

# EMOCLINIC SYMPOSIUM SULLE SPONDE DEL TICINO

## “Cardiologia ieri, oggi e domani”



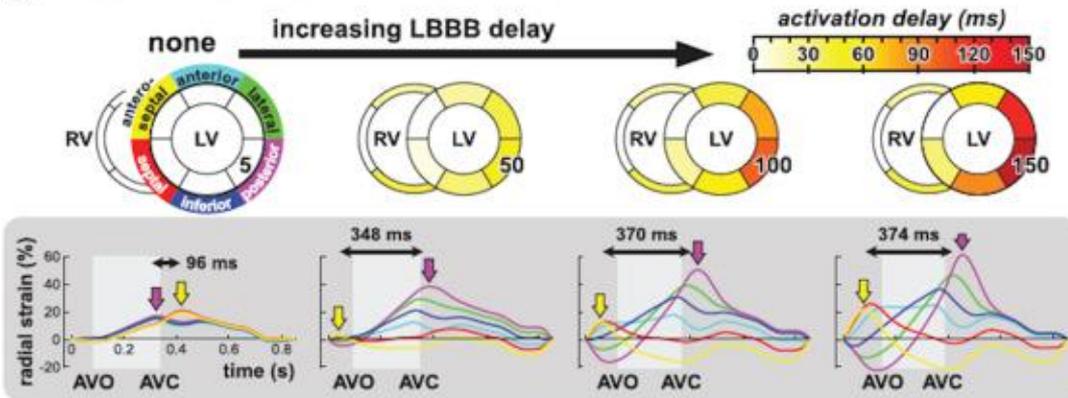
FOCUS CARDIOFOCUS

An aerial photograph of a group of swimmers in a pool, arranged in a star-like pattern. The swimmers are wearing dark swimwear and are positioned in a way that their bodies form the points of a star. The water is a clear, light blue color. The text is overlaid on the image in a bold, white, italicized font with a blue outline.

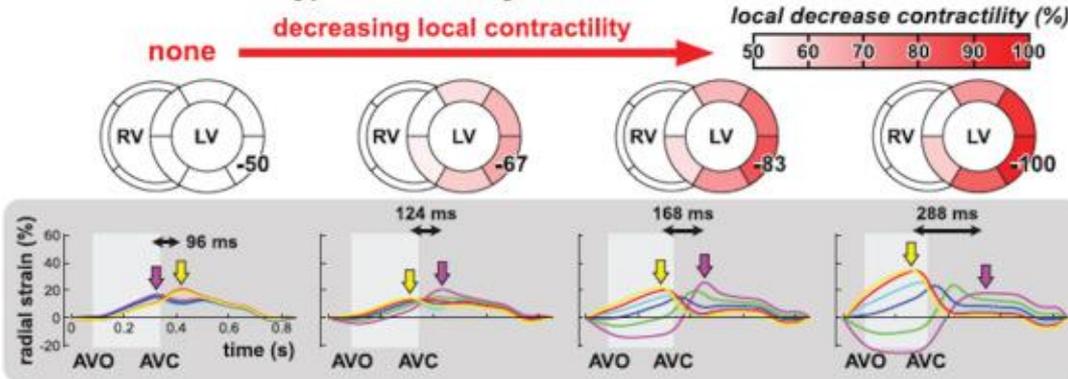
***Utilizzo ottimale e  
personalizzato  
degli algoritmi di  
corretta  
resincronizzazione***

***Dr. NC. Dajelli Ermolli***

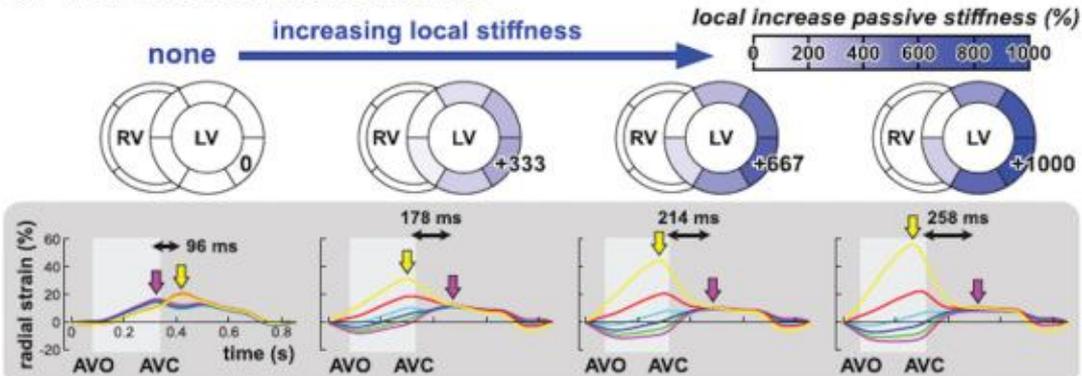
### A Electromechanical LBBB substrate



### B Non-electrical hypocontractility substrate



### C Non-electrical scar substrate



# Effetti del BBS

# È ancora utile l'ecocardiografia nella terapia di risincronizzazione cardiaca?

- Serve solo ECG basale?
- Per selezionare?
- Per migliorare l'impianto?
- Per ottimizzare dopo l'impianto?
- Serve altro (TAC, RMN e SEF)?
- Sbagliamo ad affidarci all'imaging?

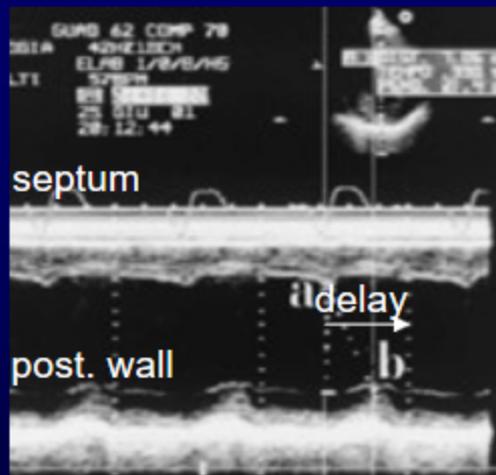
# Echocardiographic Dyssynchrony Index

- Yu Index (Ts-SD)
- **Septal to free wall delay**

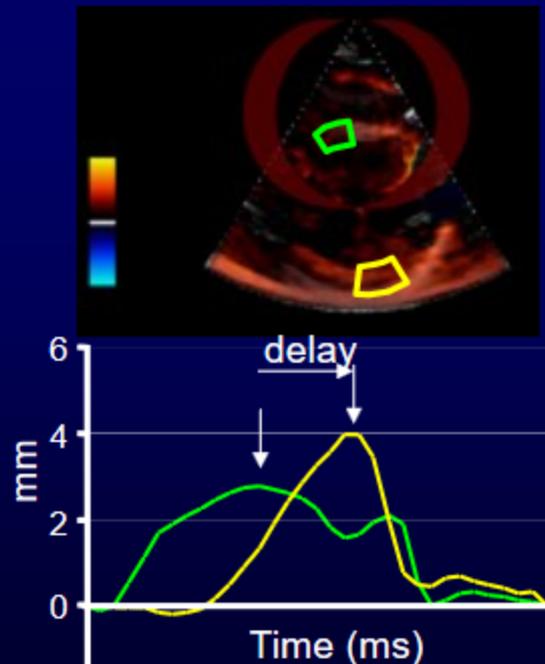
*Yu CM J Cardiovasc Electrophysiol 2004 15:1058*

Parasternal M-mode  
Septum-Posterior Wall  
time to peak wall motion

Cut-off  $\geq 130\text{ms}$

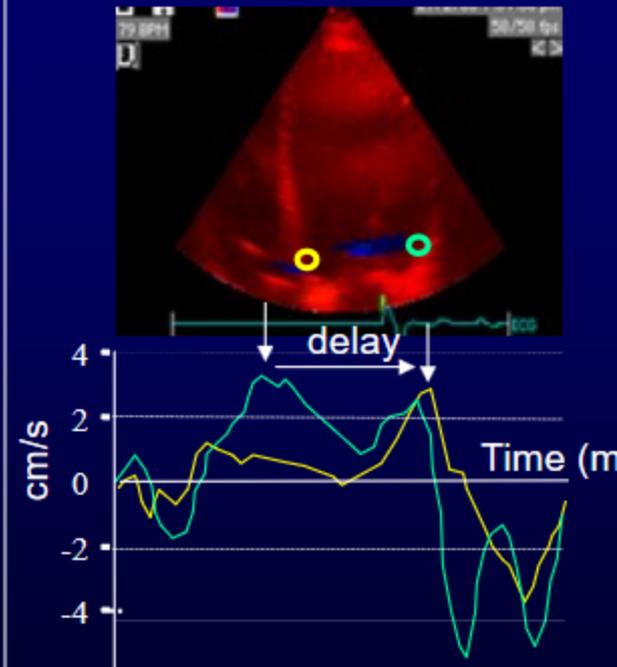


Parasternal Short Axis  
Septum-Posterior Wall  
time to peak  
strain/displacement delay



Apical views  
Opposing wall  
time to peak velocity delay

Cut-off  $\geq 60\text{ms}$

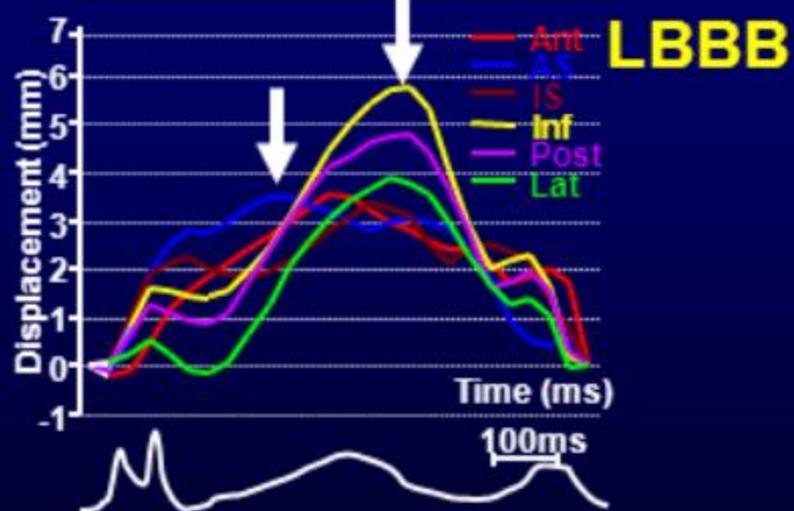
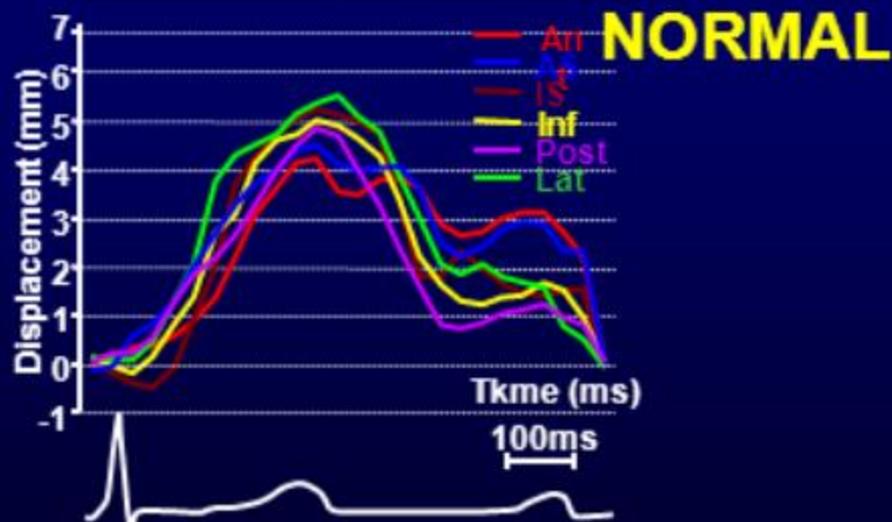
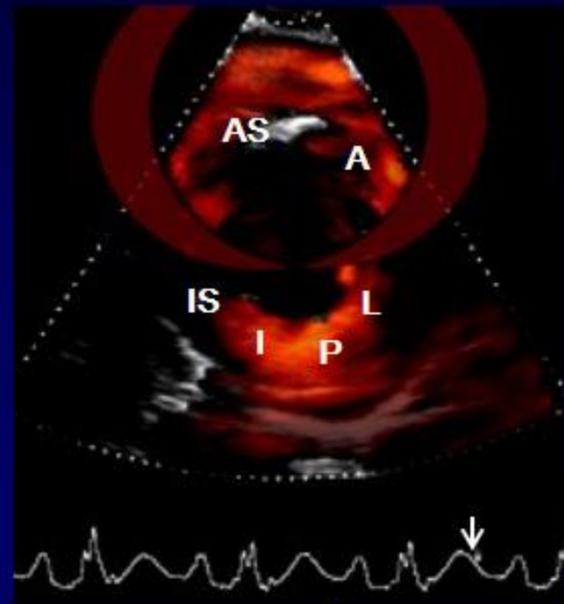


# Quantification of Regional Dysynchrony

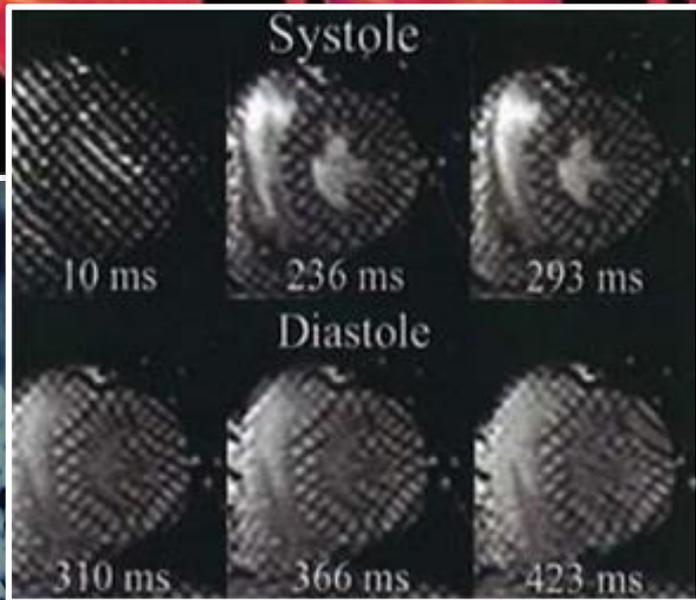
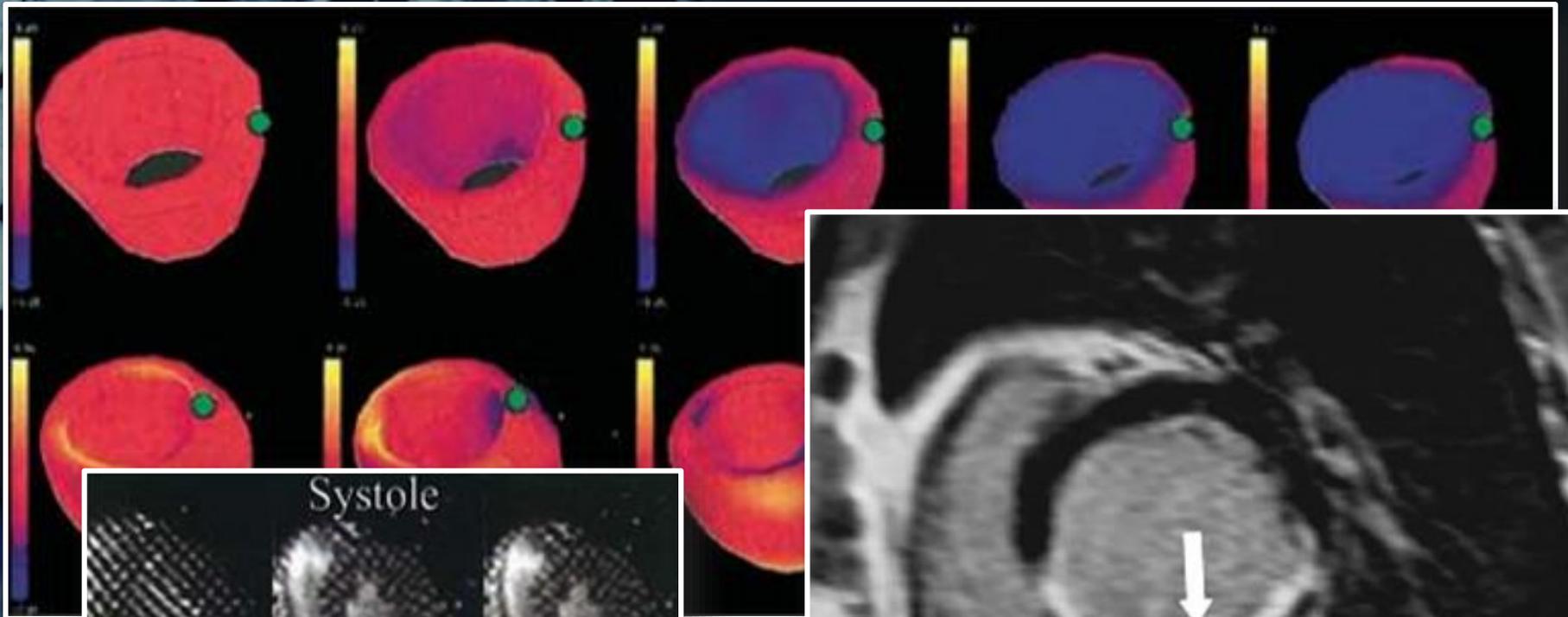
## *Angle-corrected Tissue Displacement Imaging*



Short axis  
6-segment  
model

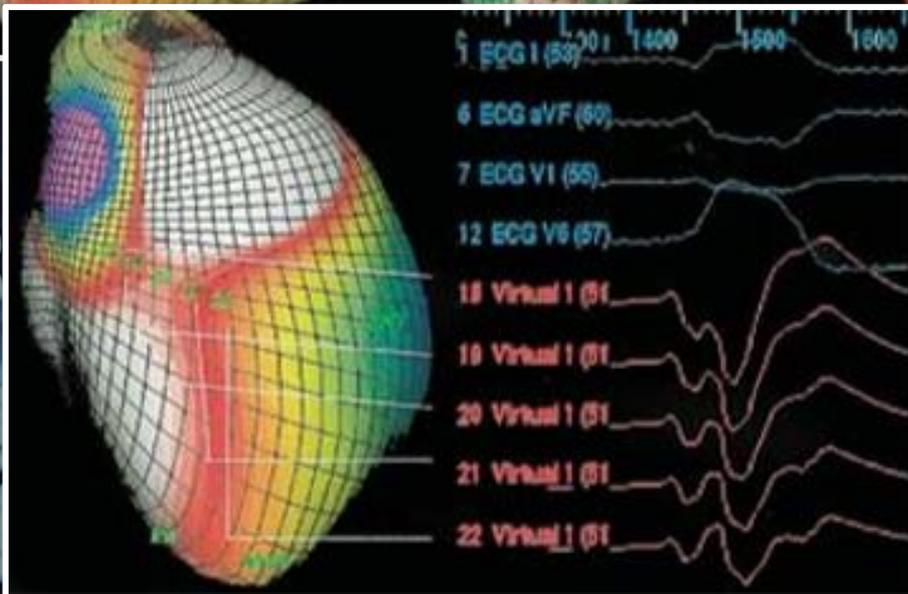
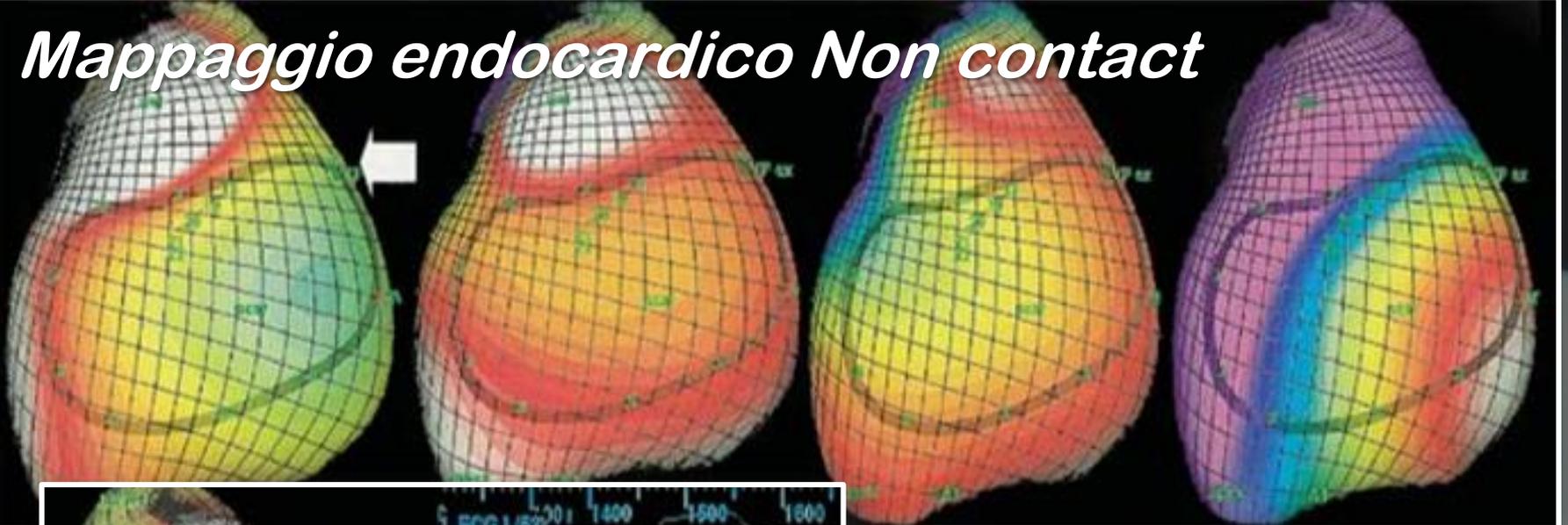


# RMN pre-procedurale

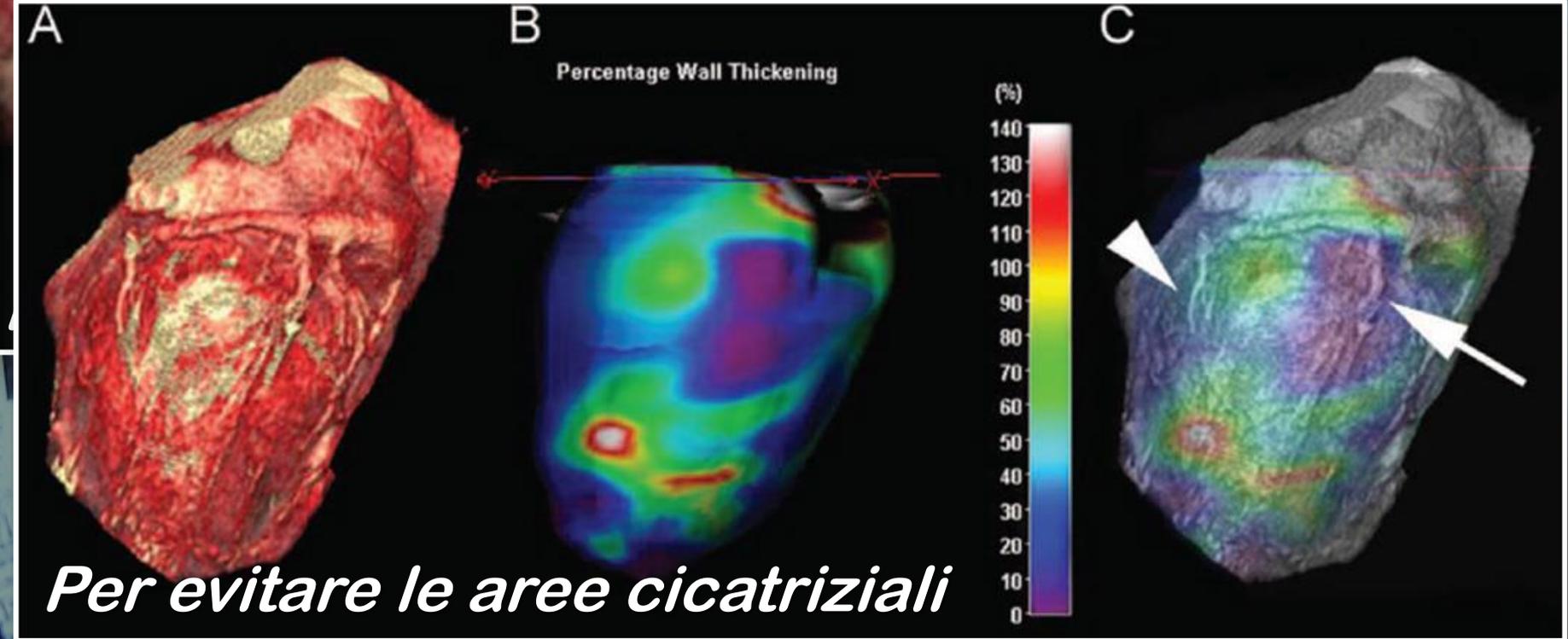
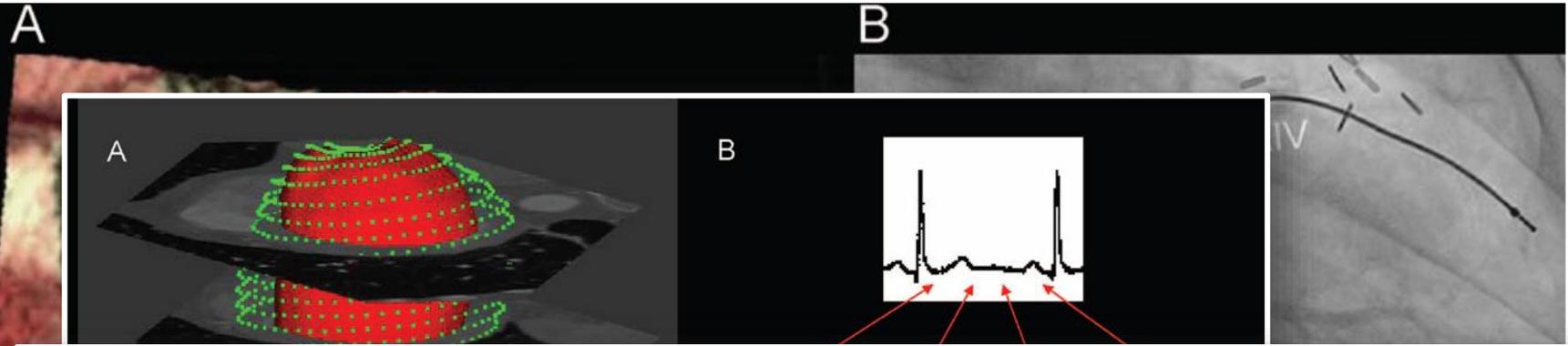


# SEF pre-procedurale

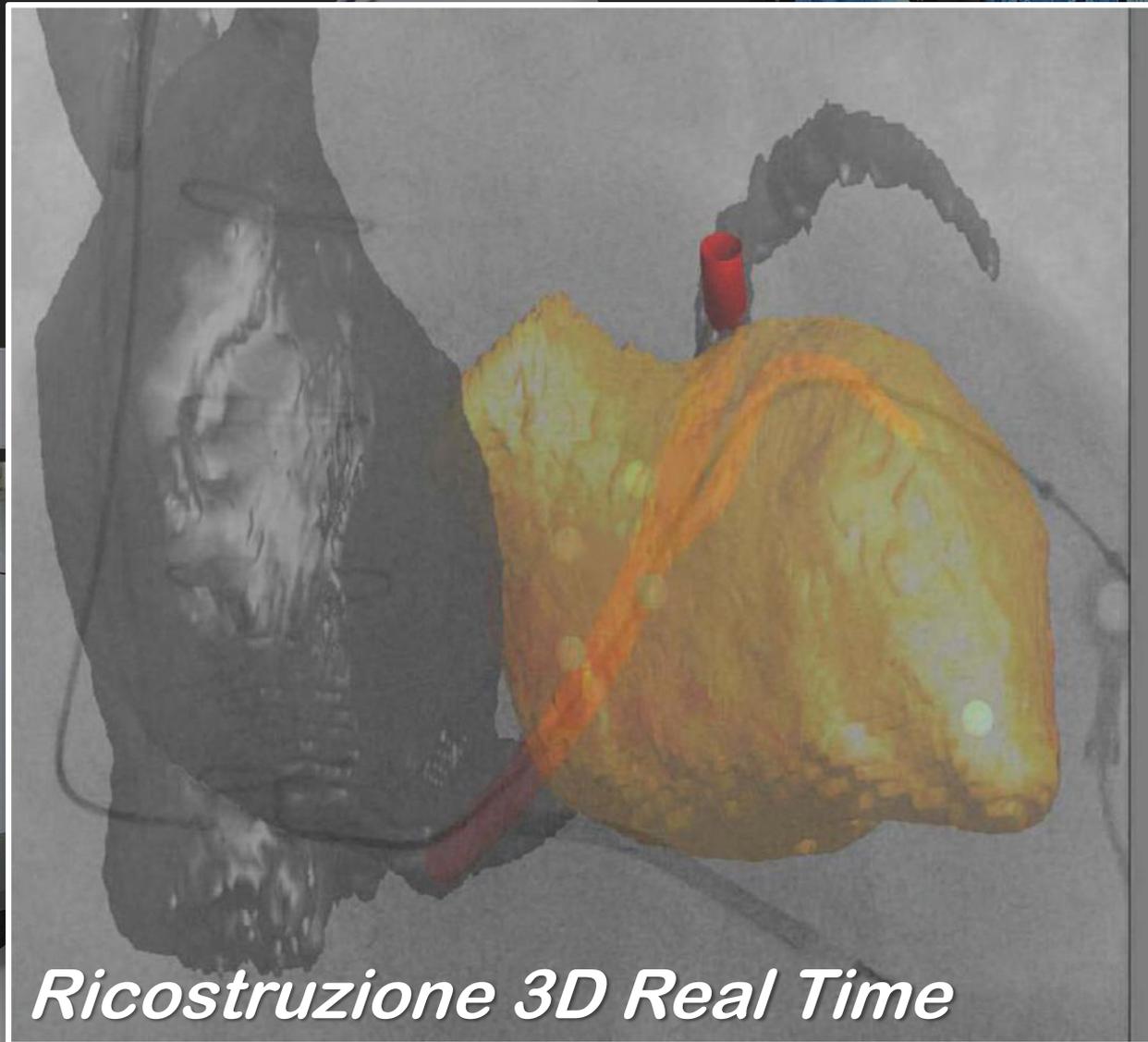
*Mappaggio endocardico Non contact*



# CT pre-procedurale

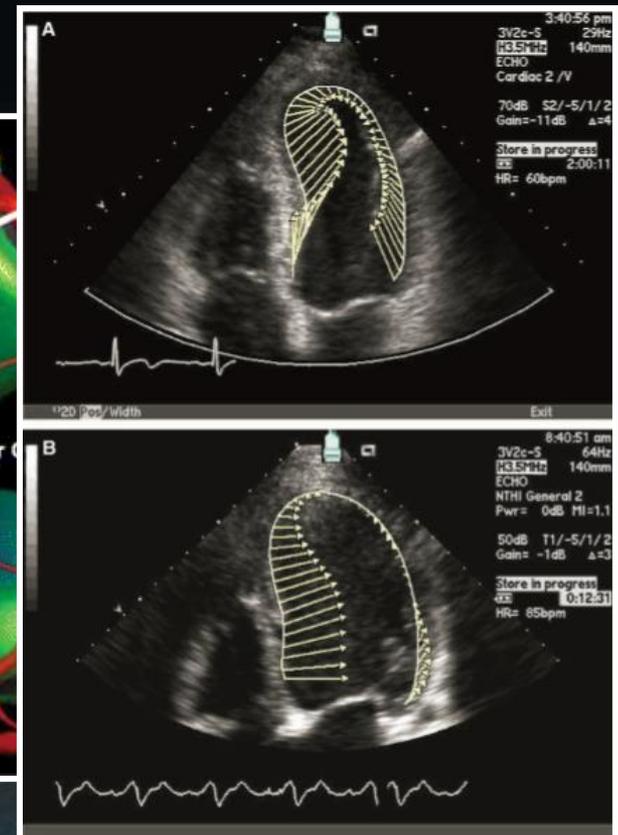
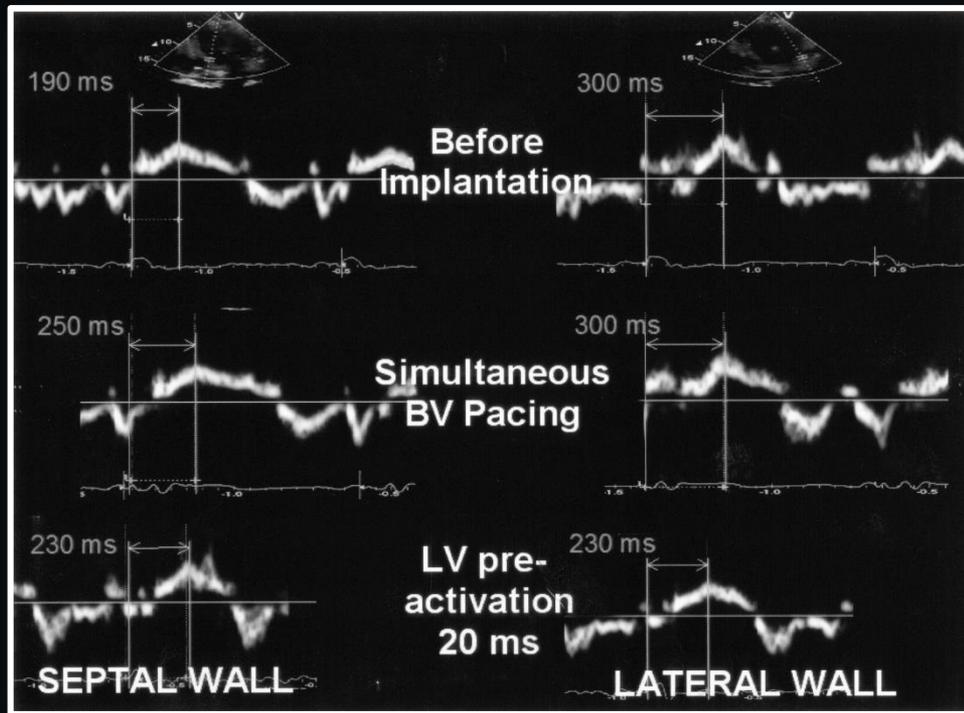


# CT intra-procedurale

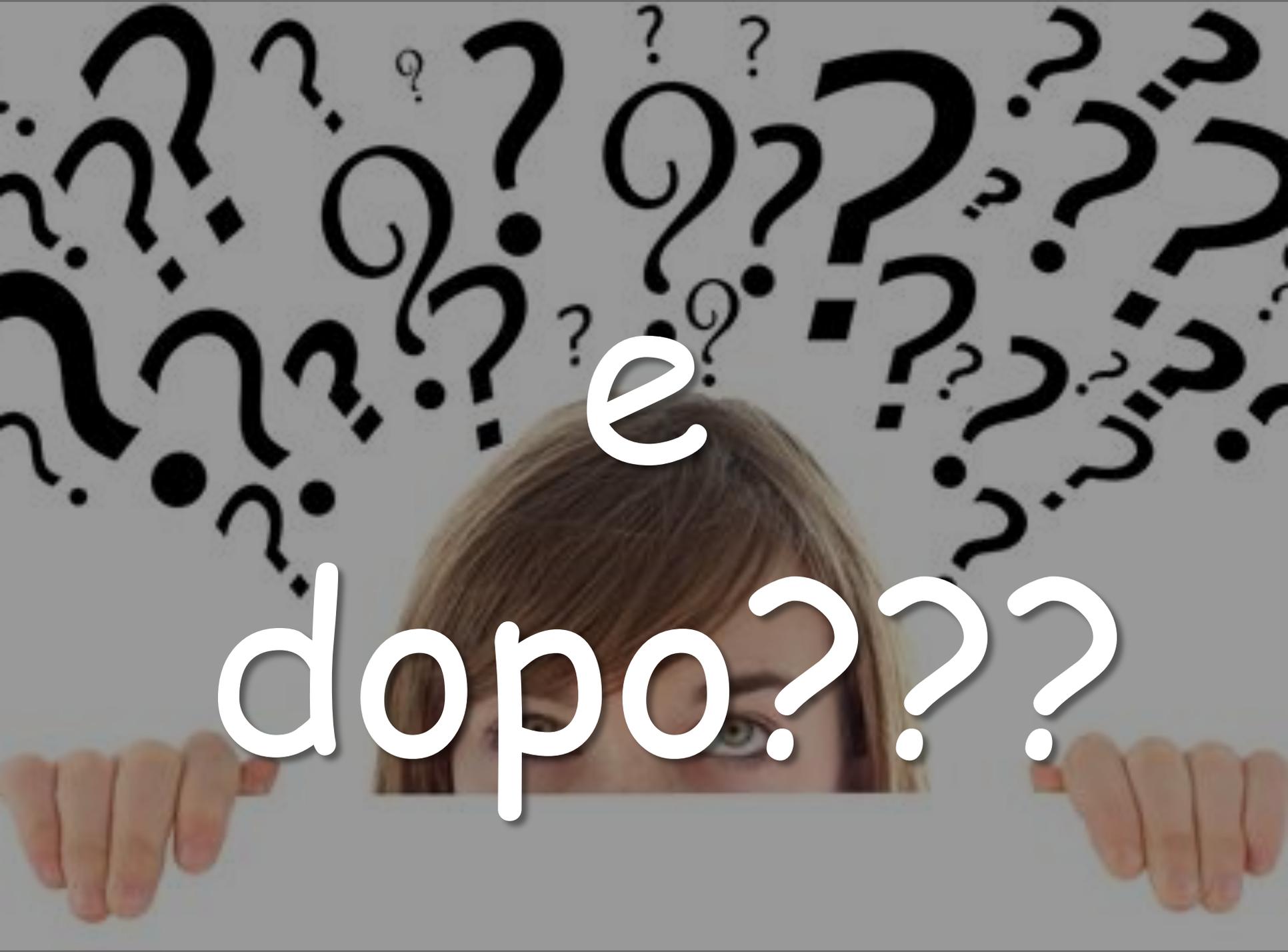


*Ricostruzione 3D Real Time*

# ECO intra-procedurale



Piccoli studi retrospettivi ne suggeriscono l'efficacia nell'evitare aree cicatriziali e nella scelta della vena di impianto con maggior ritardo di attivazione



e

dopo???

# Problemi di Ritardi

**TABELLA I.**

**Metodi più utilizzati per l'ottimizzazione dell'intervallo atrio-ventricolare e Inter/Intraventricolare.**

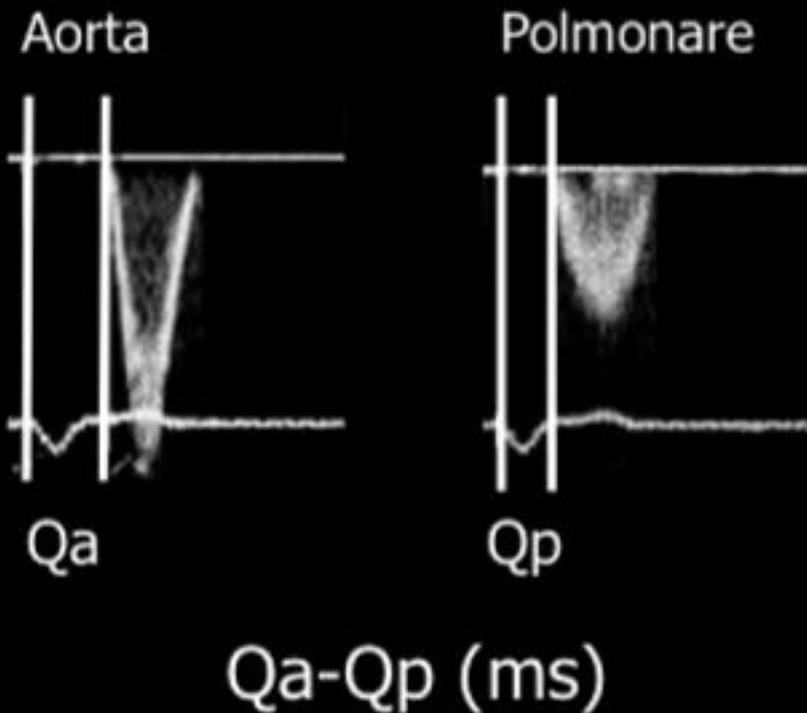
INTERVALLO	METODO	VALORE OTTIMALE
AV	Metodo Ritter	$AV\ opt = AV\ long - (QA\ short - QA\ long)$
	Metodo Iterativo	Maggior tempo di riempimento ventricolare sin; maggior EA
	VTI mitralico	Maggior VTI mitralico
	VTI aortico	Maggior VTI aortico
	MPI	Minor MPI
	dp/dt max	Maggior dp/dt max
VV	VTI aortico	Maggior VTI aortico
	IVMD	Minor IVMD
	TDI	Minor dissincronia intraventricolare
	Strain	Minor ritardo tra il più precoce e il più tardivo picco di strain
	Eco 3D	Minor systolic dyssynchrony index
	ECG	QRS più stretto
	Algoritmi device	Secondo algoritmo

AV = atrio-ventricolare; VV = interventricolare; IVMD = ritardo meccanico interventricolare; VTI = integrale velocità-tempo al doppler pulsato; MPI = indice di performance miocardica; TDI = Tissue Doppler.

PERSI!

# Ritardo V-V

## DISSINCRONIA INTERVENTRICOLARE



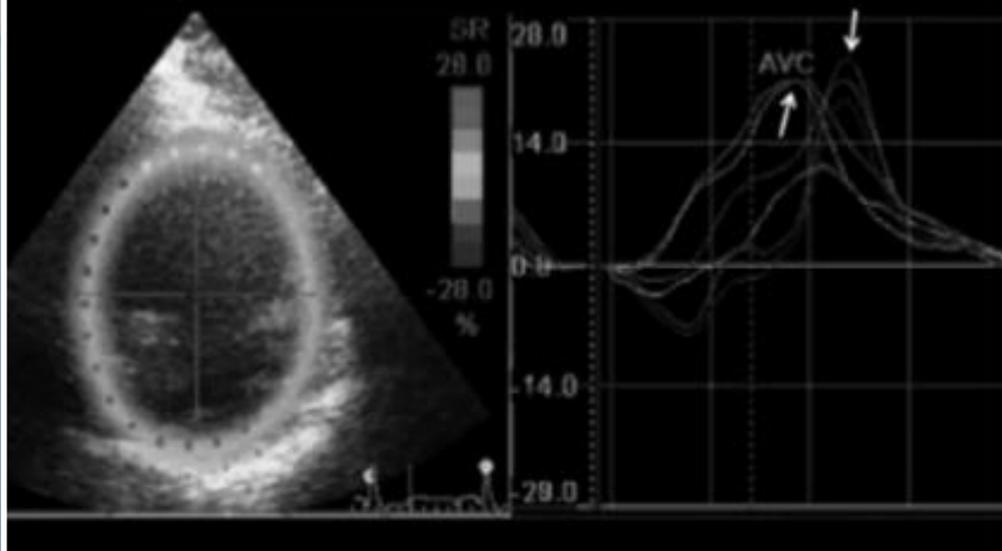
**Tabella 4.** Principali indici di dissincronia cardiaca di prima generazione.

Indice	Tecnica	Cut-off di predittività
<i>Dissincronia atrio-ventricolare</i> • Insufficienza mitralica pre-sistolica	Doppler CW	Presente/assente
<i>Dissincronia interventricolare</i> • Interventricular mechanical delay (IVMD) o Qa-Qp	Doppler PW	49.2 ms
<i>Dissincronia intraventricolare longitudinale</i> • Septal-to-lateral delay (IS-L delay) • Septal-to-posterior delay (AS-P delay) • Tv-SD (o Ts-SD o indice di Yu) • Tε-SD • oExT	Color-DTI Color-DTI Color-DTI Color-DTI Strain DTI	65 ms 65 ms 33 ms 60 ms 760 ms
<i>Dissincronia intraventricolare radiale</i> • Septal-to-posterior wall motion delay (SPWMD)	M-mode	130 ms
<i>Dissincronia combinata inter-intraventricolare</i> • Sum index	DTI PW	102 ms

CW, ad onda continua; DTI, Doppler tissutale; PW, ad onda pulsata.

# Ritardo intra-V

## ECOCARDIOGRAFIA SPECKLE TRACKING DISSINCRONIA RADIALE



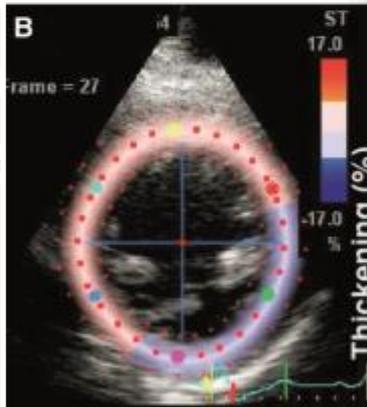
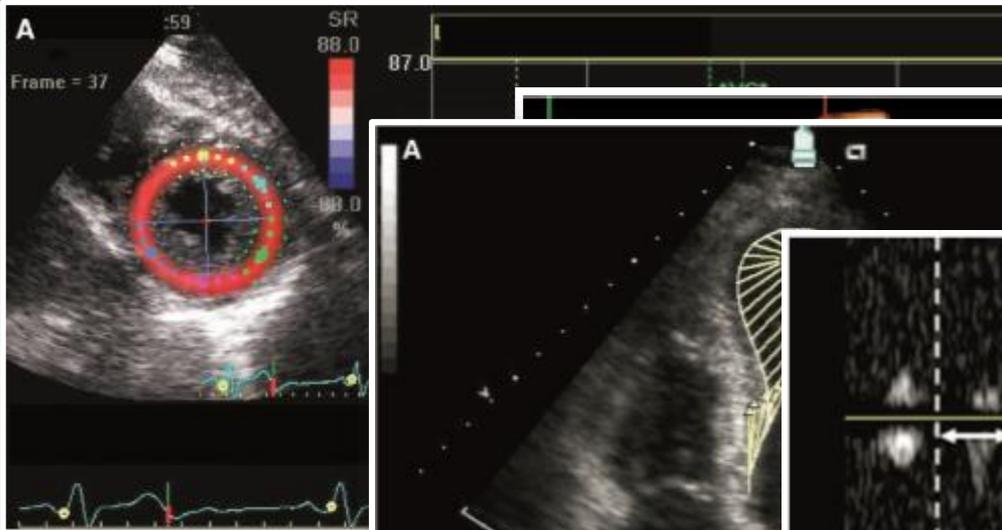
**Tabella 5.** Principali indici di dissinchronia cardiaca di seconda generazione.

Indice	Tecnica	Cut-off di predittività
<i>Dissinchronia intraventricolare longitudinale</i>		
• Strain delay index (SDI)	STE 2D	25%
• Indice di dissinchronia longitudinale	STE 2D	130 ms
<i>Dissinchronia intraventricolare radiale</i>		
• Septal-to-posterior wall delay	STE 2D	130 ms
<i>Dissinchronia intraventricolare trasversa</i>		
• Indice di dissinchronia trasversa	STE 2D	130 ms
<i>Dissinchronia intraventricolare volumetrica</i>		
• Systolic dyssynchrony index (SDI)	Eco 3D	9.8%
<i>Dissinchronia torsionale</i>		
• Torsione del VS alla chiusura aortica	STE 2D	0.1°/cm
• Twist del VS alla chiusura aortica	STE 2D	1°

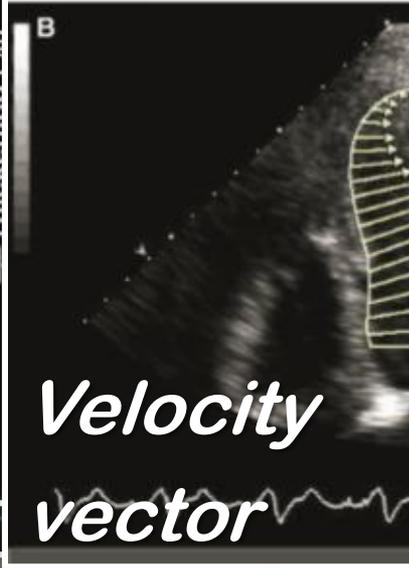
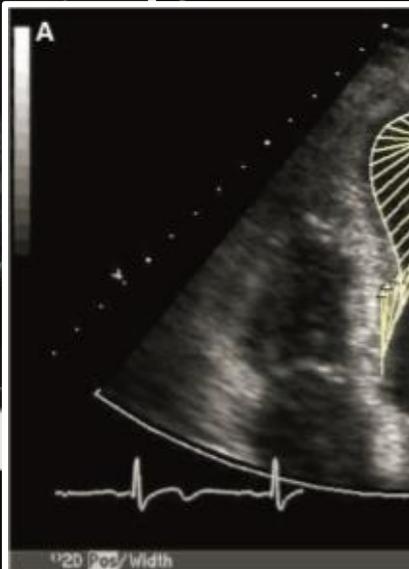
2D, bidimensionale; 3D, tridimensionale; STE, ecocardiografia speckle tracking; VS, ventricolo sinistro.

CI SIAMO  
PERSI!

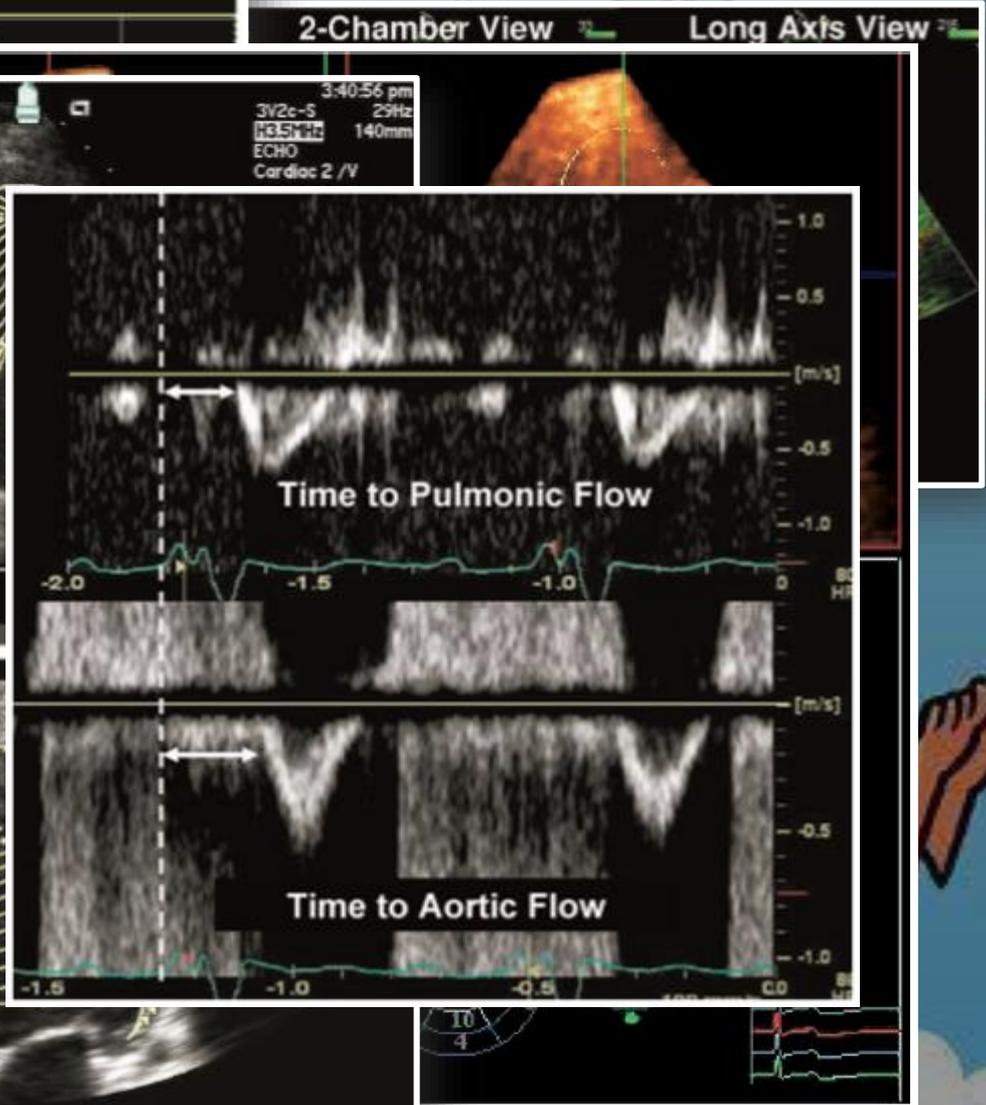
# Ritardo V-V



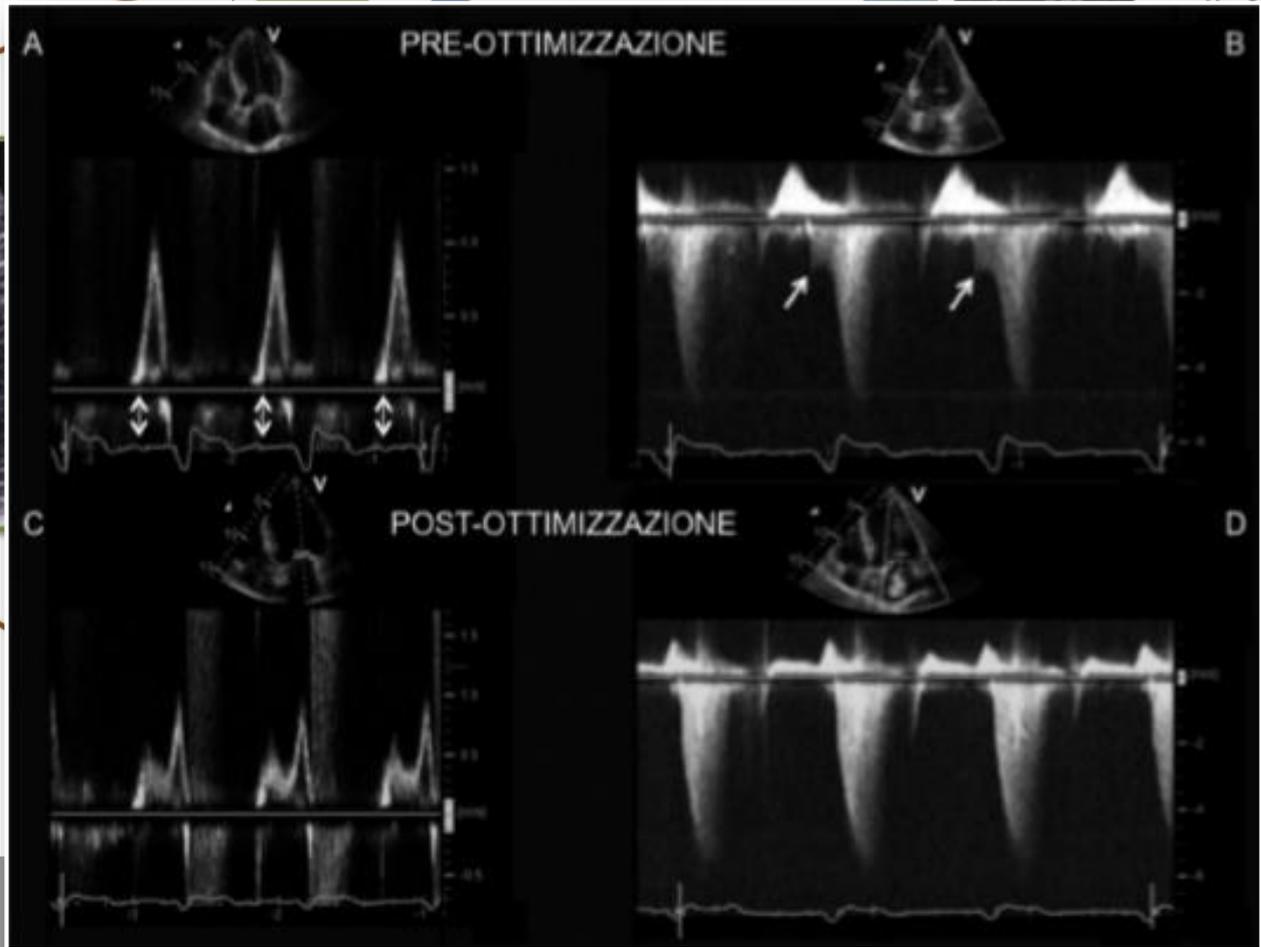
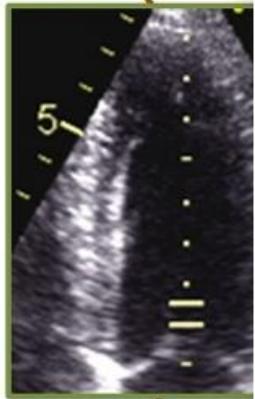
*Speckle tracking*



*Velocity vector*



# Ritardo AV



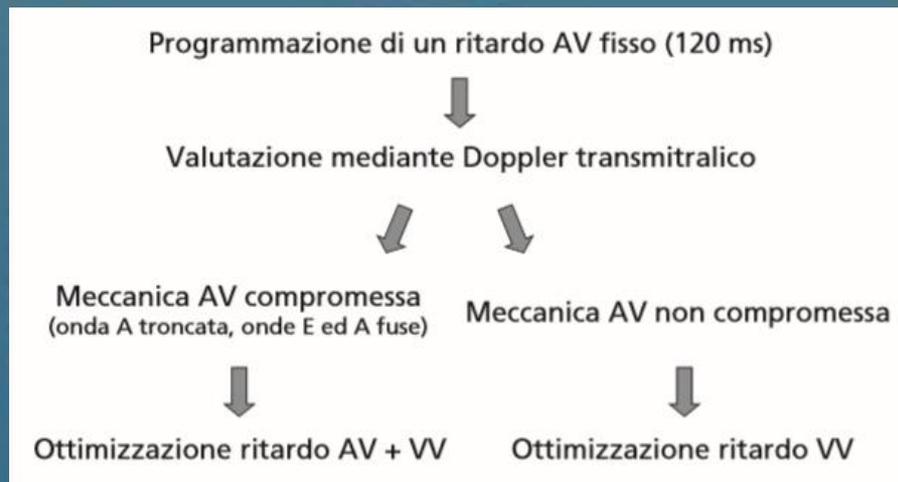
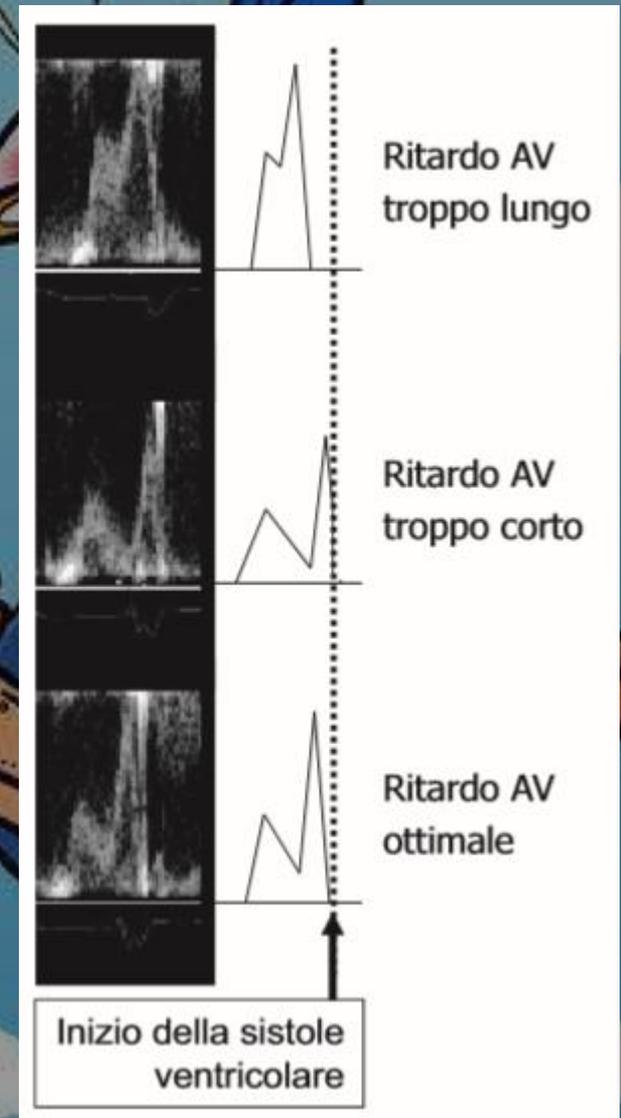
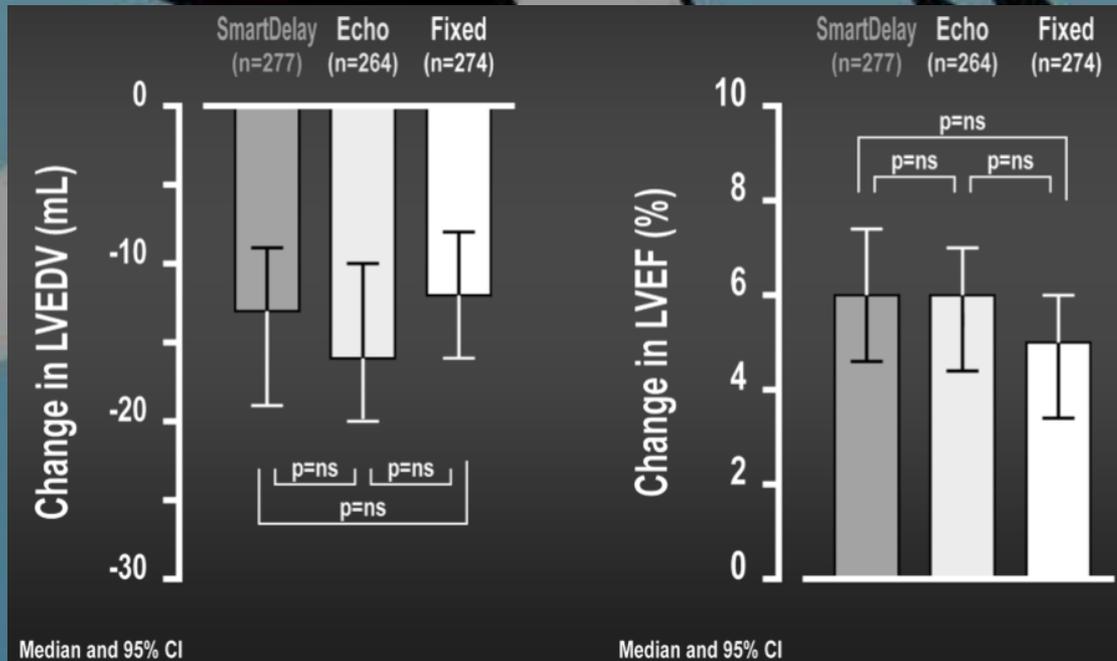
Ritardo AV troppo lungo

Ritardo AV troppo corto

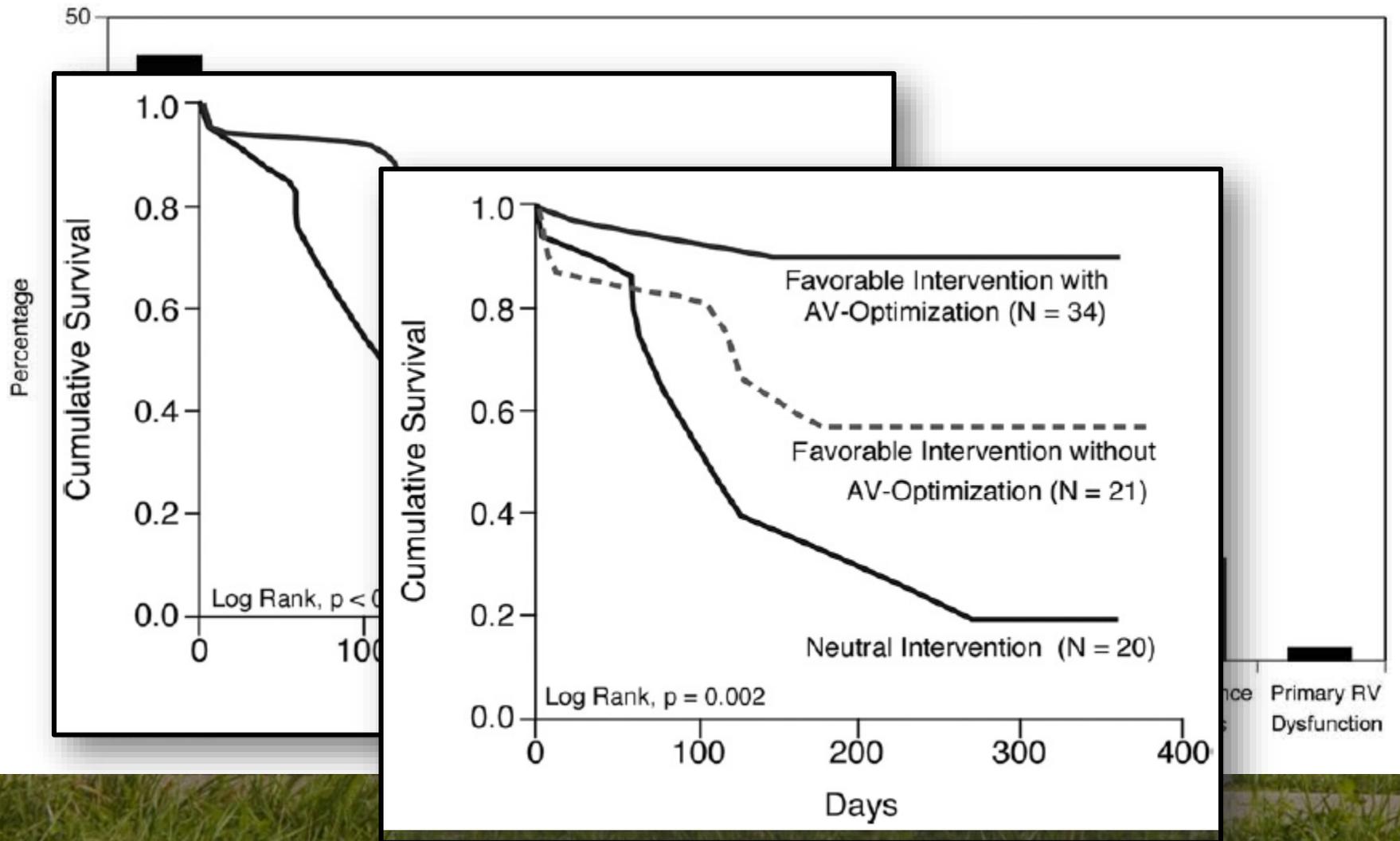
Ritardo AV ottimale

ventricolare

# Serve ottimizzare ritardo AV?

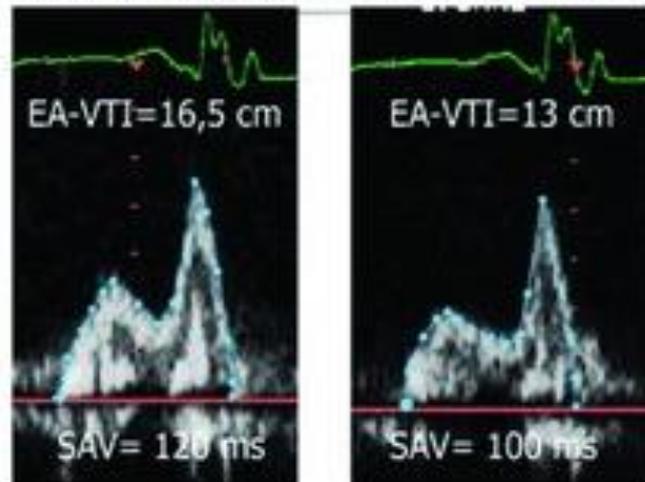


# Serve nel post-impianto?

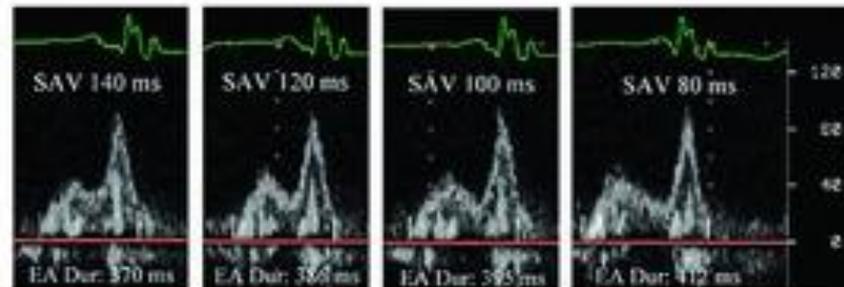


# Riproducibilità

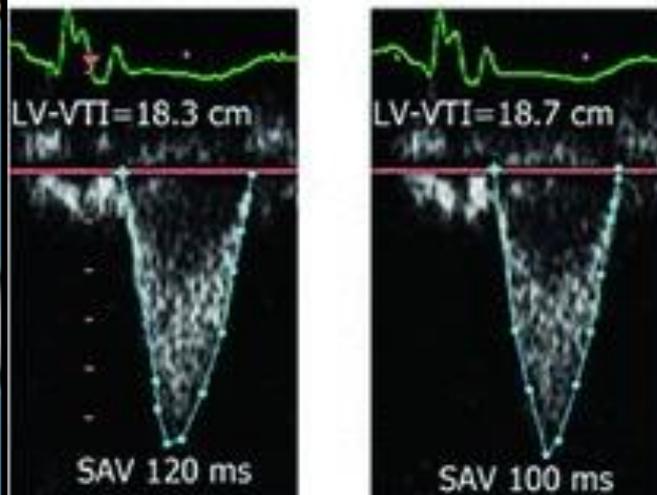
**A Mitral inflow EA-VTI ( $r = 0.96$ )**



**C Diastolic filling time (E-A duration) ( $r = 0.83$ )**

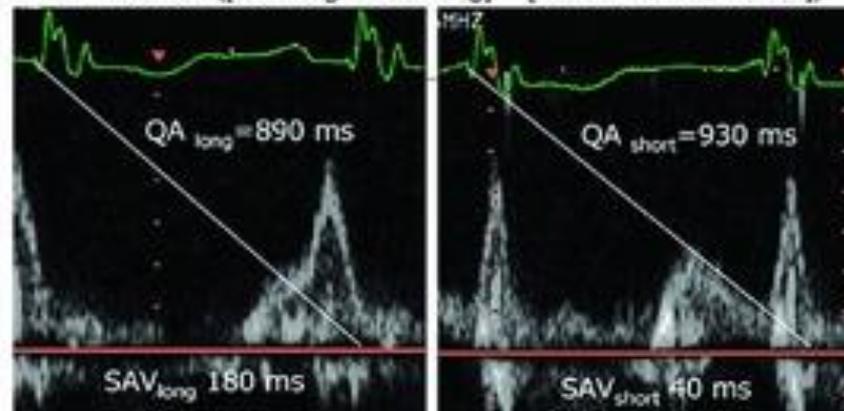


**B LVOT VTI ( $r = 0.54$ )**



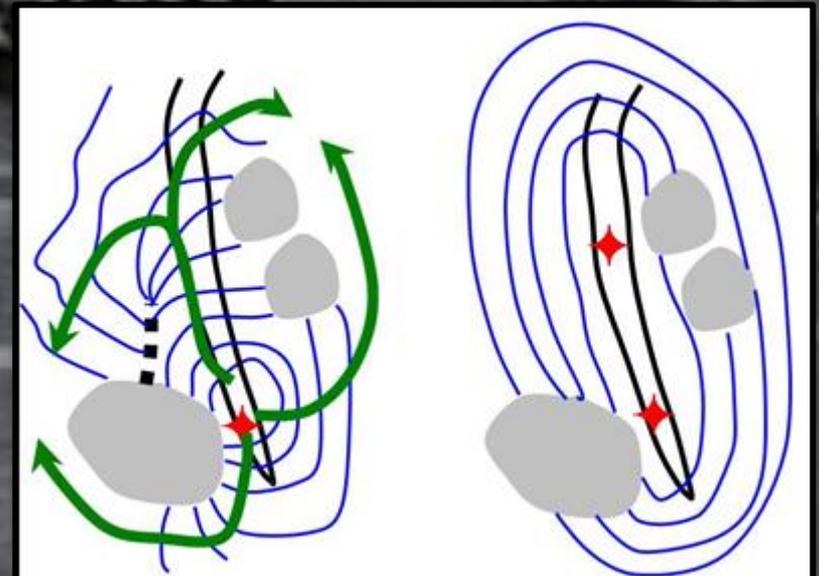
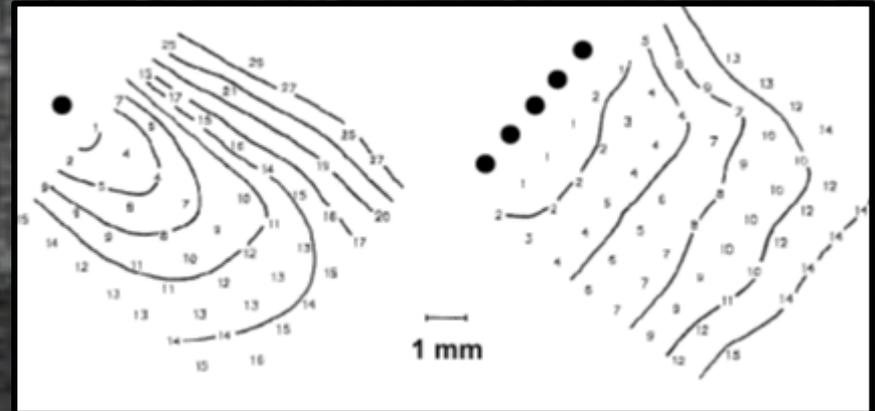
**D Ritter's formula ( $r = 0.35$ )**

$$AV \text{ short} + ([AV \text{ long} + QA \text{ long}] - [AV \text{ short} + QA \text{ short}])$$



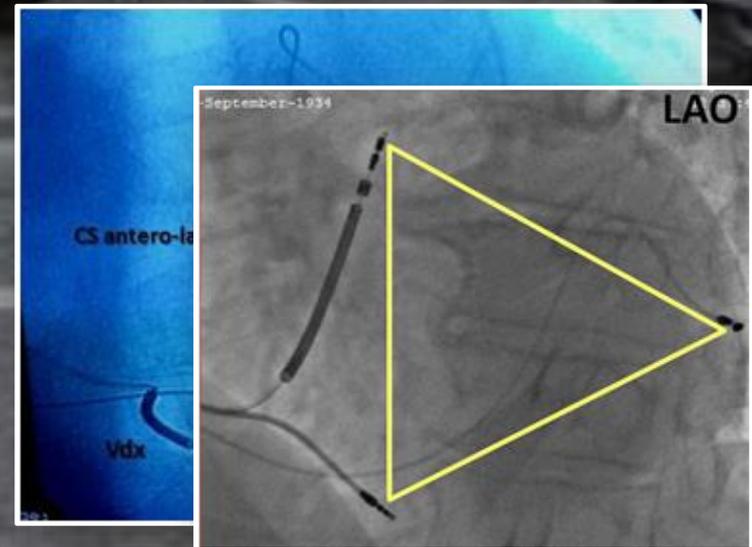
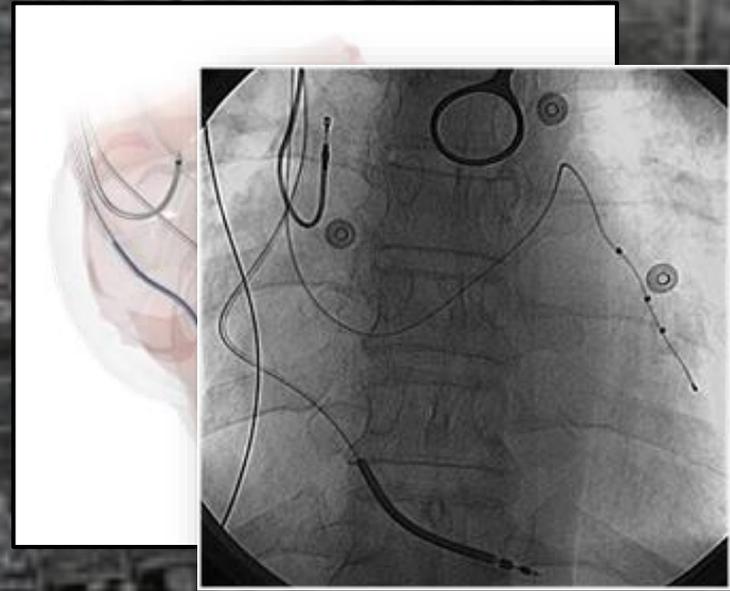
# Se piu' di una combinazione?

- Site stimulation
- Multi-area stimulation  
(RV + 2 LV // 2 RV + LV)
- Multi site stimulation



# Se piu' di una combinazione?

- Site stimulation
- **Multi-area stimulation**  
(RV + 2 LV // 2 RV + LV)
- **Multi site stimulation**

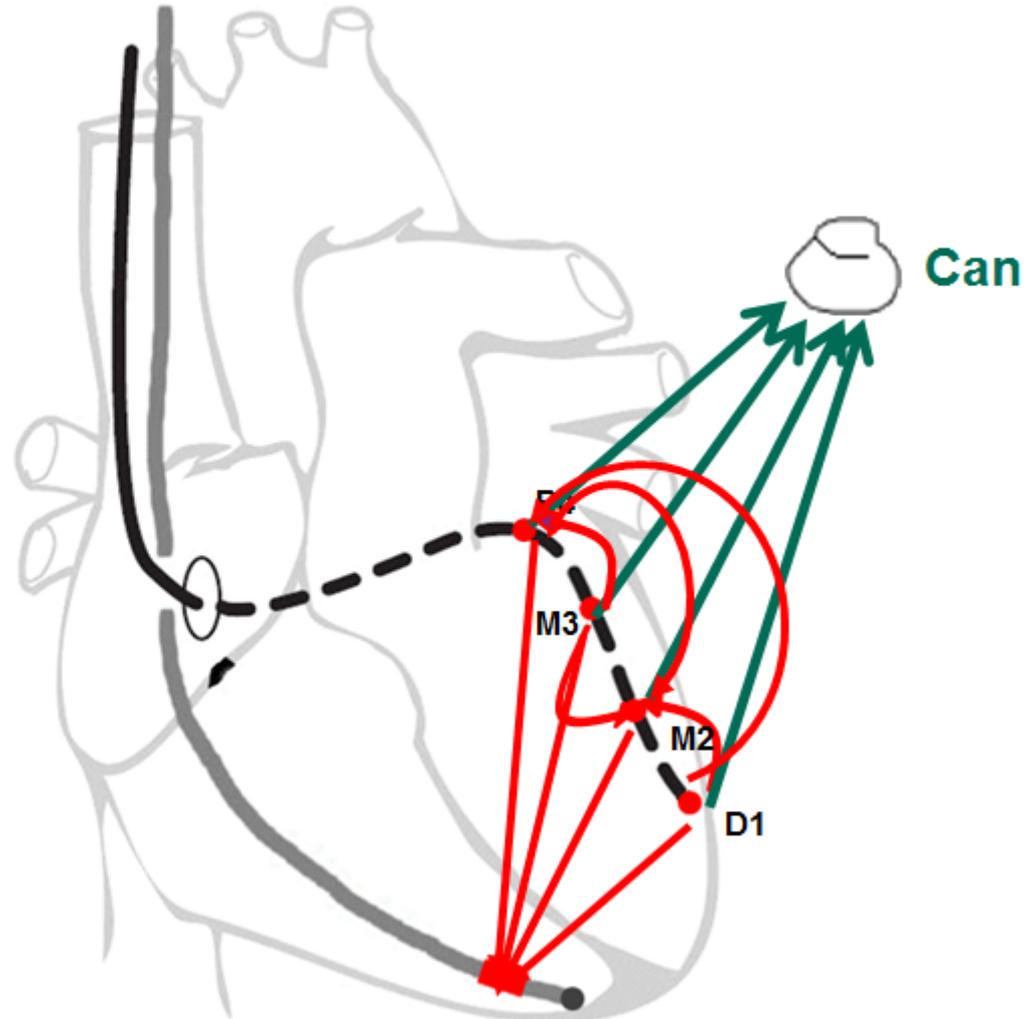


# Se piu' di una combinazione?

Table 1. Commercially Available Pacing Algorithms for Single-Lead Left Ventricular Multipoint Pacing and

## LV Configurations

- D1 – M2
- D1 – P4
- D1 – RV ring
- M2 – P4
- M2 – RV ring
- M3 – M2
- M3 – P4
- M3 – RV ring
- P4 – M2
- P4 – RV ring
- D1 – Can
- M2 – Can
- M3 – Can
- P4 – Can



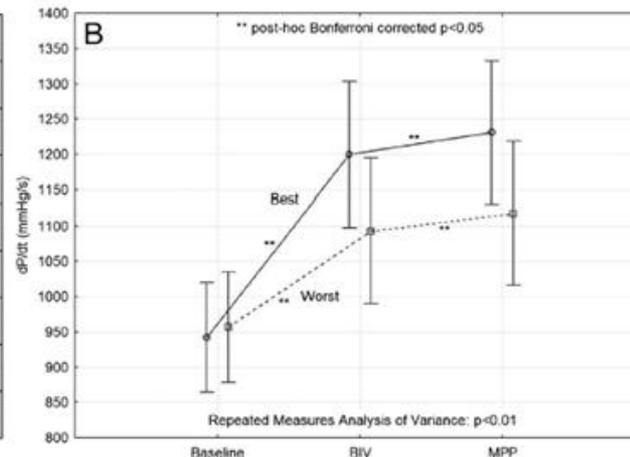
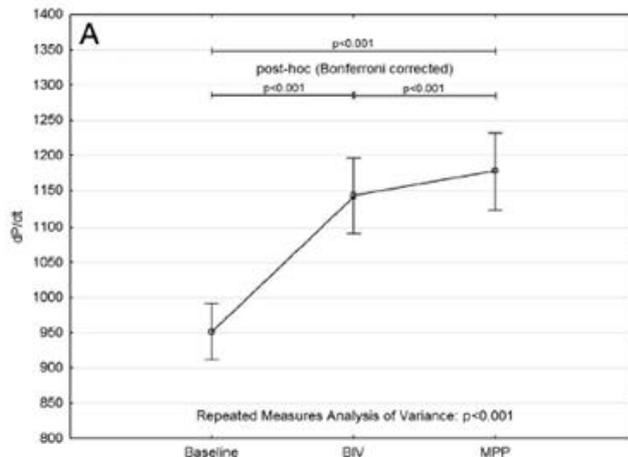
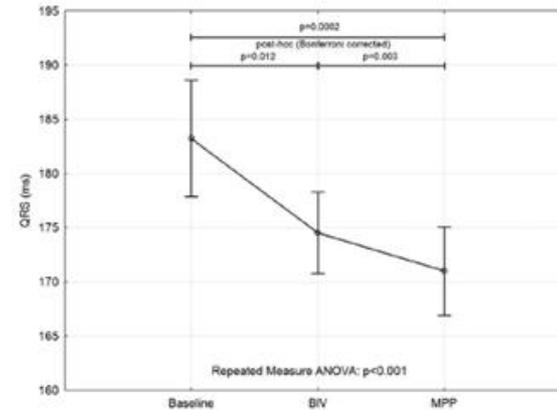
LV only

LV only

# Funziona?

Multipoint pacing by a left ventricular quadripolar lead improves the acute hemodynamic response to CRT compared with conventional biventricular pacing at any site 

Total population, n	29
ICM, n (%)	18 (62)
Age, years	72 ± 12
Male, n (%)	23 (79)
NYHA class II/III, n (%)	5 (17)/24 (83)
SR/AF, n (%)	19; 66 % / 10; 34%
LVEF, %	29 ± 7
QRS, ms	183 ± 23
LBBB, n (%)	19 (66)
RBBB, n (%)	6 (21)
IVCD, n (%)	2 (7%)
PM dependent, n (%)	2 (7%)



# Updates in Cardiac Resynchronization Therapy for Chronic Heart Failure: Review of Multisite Pacing

**Table 1** Studies on Multisite Pacing

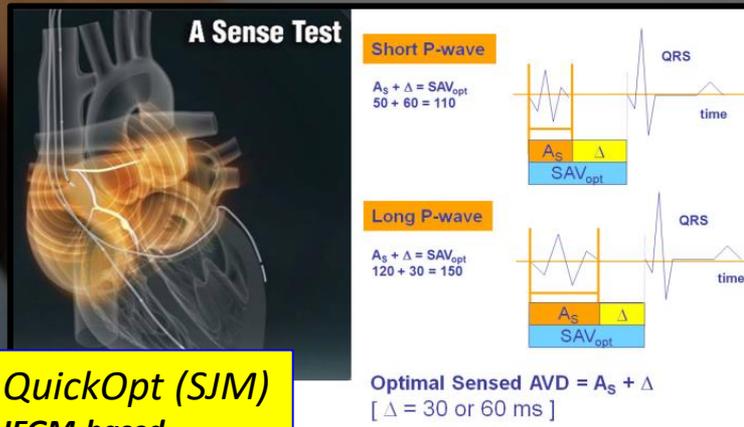
Authors	Method of MSP delivery	No of patients	Time of assessment	Primary outcome measure	Effects ofMSP
Thibault et al. [29]	Quadripolar LV lead	19	At implantation	LV dP/dtmax	Positive in most patients
Pappone et al. [30]	Quadripolar LV lead	42	At implantation	Pressure-volume loop parameters	Positive
Rinaldi et al. [31]	Quadripolar LV lead	41	At implantation	Standard deviation of time to peak contraction of 12 LV segments and delayed longitudinal contraction	Positive in most patients
Rinaldi et al. [32**]	Quadripolar LV lead	40	At implantation	Global peak LV radial strain and LV outflow velocity time integral	Positive in most patients
Pappone et al. [33]	Quadripolar LV lead	40	12 months post implantation	LV end-systolic volume and ejection fraction	Positive
Zanon et al. [34]	Quadripolar LV lead	29	At implantation	Q-LV, LV dP/dtmax, QRS duration	Positive
Zanon et al. [35]	Quadripolar LV lead	110	Around 10 months post implantation	End-systolic volume index, New York Heart Association (NYHA) class and Packer score	Positive
Umar et al. [36]	Quadripolar LV lead	16	At implantation	LV + dP/dtmax	Better than CRT from a basal or mid LV pacing site but similar to CRT from an apical LV pacing site
Siciliano et al. [37]	Quadripolar LV lead	11	6 months post implantation	3D echocardiography and echocardiography particle imaging velocimetry	Reduction in end-diastolic and end-systolic volumes, no difference in LV ejection fraction and cardiac output
Fofon et al. [38]	Quadripolar LV lead	232	6 months post implantation	EF, clinical composite score, QRS duration	Positive
Sterlinski et al. [39]	Quadripolar LV lead	24	At implantation	LV + dP/dtmax, QRS duration, Q-LV	No difference
Yoshida et al. [40]	Two RV leads (one in the apex and one in the outflow tract) with one LV lead	21	At implantation	LV + dP/dtmax, Cardiac output, standard deviation of the time to peak myocardial velocity during the systolic phase in 12 LV segments	Positive
Yamasaki et al. [41]	Two RV leads (one in the apex and one in the outflow tract) with one LV lead	32	At implantation	LV + dP/dtmax, tau	Positive, more marked in patients with large LV end-diastolic volume
Pappone et al. [42]	One RV lead and two LV leads	14	At implantation	LV dP/dt, aortic pulse pressure, LV end-diastolic pressure	Positive
Lenarczyk et al. [43]	One RV lead and two LV leads	26	At implantation and after 3 months	NYHA class, QRS duration, echocardiographic parameters, peak oxygen consumption, and 6 min walking distance	Improved outcomes in 3 months compared to baseline
Laclercq et al. [44]	One RV lead and two LV leads	26	6 and 9 months post implantation (crossover)	Quality of ventricular resynchronization (Z ratio), reverse LV remodeling, quality of life, 6-min walk test, and procedure-related morbidity and mortality	Higher LV ejection fraction and smaller LV end-systolic volume. No difference in other parameters
Lenarczyk et al. [45]	One RV lead and two LV leads	54	3 months post implantation	NYHA class, VO2 max, 6-min walk test	Positive
Rogers et al. [46]	One RV lead and two LV leads	37	12 months post implantation with crossover every 3 months	6-min walk distance (6 MW), Minnesota Living With Heart Failure (MLWHF) scores, LV dimensions and function.	Positive
Ogano et al. [47*]	One RV lead and two LV leads	58	16 months post implantation	Ventricular arrhythmias	Reduced ventricular arrhythmias
Padeletti et al. [48]	One RV lead and two LV leads	12	At implantation	Pressure-volume measurements	No difference compared to optimal LV pacing site and AV interval
Ginks et al. [21]	One RV lead and two LV leads	19	At implantation	$\Delta$ LV dP/dtmax	Positive, but particularly in patients with posterolateral scar

Aumenterà o ridurrà il lavoro?

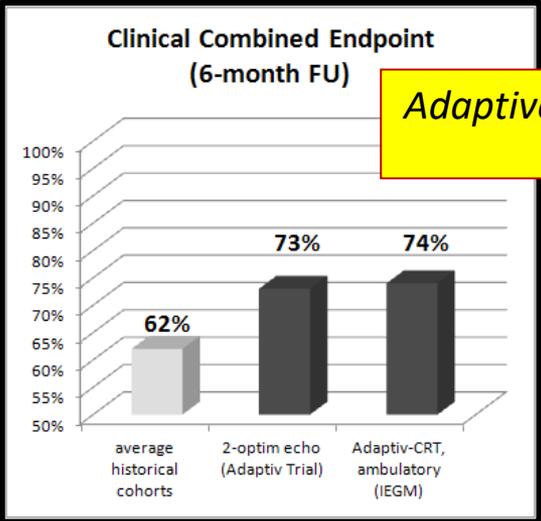
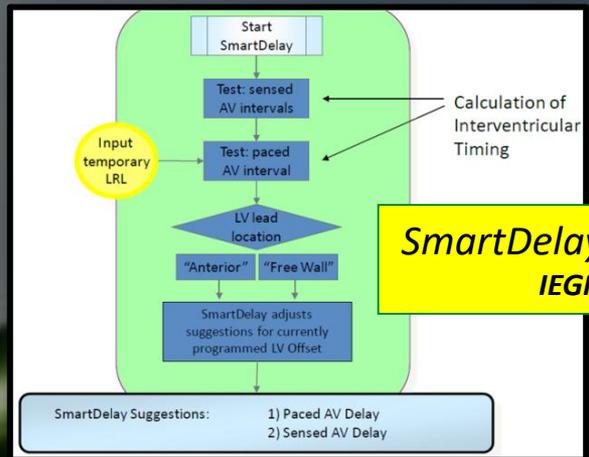
# Il passaggio del testimone

## Clinical Relevance Of Systematic CRT Device Optimization

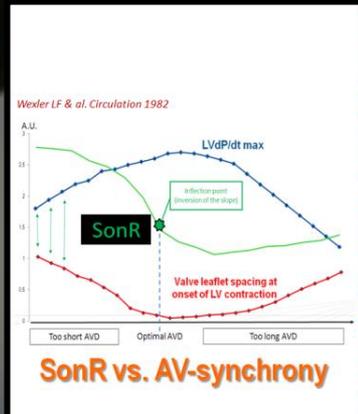
Maurizio Lunati<sup>1</sup>, Giovanni Magenta<sup>1</sup>, Giuseppe Cattafi<sup>1</sup>, Antonella Moreo<sup>1</sup>, Giacomo Falaschi<sup>2</sup>, Danilo Contardi<sup>2</sup>, Emanuela Locati<sup>1</sup>



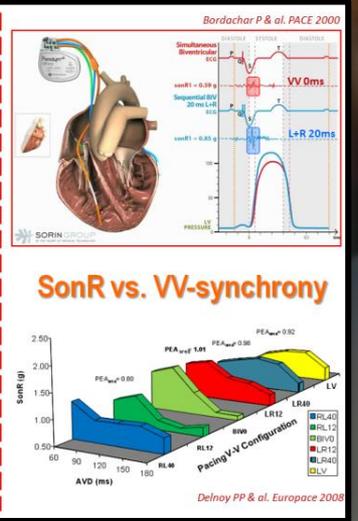
**QuickOpt (SJM)**  
IEGM-based



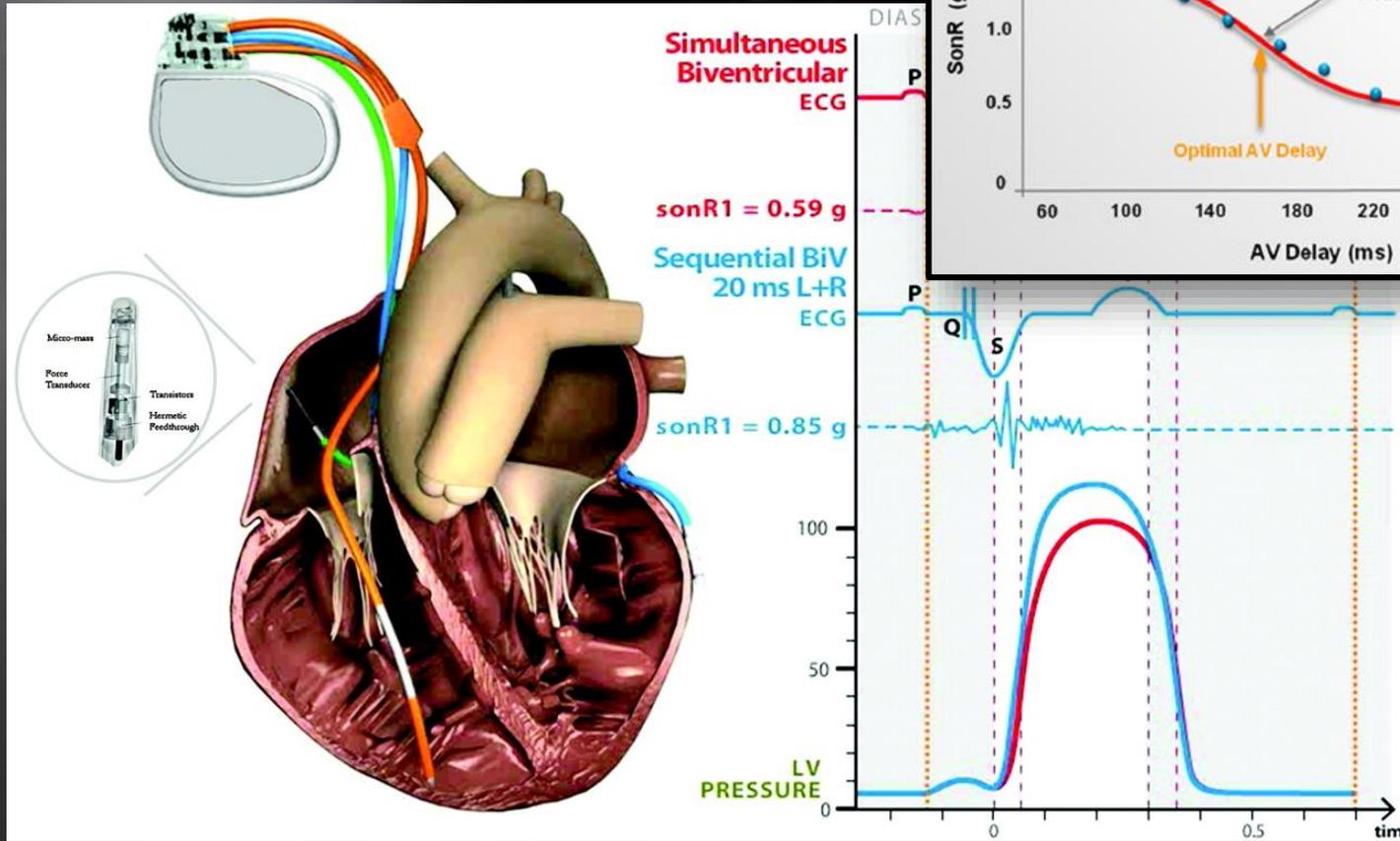
**Adaptive-CRT (Mdt)**  
IEGM-based



**SonR (Sorin-G)**  
hemodynamic method



# Da un'altra pros



*L'intensità del segnale misurato dal sensore SonR corrisponde alle vibrazioni generate dal ciclo cardiaco nella fase di contrazione isovolumetrica (primo tono cardiaco) e si correla alle variazioni invasive del  $dP/dT$  max*

# Automatic Optimization of Cardiac Resynchronization Therapy Using SonR—Rationale and Design of the Clinical Trial of the SonRtip Lead and Automatic AV-VV



Op  
(RE

Stu  
pro  
au  
rita

VARIABILE	SonR N=649	Eco N=318	P value	Eco superiore	SonR superiore	Odds Ratio
Tutti i pazienti	75.0	70.4				1.26

Età	<68.5 anni	72.6	68.1
	≥68.5 anni	77.3	73.2
Sesso	Maschi	71.6	68.6
	Femmine	83.1	73.9
BMI	<30 kg/m <sup>2</sup>	76.5	69.5
	≥30kg/m <sup>2</sup>	72.2	72.0
LVEF	>25%	74.7	72.7
	≤25%	75.8	65.3
Morfologia QRS	LBBB	76.8	71.1
	Non LBBB	66.0	65.8
Durata QRS	<150 ms	68.0	59.5
	≥150 ms	77.9	74.3
Intervallo PR	≤200 ms	78.0	74.0
	>200 ms	71.6	65.9
Cardiomiopatia	Ischemici	69.9	66.7
	Non-Ischemici	79.1	74.3
Storia di FA	Si	70.2	48.1
	No	75.9	74.8
Disfunzione Renale	Si	61.9	46.3
	No	79.1	78.6
Diabete	Si	72.3	67.9
	No	76.8	72.2
Fumatore	Si	69.6	70.6



300

**22%** risposta assoluta più elevata per i pazienti con storia di FA <sup>4</sup>

**16%** risposta assoluta più elevata per i pazienti con disfunzione renale <sup>4</sup>

75

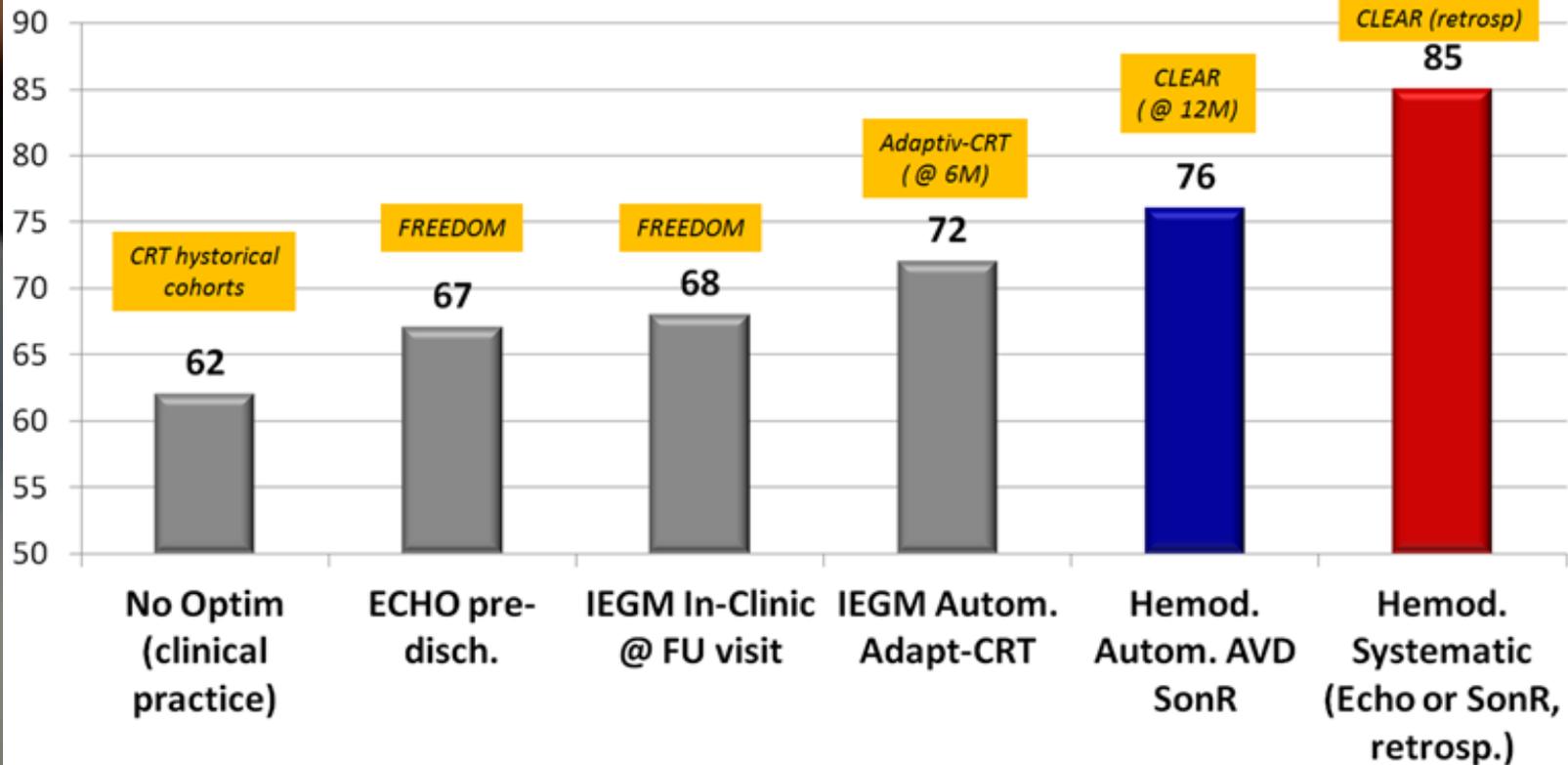
25

MESI DALL'IMPIANTO

# Follow-up intensivo

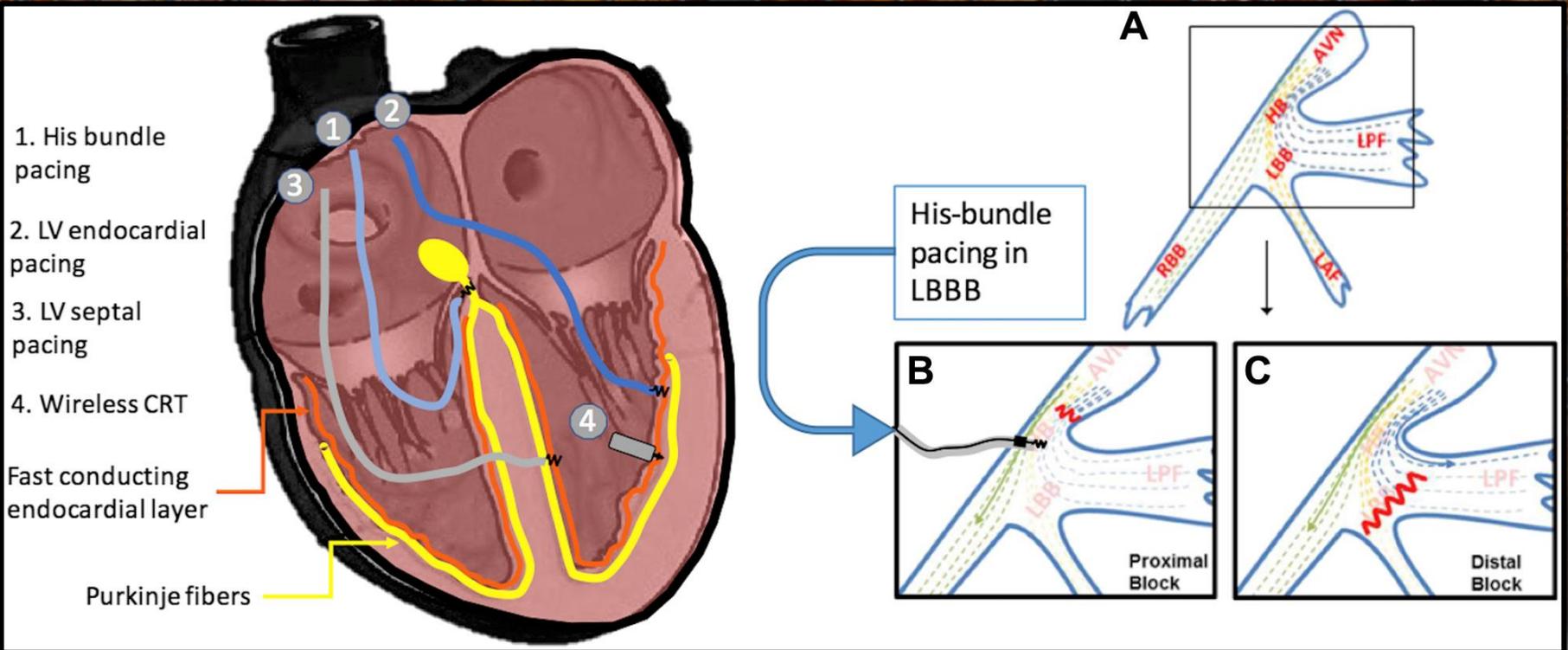
## FU of CRT pts: the effects of optimization

% Clinical Response Rate (Packer's combined endpoint)



The combination of proper tools (*hemodynamic sensor*) together with a *frequent re-optimization* associates with a very high clinical response rate  
→ *this relationship must be PROSPECTIVELY confirmed ...*

# Piu' carne sul fuoco



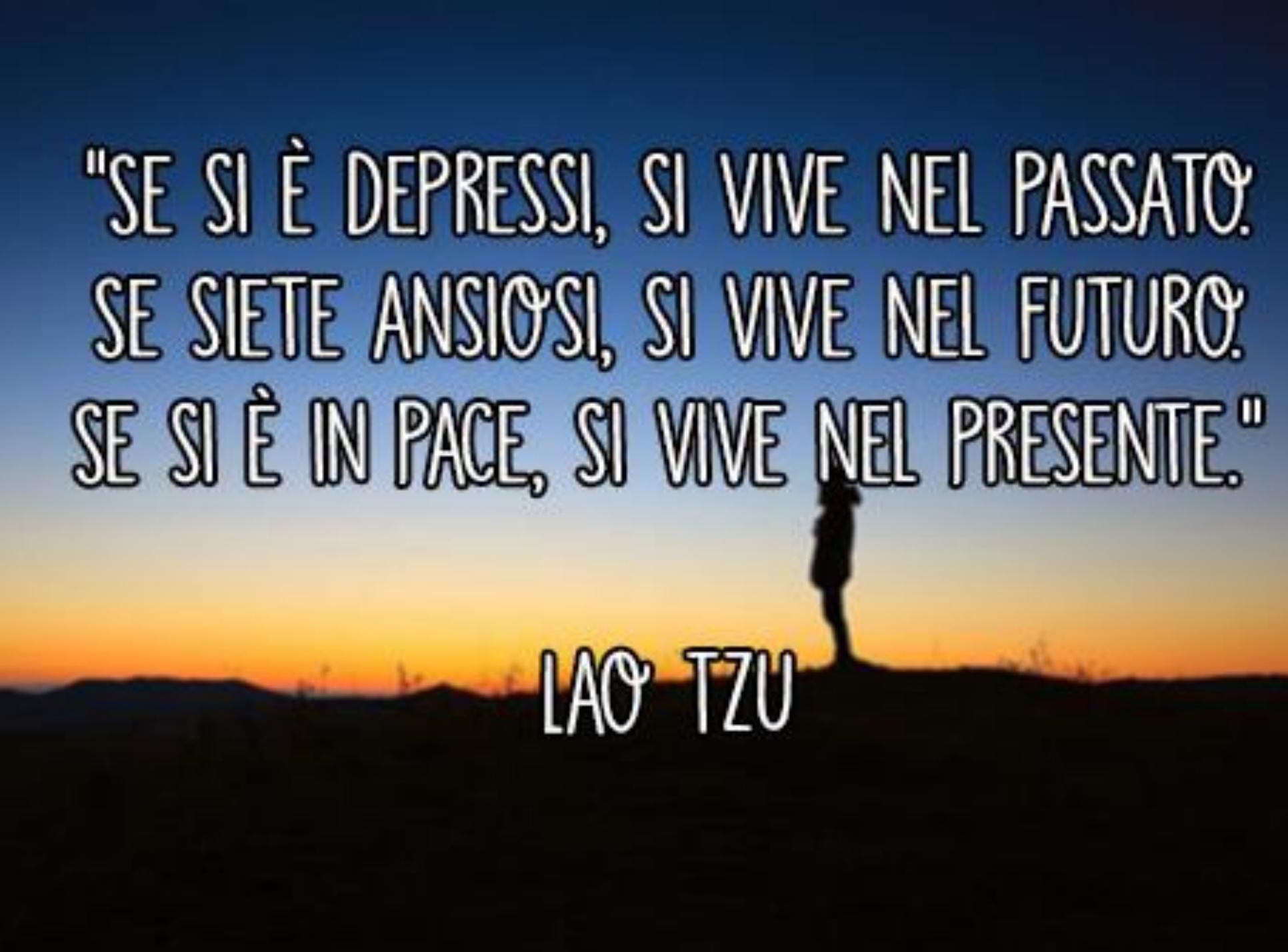
# Conclusioni

## ALTE RISORSE

- ***Auto-Resincro***
- ***Resincro AV e VV da ricoverato***
- ***Follow-up ecocardiografico e resincro periodico***

## RISORSE MEDIO/BASSE

- ***Auto-Resincro***
- ***Resincro AV e VV in caso di nuova ospedalizzazione***
- ***Resincro in caso di mancata risposta clinica al follow-up***

A silhouette of a person standing on a hill against a sunset sky. The person is standing with their back to the camera, looking out over the horizon. The sky is a mix of orange, yellow, and blue, suggesting a sunset or sunrise. The person's shadow is cast on the ground in front of them.

"SE SI È DEPRESSI, SI VIVE NEL PASSATO.  
SE SIETE ANSIOSI, SI VIVE NEL FUTURO.  
SE SI È IN PACE, SI VIVE NEL PRESENTE."

LAO TZU