

**BIELLA CUORE**  
12-13 SETTEMBRE 2025



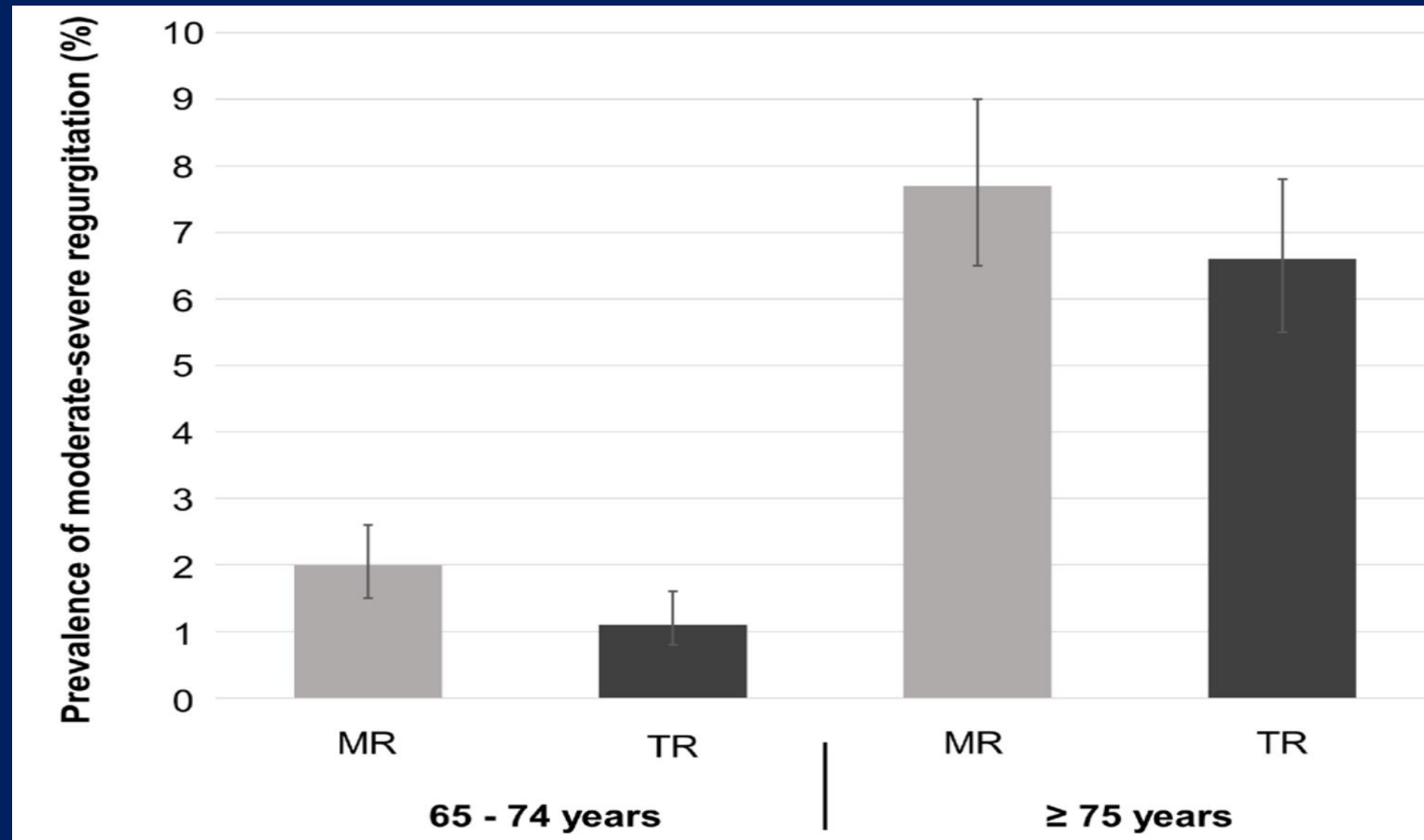
# **TEER della valvola mitrale: indicazioni attuali e prospettive future**

**Marco Mennuni**

Università del Piemonte Orientale  
AOU Maggiore della Carità di Novara



# Insufficienza mitralica: un problema aperto

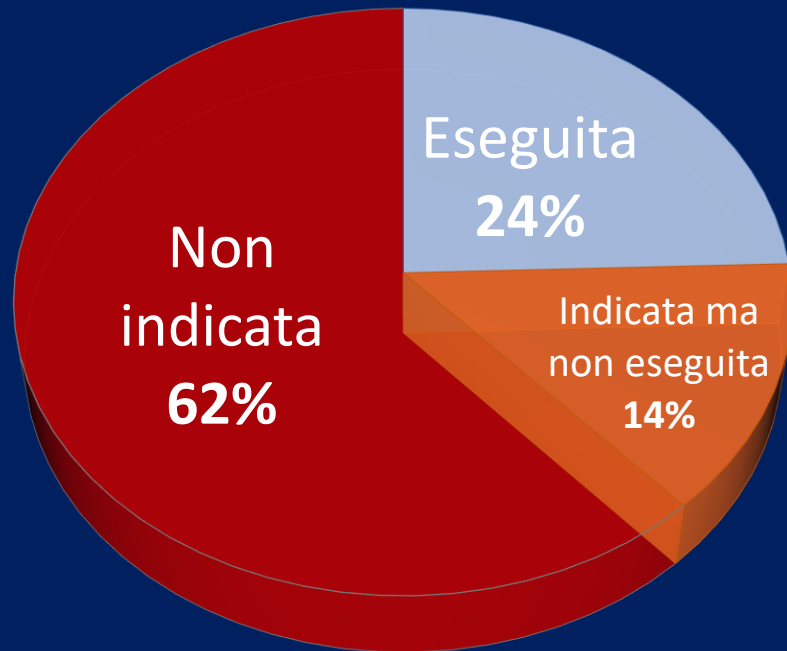


Moderate or greater MR/TR is common, age-dependent and is under-diagnosed.

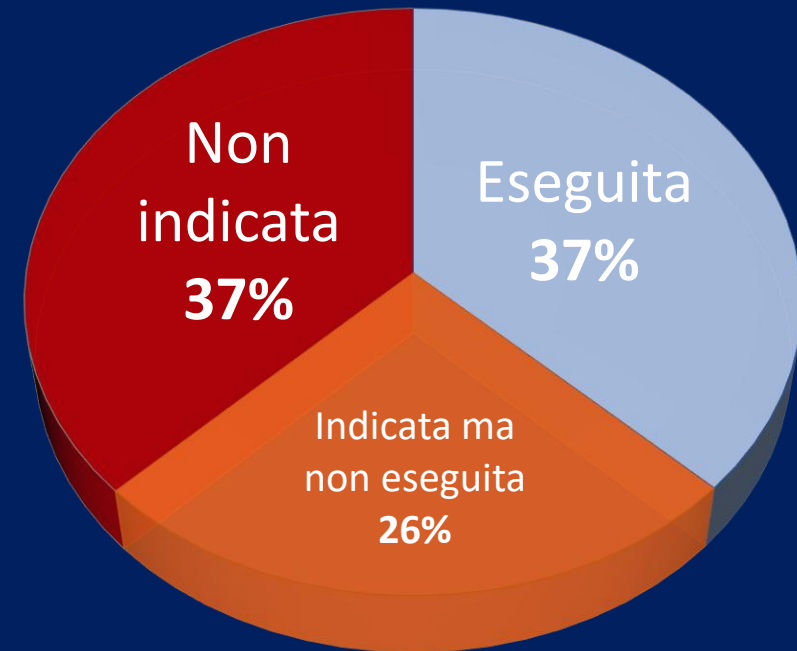
# Insufficienza mitralica: un problema aperto

## - Terapia chirurgica

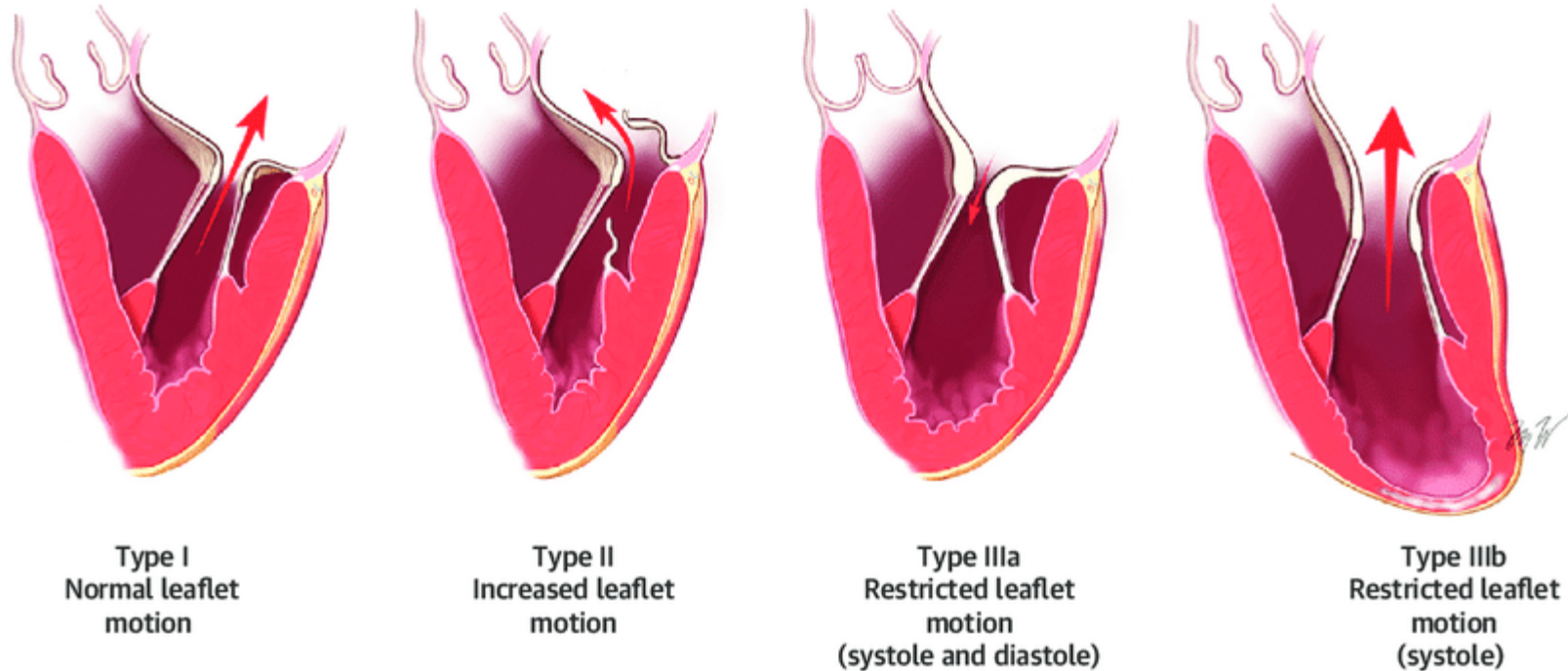
### Funzionale



### Degenerativa

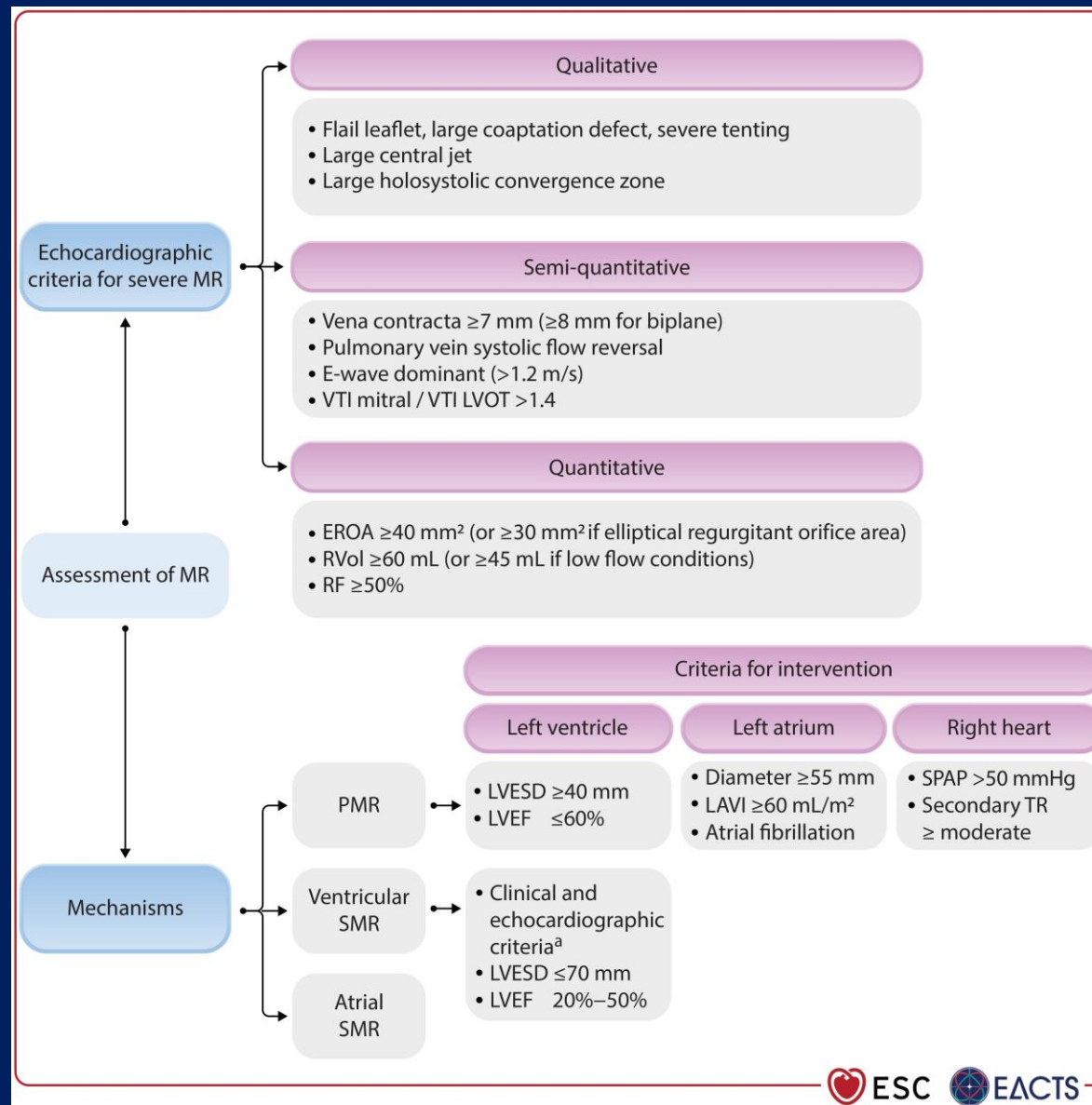


# Landscape of Mitral Disease and Therapies



- I: atrial FMR
  - *TEER, annuloplasty*
- II: Primary/DMR
  - **Surgical repair** – gold standard
  - Transcatheter repair – **TEER** in high risk
  - *Transcatheter replacement – high risk/non-clippable or MAC*
- IIIa: Restrictive valve disease (Rheumatic/MAC)
  - Surgical MVR
  - *TMVR*
- IIIb: Secondary/FMR
  - Transcatheter repair – **TEER** after GDMT
  - *Annuloplasty, Hemi-valves, Leaflet extenders*
  - *TMVR*

# Diagnosi ecocardiografica

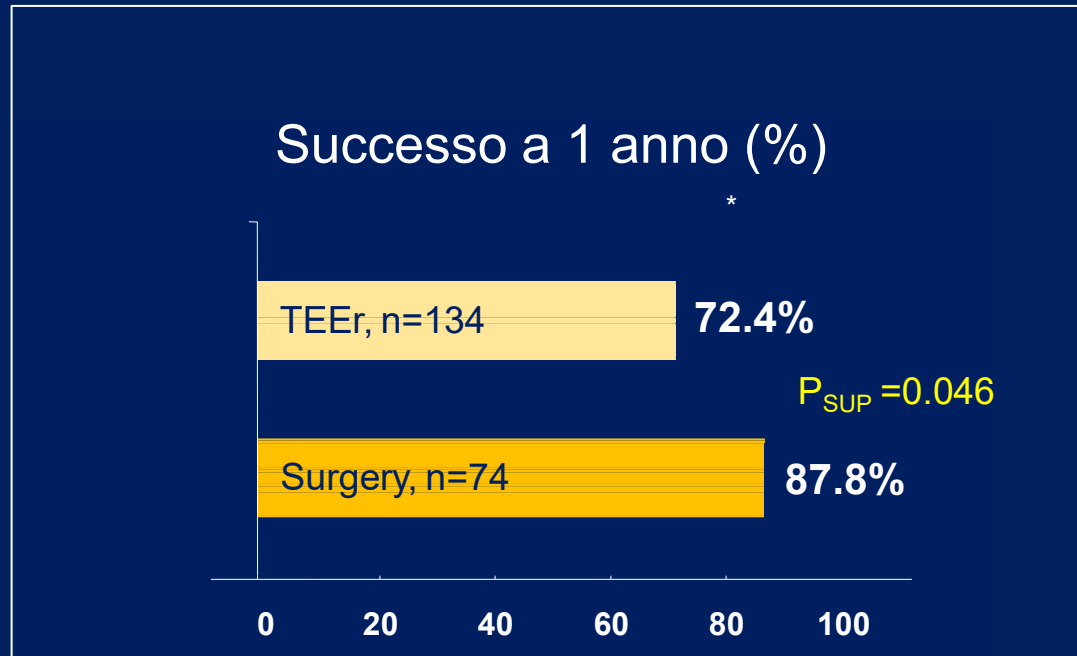


# Insufficienza mitralica primitiva/degenerativa Chirurgia vs Percutanea (TEEr)

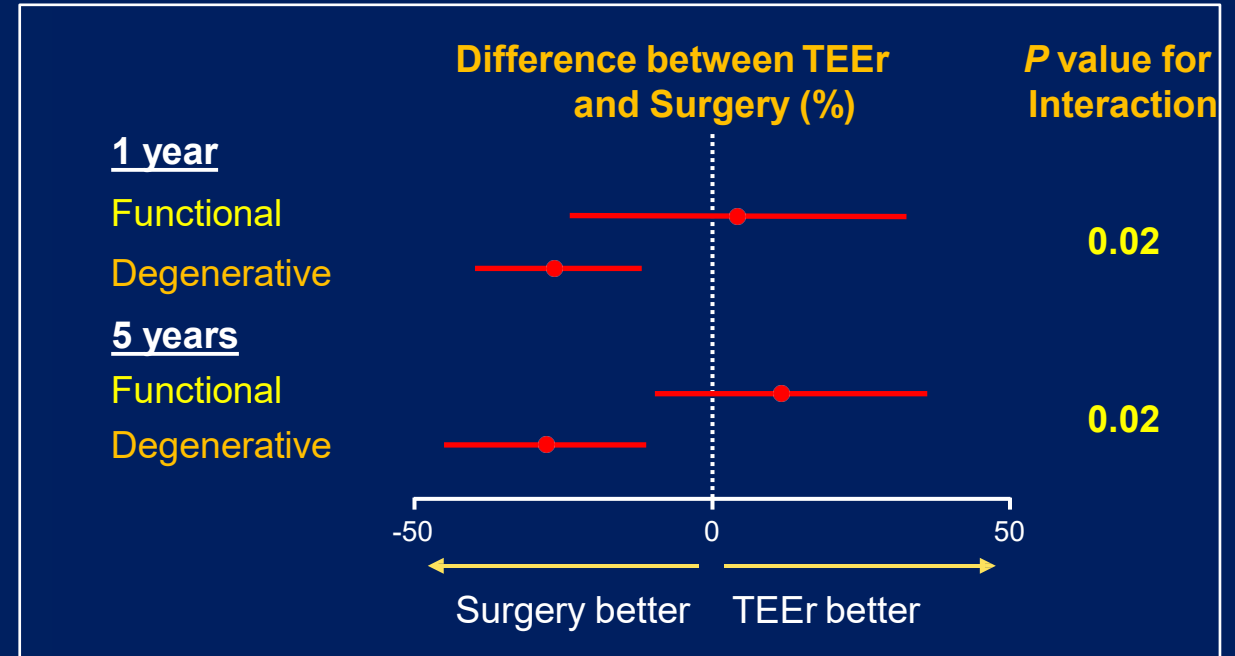
## Studio EVEREST II

279 pazienti con IM severa randomizzati 2:1 a TEEr vs Chirurgia

### Efficacia



### DMR (73%) vs. FMR (27%)



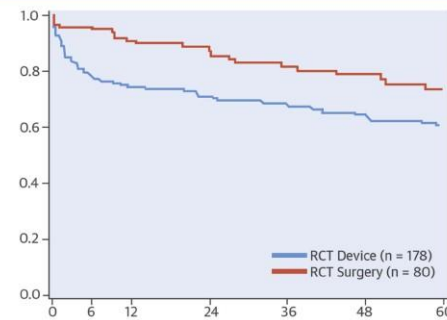
# Randomized Comparison of Percutaneous Repair and Surgery for Mitral Regurgitation



## 5-Year Results of EVEREST II

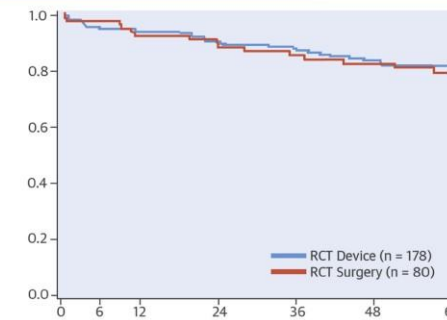
Ted Feldman, MD,\* Saibal Kar, MD,† Sammy Elmariah, MD, MPH,‡§ Steven C. Smart, MD,\* Alfredo Trento, MD,|| Robert J. Siegel, MD,† Patricia Apruzzese, MS,§ Peter Fail, MD,¶ Michael J. Rinaldi, MD,# Richard W. Smalling, MD, PhD,\*\* James B. Hermiller, MD,†† David Heimansohn, MD,‡‡ William A. Gray, MD,§§ Paul A. Grayburn, MD,||| Michael J. Mack, MD,¶¶ D. Scott Lim, MD,## Gorav Ailawadi, MD,\*\*\* Howard C. Herrmann, MD,††† Michael A. Acker, MD,‡‡‡ Frank E. Silvestry, MD,††† Elyse Foster, MD,§§§ Andrew Wang, MD,||||| Donald D. Glower, MD,¶¶¶ Laura Mauri, MD,§§§§ for the EVEREST II Investigators

A. Freedom From Death, MV Surgery or Reoperation



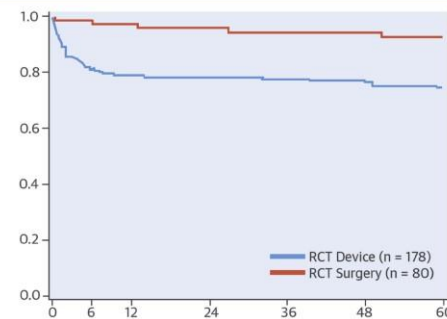
	0	6	12	24	36	48	60
Device Group	178	136	128	117	109	98	45
Control Group	80	75	69	63	54	49	21

B. Freedom From Death



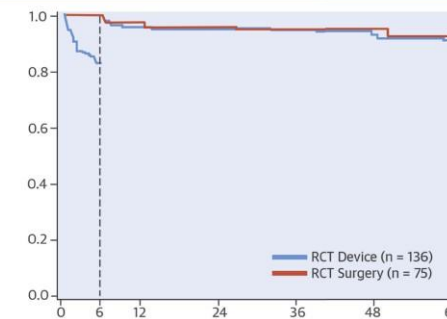
	0	6	12	24	36	48	60
Device Group	178	165	158	143	133	119	58
Control Group	80	76	70	65	57	52	24

C. Freedom From MV Surgery or Reoperation



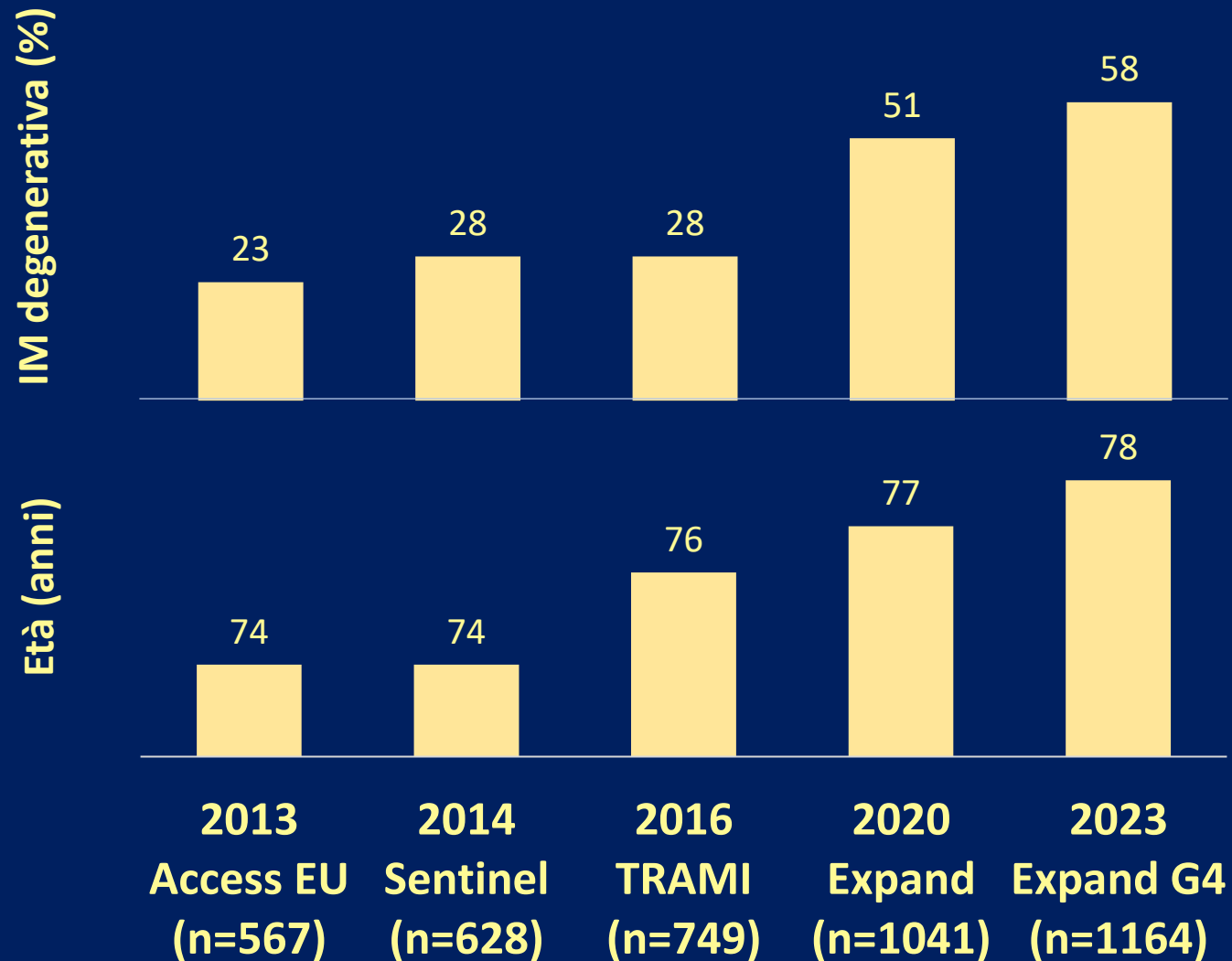
	0	6	12	24	36	48	60
Device Group	178	136	128	117	109	98	45
Control Group	80	75	69	63	54	49	21

D. Landmark Analysis of Freedom From MV Surgery or Reoperation Beyond 6 Months



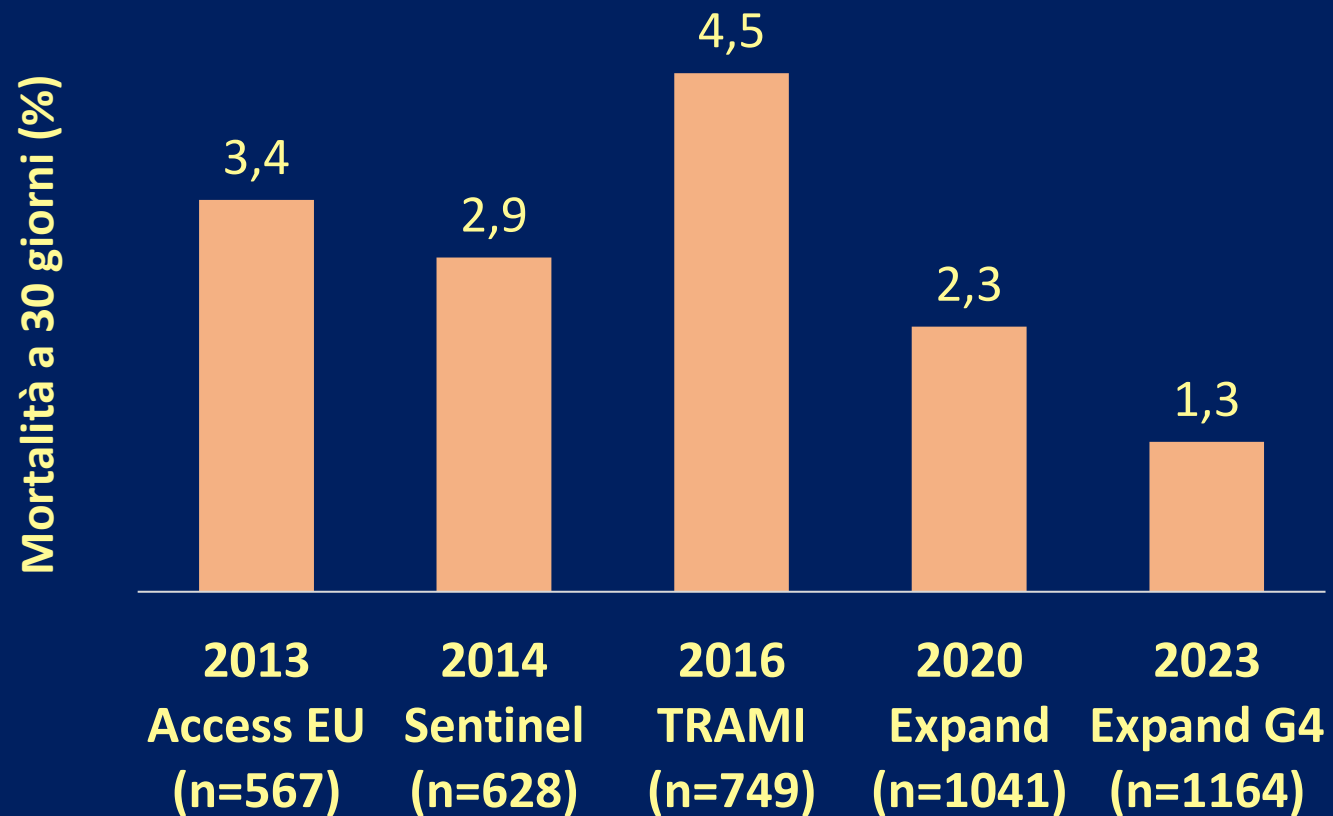
	0	6	12	24	36	48	60
Device Group	178	136	128	117	109	98	45
Control Group	80	75	69	63	54	49	21

# Evoluzione nel tempo delle caratteristiche dei pazienti trattati con TEEr

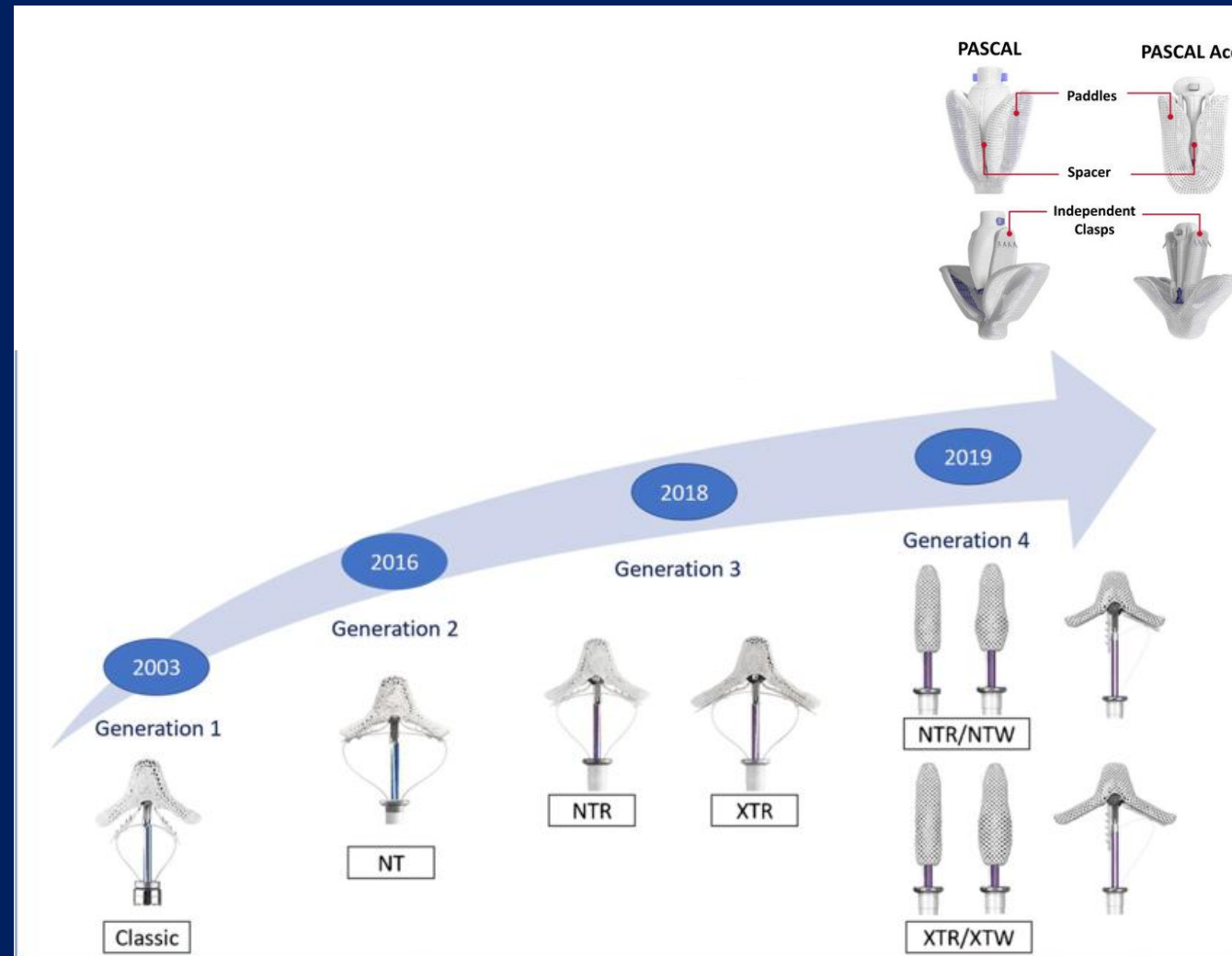




# Evoluzione nel Tempo della Mortalità a 30 giorni

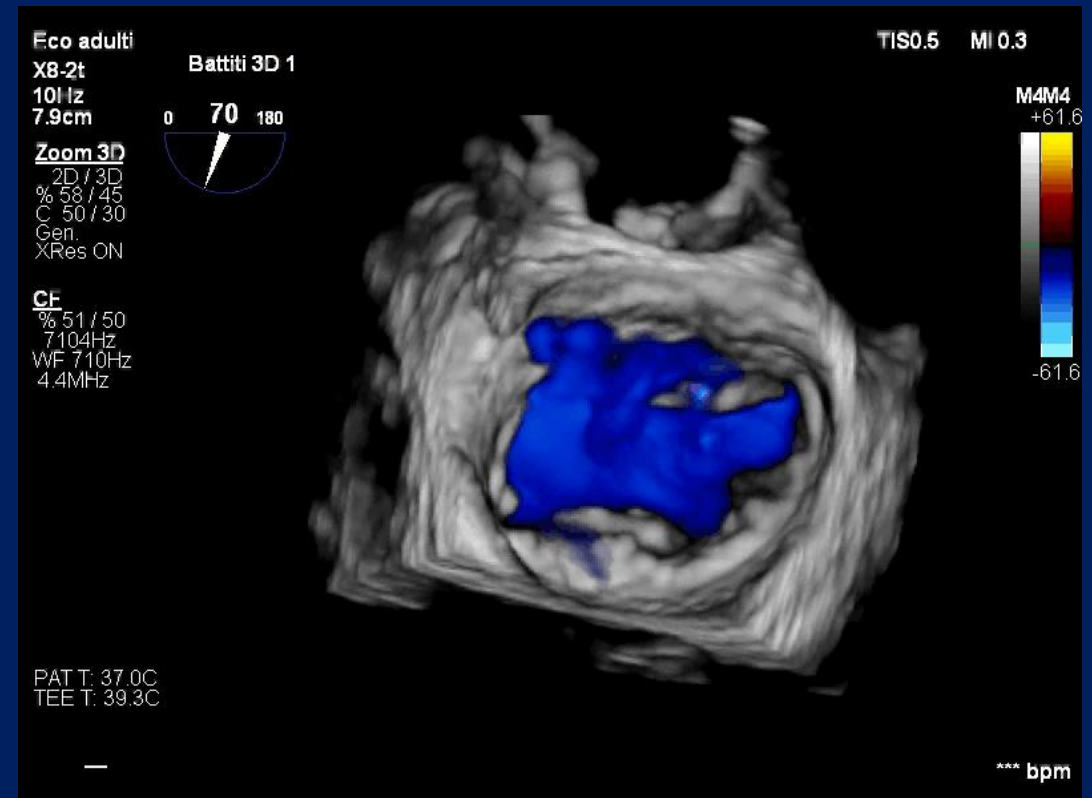


# Evoluzione tecnologica TEEr



# TEEr in IM Degenerativa - aspetti procedurali

1)Puntura alta 2)Orientare il dispositivo seguendo l'andamento del prolasso/flail 3)cattura indipendente

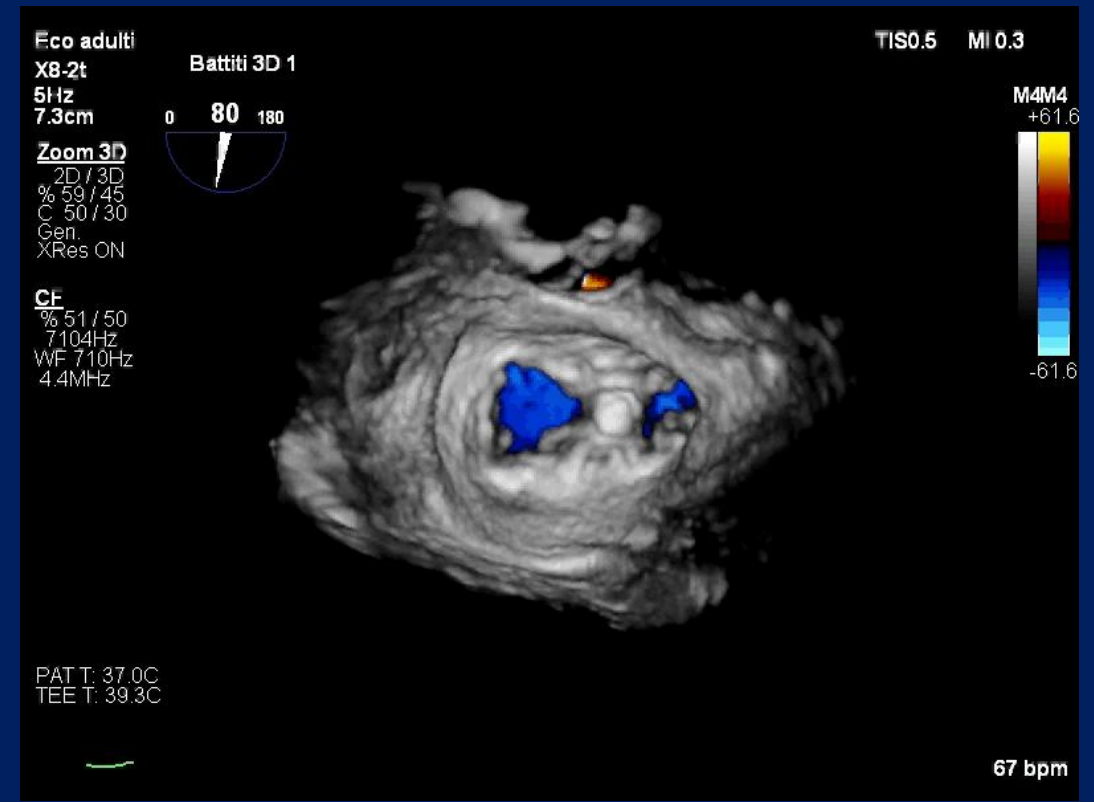


IM da rottura di corda con flail di P2 mediale orientato a ore 1



# TEEr in IM Degenerativa - aspetti procedurali

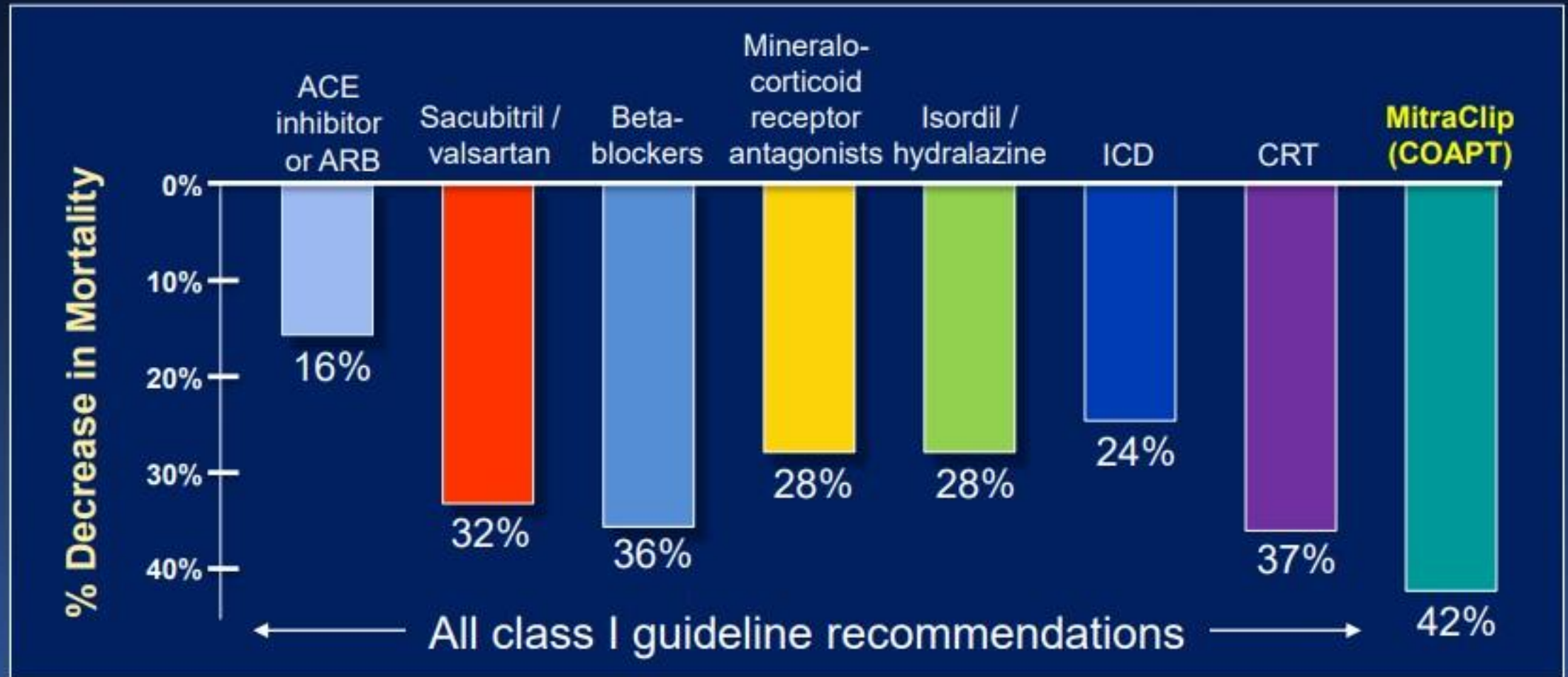
Orientare il dispositivo seguendo l'andamento del prolasso/flail (2)



Impianto di 1 device (Pascal Ace) con minima rotazione in senso orario



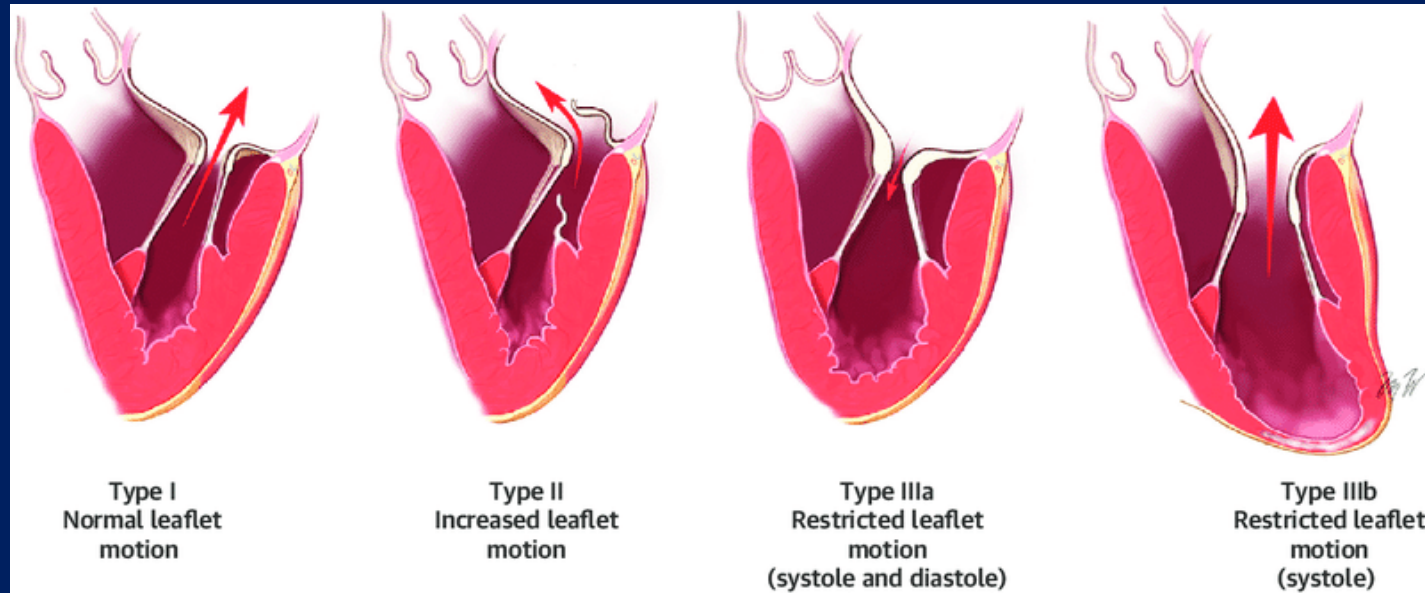
# Insufficienza Mitralica Secondaria/Funzionale



c/o J Lindenfeld

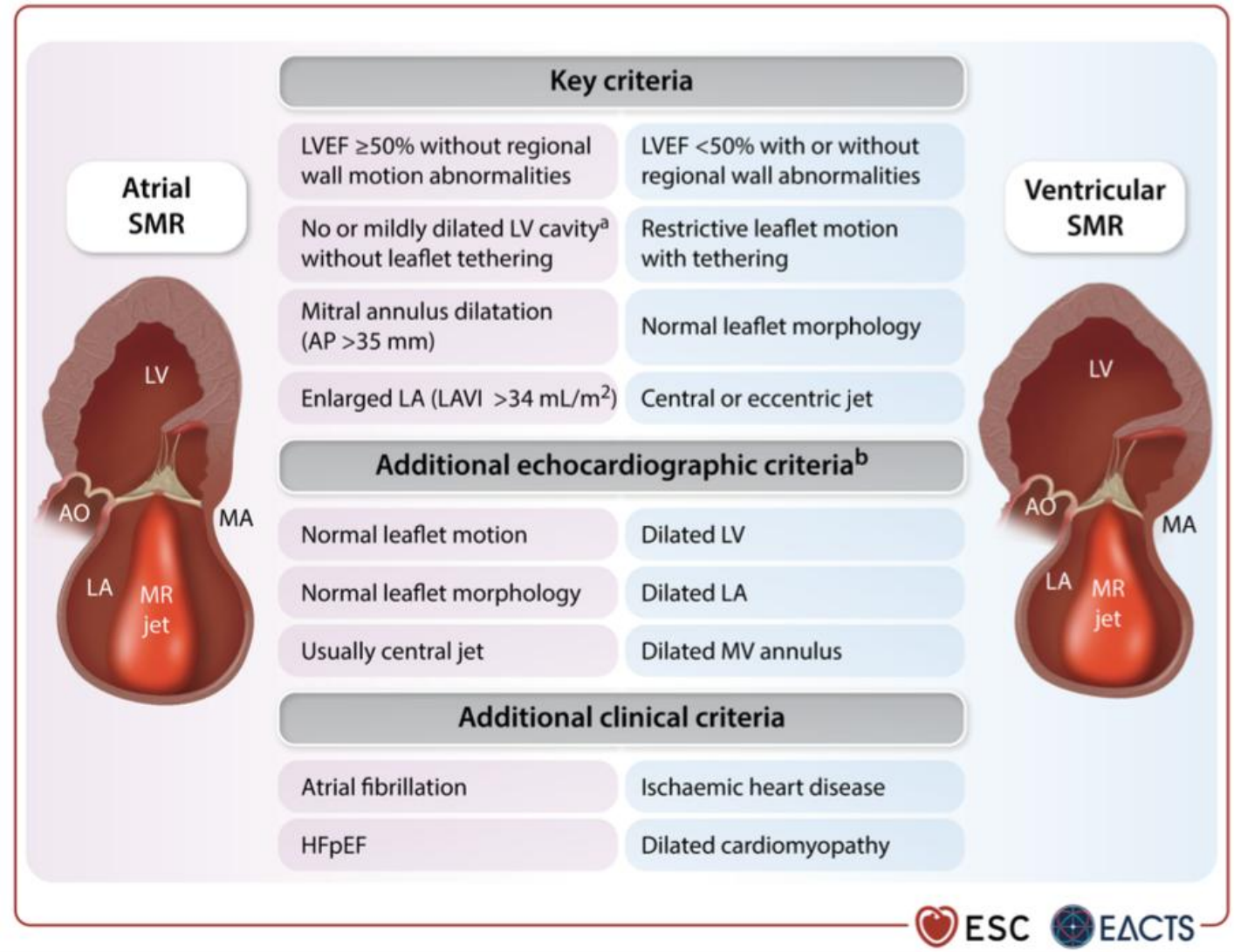


# Insufficienza Mitralica Secondaria/Funzionale



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  - *Annuloplasty, Hemi-valves, Leaflet extenders*
  - *TMVR*

# New definition of atrial and ventricular mitral regurgitation



A LV end-diastolic dimension of  $< 56$  mm in females and  $< 63$  mm in males; indexed LV end-diastolic volume  $< 71$  mL/m<sup>2</sup> (in women) or  $< 79$  mL/m<sup>2</sup> (in men).  
 B Additional echocardiographic criteria for atrial SMR may no longer be fulfilled in advanced stages.



# Clinical and echocardiographic criteria predicting outcome improvement in patients with severe ventricular secondary mitral regurgitation undergoing mitral transcatheter edge-to-edge repair

Anatomy deemed suitable for M-TEER

NYHA class  $\geq$ II

LVEF 20%–50%

LVESD  $\leq$ 70 mm

At least one HF hospitalization within the previous year or increased natriuretic peptide levels (BNP  $\geq$ 300 pg/mL or NT-proBNP  $\geq$ 1000 pg/mL)

SPAP  $\leq$ 70 mmHg

No severe RV dysfunction

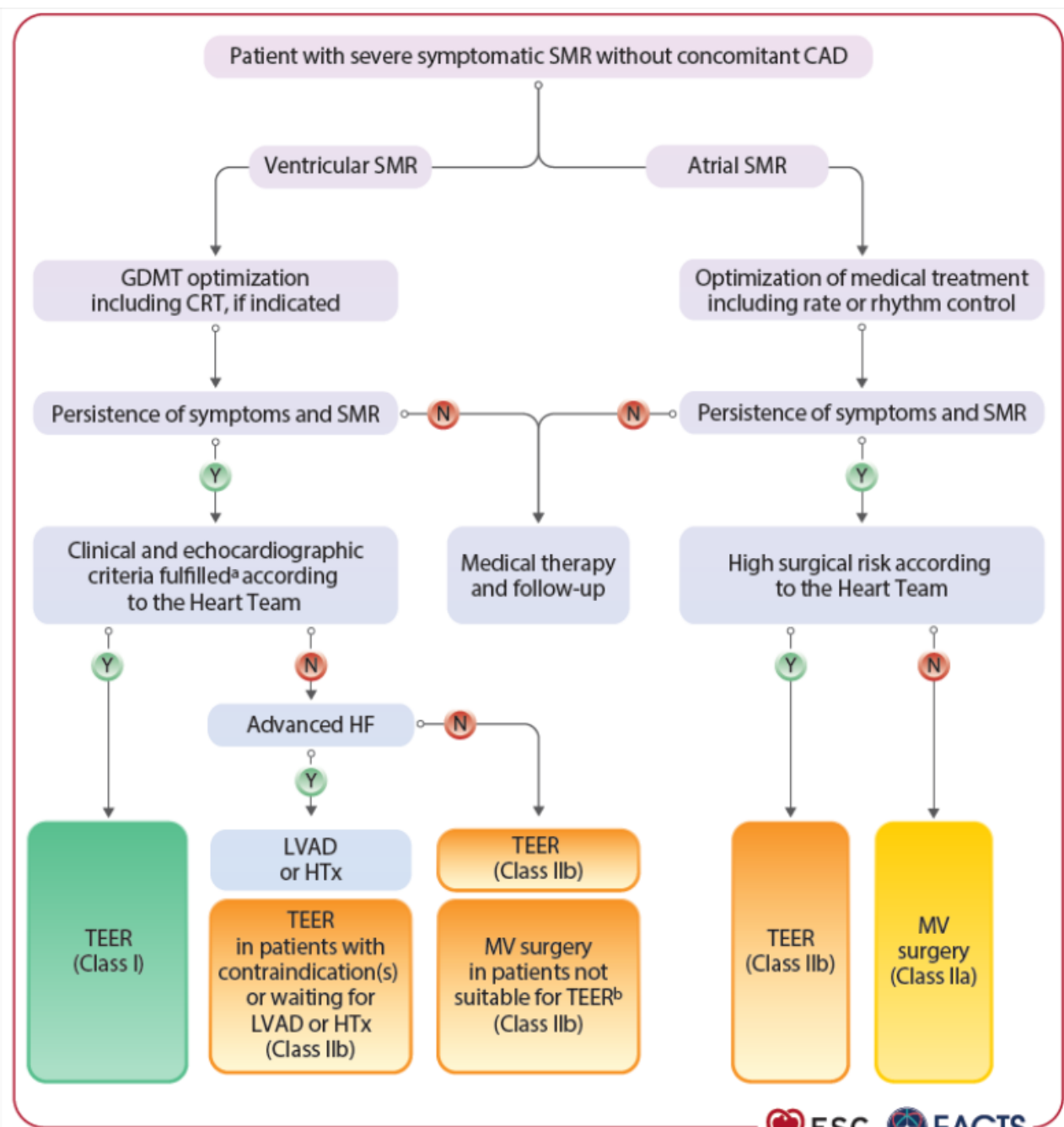
No Stage D or advanced HF

No CAD requiring revascularization

No severe AV and/or TV disease

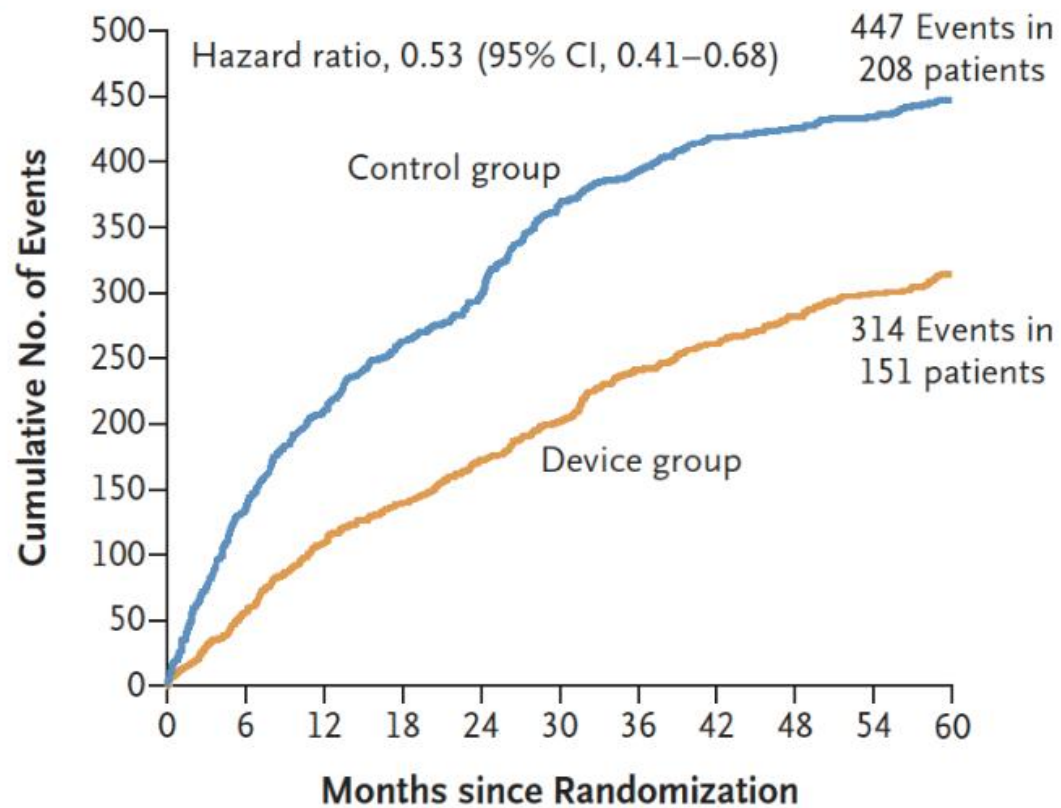
No hypertrophic, restrictive, or infiltrative cardiomyopathies

# New flow-chart: Treatment of severe secondary mitral regurgitation without concomitant coronary artery disease



# COAPT trial - 5 years

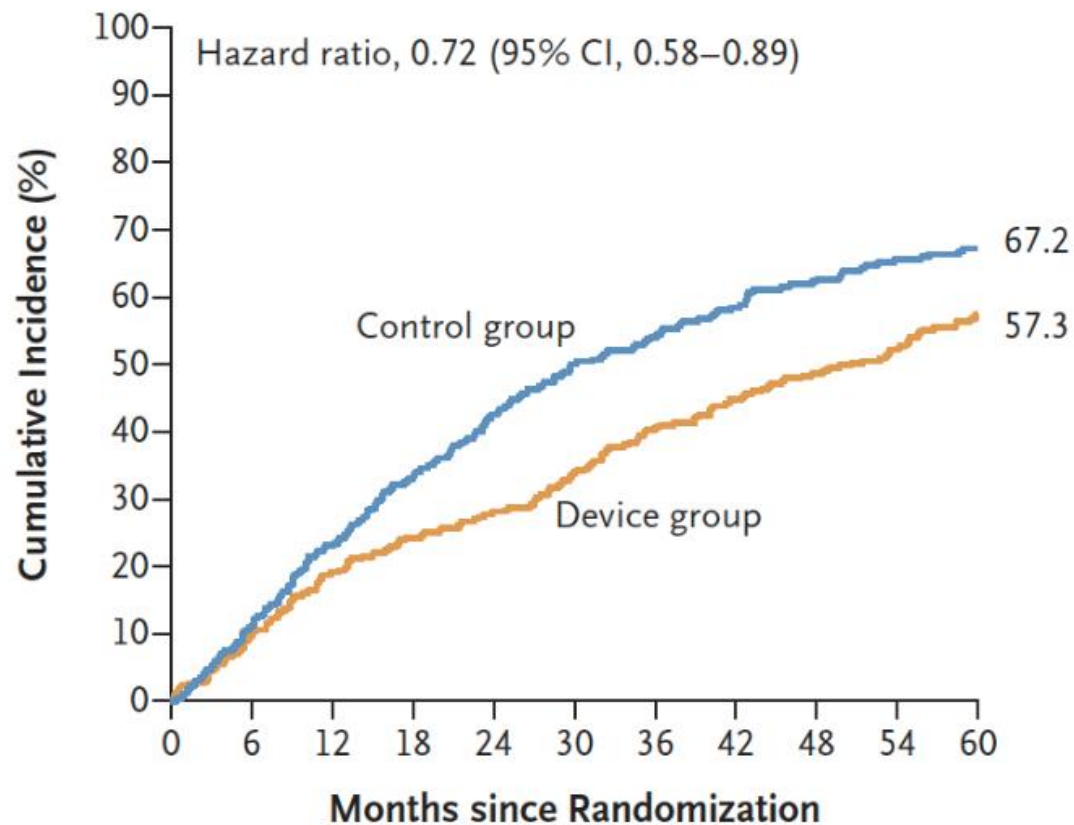
**A Hospitalizations for Heart Failure**



**No. at Risk**

Control group	312	272	224	188	156	133	120	106	94	84	59
Device group	302	269	238	219	205	186	167	151	138	124	79

**C Death from Any Cause**

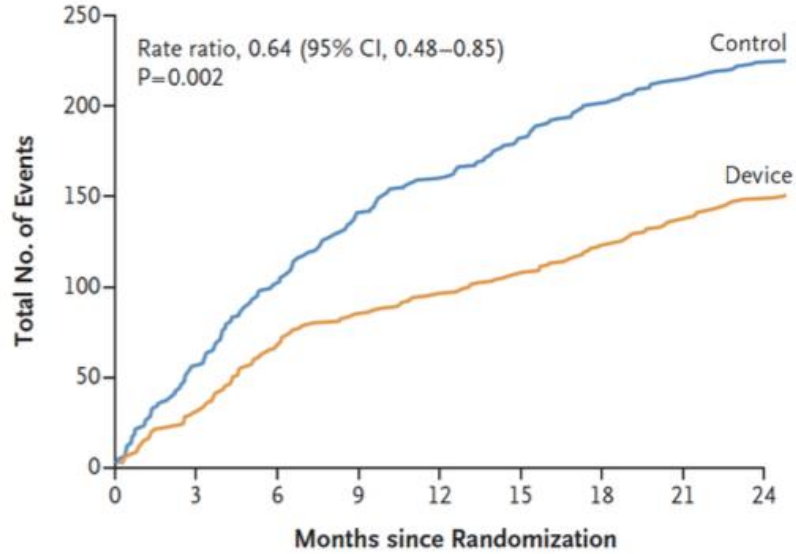


**No. at Risk**

Control group	312	272	224	189	157	135	122	107	94	84	59
Device group	302	269	238	219	205	186	167	151	138	124	79

# RESHAPE-HF2 trial

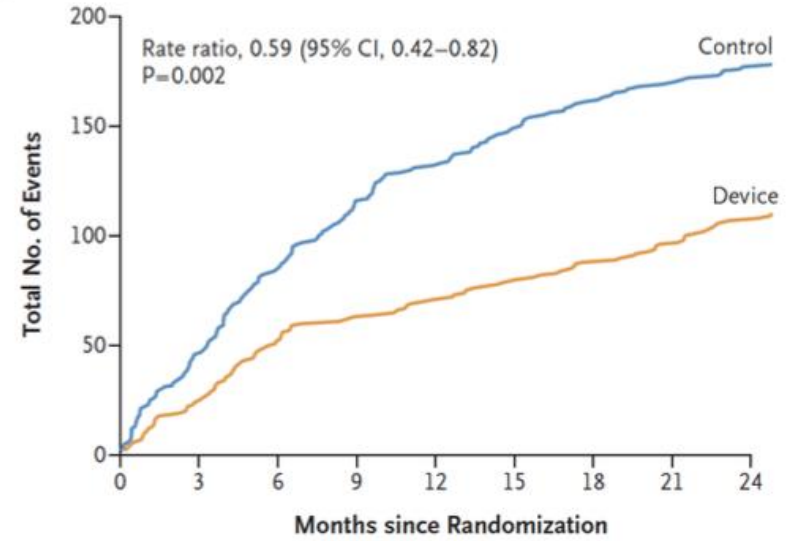
**A Composite of Hospitalization for Heart Failure or Death from Cardiovascular Causes**



No. at Risk

Control	255	240	223	204	189	179	165	155	146
Device	250	241	222	207	197	191	179	170	163

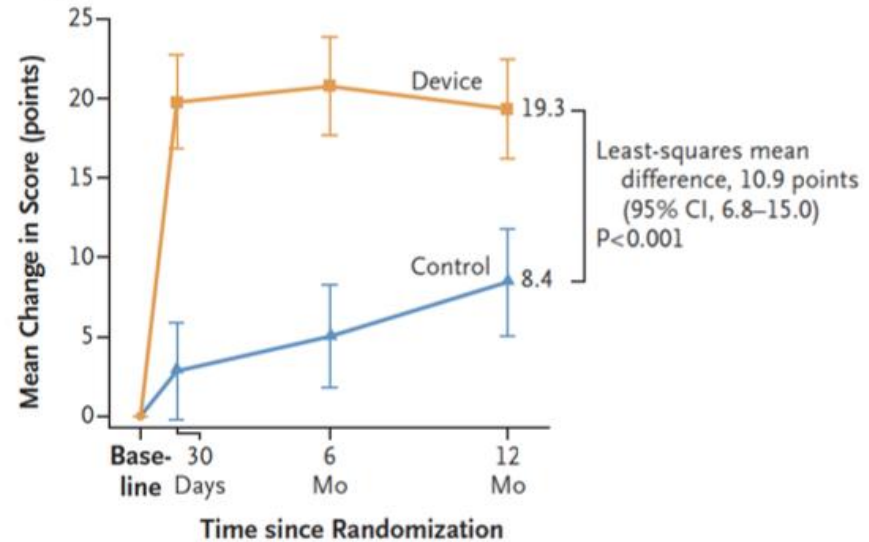
**B Hospitalization for Heart Failure**



No. at Risk

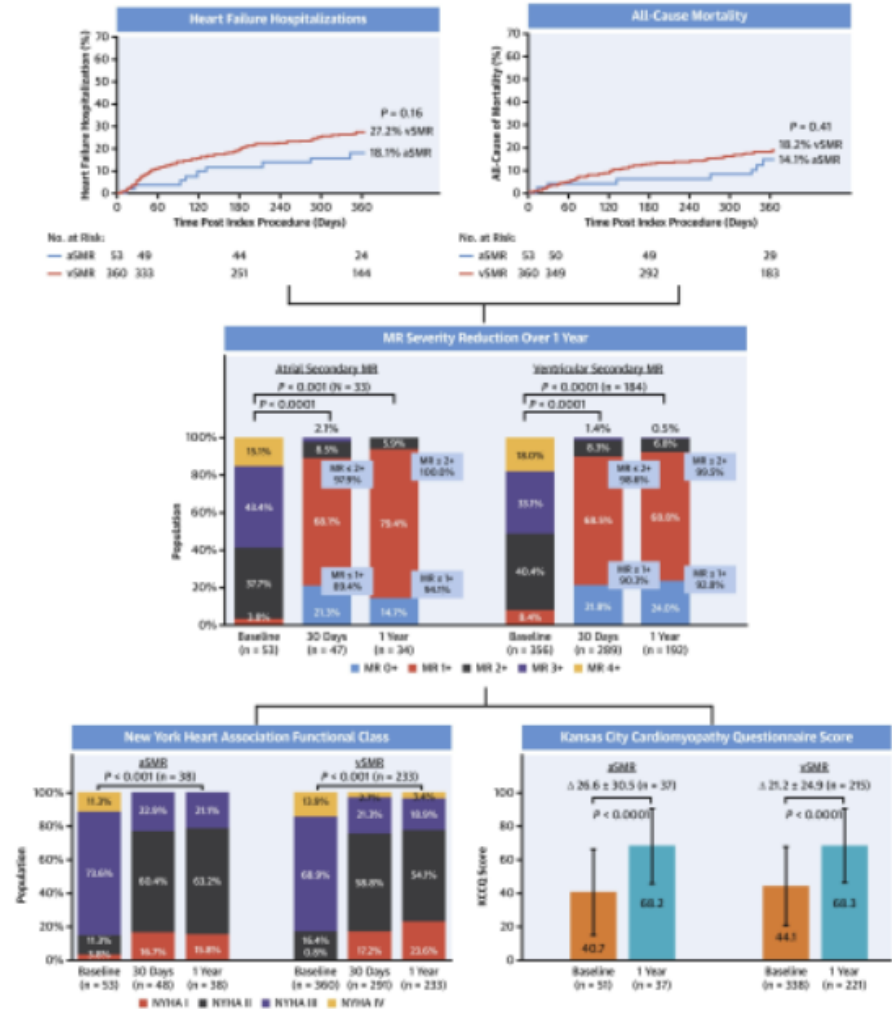
Control	255	240	223	204	189	179	165	155	146
Device	250	241	222	207	197	191	179	170	163

**C KCCQ-OS Score**

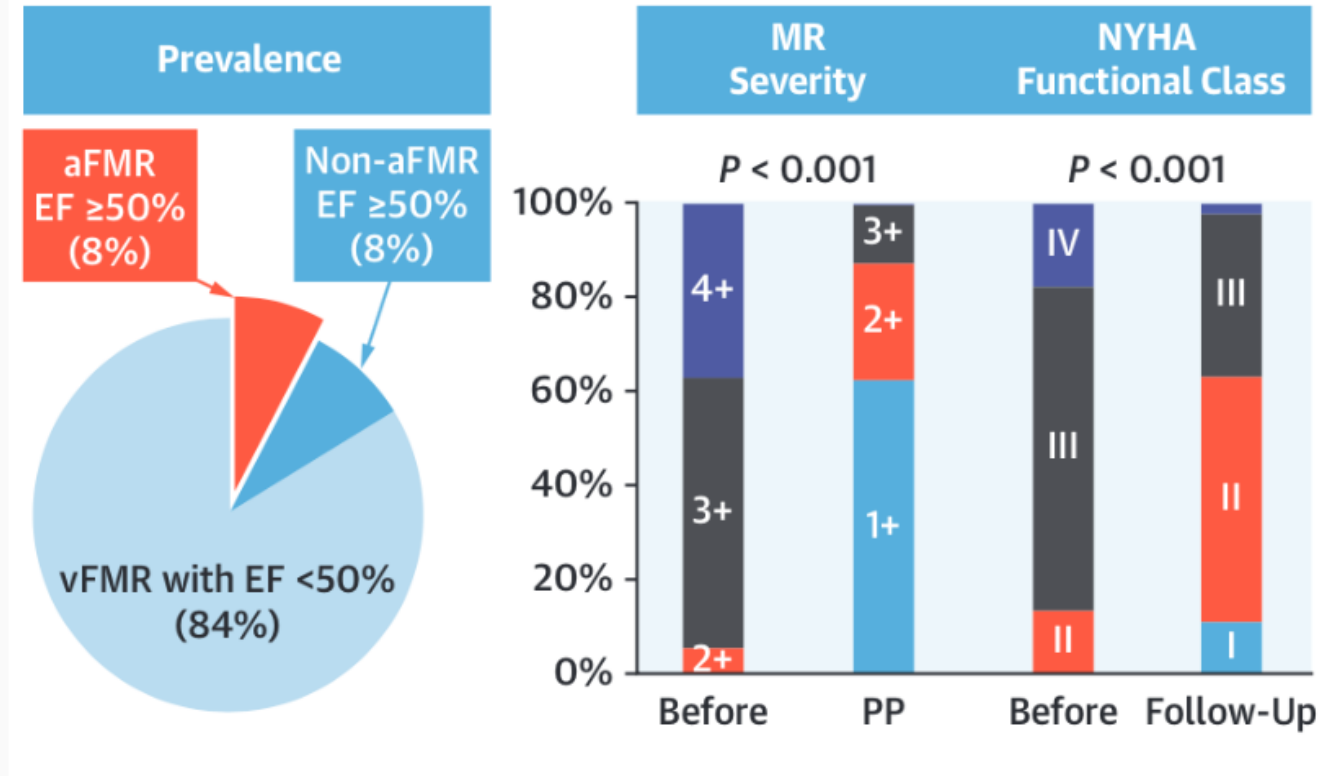


# M-TEER for Atrial SMR: registries

## CENTRAL ILLUSTRATION: Clinical Outcomes in Subjects With Atrial vs Ventricular Secondary Mitral Regurgitation



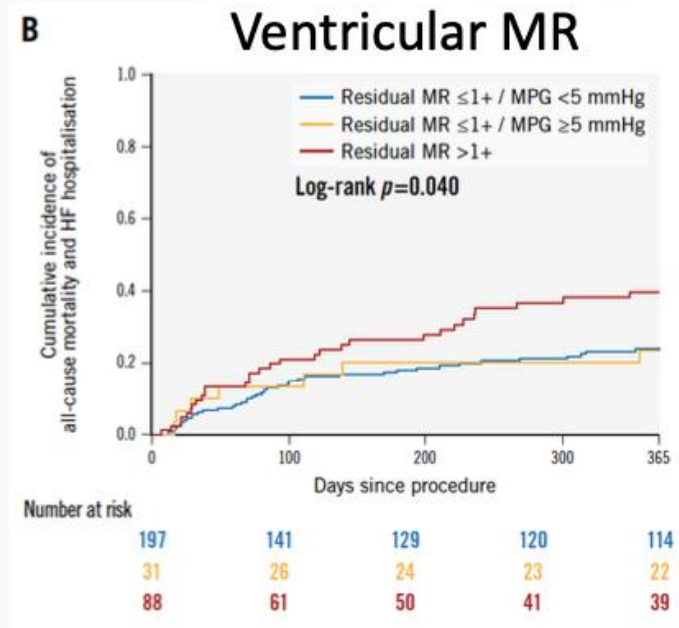
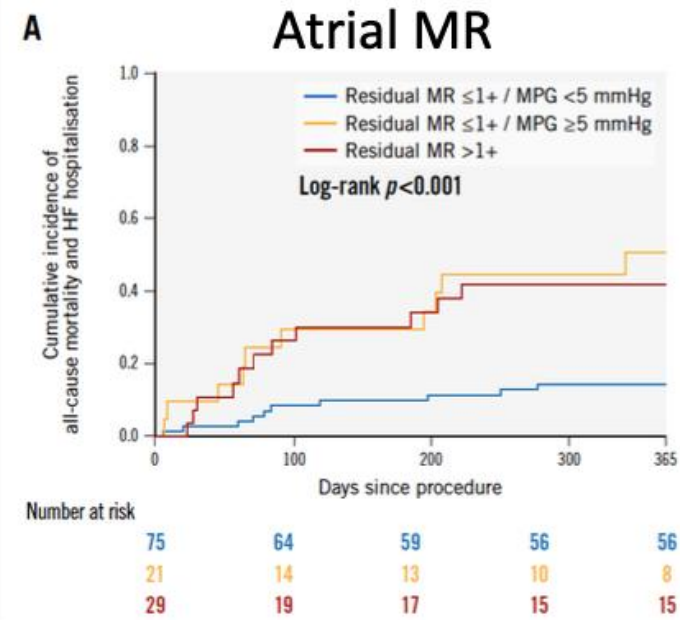
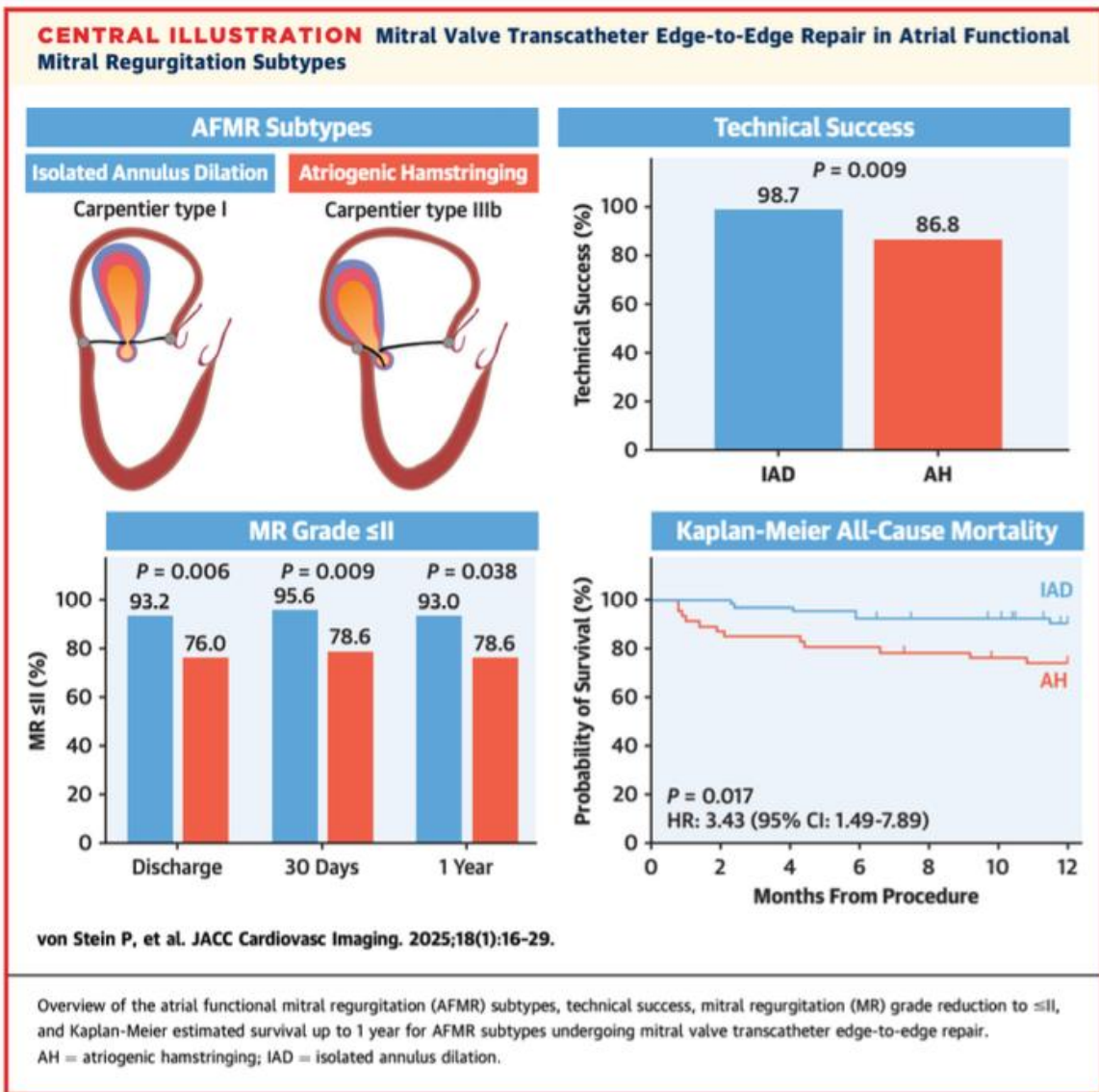
Sodhi N, et al. J Am Coll Cardiol Interv. 2022;15(17):1723-1730.



Doldi et al. JACC Cardiovasc Imaging. 2022;15(11):1843-1851



# M-TEER for Atrial SMR: registries



## Recommendations on indications for intervention in severe atrial secondary mitral regurgitation

NEW

Recommendations	Class	Level
MV surgery, surgical AF ablation, if indicated, and LAAO should be considered in symptomatic patients with severe atrial SMR under optimal medical therapy.	IIa	B
TEER may be considered in symptomatic patients with severe atrial SMR not eligible for surgery after optimization of medical therapy including rhythm control, when appropriate.	IIb	B

# Next step

Sapien M3 TMVR system





# Conclusioni

Identificare il meccanismo dell'insufficienza mitralica è alla base della scelta del trattamento più adeguato.

La scelta tra terapia medica, chirurgia e TEER si fonda su caratteristiche cliniche e anatomiche.

IM primitiva > chirurgia

IM secondaria atriale > chirurgia/TEER

IM secondaria ventricolare > TEER/chirurgia se CABG necessario

IM con LV < 20% > TEER in casi selezionati

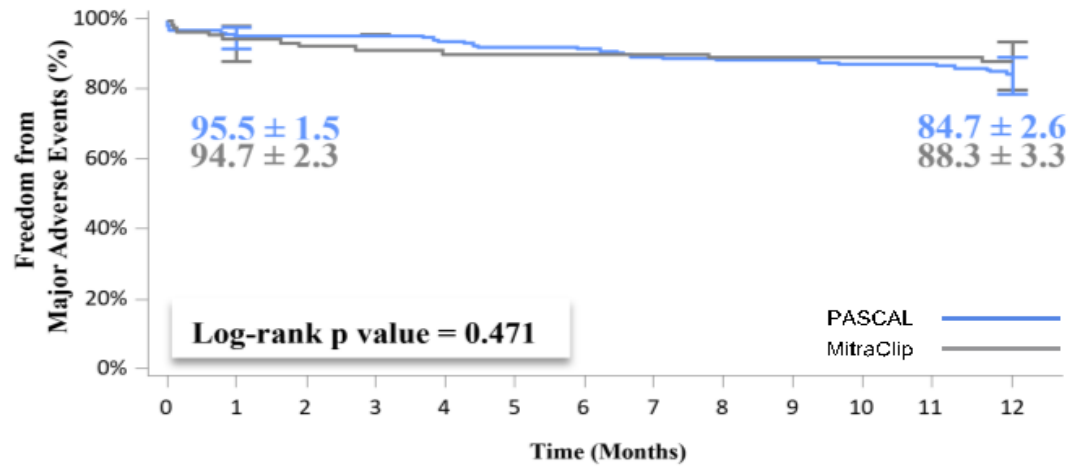
Thank you for the attention





## Libertà da Eventi Avversi Maggiori

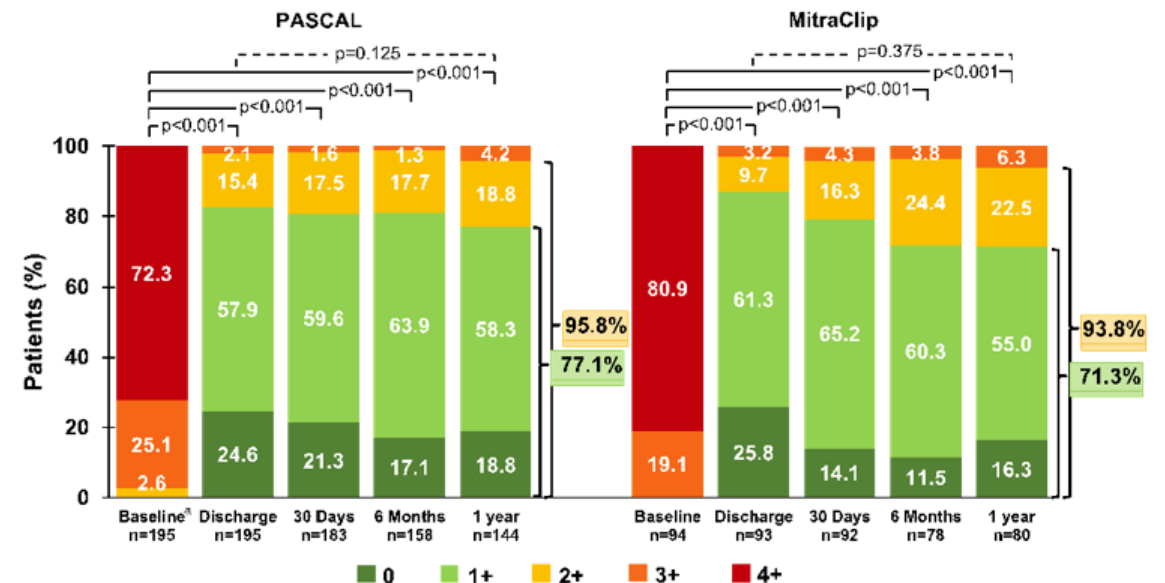
(morte CV, infarto, ictus, dialisi, sanguinamento, reintervento)



No. at risk

Time (Months)	0	1	2	3	4	5	6	7	8	9	10	11	12
PASCAL	199	186	185	184	179	176	172	167	165	163	160	160	153
MitraClip	95	88	86	85	84	84	84	84	83	83	83	83	82

## Riduzione dell'Insufficienza Mitralica



Partire dal meccanismo: PMR vs SMR ventricolare vs SMR atriale; la scelta terapeutica dipende da anatomia e quadro clinico.

SMR ventricolare: dopo GDMT/CRT, TEER riduce ricoveri e migliora QoL se rispettati criteri eco-clinici; chirurgia se CABG concomitante o casi selezionati.

SMR atriale: gestione di FA/HFpEF e rimodellamento atriale; chirurgia con anuloplastica + ablazione  $\pm$  LAAO nei candidabili; TEER nei non operabili (attenzione a gradiente/area).

PMR: riparazione chirurgica rimane lo standard nei candidabili; TEER per alto rischio con anatomia favorevole. La tecnologia transcateretere è maturata ma non replica tutti i gesti chirurgici. Selezione e tecnica guidate da imaging e Heart Team; criteri operativi (es. LVEF 20–50%, LVESD  $\leq$ 70 mm, SPAP  $\leq$ 70 mmHg) aiutano a prevedere il beneficio.