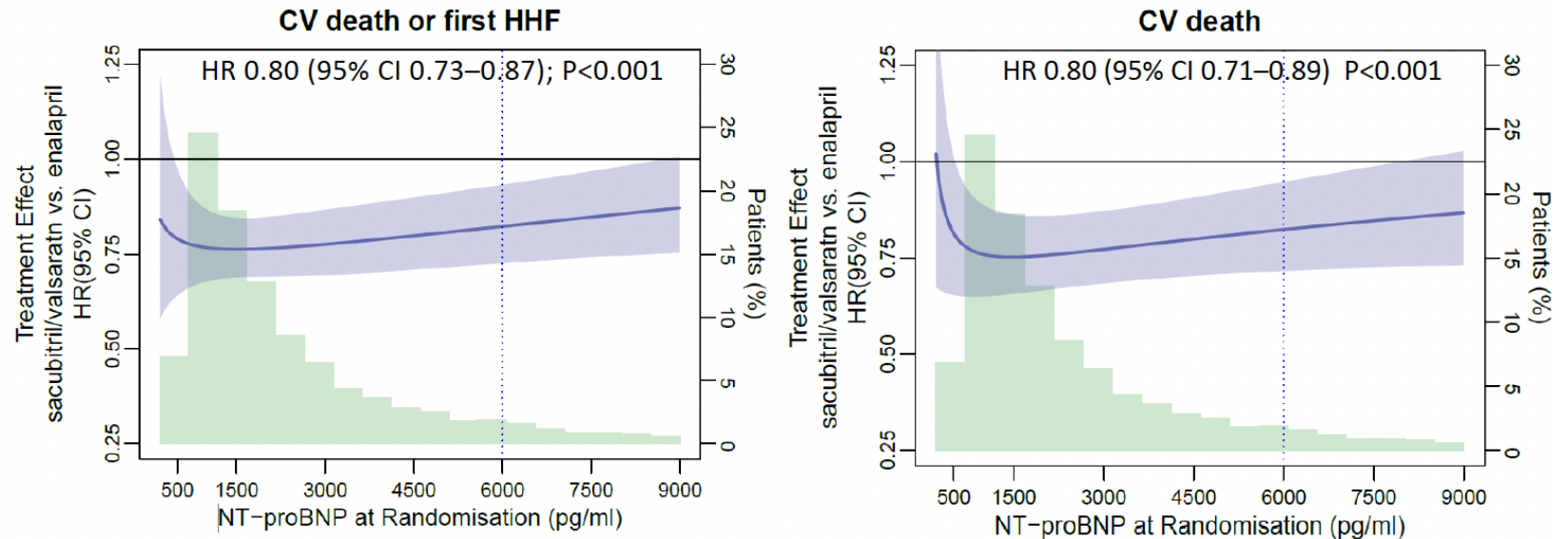
Need a better understanding of this interaction, if it is true.
Who are people with higher NT-proBNP?
Older, thinner, lower LVEF, AF, CKD, worse HF, poorer treatment.

Vericiguat and NTproBNP interaction

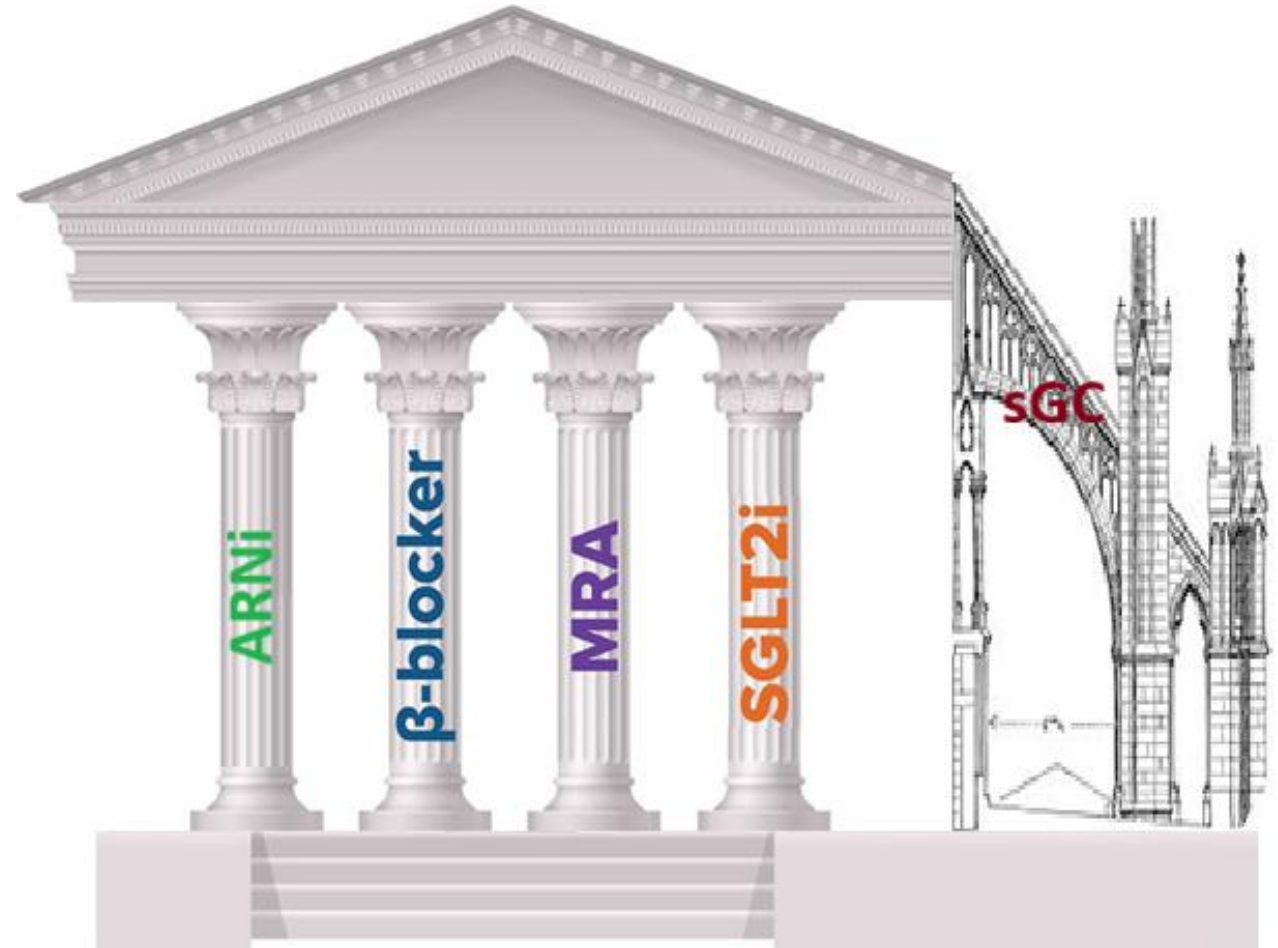
VICTOR and VICTORIA



PARADIGM-HF



A new pillar?



TAKE HOME MESSAGES

1. **VICTOR demonstrated a significant reduction of mortality and total HF events in patients with stable chronic heart failure.**
2. **Vericiguat benefit, despite a limited effect size, was additive on top of highly optimized medical therapy, adding evidence for routine use in HF ambulatory patients.**
3. **Favourable safety profile and ease in up titration make Vericiguat an appealing treatment option in complex patients.**

Thank you!

