

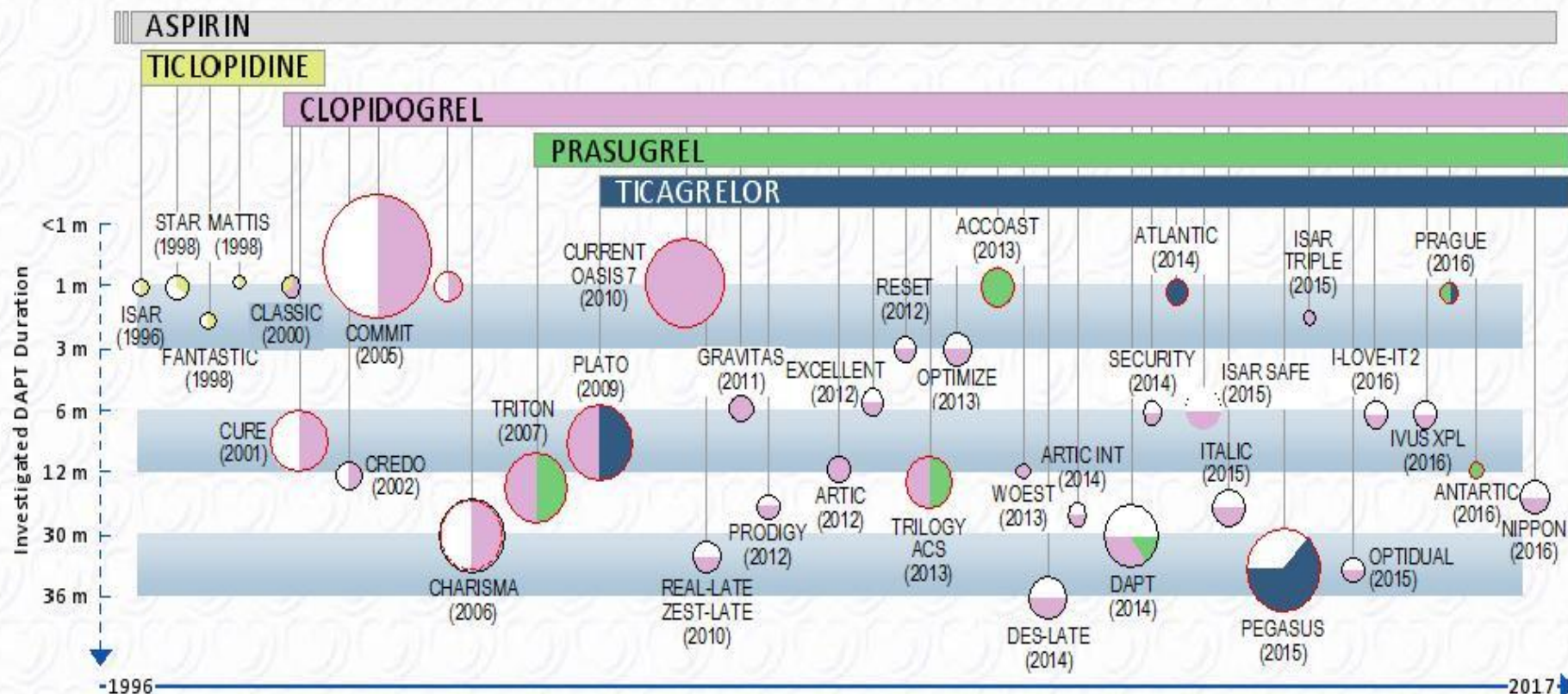


Gestione della DAPT nel primo anno dopo SCA o PCI : bastano le attuali Linee Guida ?

*Luigi Oltrona Visconti
Divisione di Cardiologia
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Pavia*



History of dual antiplatelet therapy (DAPT) in patients with coronary artery disease



Size of the circles denotes sample size

2 5 10 20 K pts

Perimeter of the circles denotes type of investigated population

- Mixed clinical presentation at the time of stent implantation
- Acute coronary syndrome at presentation
- DAPT initiated in patients with prior myocardia infarction
- DAPT for primary prevention

**Gestione della DAPT nel primo anno dopo SCA o PCI :
bastano le attuali Linee Guida ?**

Novara 7 Giugno 2018

The question is : how long ?

**Reducing or prolonging the recommended
period of treatment ?**



Extended duration dual antiplatelet therapy and mortality:

Mortality in patients treated with extended duration dual antiplatelet therapy after drug-eluting stent implantation: a pairwise randomised controlled trial



Lancet 2015

Published November 11, 2015
[http://dx.doi.org/10.1016/S0140-6736\(15\)00673-2](http://dx.doi.org/10.1016/S0140-6736(15)00673-2)

See Comment

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Summary **Background** Drug-eluting stent implantation is associated with a higher risk of mortality compared with bare-metal stents.

Methods We conducted a pairwise randomised controlled trial comparing extended duration dual antiplatelet therapy (DAPT) with standard DAPT in patients with drug-eluting stents.

Findings We included 1000 patients. By 1 year, the risk of mortality was significantly higher in the extended DAPT group compared with the standard DAPT group (0.93, 0.73–1.17) for myocardial infarction, and 1.17, 0.93–1.47 for all-cause mortality.

Interpretation Extended duration dual antiplatelet therapy is associated with a higher risk of mortality compared with standard DAPT in patients with drug-eluting stents.



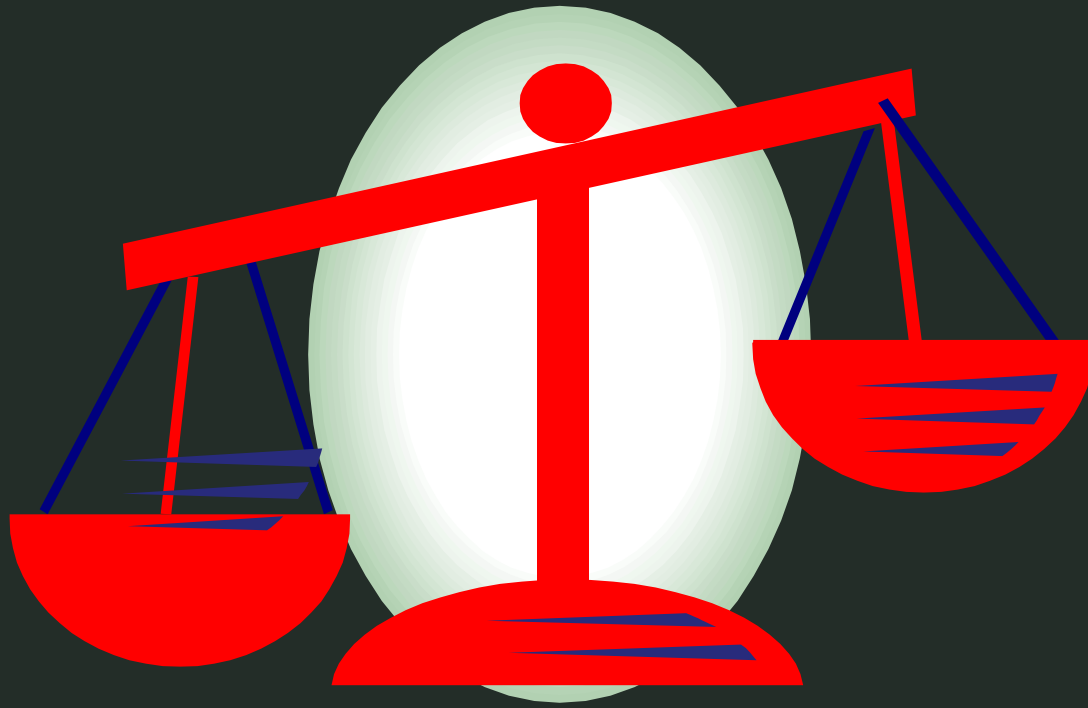
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Optimal duration of dual antiplatelet therapy after percutaneous coronary intervention with drug eluting stents: meta-analysis of randomised controlled trials

Eliano Pio Navarese,^{1,2} Felicita Andreotti,^{2,3} Volker Schulze,^{1,2} Michalina Kołodziejczak,^{1,2,4} Antonino Buffon,^{3,2} Marc Brouwer,^{5,2} Francesco Costa,⁶ Mariusz Kowalewski,^{2,7} Gianfranco Parati,⁸ Gregory Y H Lip,^{9,2} Malte Kelm,^{1,2} Marco Valgimigli⁶



Haemorrhagic risk

Thrombotic risk

**Gestione della DAPT nel primo anno dopo SCA o PCI :
bastano le attuali Linee Guida ?**

Novara 7 Giugno 2018

Definitions

a) stented stable coronary disease

b) acute coronary syndromes



**Gestione della DAPT nel primo anno dopo SCA o PCI :
bastano le attuali Linee Guida ?**

Novara 7 Giugno 2018

a) stented stable coronary disease

Considerations

- **stent-related strategy (neither disease nor patient)**
- **clopidogrel only available (beyond clopidogrel ?)**
- **duration of treatment**



Gestione della DAPT nel primo anno dopo SCA o PCI : bastano le attuali Linee Guida ?

Novara 7 Giugno 2018

The future

Trial	Population	Reference Tx	Experimental Tx	1° E-point
GLOBAL LEADERS 16,000 pts	All-comers PCI (stable pts)	12 M asa+clopidogrel + 24 M asa (stable pts)	1 M asa+ticagrelor + 23 M ticagrelor	2 year death/MI
TWILIGHT 9,000 pts	All-comers PCI (h-risk stable)	15 M asa+ticagrelor	3 M asa+ticagrelor + 12 M ticagrelor	BARC bleeding
ALPHEUS 1,900 pts	Stable pts PCI	30-D asa+clopidogrel	30-D asa+ticagrelor	48h ischemic episodes

Dual antiplatelet therapy duration and related stent choices in patients with stable coronary artery disease treated with percutaneous coronary intervention

Recommendations	Class	Level
In patients with stable CAD treated with coronary stent implantation, DAPT consisting of clopidogrel in addition to aspirin is generally recommended for 6 months, irrespective of the stent type.	I	A
Irrespective of the intended DAPT duration, DES is the preferred treatment option.	I	A
In patients with stable CAD considered at high bleeding risk (e.g. PRECISE-DAPT ≥ 25), DAPT for 3 months should be considered*.	IIa	B
In patients with stable CAD treated with drug-coated balloon, DAPT for 6 months should be considered.	IIa	B

*:The evidence supporting this recommendation comes from two studies where zotarolimus-eluting Endeavour sprint stent has been investigated in conjunction with a 3-month DAPT regimen.

Dual antiplatelet therapy duration and related stent choices in patients with stable coronary artery disease treated with percutaneous coronary intervention (continued)

Recommendations	Class	Level
In patients with stable CAD treated with bioresorbable vascular scaffolds, DAPT for at least 12 months should be considered.	Ila	C
In patients with stable CAD who have tolerated DAPT without a bleeding complication and who are at low bleeding but high thrombotic risk, continuation of DAPT with clopidogrel for >6 months and ≤30 months may be considered.	Ilb	A
In patients with stable CAD in whom 3-month DAPT poses safety concerns, DAPT for 1 month may be considered*.	Ilb	C

*;1-month DAPT after implantation of zotarolimus-eluting Endeavour sprint stent or drug coated stent reduced risks of reintervention, myocardial infarction and inconsistently of stent thrombosis compared to bare-metal stent under similar DAPT duration. It is unclear if this evidence applies to other contemporary DES.

**Gestione della DAPT nel primo anno dopo SCA o PCI :
bastano le attuali Linee Guida ?**

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DAPT administration after stenting with respect to the recommended time

Short

?

stent thrombosis

?

MACCE*

reduced ?

bleeding

Prolonged

*** = mortality (total, CV, non-CV), MI, stroke**

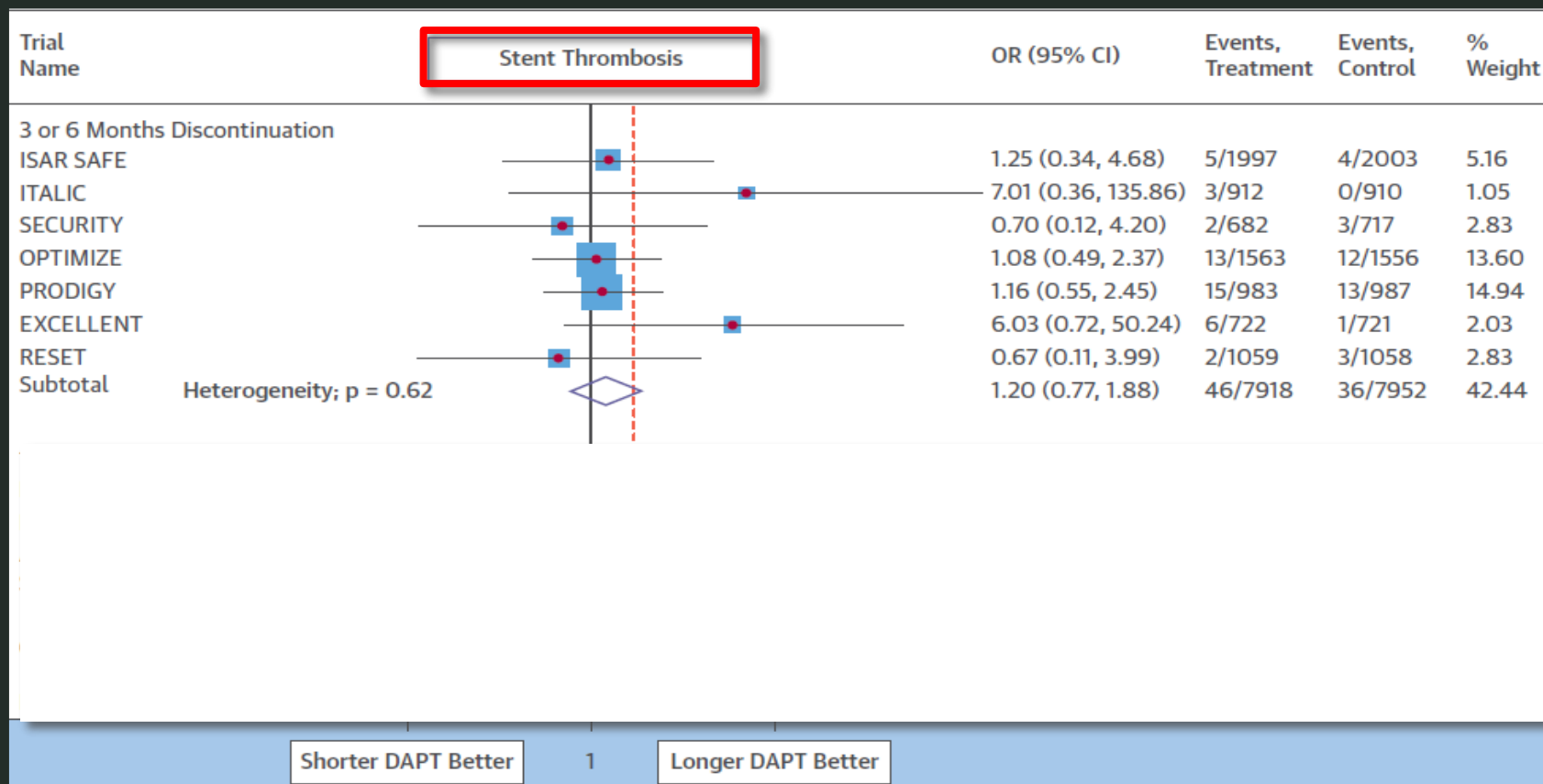


Randomized Trials of DAPT Duration (DES stents)

Trial	Pts N°	Months	Randomization	Design	% ACS	1° EP
Abbreviated DAPT		*Plus a 3M washout				
EXCELLENT	1,443	6 vs. 12	asa vs. asa + clop	Noninferiority	52	D/MI/TVR
ISAR-SAFE	4,000	6 vs. 12*	asa vs. asa + clop	Noninferiority	40	D/MI/CVA/ST, Bleed
ITALIC	3,700	6 vs. 12	asa vs. asa + clop	Noninferiority	24	D/MI/CVA/Rev/MB
OPTIMIZE	3,120	3 vs. 12	asa vs. asa + clop	Noninferiority	32	D/MI/CVA/MB
RESET	2,148	3 vs. 12	asa vs. asa + clop	Strategy	54	CVD/MI/ST/TVR, Bleed
SECURITY	1,399	6 vs 12	asa vs. asa + clop	Noninferiority	38	CD/MI/CVA/ST, Bleed

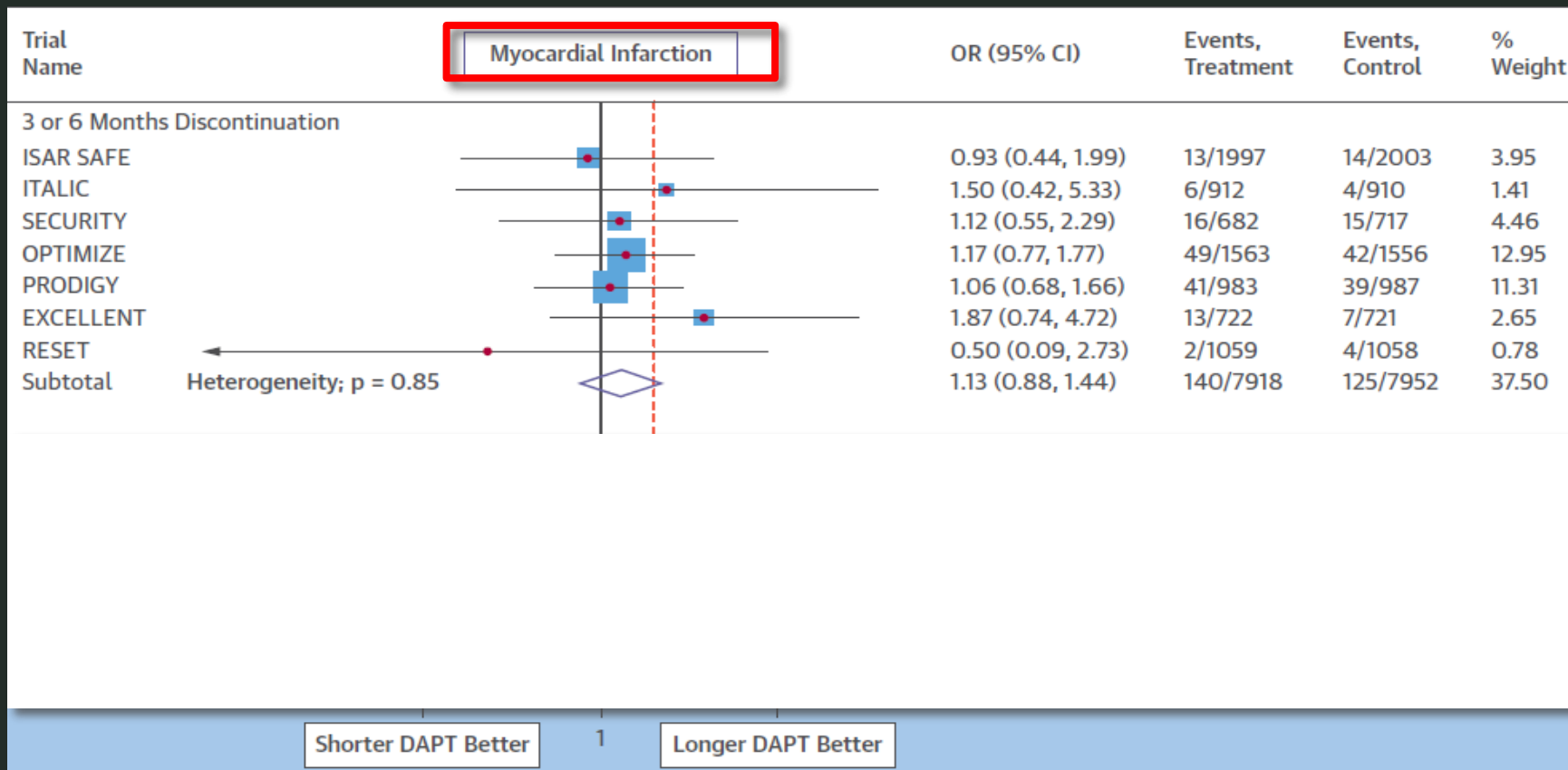
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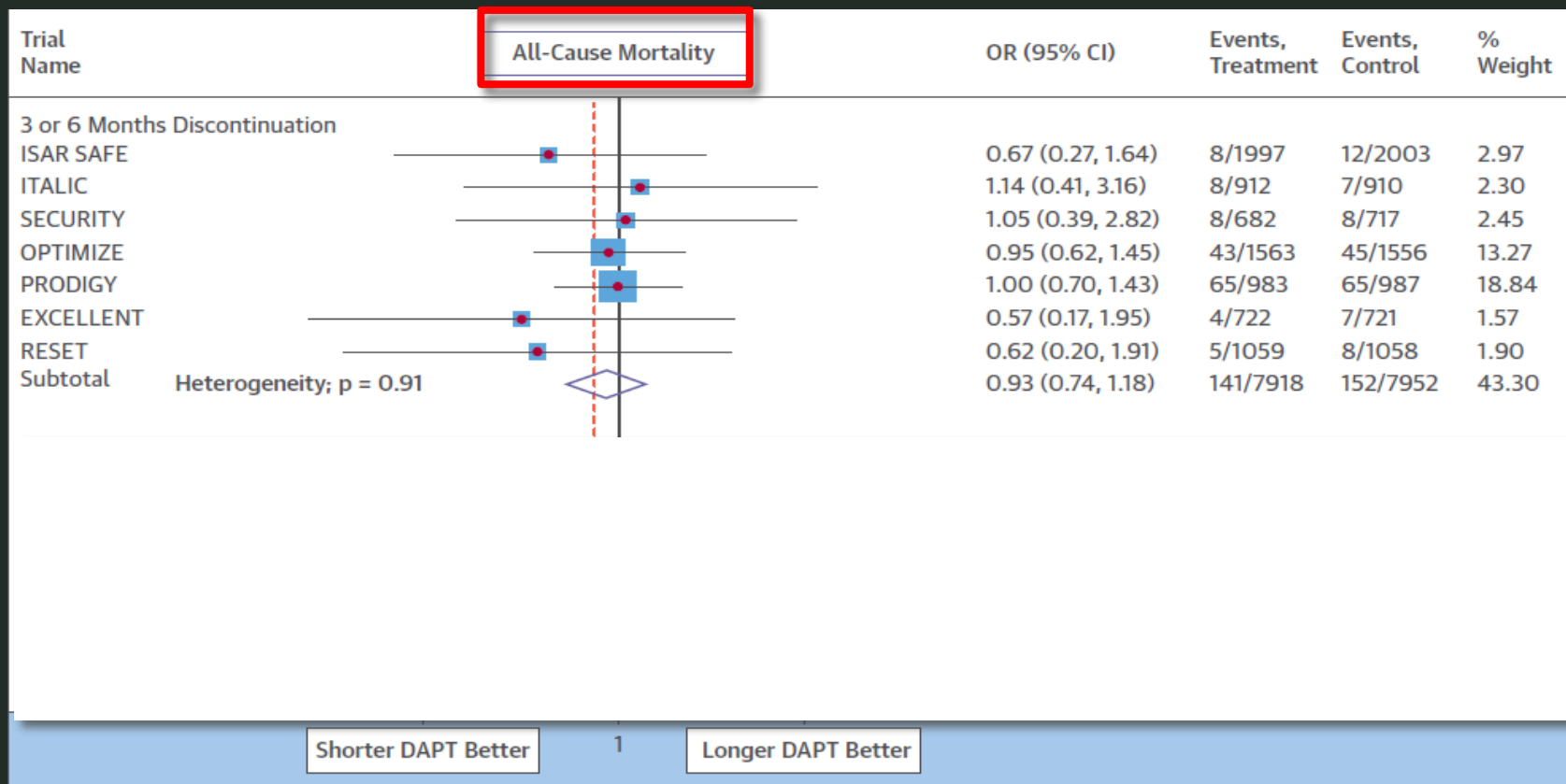
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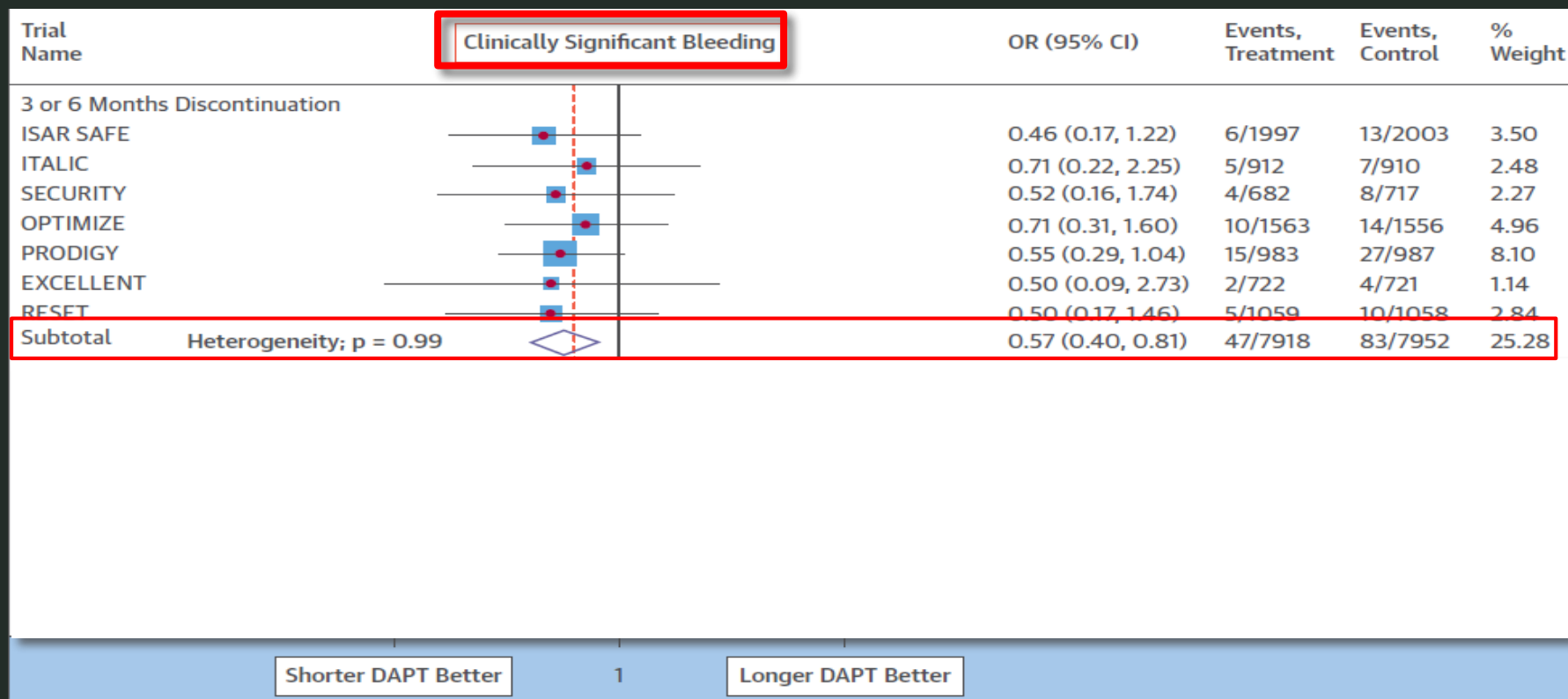
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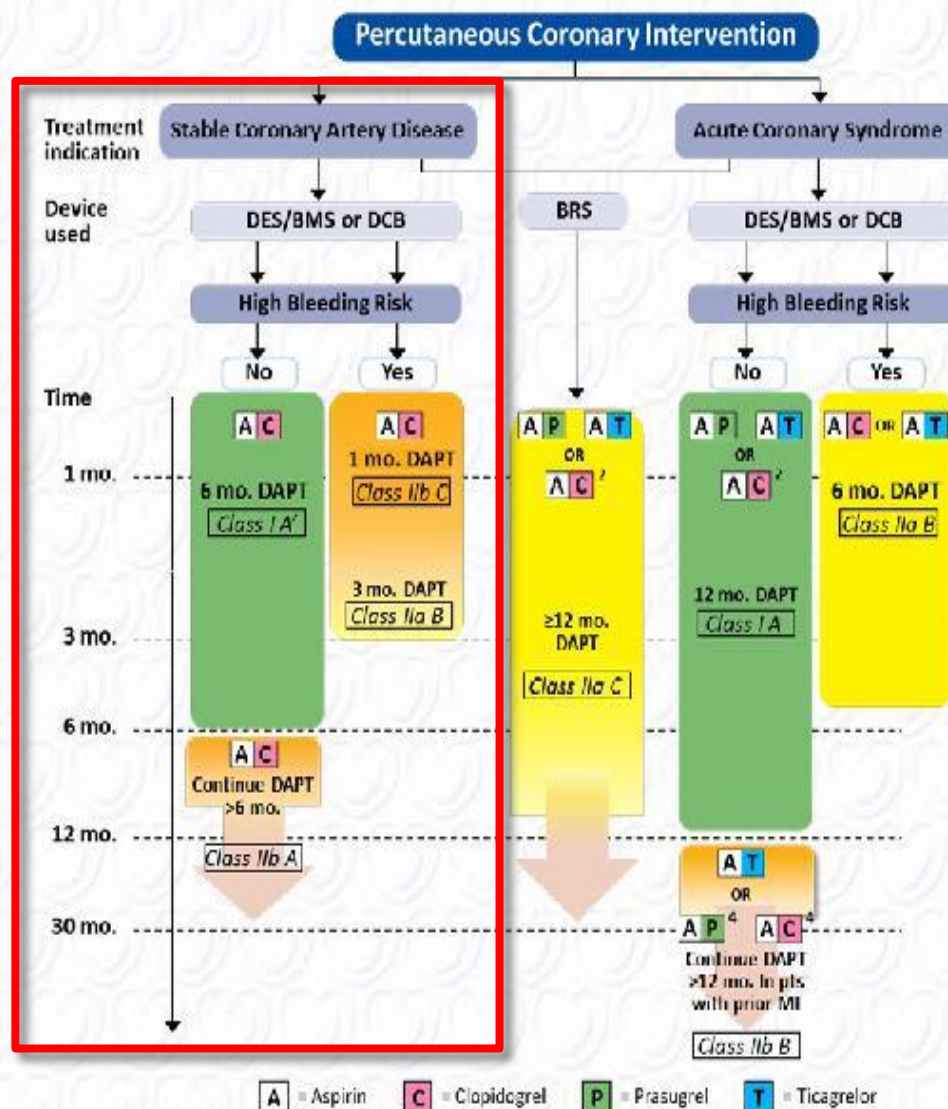


Gestione della DAPT nel primo anno dopo SCA o PCI : bastano le attuali Linee Guida ?

Novara 7 Giugno 2018



Algorithm for dual antiplatelet therapy (DAPT) in patients treated with percutaneous coronary intervention



**Gestione della DAPT nel primo anno dopo SCA o PCI :
bastano le attuali Linee Guida ?**

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Compared to 12 months of DAPT administration

short

prolonged

unchanged

stent thrombosis

unchanged

MACCE*

reduced

bleeding

*** = mortality (total, CV, non-CV), MI, stroke**

**Gestione della DAPT nel primo anno dopo SCA o PCI :
bastano le attuali Linee Guida ?**

Novara 7 Giugno 2018

Definitions

a) stented stable coronary disease

b) acute coronary syndromes



**Gestione della DAPT nel primo anno dopo SCA o PCI :
bastano le attuali Linee Guida ?**

Novara 7 Giugno 2018

b) acute coronary syndromes

Considerations

- **not stent-related strategy (?)**
- **not only clopidogrel available**
- **duration of treatment**

**Gestione della DAPT nel primo anno dopo SCA o PCI :
bastano le attuali Linee Guida ?**

Novara 7 Giugno 2018

The question is : how long ?

**Reducing or prolonging the recommended
period of treatment ?**

P2Y₁₂ inhibitor selection and timing

Recommendations	Class	Level
In patients with ACS, ticagrelor (180 mg loading dose, 90 mg twice daily) on top of aspirin is recommended, regardless of initial treatment strategy, including patients pre-treated with clopidogrel (which should be discontinued when ticagrelor is commenced) unless there are contra-indications.	I	B
In patients with ACS undergoing PCI, prasugrel (60 mg loading dose, 10 mg daily dose) on top of aspirin is recommended for P2Y ₁₂ inhibitor-naïve patients with NSTEMI-ACS or initially conservatively managed STEMI if indication for PCI is established, or in STEMI patients undergoing immediate coronary catheterization unless there is a high-risk of life-threatening bleeding or other contra-indications.	I	B

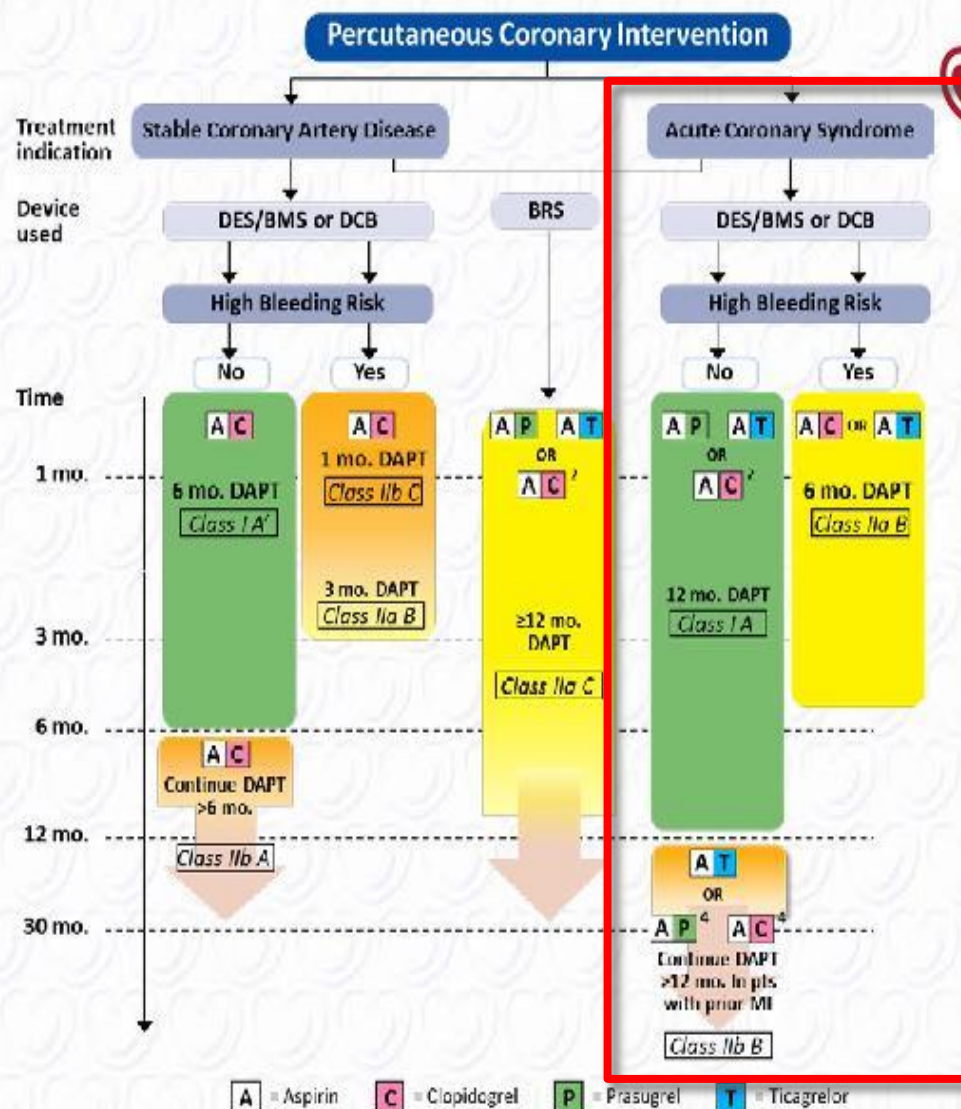
P2Y₁₂ inhibitor selection and timing (continued)

Recommendations	Class	Level
Clopidogrel (600 mg loading dose, 75 mg daily dose) on top of aspirin is recommended in stable CAD patients undergoing coronary stent implantation and in ACS patients who cannot receive ticagrelor or prasugrel, including those with prior intracranial bleeding or indication for OAC.	I	A
Clopidogrel (300 mg loading dose in patients ≤75, 75 mg daily dose) is recommended on top of aspirin in STEMI patients receiving thrombolysis.	I	A

Dual antiplatelet therapy duration in patients with acute coronary syndrome treated with percutaneous coronary intervention

Recommendations	Class	Level
In patients with ACS treated with coronary stent implantation, DAPT with a P2Y ₁₂ inhibitor on top of aspirin is recommended for 12 months unless there are contra-indications such as excessive risk of bleeding (e.g. PRECISE-DAPT ≥ 25).	I	A
In patients with ACS and stent implantation who are at high-risk of bleeding (e.g. PRECISE-DAPT ≥ 25), discontinuation of P2Y ₁₂ inhibitor therapy after 6 months should be considered.	IIa	B
In patients with ACS treated with bioresorbable vascular scaffolds, DAPT for at least 12 months should be considered.	IIa	C

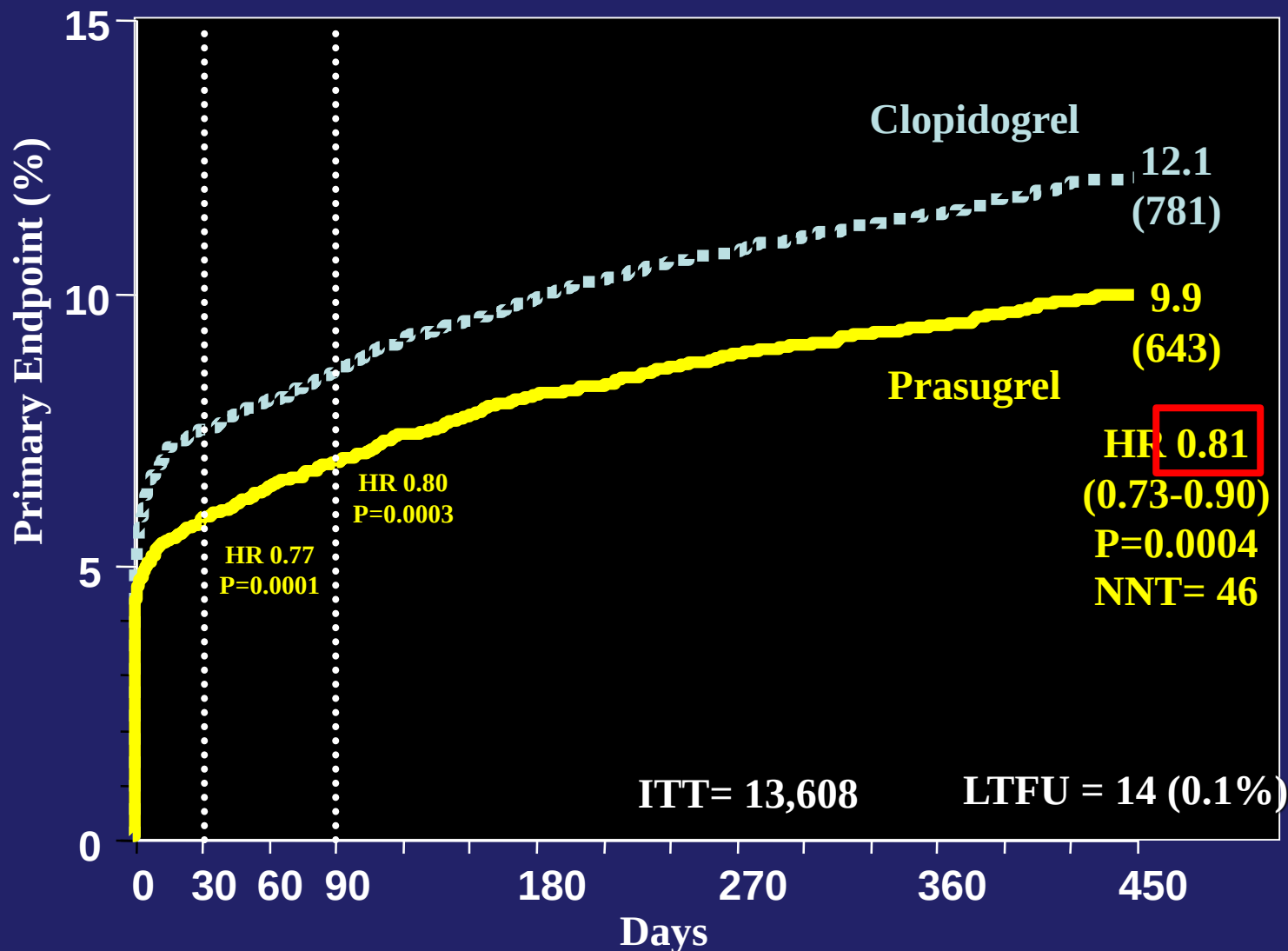
Algorithm for dual antiplatelet therapy (DAPT) in patients treated with percutaneous coronary intervention



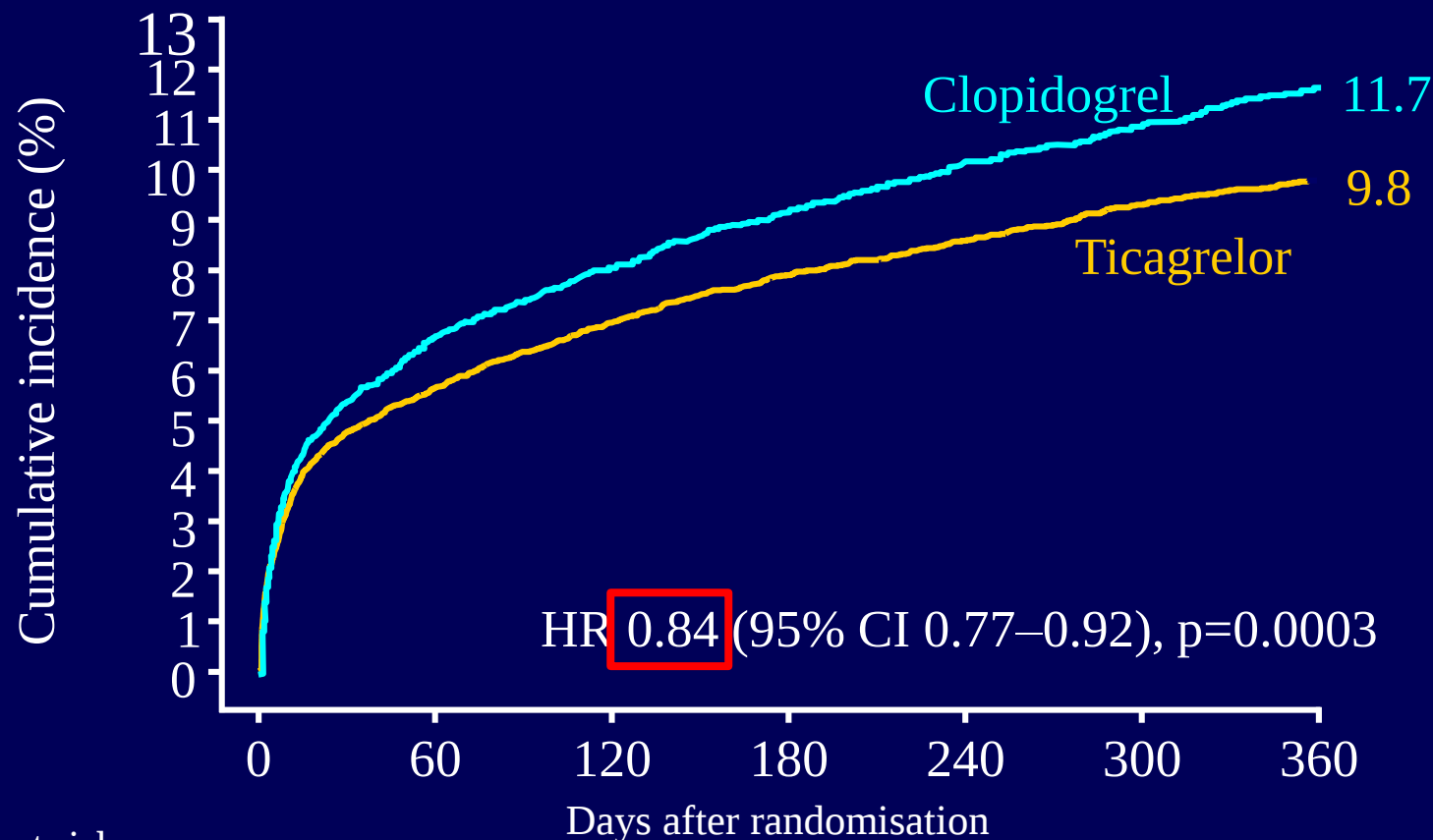
Nuovi antiaggreganti orali : prasugrel – evidenze cliniche di efficacia



Primary Endpoint CV Death,MI,Stroke



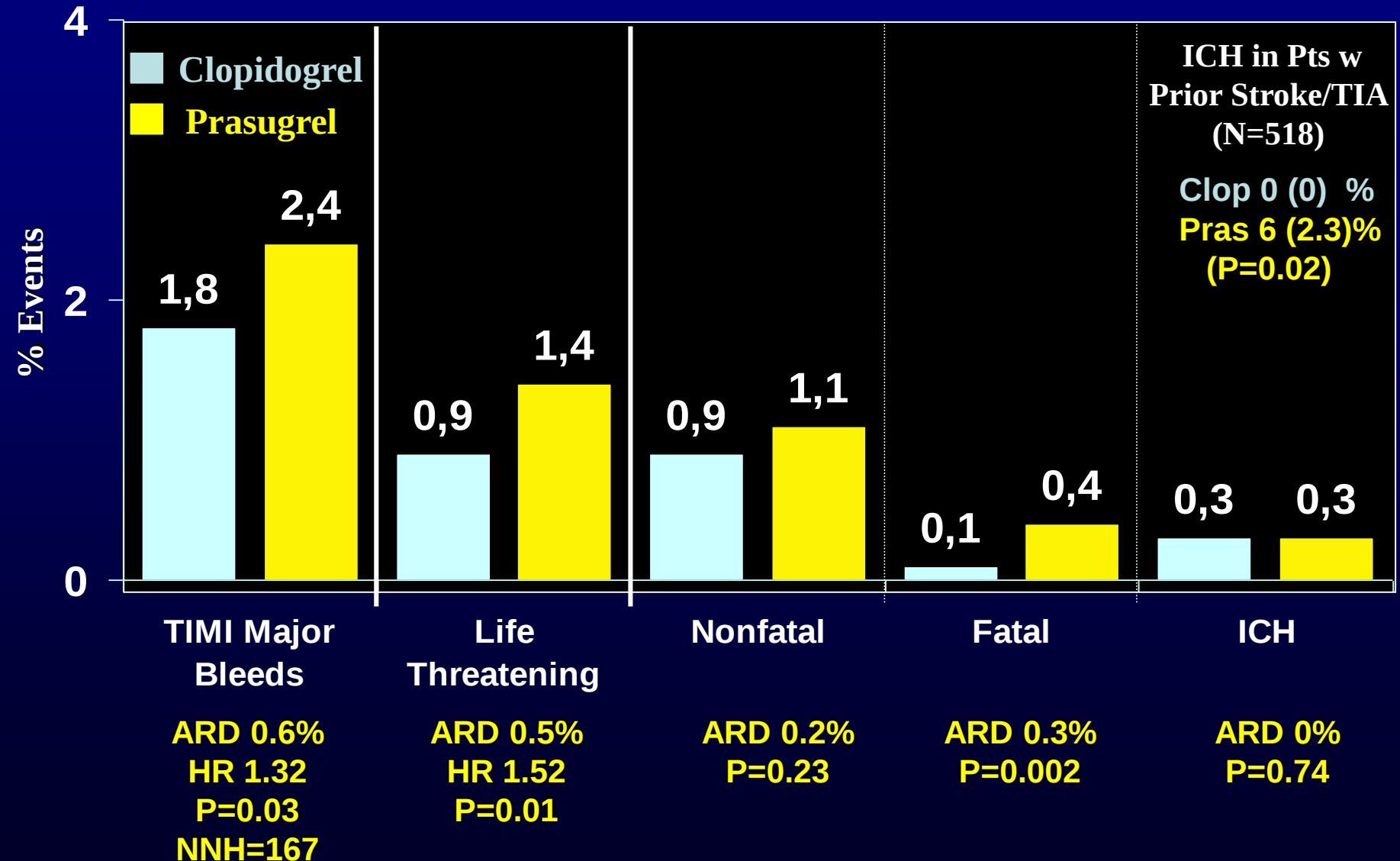
K-M estimate of time to first primary efficacy event (composite of CV death, MI or stroke)



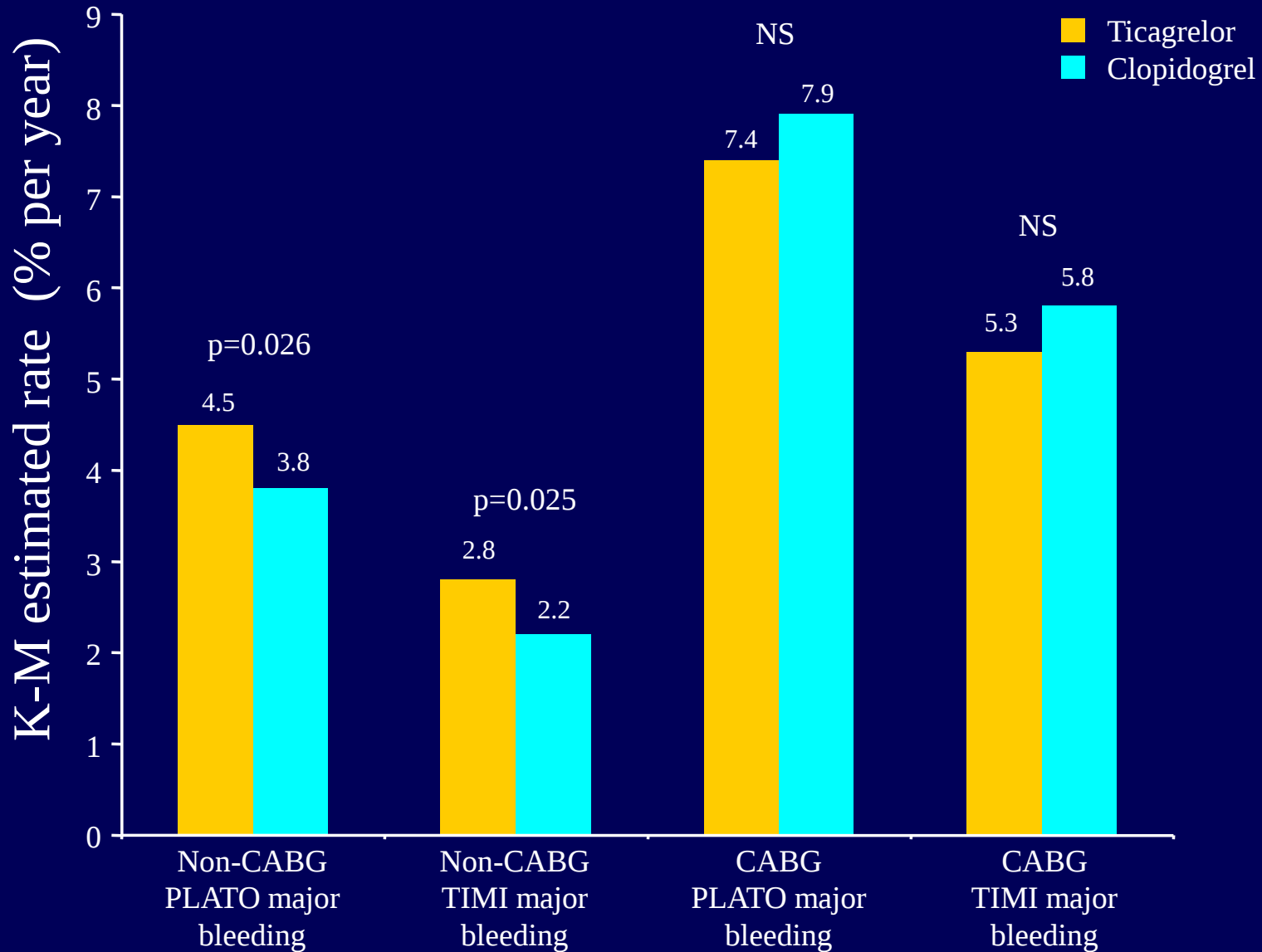
No. at risk	0	60	120	180	240	300	360
Ticagrelor	9,333	8,628	8,460	8,219	6,743	5,161	4,147
Clopidogrel	9,291	8,521	8,362	8,124	6,743	5,096	4,047

K-M = Kaplan-Meier; HR = hazard ratio; CI = confidence interval

Bleeding Events Safety Cohort (N=13,457)



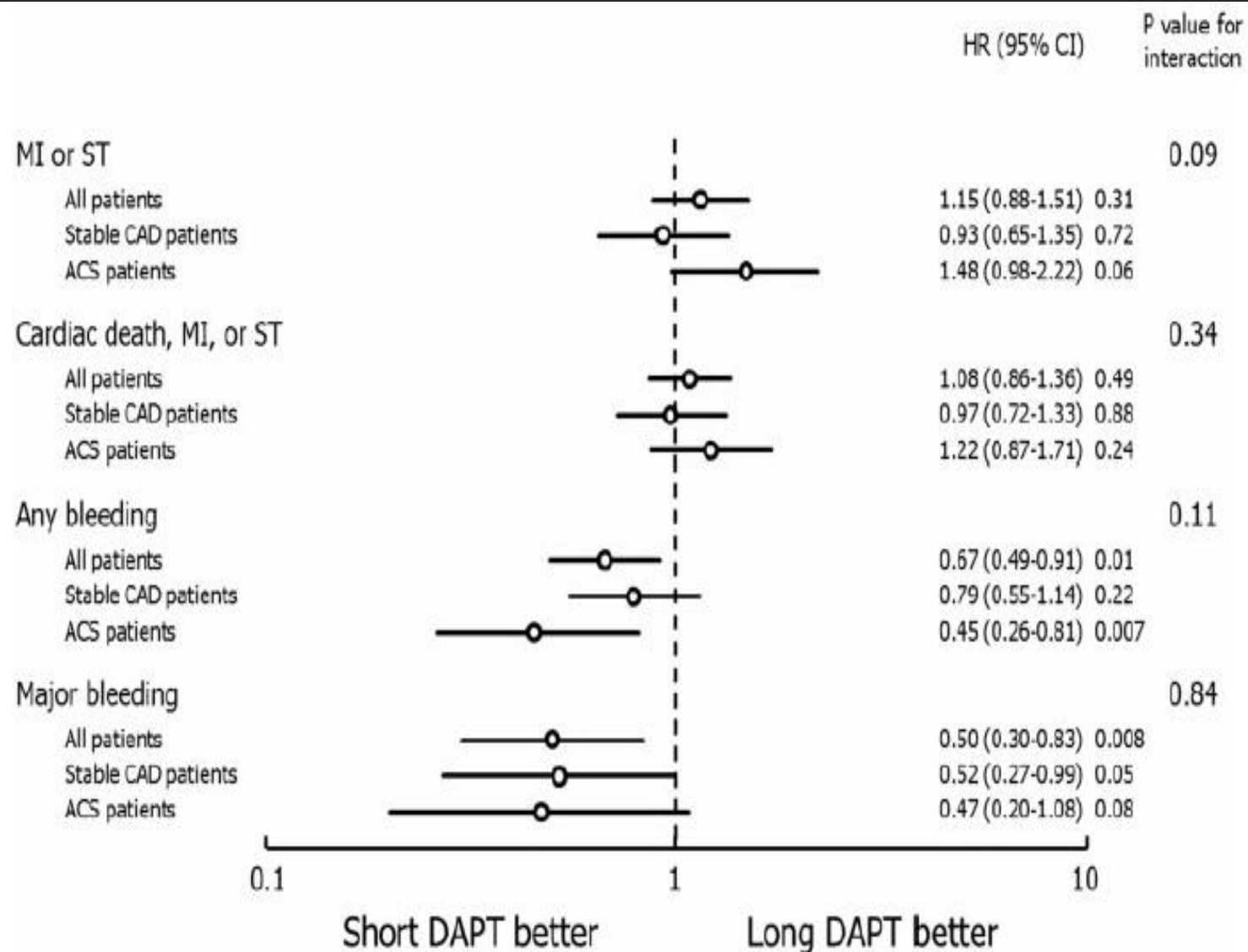
Non-CABG and CABG-related major bleeding



CURE – Safety

Bleeding complications

	Clopidogrel + standard therapy including ASA (%)	Standard therapy alone including ASA (%)
Major	3.7	2.7*
life-threatening	2.2	1.8
non-life-threatening	1.5	0.9**
Transfusion	2.8	2.2***



Randomized Trials of DAPT Duration (DES stents)

Trial	Pts N°	Months	Randomization	Design	% ACS	1° EP
Abbreviated DAPT		*Plus a 3M washout				
EXCELLENT	1,443	6 vs. 12	asa vs. asa + clop	Noninferiority	52	D/MI/TVR
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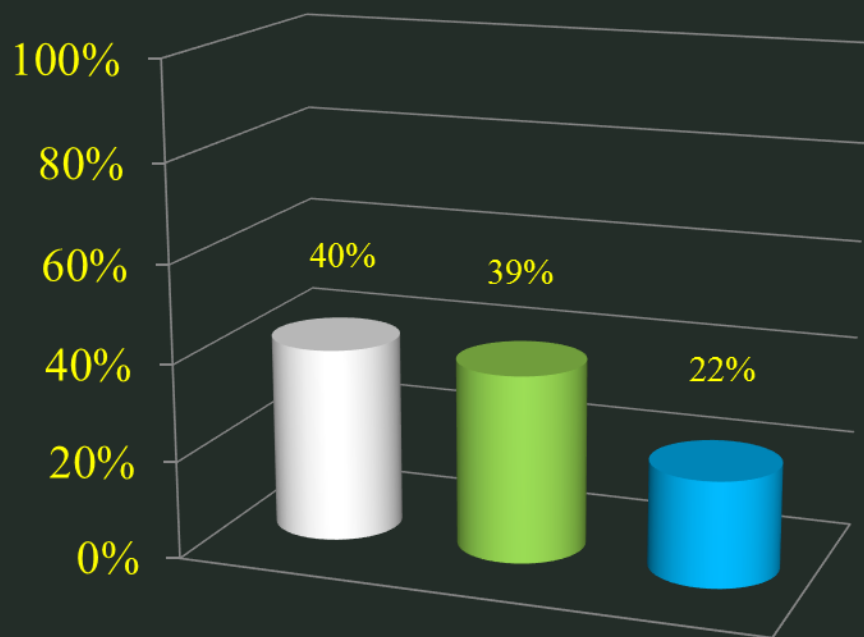
**Optimal duration of antiplatelet
treatment after DES (or ACS)**

What to do ?

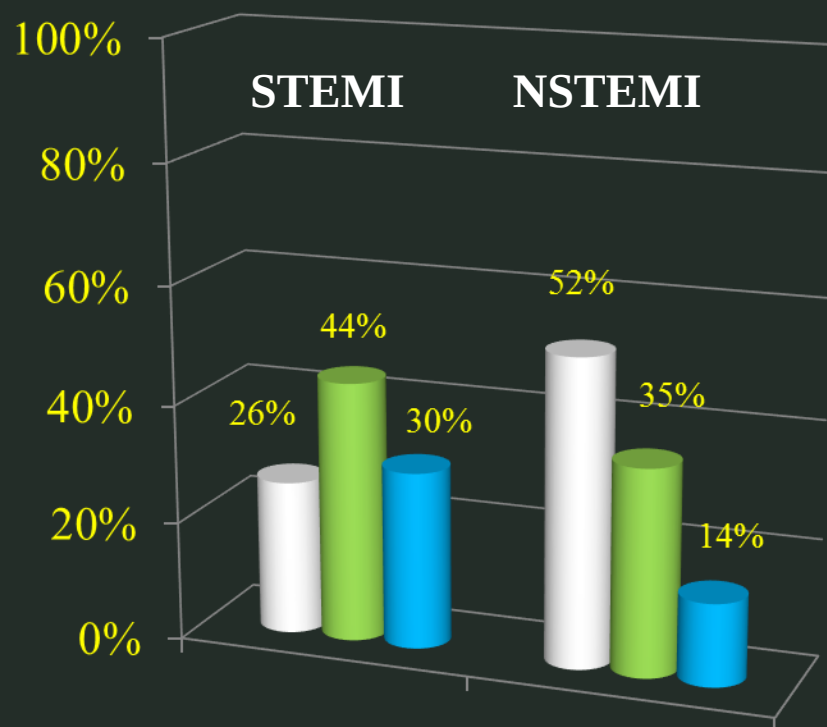


**Il progetto SCA e Diabete :
dal documento di consenso al Registro GISE**

Inibitori P2Y12 alla dimissione (89% dei pazienti)



■ Clopidogrel ■ Ticagrelor ■ Prasugrel



■ Clopidogrel ■ Ticagrelor ■ Prasugrel

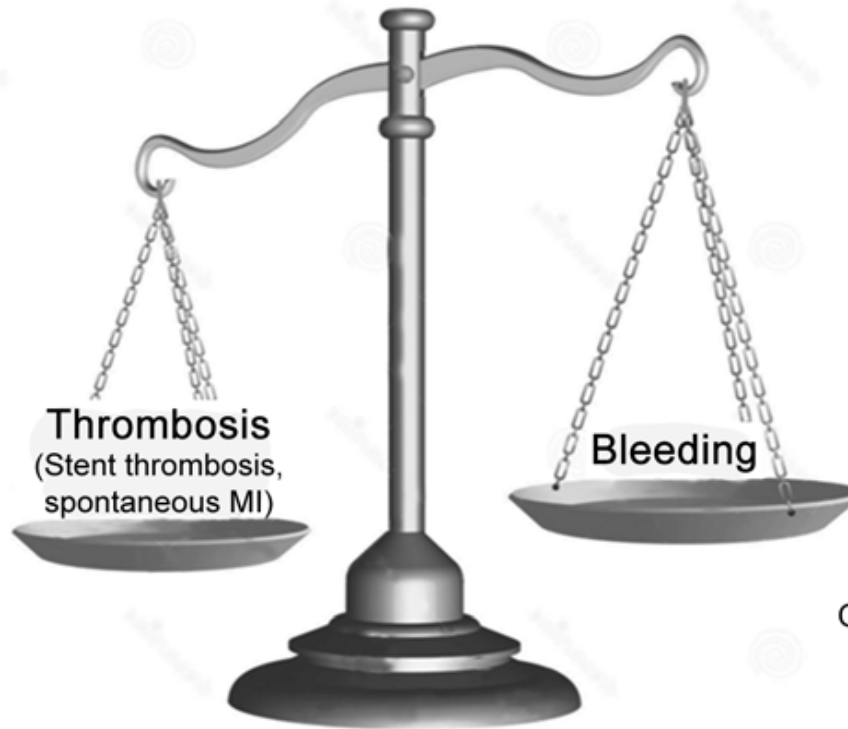
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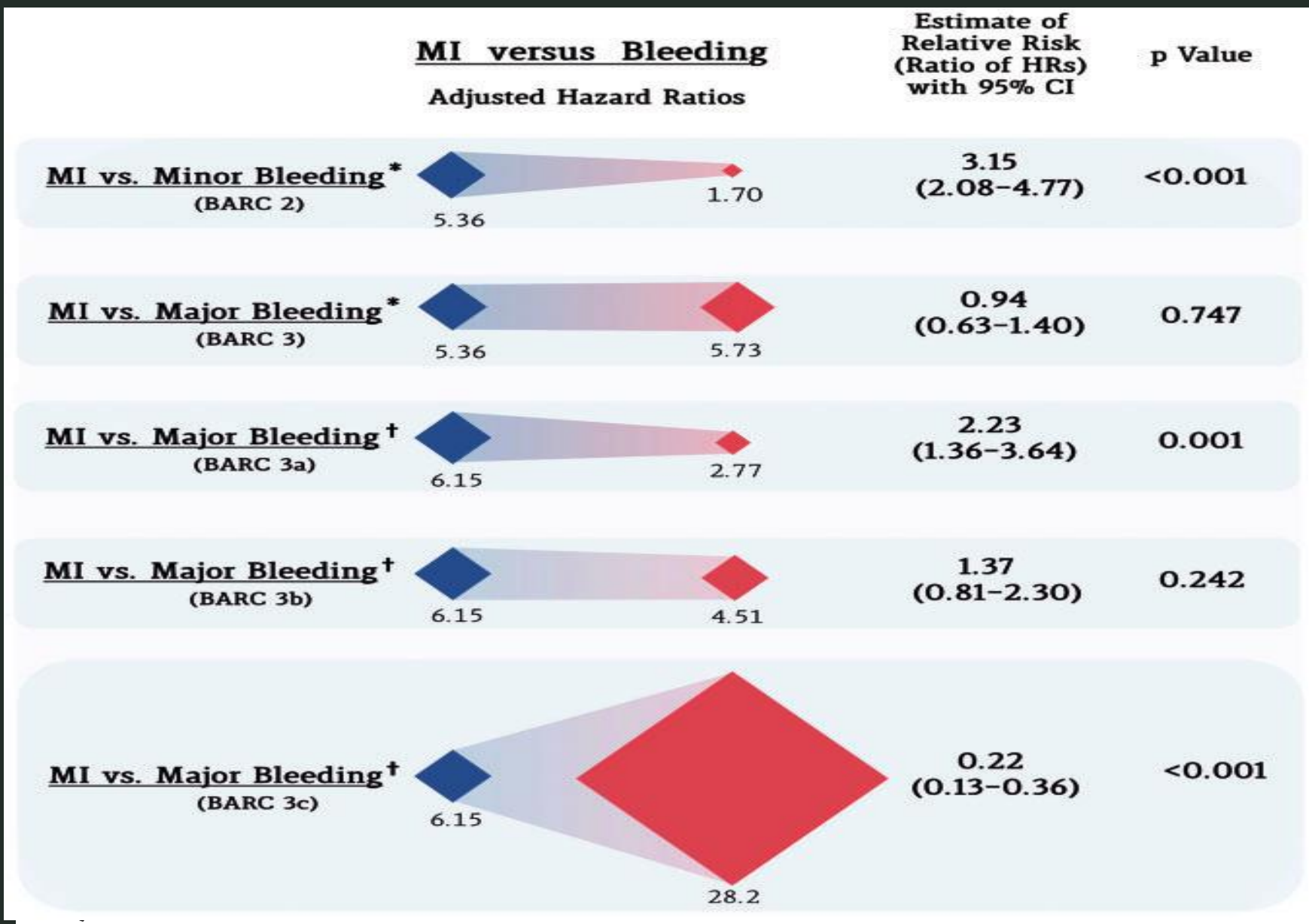
**Changing the perspective :
“treat the patient not the stent”**

Advanced age
ACS presentation
Extensive CAD
Chronic kidney disease
Diabetes mellitus
Stent undersizing
Stent underdeployment
Complex PCI



Advanced age
History of prior bleeding
Female sex
Low body weight
Chronic kidney disease
Diabetes mellitus
Anemia
OAT, NSAID or steroid therapy

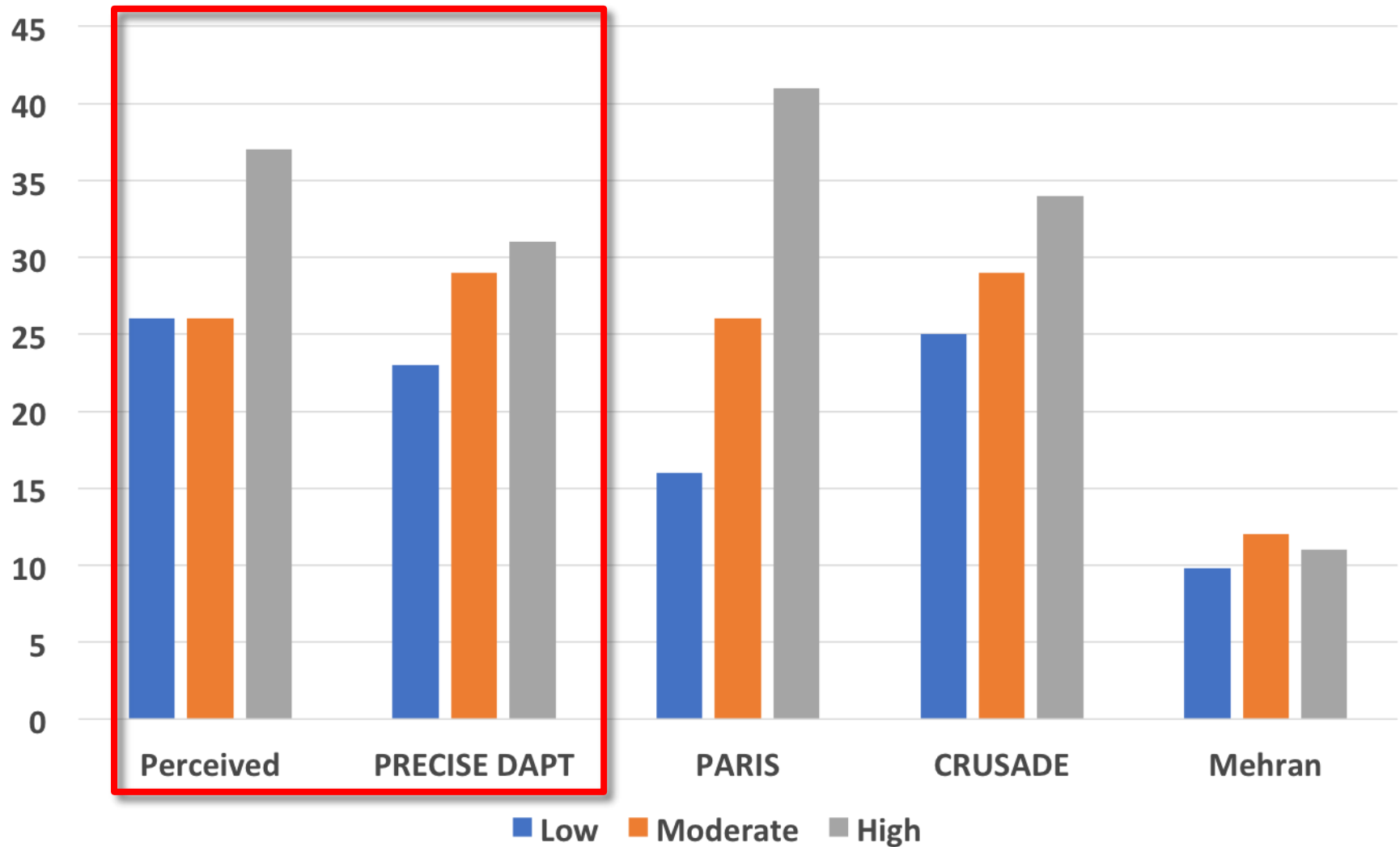
Levine GN et al Circulation 2017;135:2451-2453



Risk scores validated for dual antiplatelet therapy duration decision-making

	PRECISE-DAPT score	DAPT score	
Time of use	At the time of coronary stenting	After 12 months of an eventful DAPT	
DAPT duration strategies assessed	Short DAPT (3–6 months) vs. Standard/long DAPT (12–24 months)	Standard DAPT (12 months) vs. Long DAPT (30 months)	
Score calculation	HB ≥2 11-5 11 10-5 ≤10 WBC ≤5 8 10 12 14 16 18 ≥20 Age ≤50 60 70 80 ≥90 CrCl ≥100 80 60 40 20 0 Prior Bleeding No Yes Score Points 0 2 4 6 8 10 12 14 16 18 20 22 24 26 28 30	Age ≥75 65 to <75 <65 Cigarette smoking +1 pt Diabetes mellitus +1 pt MI at presentation +1 pt Prior PCI or prior MI +1 pt Paclitaxel-eluting stent +1 pt Stent diameter <3 mm +1 pt CHF or LVEF <30% +2 pt Vein graft stent +2 pt	-2 pt -1 pt 0 pt +1 pt +1 pt +1 pt +1 pt +1 pt +2 pt +2 pt
Score range	0 to 100 points	-2 to 10 points	
Decision making cut-off suggested	Score ≥25 → Short DAPT Score <25 → Standard/long DAPT	Score ≥2 → Long DAPT Score <2 → Standard DAPT	
Calculator	www.precisedaptscore.com	www.daptstudy.org	

Short DAPT





Twelve or 30 Months of Dual Antiplatelet Therapy After Drug-Eluting Stents

Laura Mauri, M.D., Dean J. Kereiakes, M.D., Robert W. Yeh, M.D., Priscilla Driscoll-Shempp, M.B.A., Donald E. Cutlip, M.D., P. Gabriel Steg, M.D., Sharon-Lise T. Normand, Ph.D., Eugene Braunwald, M.D., Stephen D. Wiviott, M.D., David J. Cohen, M.D., David R. Holmes, Jr., M.D., Mitchell W. Krucoff, M.D., James Hermiller, M.D., Harold L. Dauerman, M.D., Daniel I. Simon, M.D., David E. Kandzari, M.D., Kirk N. Garratt, M.D., David P. Lee, M.D., Thomas K. Pow, M.D., Peter Ver Lee, M.D., Michael J. Rinaldi, M.D., and Joseph M. Massaro, Ph.D., for the DAPT Study Investigators*

Dual Antiplatelet Therapy Beyond One Year After Drug-eluting Coronary Stent Procedures

Laura Mauri, Dean J. Kereiakes, Robert W. Yeh, Priscilla Driscoll-Shempp, Donald E. Cutlip, P. Gabriel Steg, Sharon-Lise T. Normand, Eugene Braunwald, Stephen D. Wiviott, David J. Cohen, David R. Holmes, Mitchell W. Krucoff, James Hermiller, Harold L. Dauerman, Daniel I. Simon, David E. Kandzari, Kirk N. Garratt, David P. Lee, Thomas K. Pow, Peter Ver Lee, Michael J. Rinaldi, and Joseph M. Massaro
on behalf of the Dual Antiplatelet Therapy (DAPT) Study Investigators

DAPT therapy (ACS patients)

Guidelines	Condition	Recommandation/ Evidence Level	Year	Duration
ESC	NSTEMI	I A	2015	12 months
	STEMI	I A	2017	12 months
AHA/ACC	NSTEMI	I B	2014	12 months
	STEMI	I B	2013	12 months



Periprocedural and postprocedural antithrombotic therapy in patients undergoing primary percutaneous coronary intervention

STEMI ESC 2017

Recommendations	Class	Level
Antiplatelet therapy		
A potent P2Y ₁₂ inhibitor (<u>prasugrel or ticagrelor</u>), <u>or clopidogrel if these are not available or are contra-indicated</u> , is recommended before (or at latest at the time of) PCI and maintained <u>over 12 months</u> unless there are contra-indications such as excessive risk of bleeding.	I	A
Aspirin (oral or i.v, if unable to swallow) is recommended as soon as possible for all patients without contra-indications.	I	B
GP IIb/IIIa inhibitors should be considered for bailout if there is evidence of no-reflow or a thrombotic complication.	IIa	C
Cangrelor may be considered in patients who have not received P2Y ₁₂ receptor inhibitors.	IIb	A

**La durata della DAPT dopo SCA :
dallo stent al paziente**

The question is : how long ?

**Prolonging the recommended period
of treatment ?**

Randomized Trials of DAPT Duration (DES stents)

Trial	Pts N°	Months	Randomization	Design	1° EP
Abbreviated DAPT		*Plus a 3M washout			
EXCELLENT	1,443	6 vs. 12	asa vs. asa + clop	Noninferiority	D/MI/TVR
ISAR-SAFE	4,000	6 vs. 12*	asa vs. asa + clop	Noninferiority	D/MI/CVA/ST, Bleed
ITALIC	3,700	6 vs. 12	asa vs. asa + clop	Noninferiority	D/MI/CVA/Rev/MB
OPTIMIZE	3,120	3 vs. 12	asa vs. asa + clop	Noninferiority	D/MI/CVA/MB
RESET	2,148	3 vs. 12	asa vs. asa + clop	Strategy	CVD/MI/ST/TVR, Bleed
SECURITY	1,399	6 vs 12	asa vs. asa + clop	Noninferiority	CD/MI/CVA/ST, Bleed
Prolonged DAPT		*Plus a 3M washout			
REAL/ZEST Late	2,701	12 vs. 24	asa vs. asa + clop	Superiority	D/MI
DAPT	20,645	12 vs. 30*	asa vs. asa + clop (pras)	NI and Sup	D/MI/CVA/ST, Bleed
PRODIGY	1,800	6 vs. 24	asa vs. asa + clop	Superiority	D/MI/CVA
ARCTIC Interr	1,260	12 vs 18	asa vs. asa + clop	Superiority	D/MI/CVA/TVR/ST



Extended duration dual antiplatelet therapy and mortality:

Mortality in patients treated with extended duration dual antiplatelet therapy after drug-eluting stent implantation: a pairwise randomised controlled trial



Lancet 2015

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[http://dx.doi.org/10.1016/S0140-6736\(15\)00000-0](http://dx.doi.org/10.1016/S0140-6736(15)00000-0)

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Summary
Background D
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Methods We
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DAPT duration
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Findings We id
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cardiovascular



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Optimal duration of dual antiplatelet therapy after percutaneous coronary intervention with drug eluting stents: meta-analysis of randomised controlled trials

Eliano Pio Navarese,^{1,2} Felicita Andreotti,^{2,3} Volker Schulze,^{1,2} Michalina Kolodziejczak,^{1,2,4} Antonino Buffon,^{3,2} Marc Brouwer,^{5,2} Francesco Costa,⁶ Mariusz Kowalewski,^{2,7} Gianfranco Parati,⁸ Gregory Y H Lip,^{9,2} Malte Kelm,^{1,2} Marco Valgimigli⁶



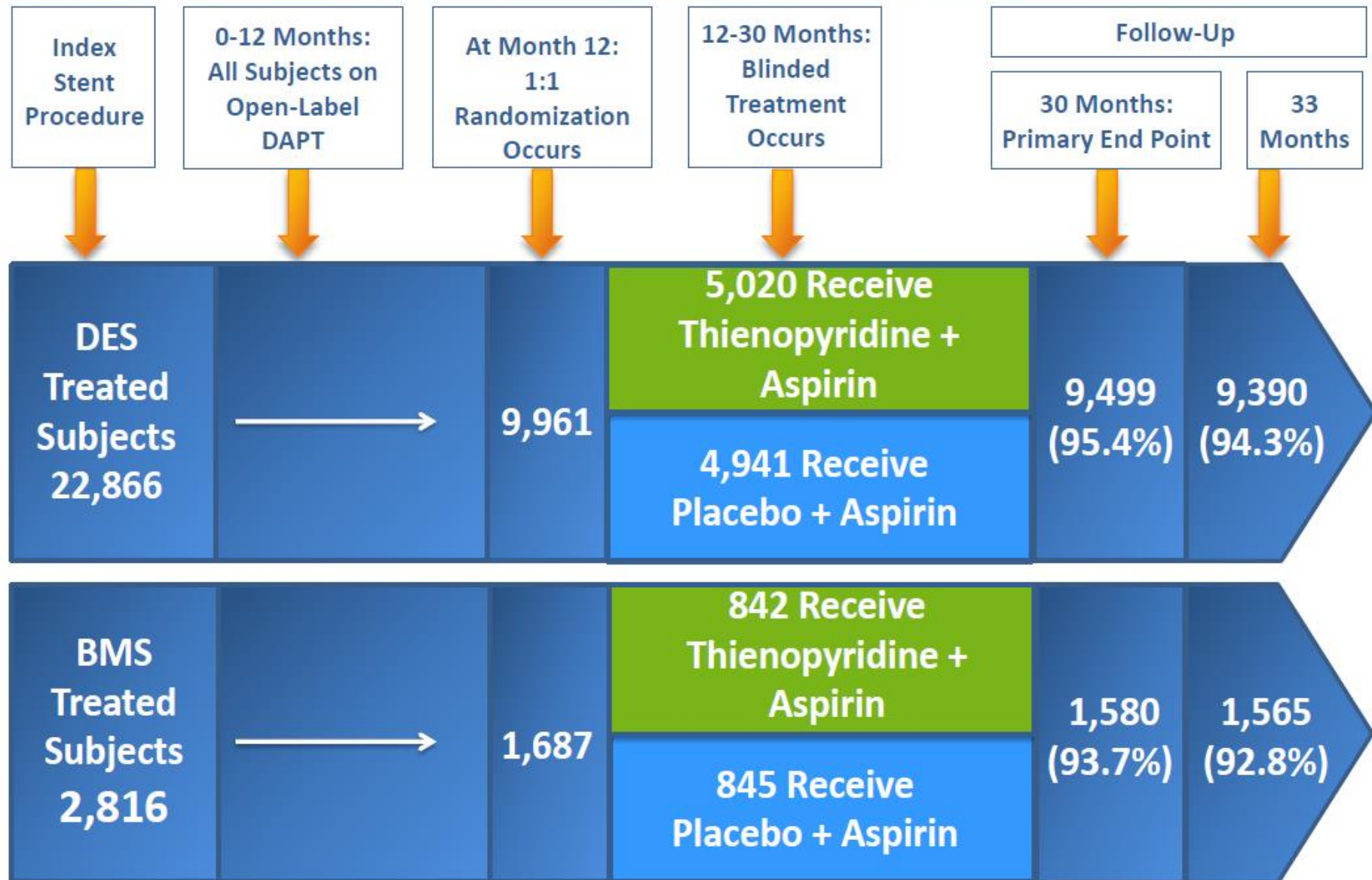
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Dual Antiplatelet Therapy Beyond One Year After Drug-eluting Coronary Stent Procedures

Laura Mauri, Dean J. Kereiakes, Robert W. Yeh, Priscilla Driscoll-Shempp, Donald E. Cutlip, P. Gabriel Steg, Sharon-Lise T. Normand, Eugene Braunwald, Stephen D. Wiviott, David J. Cohen, David R. Holmes, Mitchell W. Krucoff, James Hermiller, Harold L. Dauerman, Daniel I. Simon, David E. Kandzari, Kirk N. Garratt, David P. Lee, Thomas K. Pow, Peter Ver Lee, Michael J. Rinaldi, and Joseph M. Massaro
on behalf of the Dual Antiplatelet Therapy (DAPT) Study Investigators

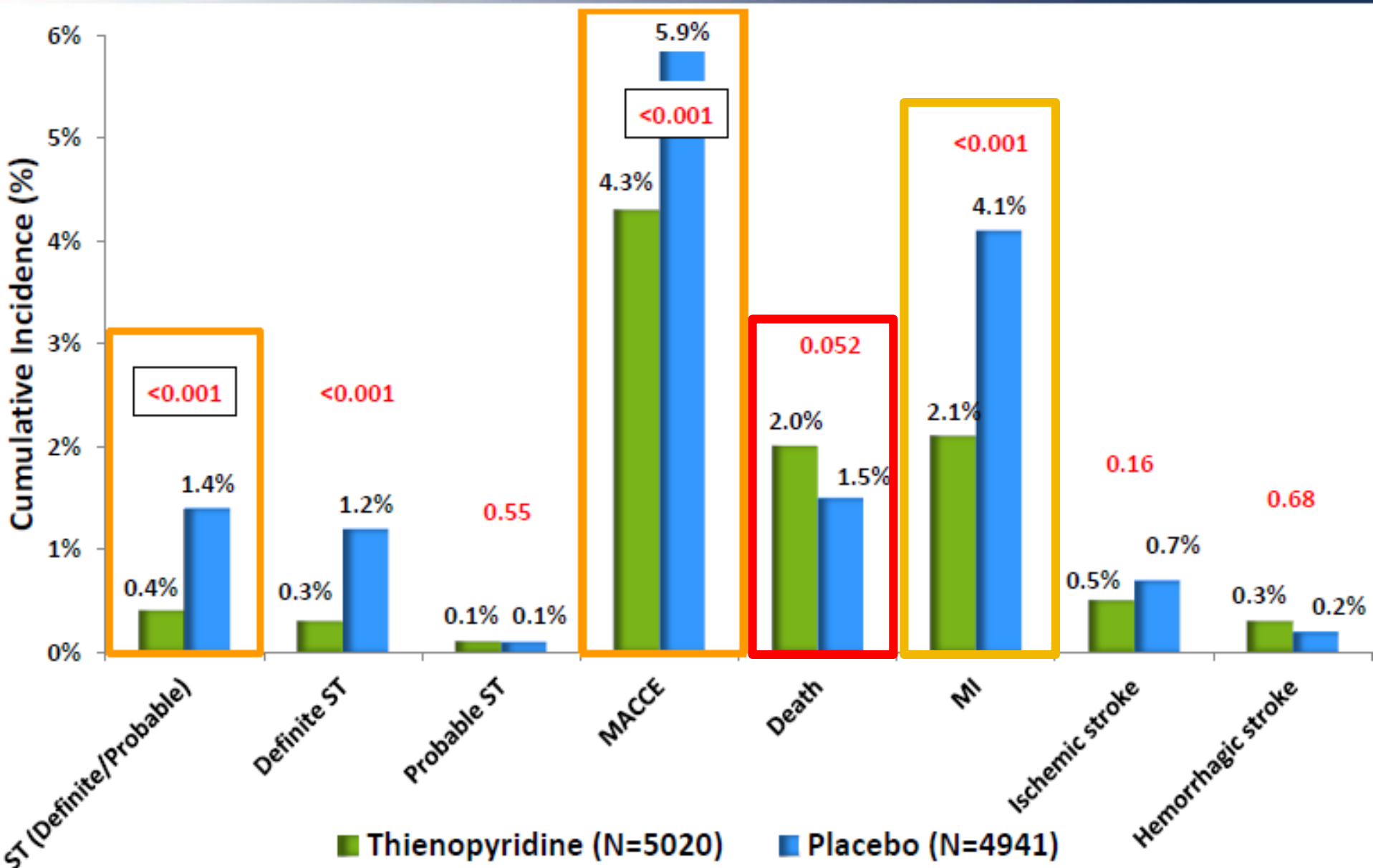
Subject Flow



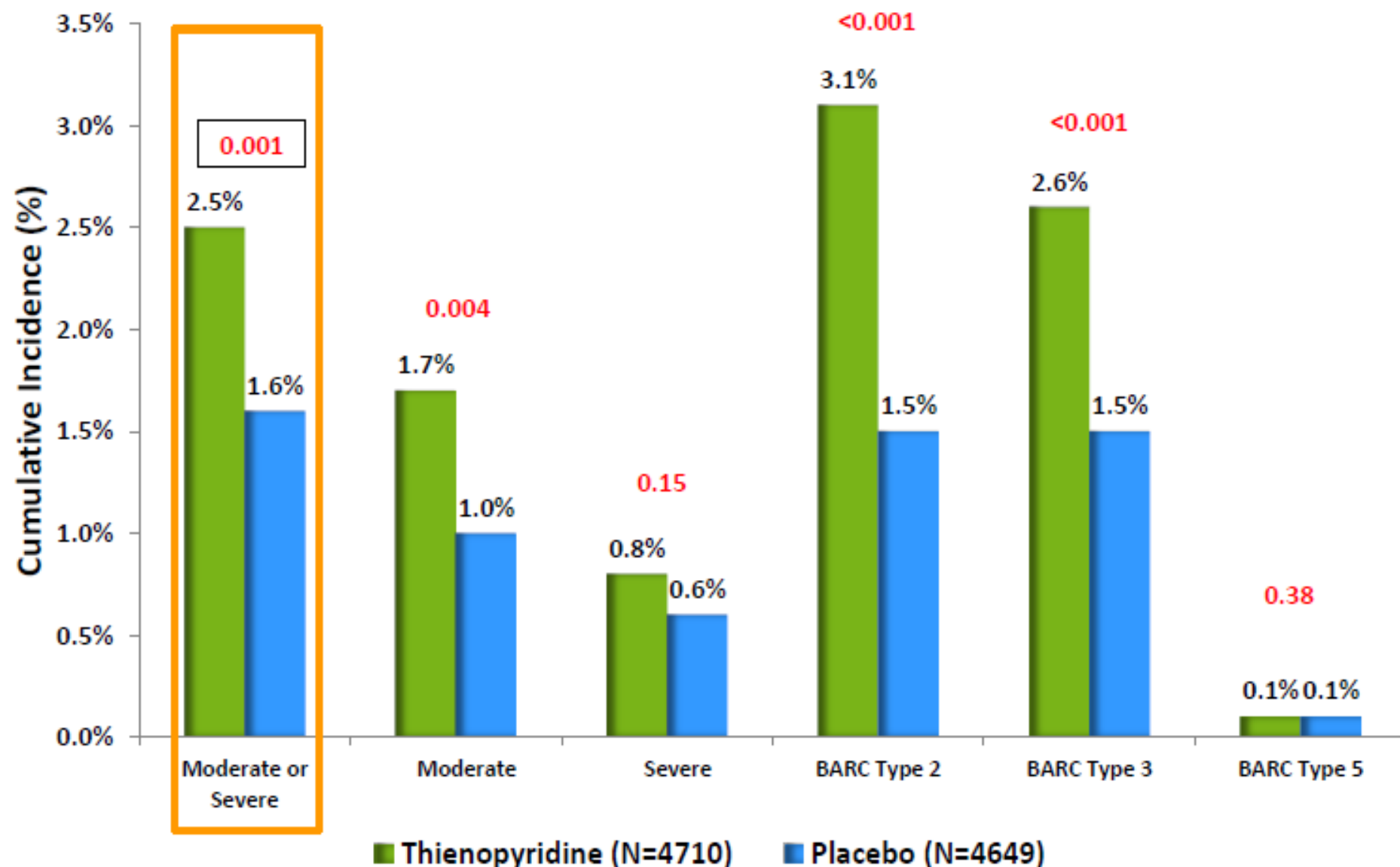
Baseline Demographics

	Thienopyridine N=5020	Placebo N=4941	P-value
Age (years)	61.8	61.6	0.24
Female	24.7%	26.0%	0.15
Race – Non White	8.9%	8.6%	0.67
Ethnicity-Hispanic or Latino	3.2%	3.3%	0.91
Weight – kg	91.5	91.5	0.93
BMI	30.5	30.6	0.92
Diabetes Mellitus	31.1%	30.1%	0.28
Hypertension	75.8%	74.0%	0.03
Cigarette Smoker	24.6%	24.7%	0.91
Prior PCI	30.4%	31.0%	0.50
Prior CABG	11.3%	11.8%	0.49
NSTEMI	15.5%	15.5%	0.93
STEMI	10.6%	10.3%	0.65

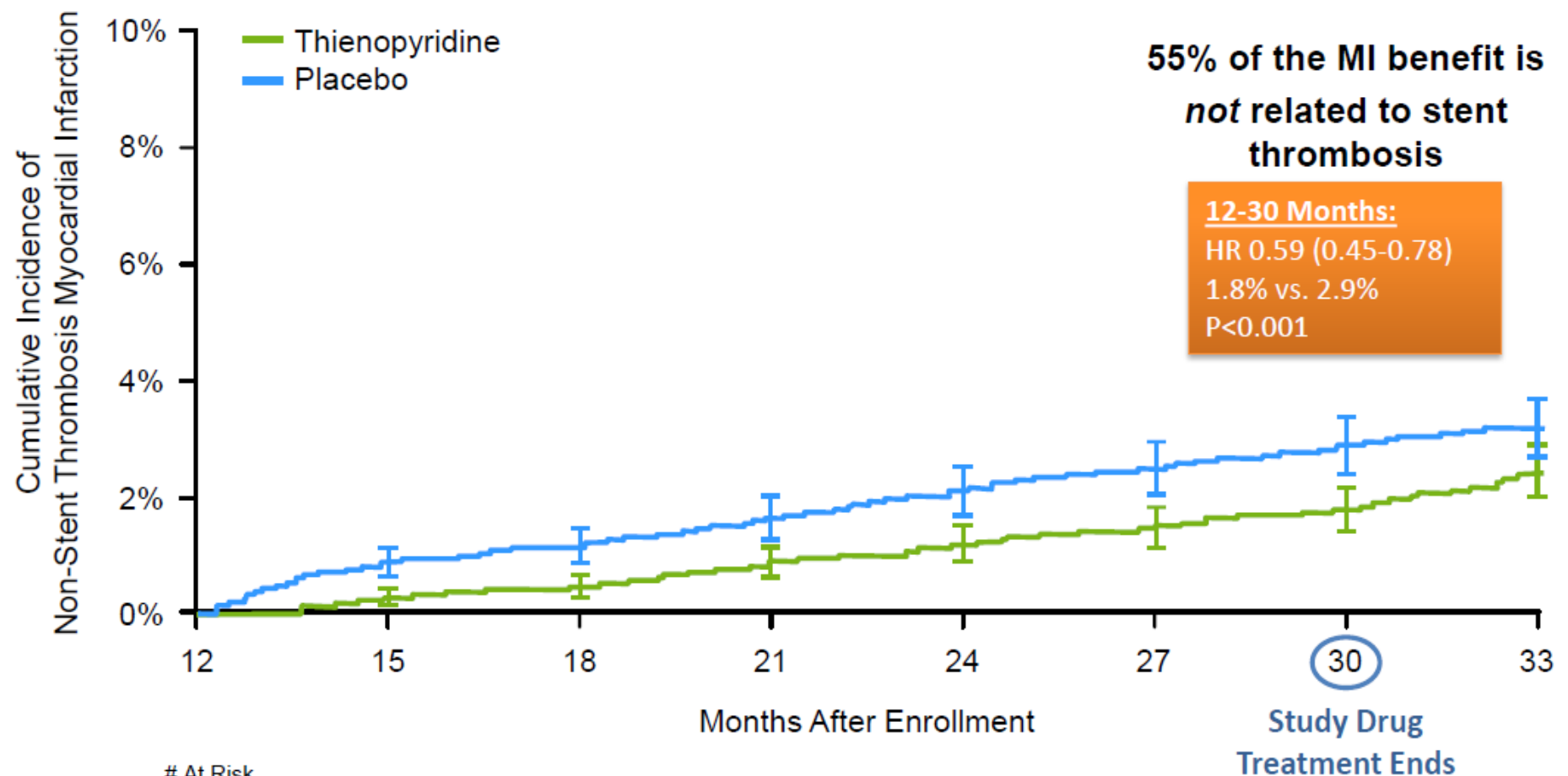
Co-Primary Effectiveness End Points & Components: 12-30 Months



Primary Safety End Point (Moderate or Severe Bleeding): 12-30 Months



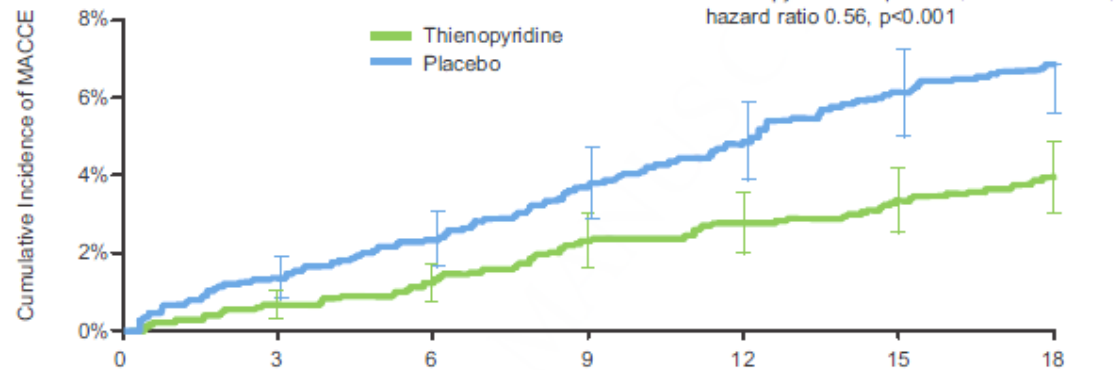
Non-Stent Thrombosis Myocardial Infarction



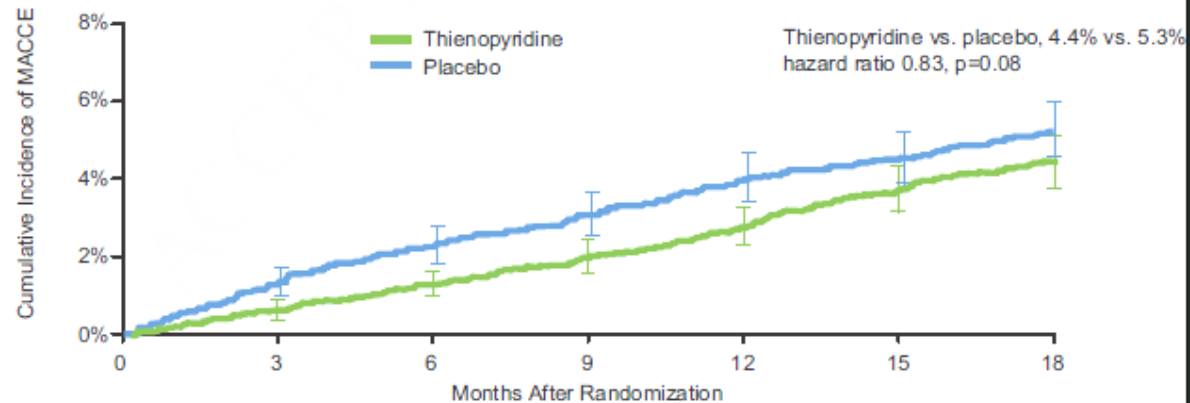
At Risk

Thienopyridine	5020	4920	4851	4792	4721	4641	4588	3066
Placebo	4941	4820	4751	4686	4607	4547	4491	3052

A. Patients Presenting With Myocardial Infarction



MACE reduction greater for patients with MI (3.9% vs. 6.8% HR 0.42 $p < 0.001$) compared with those with no MI (4.4% vs. 5.3% HR 0.60 $p = 0.08$)

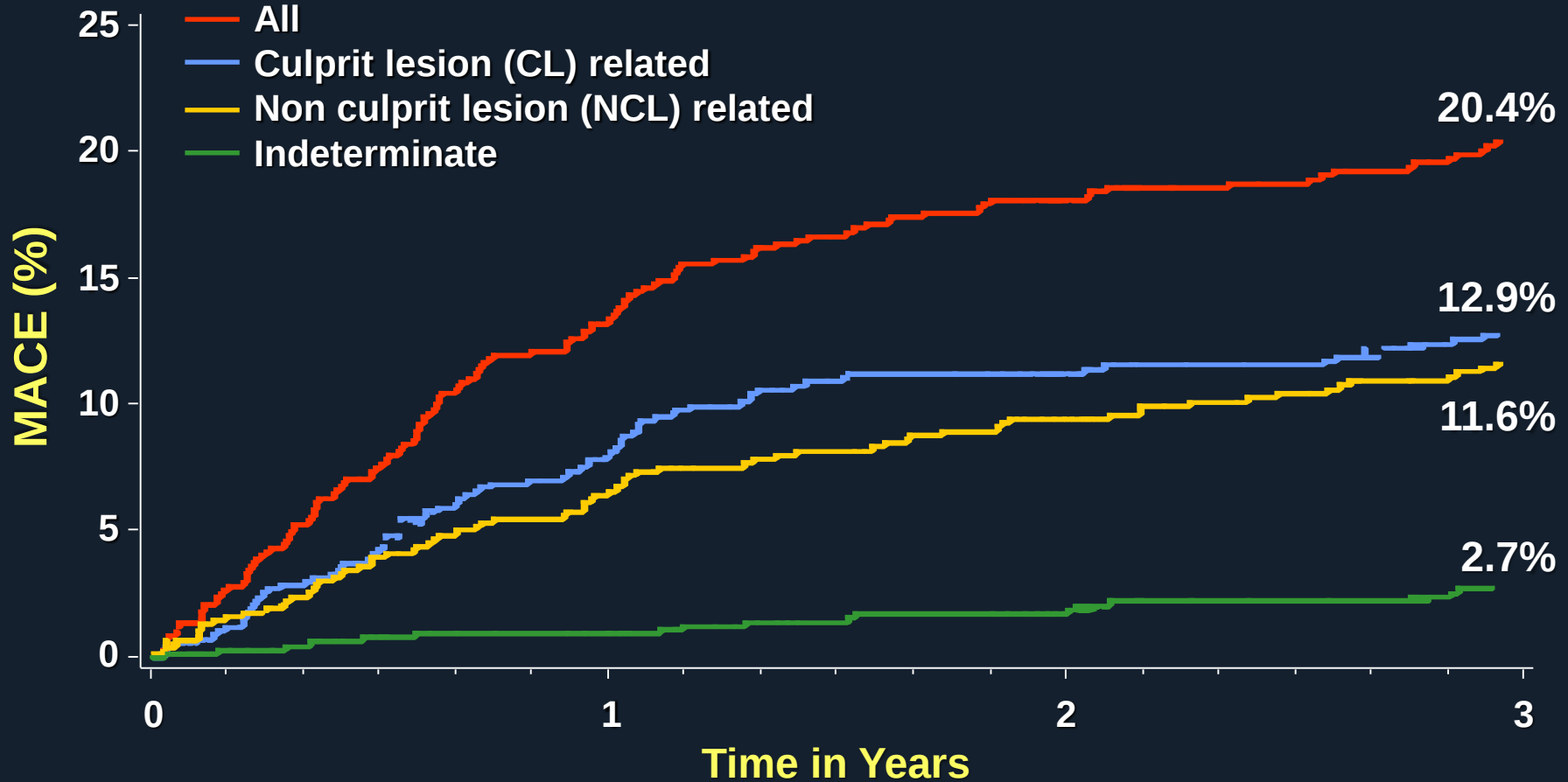
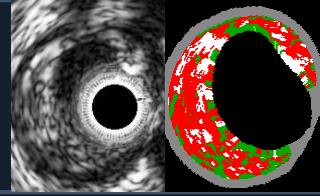


Thienopyridine	4050	4020	3951	3900	3851	3786	3718
Placebo	4008	3982	3893	3830	3772	3705	3660

**La durata della DAPT dopo SCA :
dallo stent al paziente**

**Changing the perspective :
“treat the patient not the stent”**

PROSPECT: MACE (N=697)



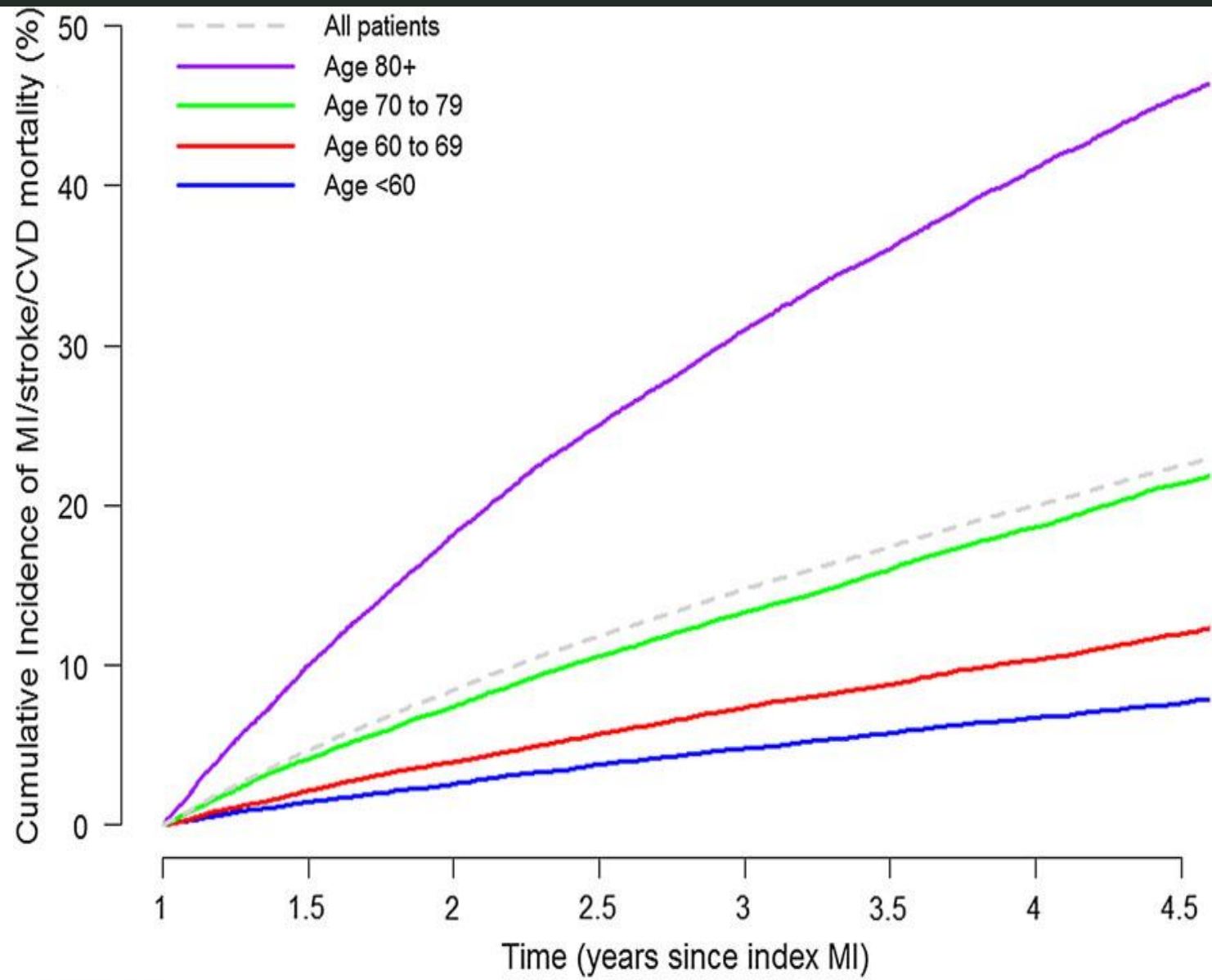
Number at risk

ALL	697	557	506	480
CL related	697	590	543	518
NCL related	697	595	553	521
Indeterminate	697	634	604	583

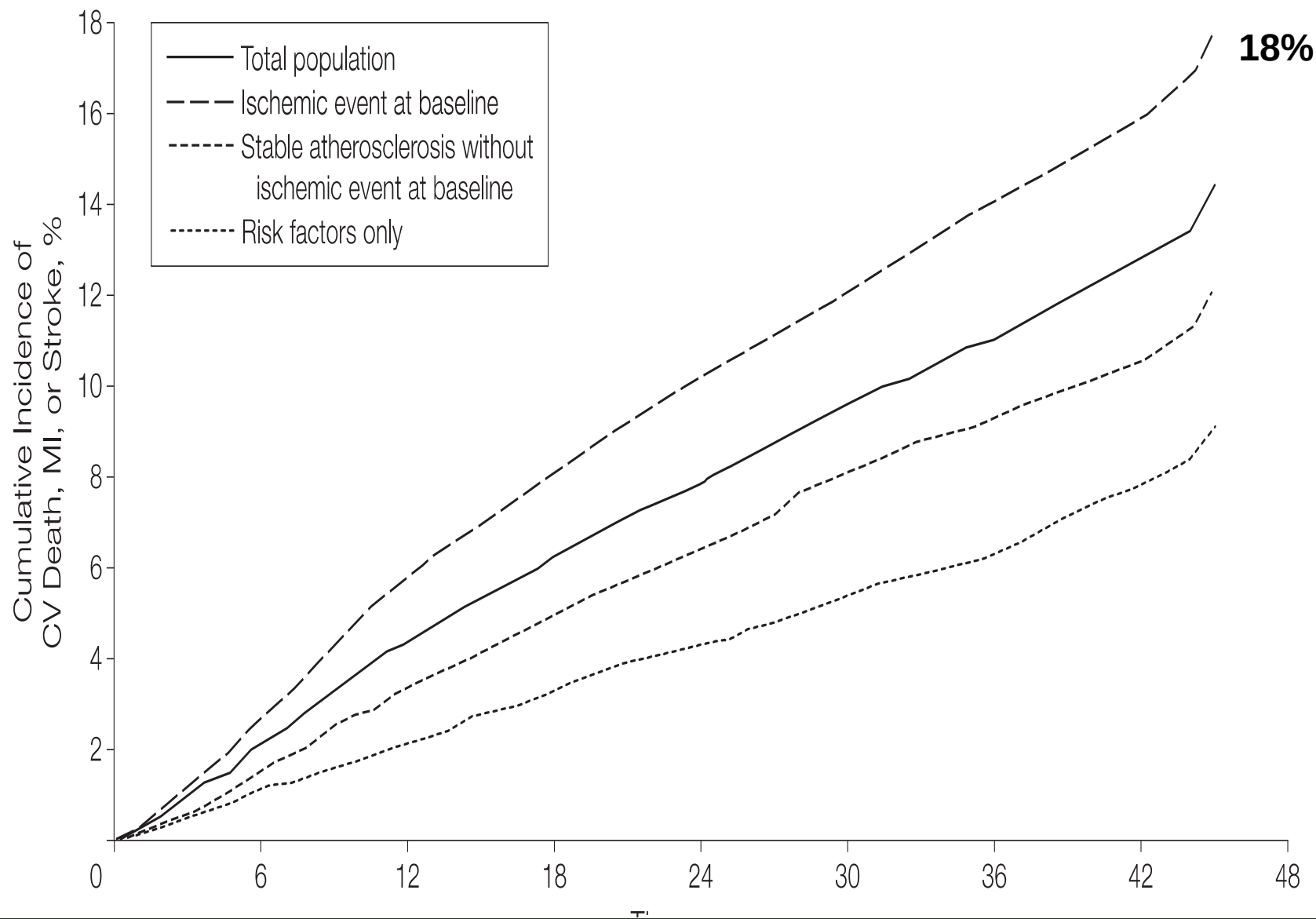
MACE = cardiac death, cardiac arrest, MI, or rehospitalization for unstable or progressive angina

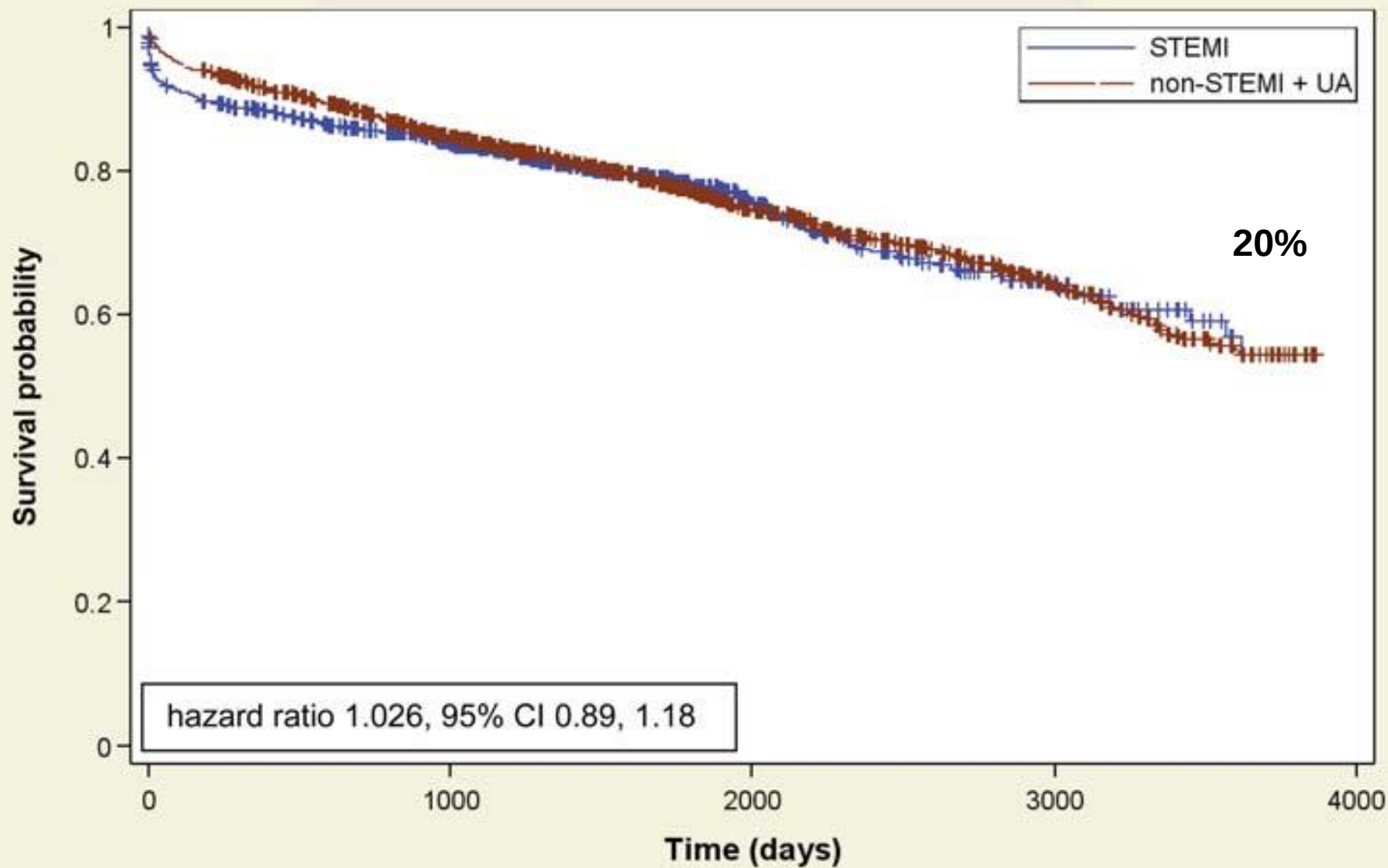
Long-term management post NSTEMI-ACS (1)

Recommendations	Class	Level
It is recommended to advise all patients on life style changes (including smoking cessation, regular physical activity and a healthy diet).	I	A
It is recommended to start high-intensity statin therapy as early as possible, unless contraindicated, and maintain it long-term.	I	A
An ACE inhibitor is recommended in patients with LVEF $\leq 40\%$, or heart failure, hypertension or diabetes, unless contraindicated. An ARB provides an alternative, particularly if ACE inhibitors are not tolerated.	I	A
Beta-blocker therapy is recommended in patients with LVEF $\leq 40\%$, unless contraindicated.	I	A

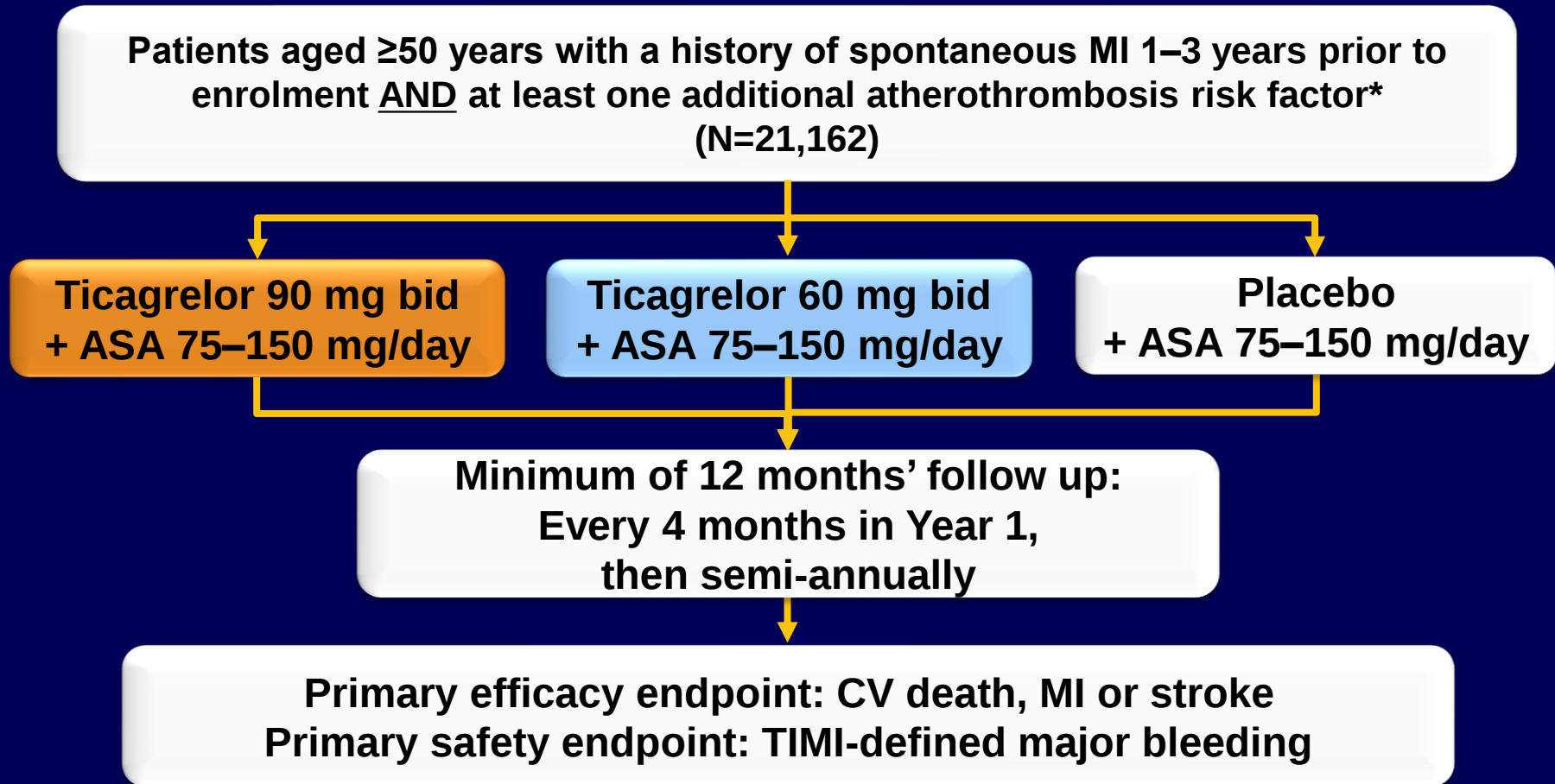


Jernberg T et al. EurHJ 2015; 36:1163-1170





PEGASUS-TIMI 54: Study Design



*Age ≥ 65 years, diabetes mellitus, second prior MI, multivessel CAD or chronic non-end stage renal disease
bid, twice daily; CAD, coronary artery disease; TIMI, Thrombolysis in Myocardial Infarction

Key Inclusion & Exclusion Criteria

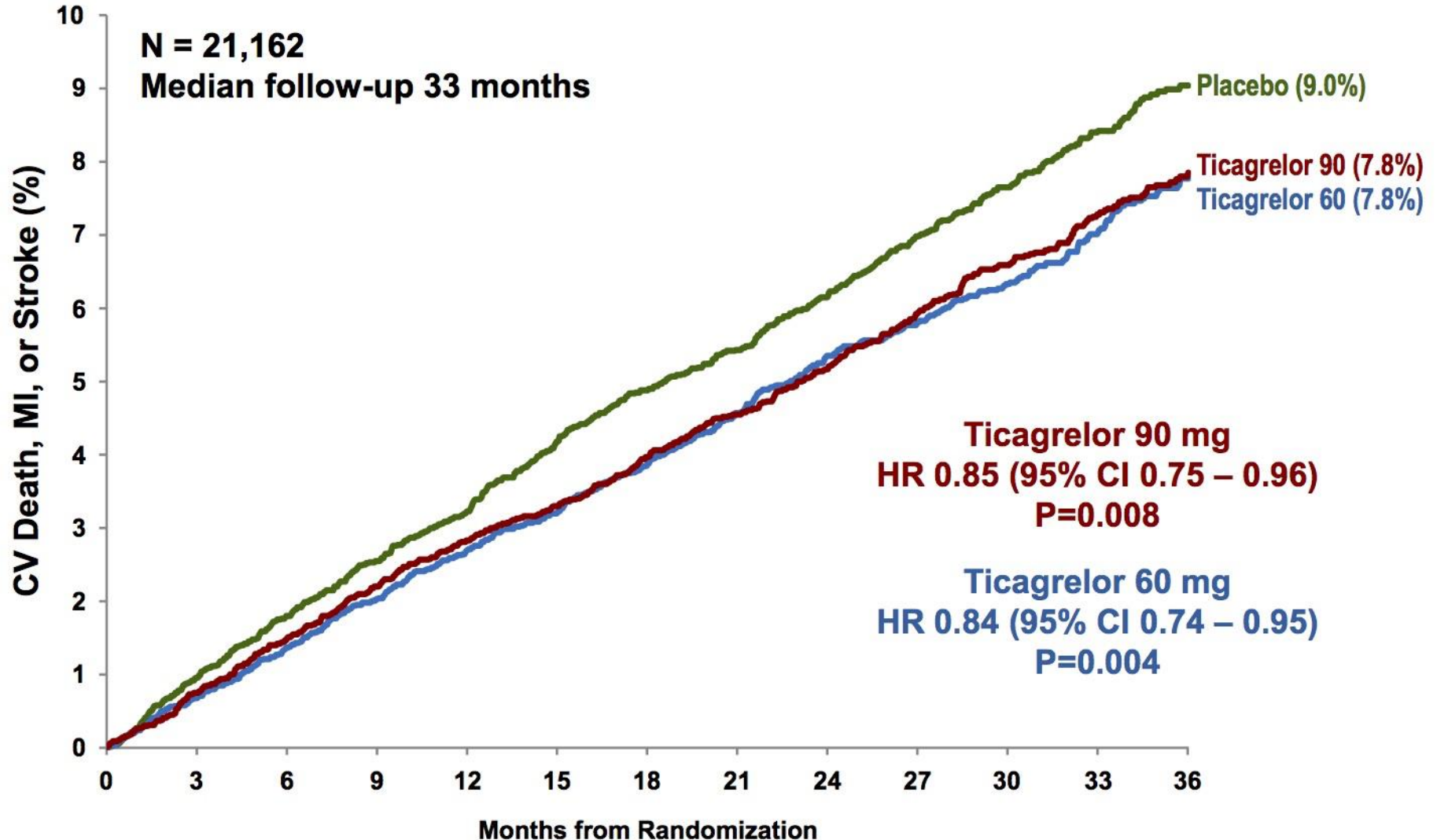
KEY INCLUSION

- Age ≥ 50 years
- At least 1 of the following:
 - Age ≥ 65 years
 - Diabetes requiring medication
 - 2nd prior MI (>1 year ago)
 - Multivessel CAD
 - CrCl <60 mL/min
- Tolerating ASA and able to be dosed at 75-150 mg/d

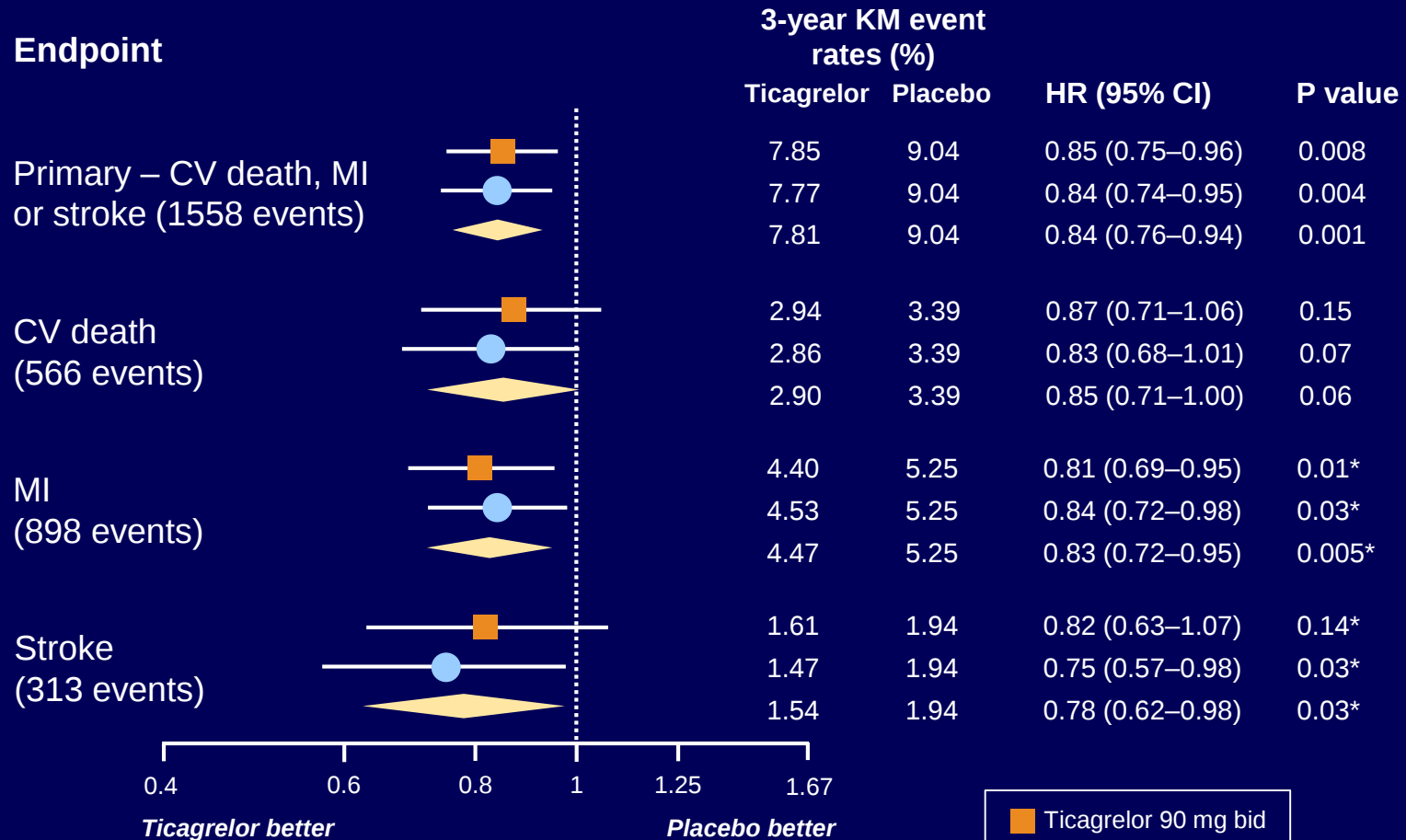
KEY EXCLUSION

- Planned use of P2Y₁₂ antagonist, dipyridamole, cilostazol, or anticoag
- Bleeding disorder
- History of ischemic stroke, ICH, CNS tumor or vascular abnormality
- Recent GI bleed or major surgery
- At risk for bradycardia
- Dialysis or severe liver disease

Primary Endpoint



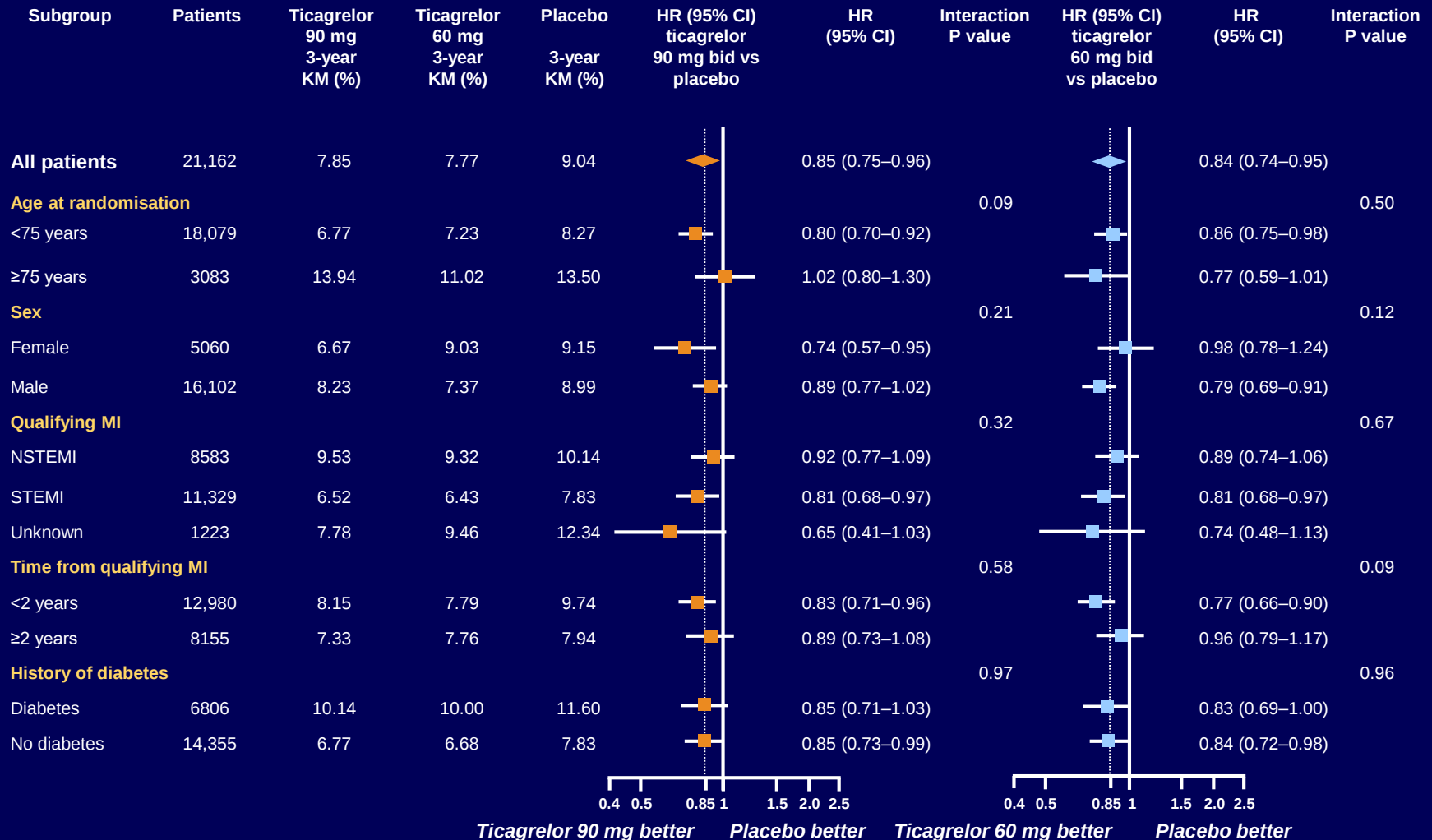
PEGASUS-TIMI 54: Efficacy Endpoints



*Indicates nominal P value; P<0.026 indicates statistical significance

PEGASUS-TIMI 54:

Primary Endpoint* by Subgroup (1)

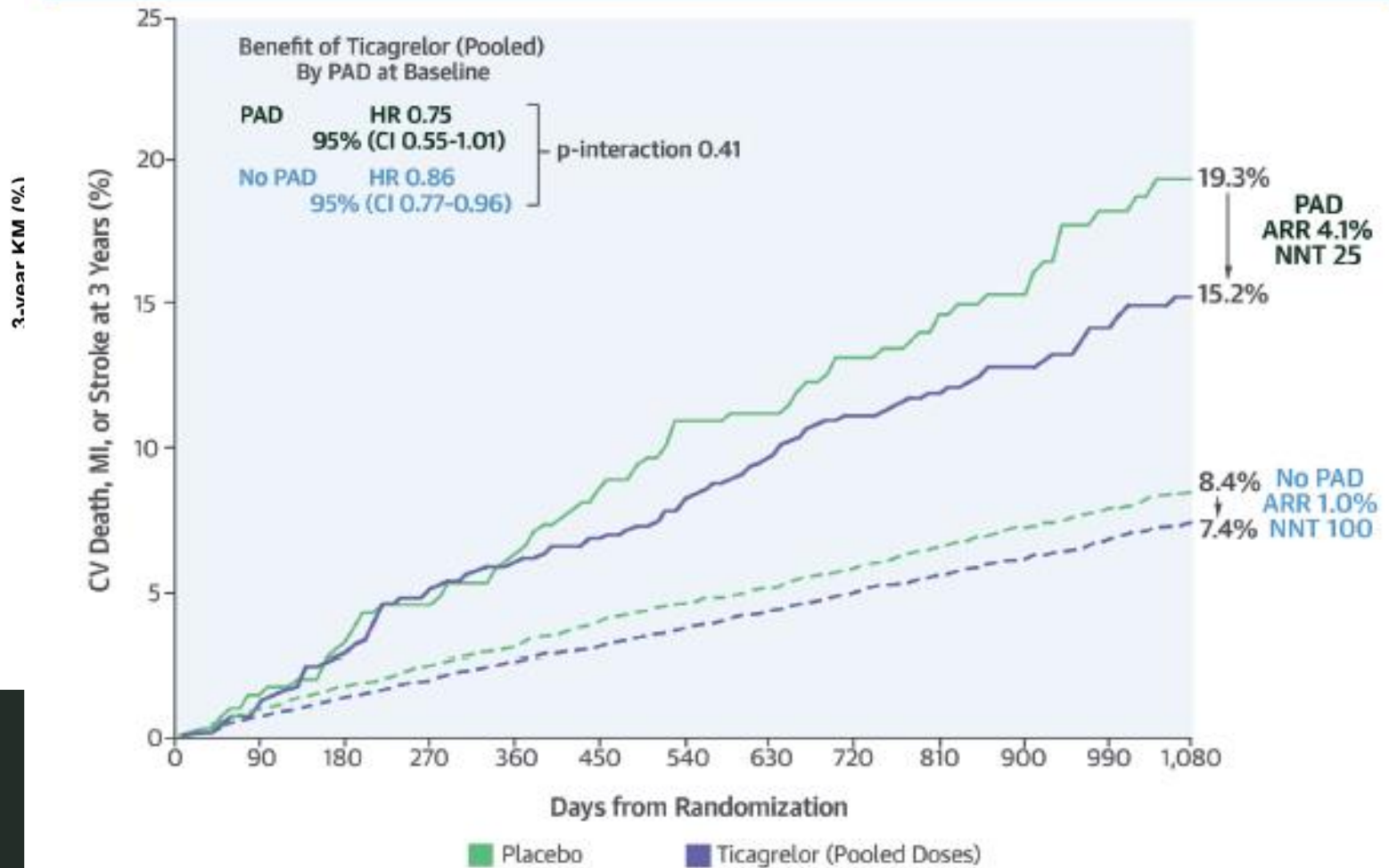


*Composite of CV death, MI or stroke
KM, Kaplan-Meier

Primary Endpoint - MACE

14% Ticagrelor (doses pooled)
4.6% Placebo

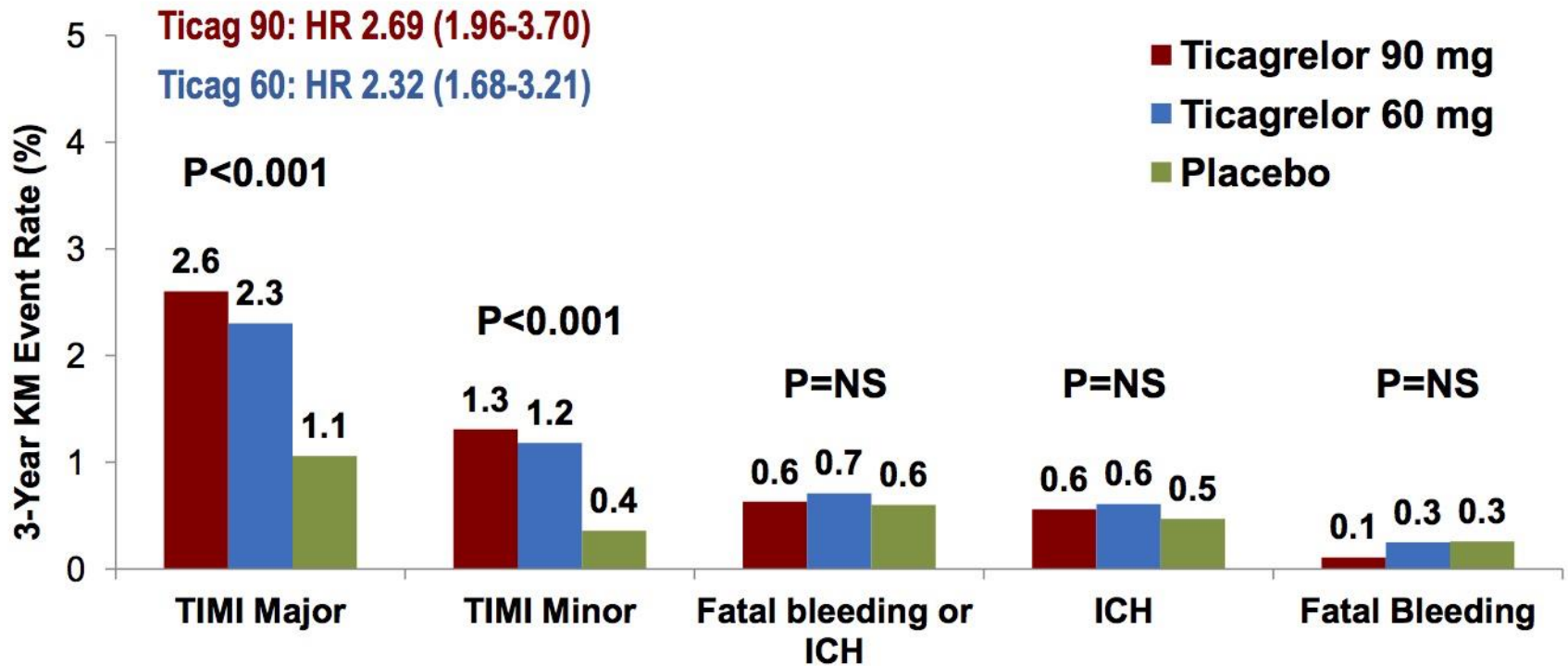
CV Death, MI, or Stroke with Ticagrelor (Pooled) in Patients with Prior MI by PAD at Baseline



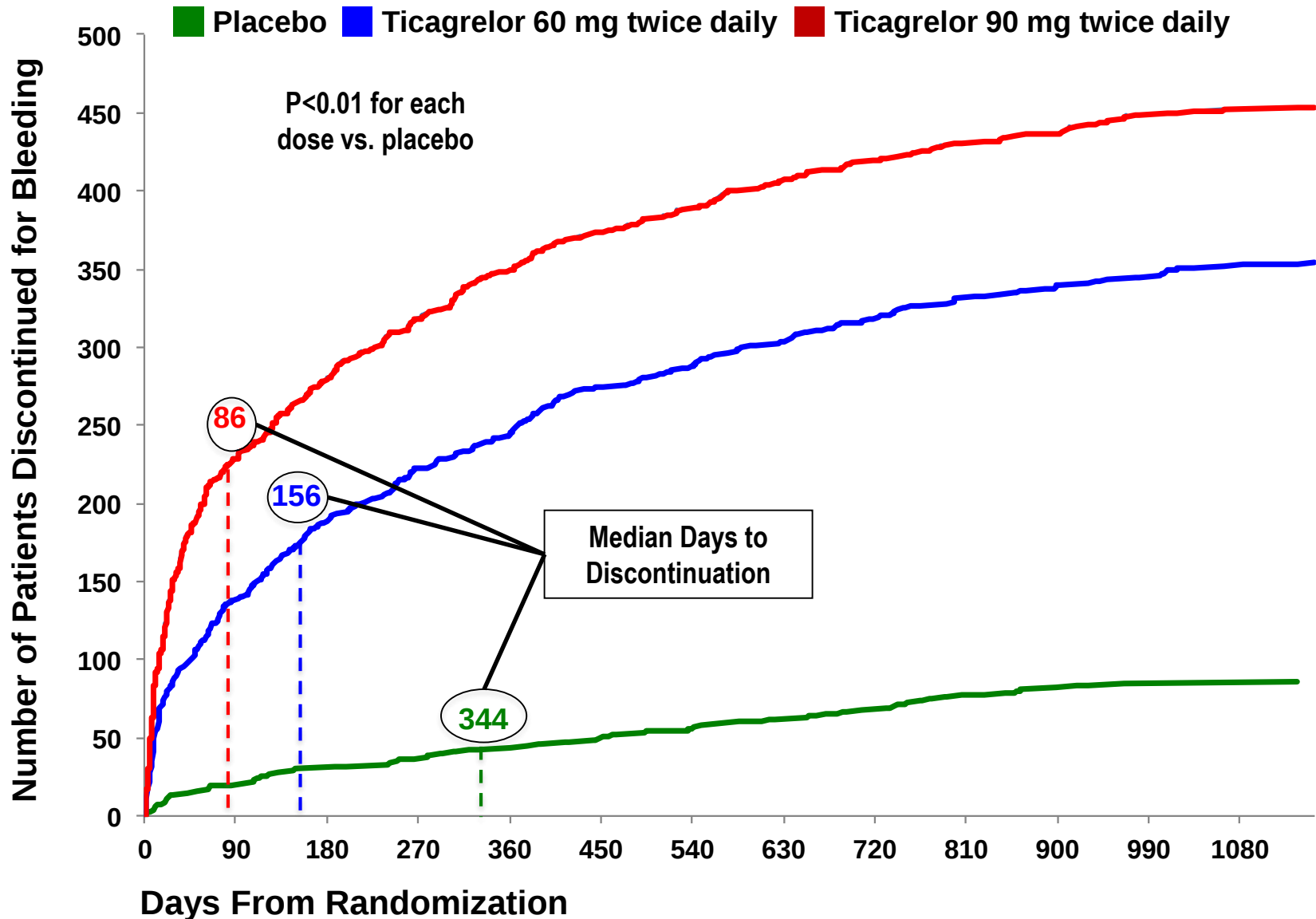
Bhatt DL, et al. *JACC* 2016;67:2732-2740

Bonaca M et al. *JACC* 2016;67:2719-2728

Magnani G, et al. *EurHJ* 2015;doi10.1093/eurheartj/ehv482



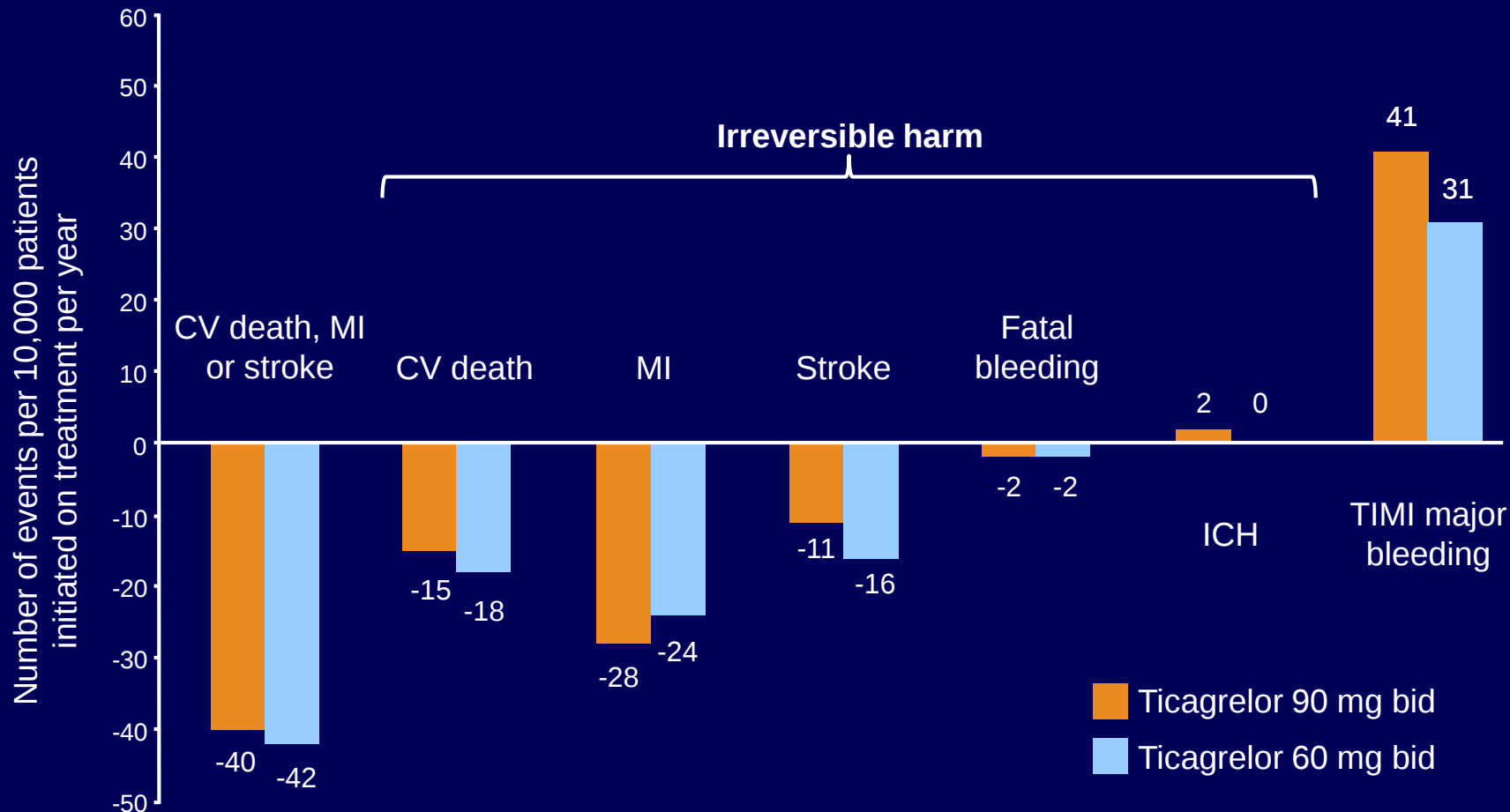
Discontinuation over time for Bleeding by Randomization Group



PEGASUS-TIMI 54: Estimates of First Efficacy and Bleeding Events 'Prevented' and 'Caused'



Annualized from 3-year Kaplan-Meier event rates in the intention-to-treat population



Net clinical benefit is defined as the comparison of first occurrence of CV death, MI or stroke with first occurrence of TIMI major bleeding; irreversible events are defined as CV death, MI, stroke, fatal bleeding and ICH

Note these are estimated events based on calculations made from the observed ARRs in the PEGASUS-TIMI 54 study and therefore should be viewed as estimates of events 'prevented' and 'caused' rather than specific indicators of efficacy. Also note that these analyses are based on Kaplan-Meier time to first event curves, and therefore the sum of the events for CV death, MI and stroke individually do not equal that for the composite of CV death/MI/stroke

**La durata della DAPT dopo SCA :
dallo stent al paziente**

Pegasus

N° events/1000 patients/year

Ticagrelor	90 mg	60 mg
Ischemic ev. prevented	40	42
Bleeding	41	31



Long-term dual antiplatelet therapy for secondary prevention of cardiovascular events in the subgroup of patients with previous myocardial infarction: a collaborative meta-analysis of randomized trials

Jacob A. Udell^{1,2*}, Marc P. Bonaca³, Jean-Philippe Collet⁴, A. Michael Lincoff⁵, Dean J. Kereiakes⁶, Francesco Costa⁷, Cheol Whan Lee⁸, Laura Mauri⁹, Marco Valgimigli^{7,10}, Seung-Jung Park⁸, Gilles Montalescot⁴, Marc S. Sabatine³, Eugene Braunwald³, and Deepak L. Bhatt^{3*}

33.435 pts

Charisma 3.846
Prodigy 1.465
Arctic-Int 323
DAPT 3.576
DES-Late 3.063
Pegasus 21.162

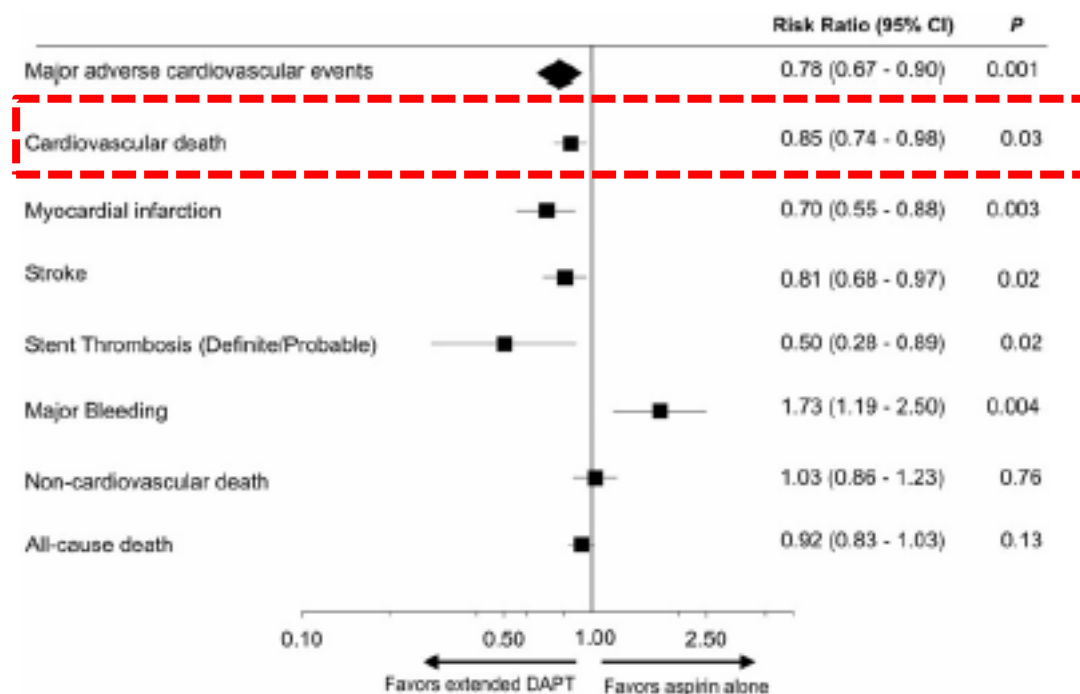


Figure 2 Risk of individual cardiovascular and bleeding endpoints comparing extended dual antiplatelet therapy vs. aspirin alone. Square data markers represent risk ratios and horizontal lines the 95% confidence intervals using inverse variance random effects meta-analysis.

**La durata della DAPT dopo SCA :
dallo stent al paziente**

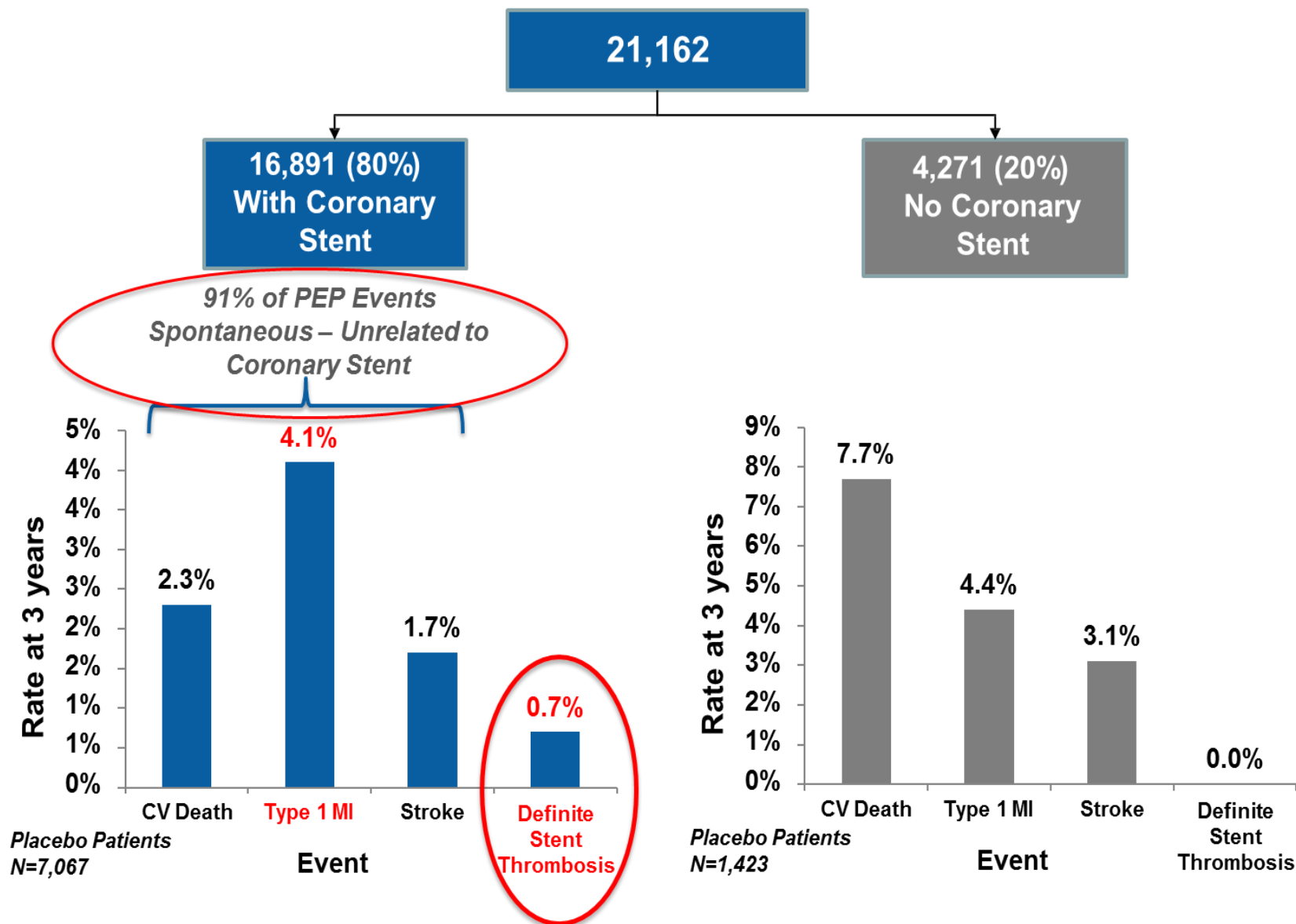
**Who and when to treat
after 12 months**

La durata della DAPT dopo SCA : dallo stent al paziente

Who

- **Patients with prior MI at high risk:**
 - **Diabetes mellitus**
 - **Multiple prior MIs**
 - **Renal dysfunction**
 - **Multiple vascular disease**
 - **Prior CABG**
 - **PAD**
- **Not at high risk for bleeding**
 - **Prior/risk of ICH**
 - **Recent major Bleeding**
 - **Bleeding diathesis**
 - **On anticoagulation**
 - **Anemia**

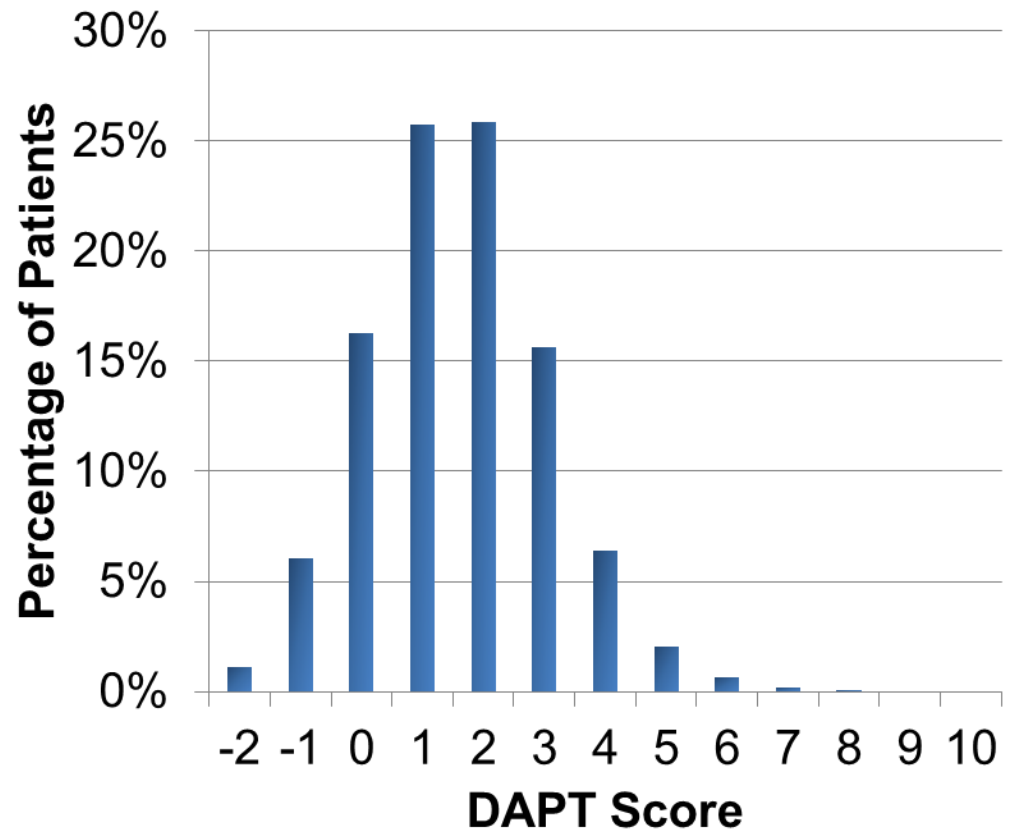
Events at 3 Years by Prior Coronary Stent



The DAPT Score

Variable	Points
Patient Characteristic	
Age	
≥ 75	-2
65 - <75	-1
< 65	0
Diabetes Mellitus	1
Current Cigarette Smoker	1
Prior PCI or Prior MI	1
CHF or LVEF < 30%	2
Index Procedure Characteristic	
MI at Presentation	1
Vein Graft PCI	2
Stent Diameter < 3mm	1

Distribution of DAPT Scores among all randomized subjects in the DAPT Study

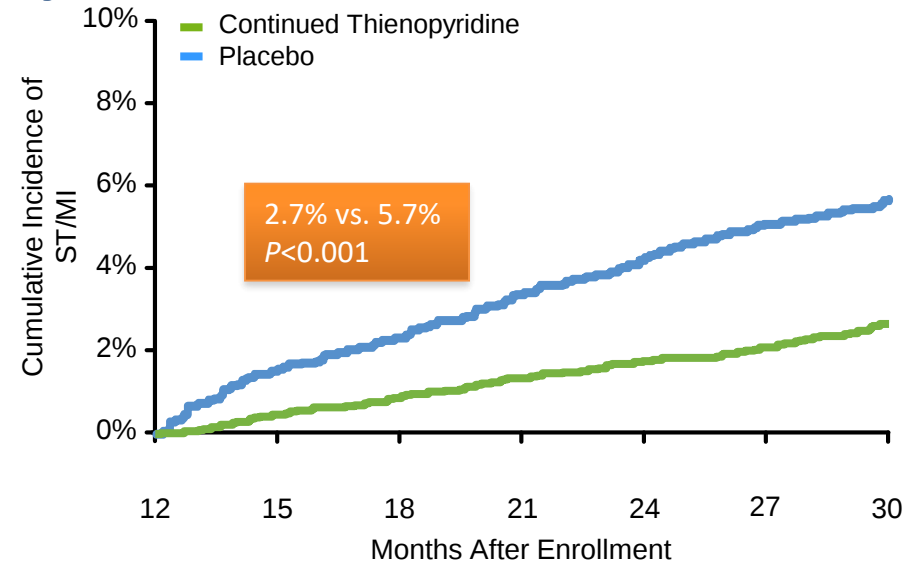


Continued Thienopyridine vs. Placebo

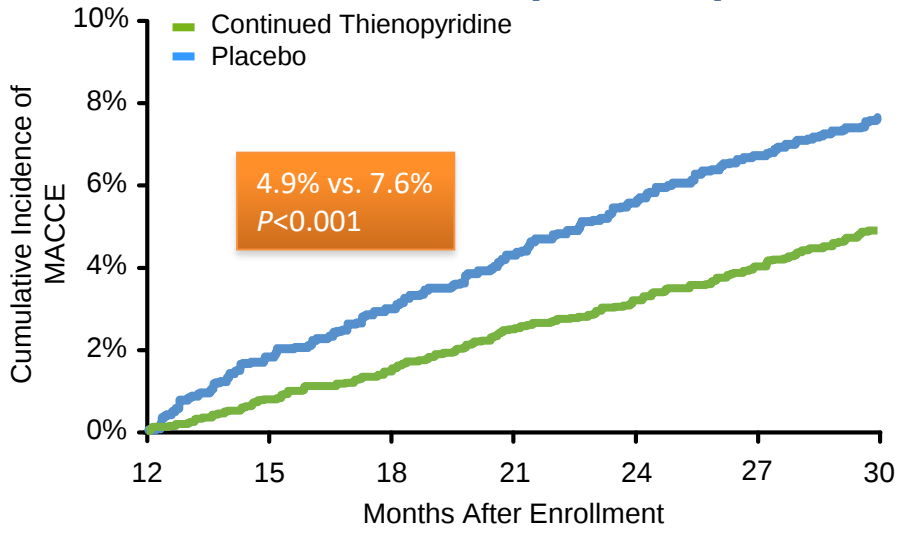
DAPT Score ≥ 2 (High); N=5917



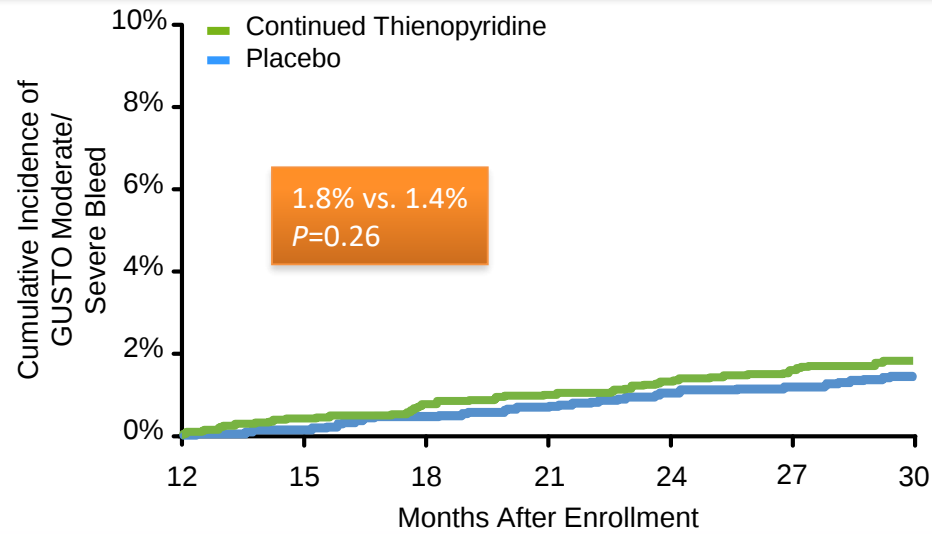
Myocardial Infarction or Stent Thrombosis



Death, MI or Stroke (MACCE)



GUSTO Moderate/Severe Bleeding

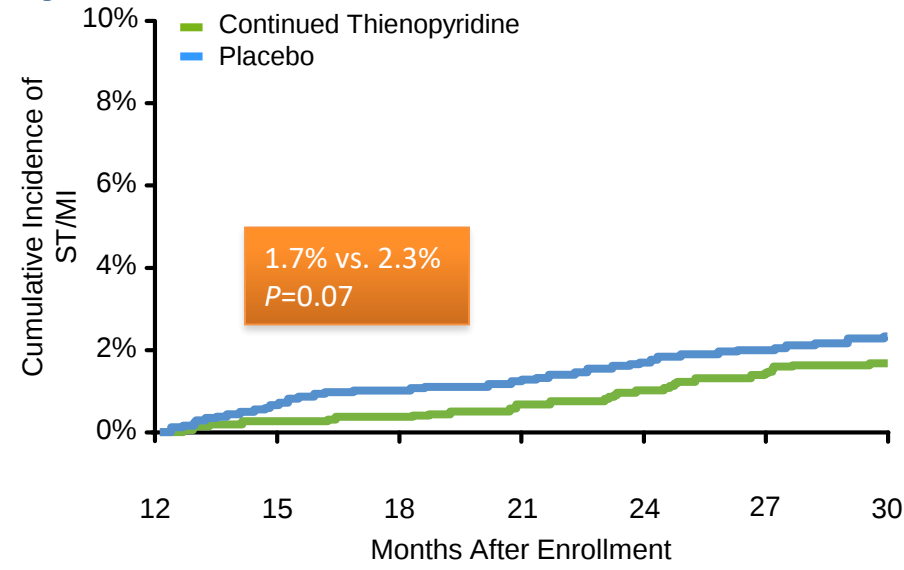


Continued Thienopyridine vs. Placebo

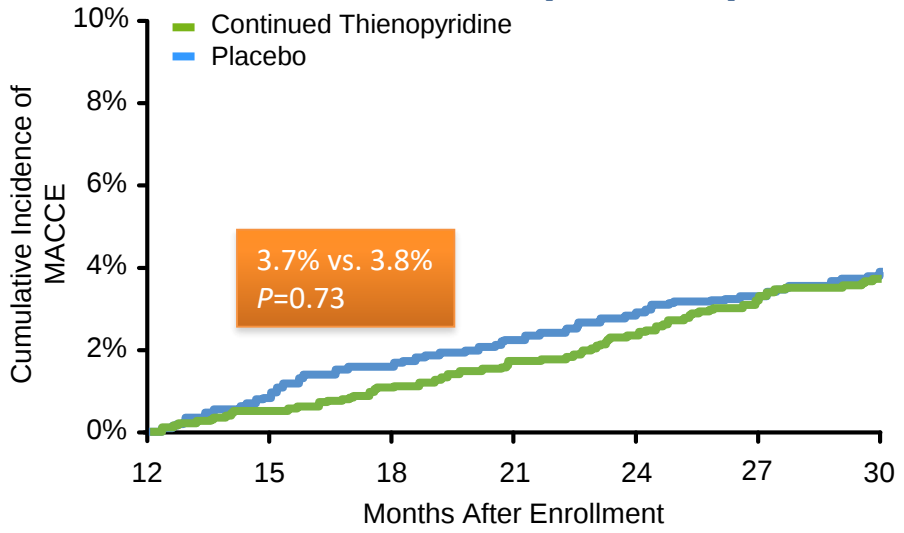
DAPT Score <2 (Low); N=5731



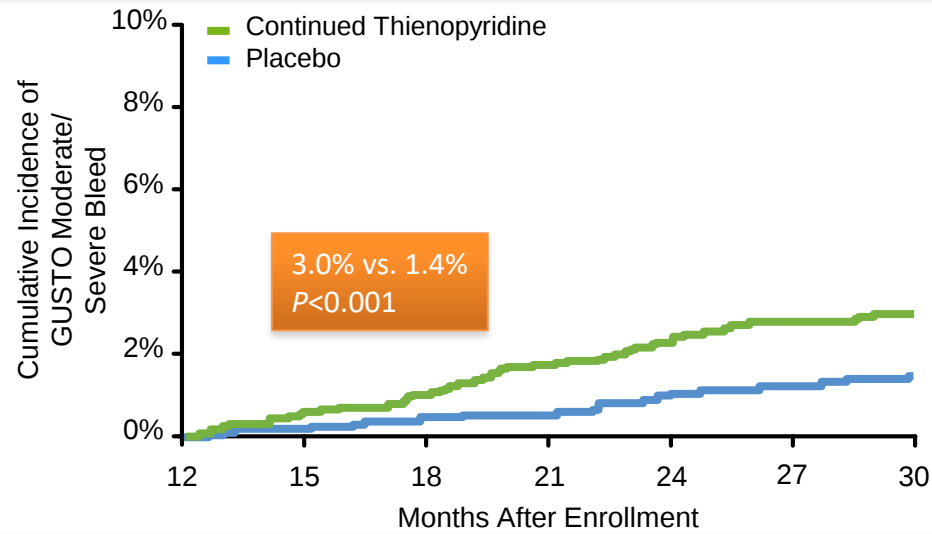
Myocardial Infarction or Stent Thrombosis



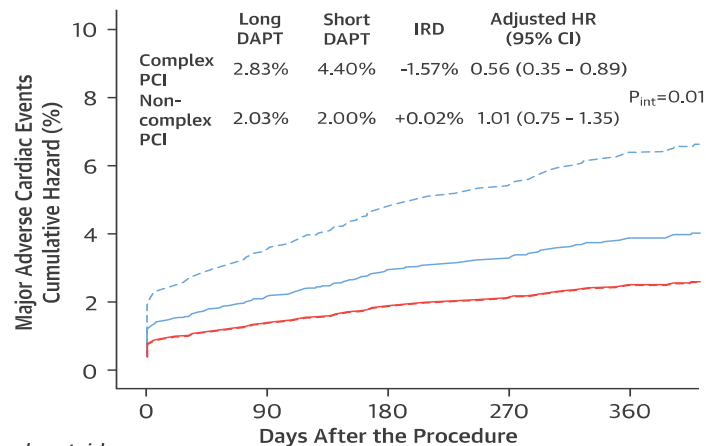
Death, MI, or Stroke (MACCE)



GUSTO Moderate/ Severe Bleeding

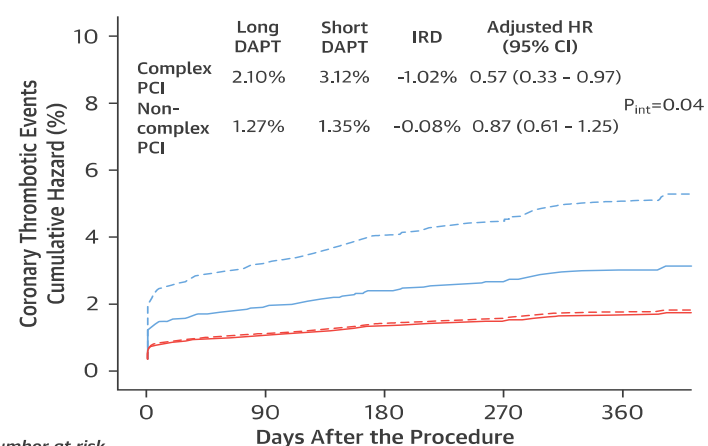


A



Number at risk					
Non-complex PCI - Short DAPT	3938	3875	3816	3782	3511
Non-complex PCI - Long DAPT	3932	3874	3824	3794	3520
Complex PCI - Short DAPT	802	777	768	759	668
Complex PCI - Long DAPT	840	816	805	796	693

B

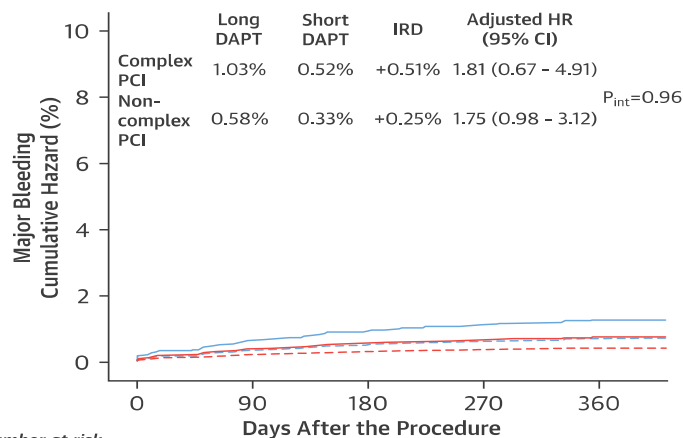


Number at risk					
Non-complex PCI - Short DAPT	3938	3873	3817	3784	3515
Non-complex PCI - Long DAPT	3932	3875	3828	3797	3524
Complex PCI - Short DAPT	801	776	767	760	671
Complex PCI - Long DAPT	840	817	806	797	694

C

Complex PCI was defined (at least 1 of the following features) :

- 3 vessels treated
- ≥ 3 stents implanted
- ≥ 3 lesions treated
- bifurcation with 2 stents implanted
- total stent length > 60 mm
- or chronic total occlusion



Number at risk					
Non-complex PCI - Short DAPT	3947	3900	3849	3814	3550
Non-complex PCI - Long DAPT	3941	3892	3844	3811	3540
Complex PCI - Short DAPT	816	801	794	787	692
Complex PCI - Long DAPT	846	826	815	808	706

Complex PCI

Long DAPT ———

Short DAPT - - - - -

Non-complex PCI

Long DAPT ———

Short DAPT - - - - -

La durata della DAPT dopo SCA : dallo stent al paziente

When

- **Continue after started for MI and re-evaluate at each visit:**
 - **Recent bleeding?**
 - **Are they tolerating?**
 - **Are they adherent?**
 - **Contraindications ? (e.g. AF requiring anticoagulation)**

Reduction in MACE with Ticagrelor by Time from P2Y₁₂ Inhibitor Withdrawal

Time from
P2Y₁₂ Inhibitor
withdrawal to
randomization

≤ 30 days
N=7,181

27% RRR

>30 days
to 1 year
N=6,501

14% RRR

>1 year
N=5079

∅ RRR

P-interaction < 0.001

HR (95% CI)

P-value

0.70 (0.57 – 0.87)

0.75 (0.61 – 0.92)

0.73 (0.61 – 0.87) <0.001

0.90 (0.72 – 1.12)

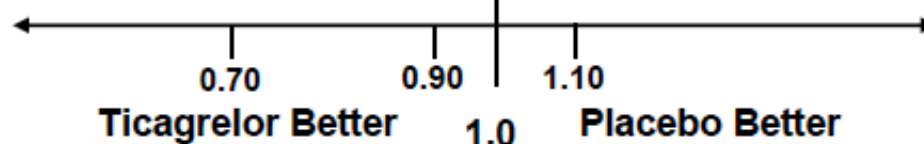
0.82 (0.65 – 1.02)

0.86 (0.71 – 1.04) 0.11

0.96 (0.73 – 1.26)

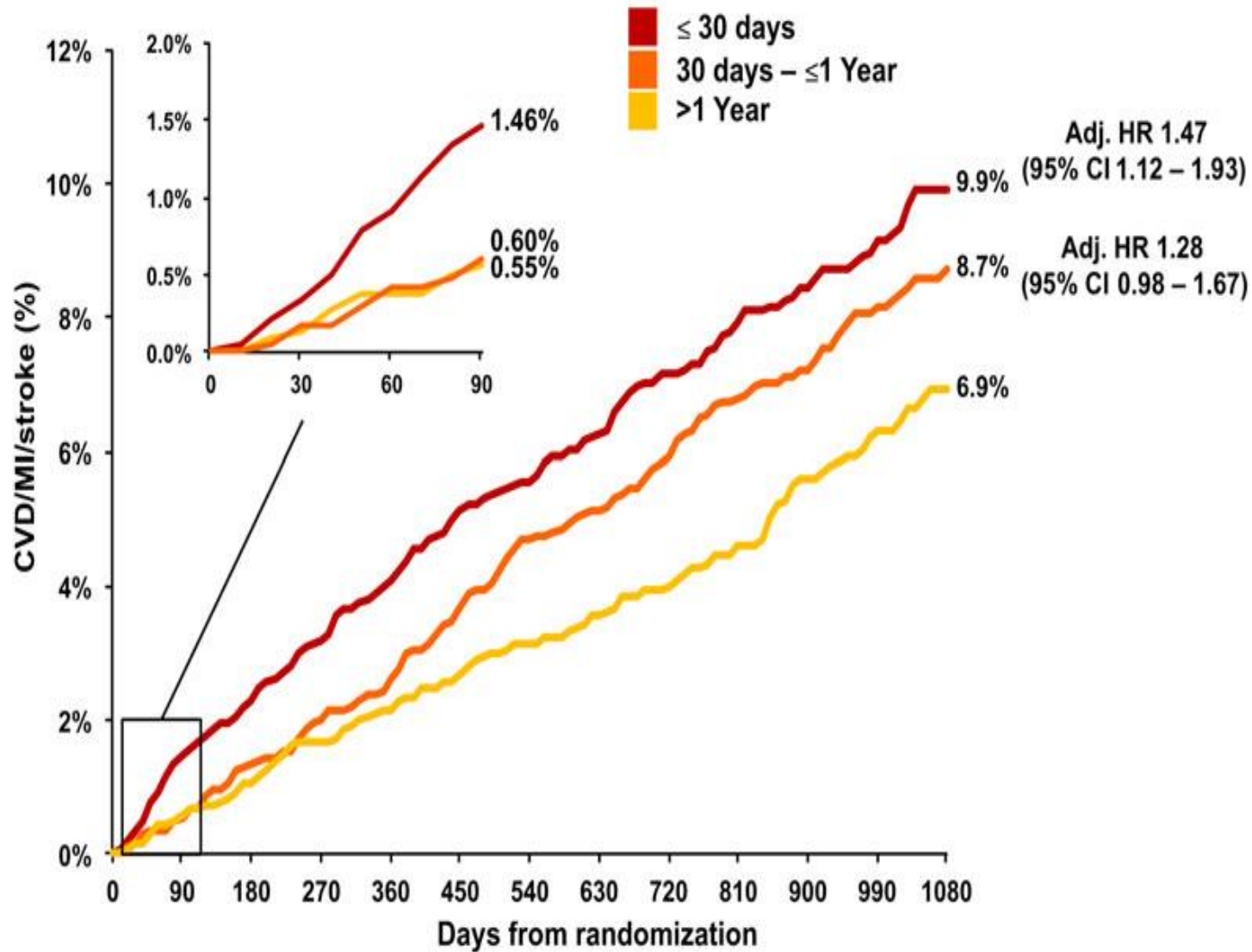
1.06 (0.81 – 1.38)

1.01 (0.80 – 1.27) 0.96



■ Ticagrelor 90
● Ticagrelor 60
◆ Pooled

P-trend 0.0097





2015 ESC guidelines for the management of acute coronary syndromes in patients presenting without persistent ST-segment elevation

Task Force for the Management of Acute Coronary Syndromes in Patients Presenting without Persistent ST-Segment Elevation of the European Society of Cardiology (ESC)

Long-term P2Y₁₂ inhibition

P2Y₁₂ inhibitor administration in addition to aspirin beyond 1 year may be considered after careful assessment of the ischaemic and bleeding risks of the patient.

IIb**A**184,
186

Dual antiplatelet therapy duration in patients with acute coronary syndrome treated with percutaneous coronary intervention (continued)

ESC
European Society
of Cardiology

Recommendations

In patients with ACS who have tolerated D bleeding complication, continuation of DA 12 months may be considered.

In patients with MI and high ischaemic risk tolerated DAPT without a bleeding complication, 60 mg *b.i.d.* for longer than 12 months on be preferred over clopidogrel or prasugrel

Dual antiplatelet therapy duration in patients with acute coronary syndrome undergoing medical therapy management (continued)

ESC
European Society
of Cardiology

Recommendations

In patients with prior MI at high ischaemic risk who are managed with medical therapy alone and have tolerated DAPT without a bleeding complication, treatment with DAPT in the form of ticagrelor 60 mg *b.i.d.* on top of aspirin for longer than 12 months and up to 36 months may be considered.

In patients with prior MI not treated with coronary stent implantation who have tolerated DAPT without a bleeding complication and who are not eligible for treatment with ticagrelor, continuation of clopidogrel on top of aspirin for longer than 12 months may be considered.

Prasugrel is not recommended in medically managed ACS patients.

Class	Level
IIb	B
IIb	C
III	B

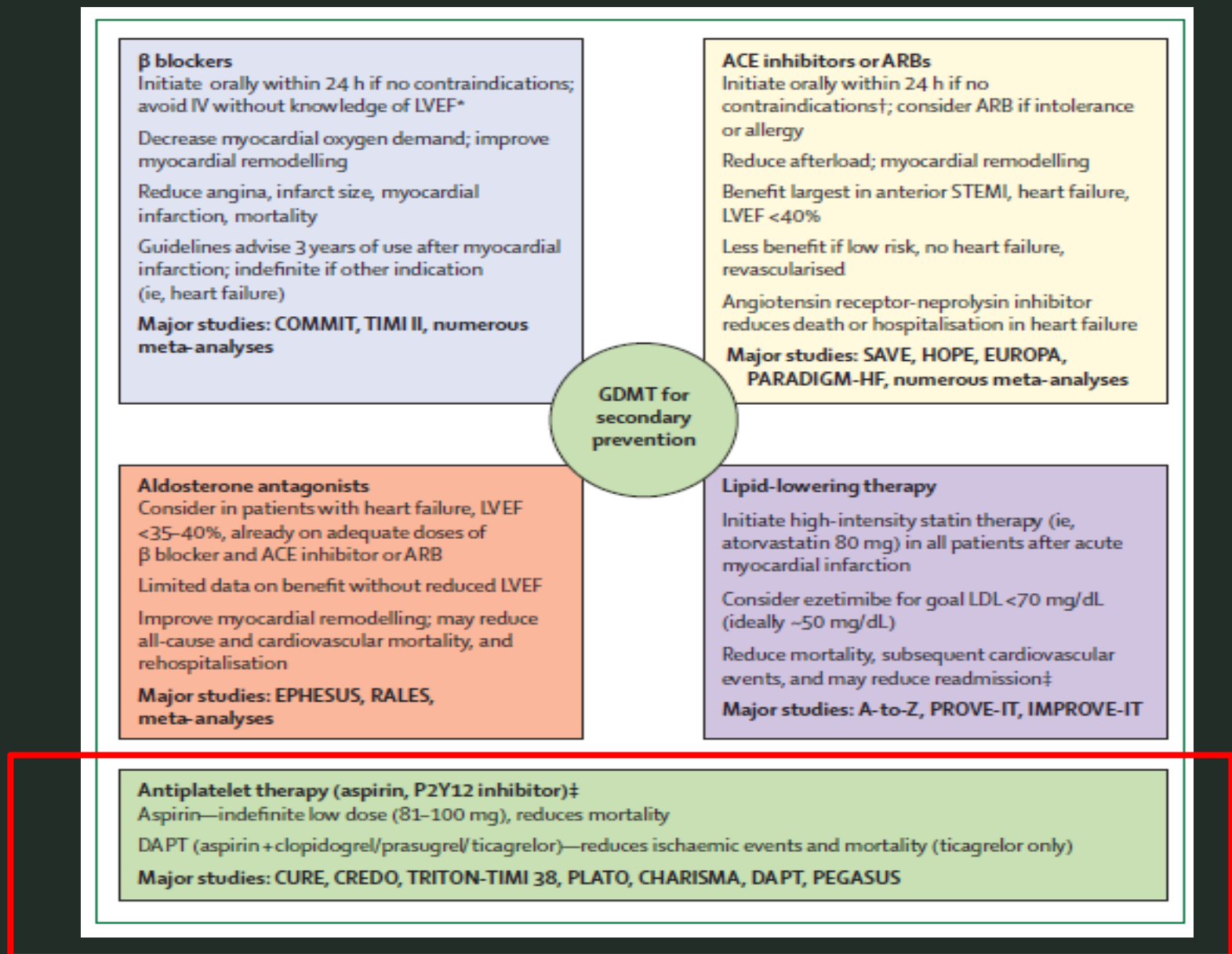
**La durata della DAPT dopo SCA :
dallo stent al paziente**

Prolonging DAPT duration in ACS pts

“treat the patient not the stent”

“one size may not fit all”

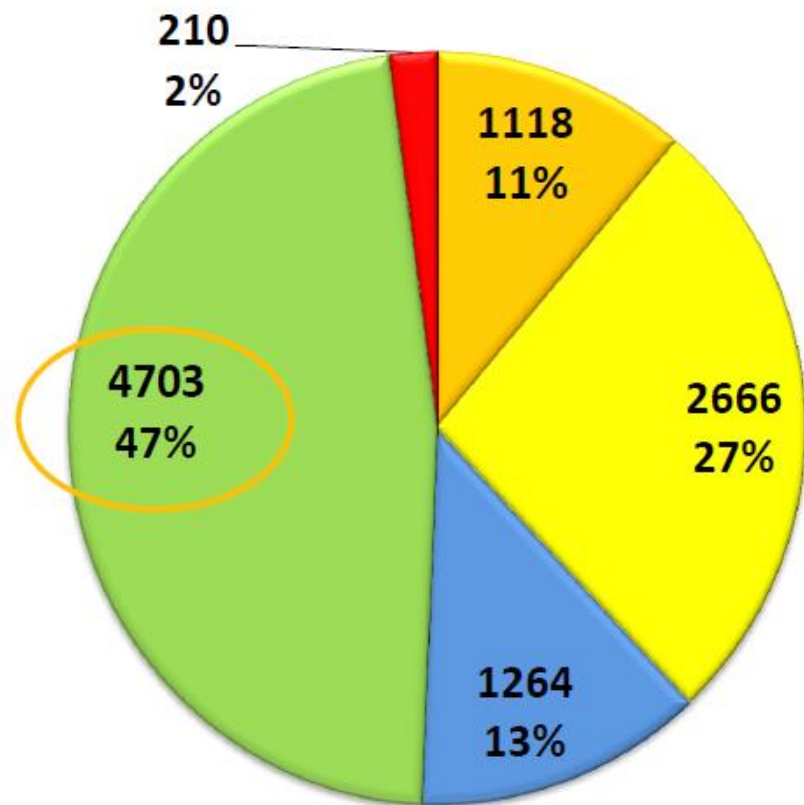
**(carefully assessing the balance
between thrombotic and bleeding risk)**



Backup

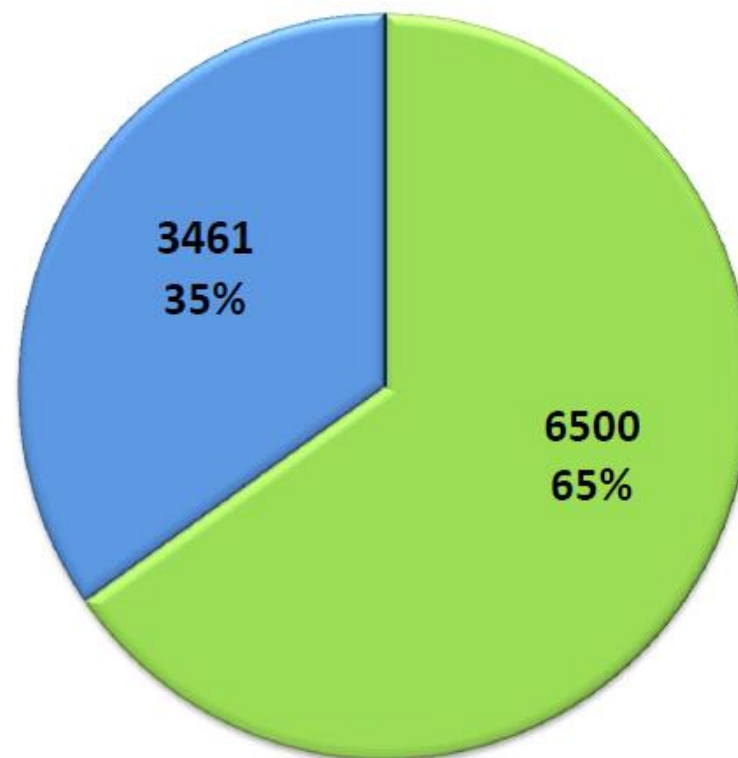
Stent & Drug Types

Drug Eluting Stent Type



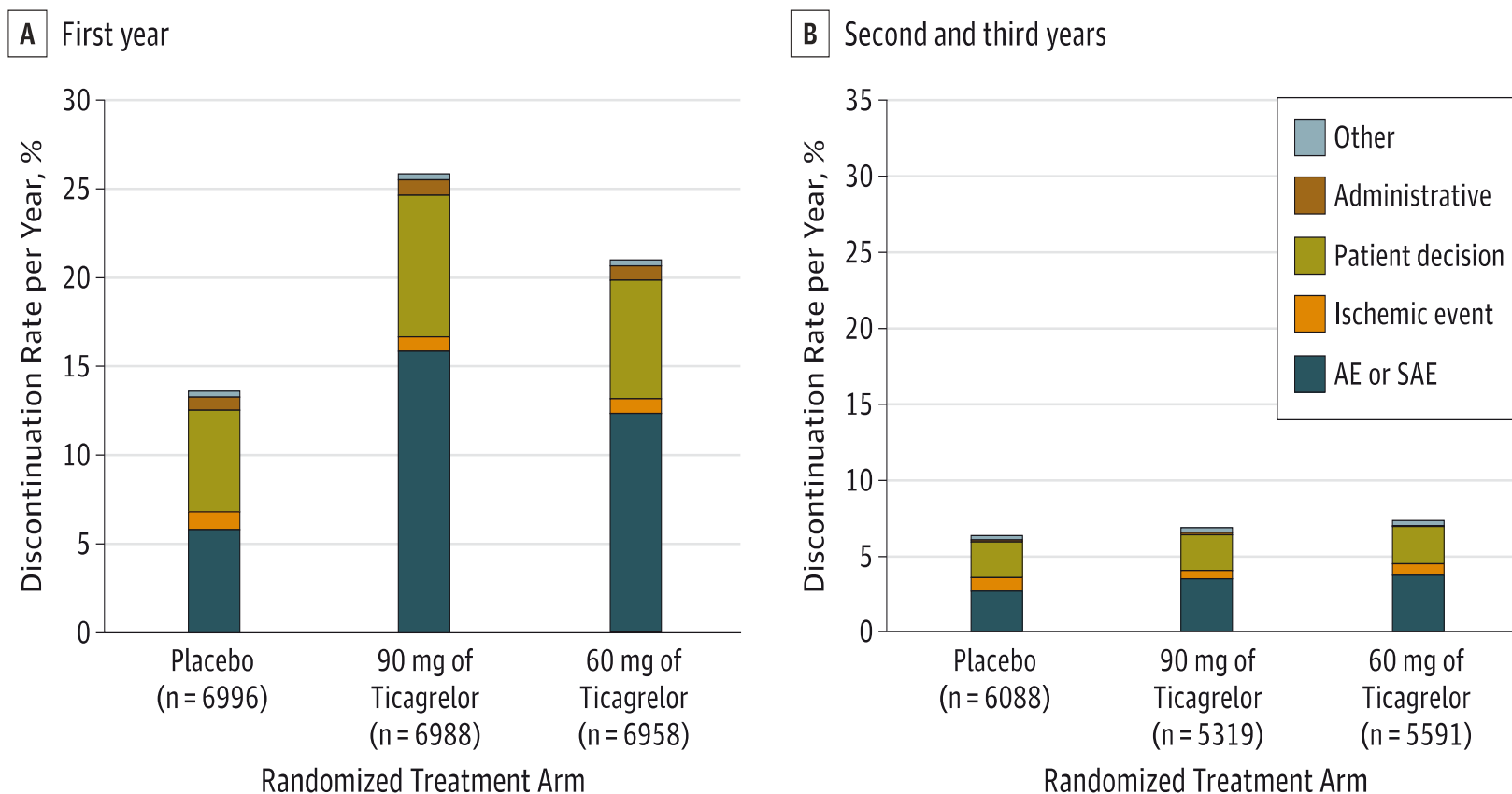
- sirolimus
- paclitaxel
- zotarolimus (Endeavor)
- everolimus
- >1 DES Type

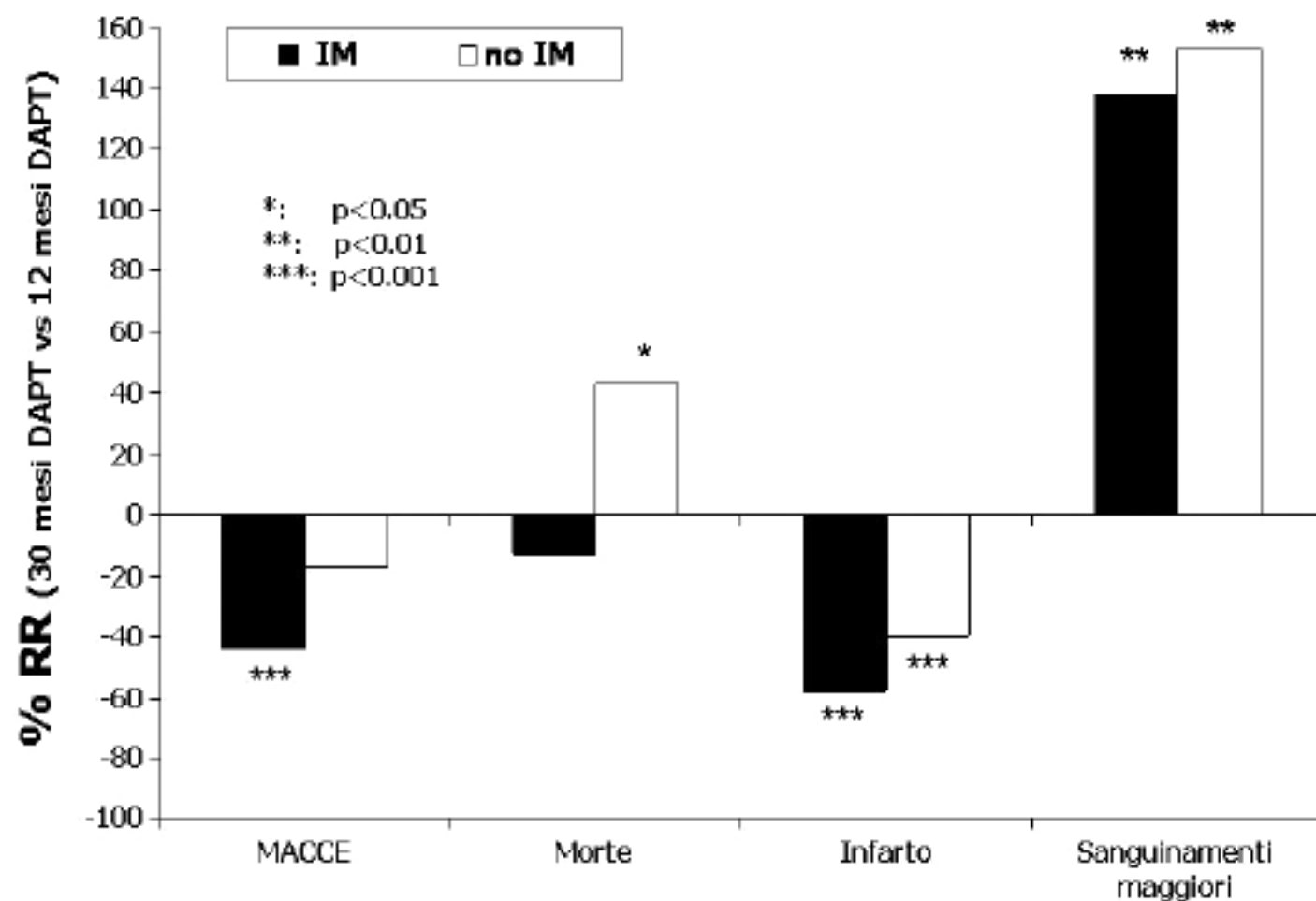
Thienopyridine Type



- clopidogrel
- prasugrel

Figure 2. Distribution of Reasons for Drug Discontinuation by Treatment Arm





PEGASUS-TIMI 54: Safety Endpoints



Endpoint	Ticagrelor 90 mg bid N=6988; n (%)	Ticagrelor 60 mg bid N=6958; n (%)	Placebo N=6996; n (%)	Ticagrelor 90 mg bid vs placebo HR (95% CI)	Ticagrelor 60 mg bid vs placebo HR (95% CI)
Primary safety endpoint					
TIMI major bleeding	127 (2.60)	115 (2.30)	54 (1.06)	2.69 (1.96–3.70) P<0.001	2.32 (1.68–3.21) P<0.001
Secondary safety endpoints					
ICH	29 (0.56)	28 (0.61)	23 (0.47)	1.44 (0.83–2.49) P=0.19	1.33 (0.77–2.31) P=0.31
Haemorrhagic stroke	4 (0.07)	8 (0.19)	9 (0.19)	0.51 (0.16–1.64) P=0.26	0.97 (0.37–2.51) P=0.94
Fatal bleeding	6 (0.11)	11 (0.25)	12 (0.26)	0.58 (0.22–1.54) P=0.27	1.00 (0.44–2.27) P=1.00
Fatal bleeding or non-fatal ICH	32 (0.63)	33 (0.71)	30 (0.60)	1.22 (0.74–2.01) P=0.43	1.20 (0.73–1.97) P=0.47

Rates are presented as 3-year Kaplan-Meier estimates
n = number of patients with events, not the number of events

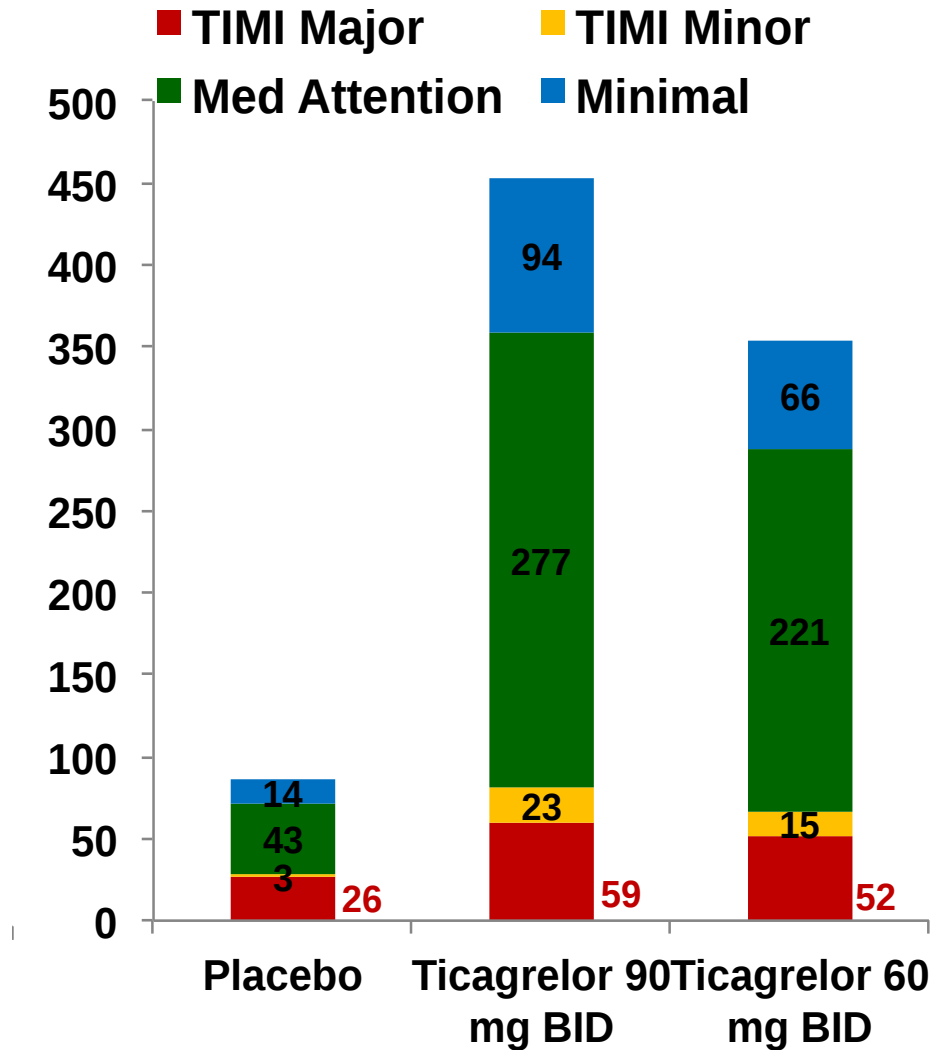
PEGASUS-TIMI 54: Safety Endpoints



Endpoint	Ticagrelor 90 mg bid N=6988; n (%)	Ticagrelor 60 mg bid N=6958; n (%)	Placebo N=6996; n (%)	Ticagrelor 90 mg bid vs placebo HR (95% CI)	Ticagrelor 60 mg bid vs placebo HR (95% CI)
Secondary safety endpoints					
TIMI minor bleeding	66 (1.31)	55 (1.18)	18 (0.36)	4.15 (2.47–7.00) P<0.001	3.31 (1.94–5.63) P<0.001
Bleeding requiring transfusion	122 (2.43)	105 (2.09)	37 (0.72)	3.75 (2.59–5.42) P<0.001	3.08 (2.12–4.48) P<0.001
Bleeding leading to study drug discontinuation	453 (7.81)	354 (6.15)	86 (1.50)	5.79 (4.60–7.29) P<0.001	4.40 (3.48–5.57) P<0.001

Rates are presented as 3-year Kaplan-Meier estimates
n = number of patients with events, not the number of events

Bleeding



All-Cause Mortality

12-30 Months				
	Thienopyridine N=5020	Placebo N=4941	P-Value	Absolute Difference
All-Cause Mortality	98 (2.0%)	74 (1.5%)	0.052	24 (0.5%)
Cardiac	45 (0.9%)	47 (1.0%)	0.98	-2 (-0.1%)
Vascular	5 (0.1%)	5 (0.1%)	0.98	0 (-)
Non-Cardiovascular	48 (1.0%)	22 (0.5%)	0.002	26 (0.5%)

Optimal duration of antiplatelet treatment after ACS

Compared to 12 months of DAPT administration

short (3 or 6 m)

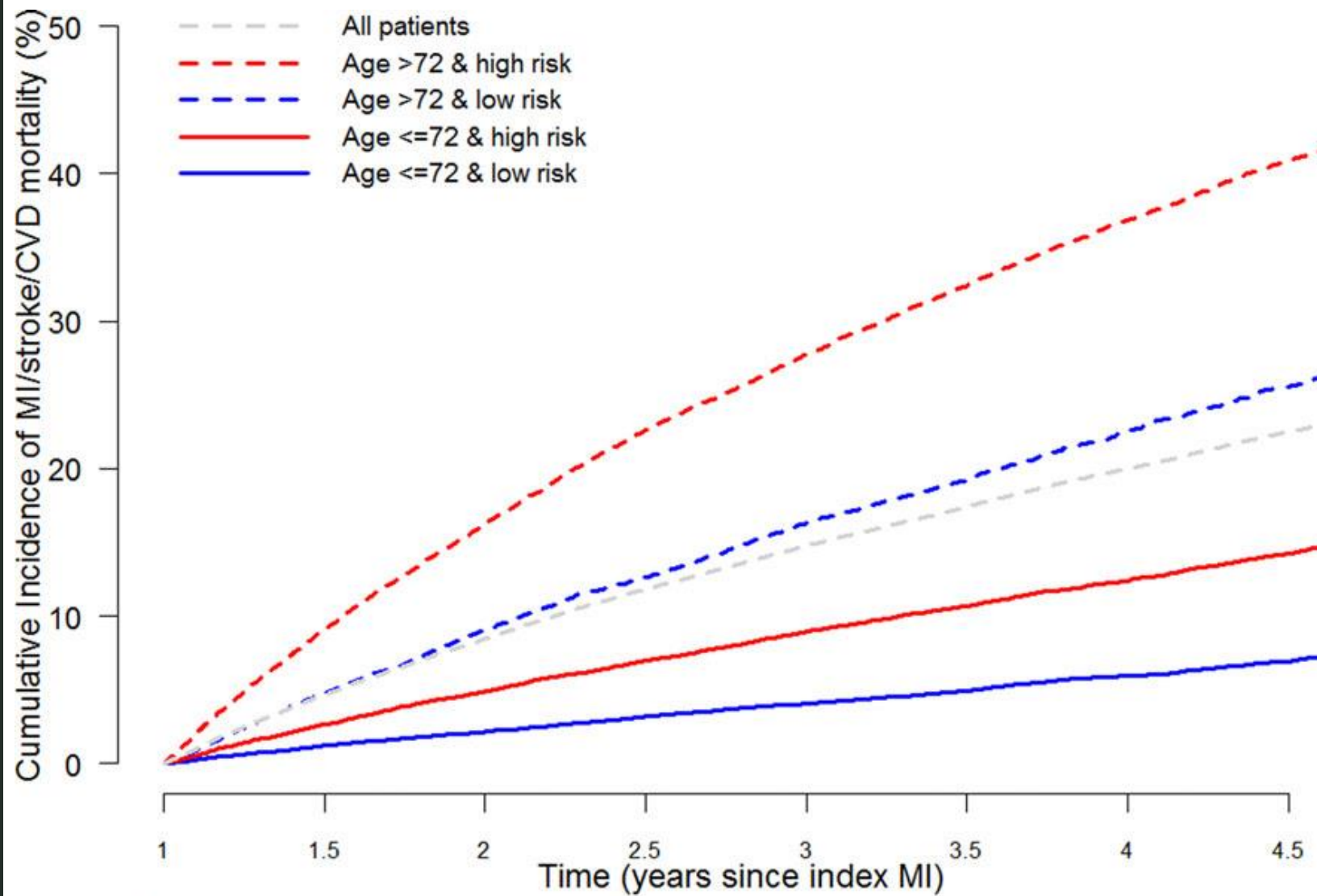
unchanged
unchanged
reduced

stent thrombosis
MACCE*
bleeding

> 12 (30 ?) m

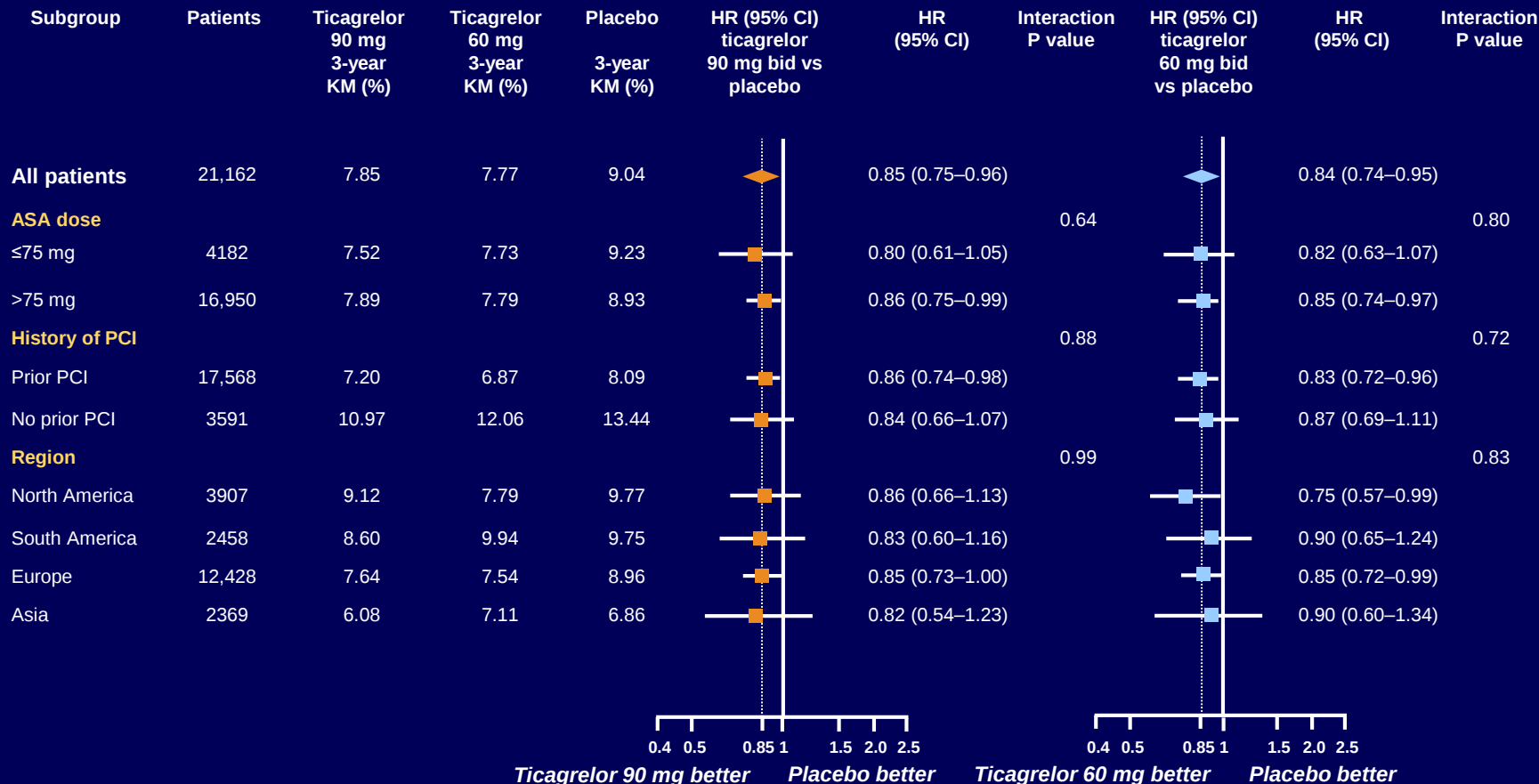
reduced
reduced
increased

* = mortality (total, CV, non-CV), MI, stroke



PEGASUS-TIMI 54:

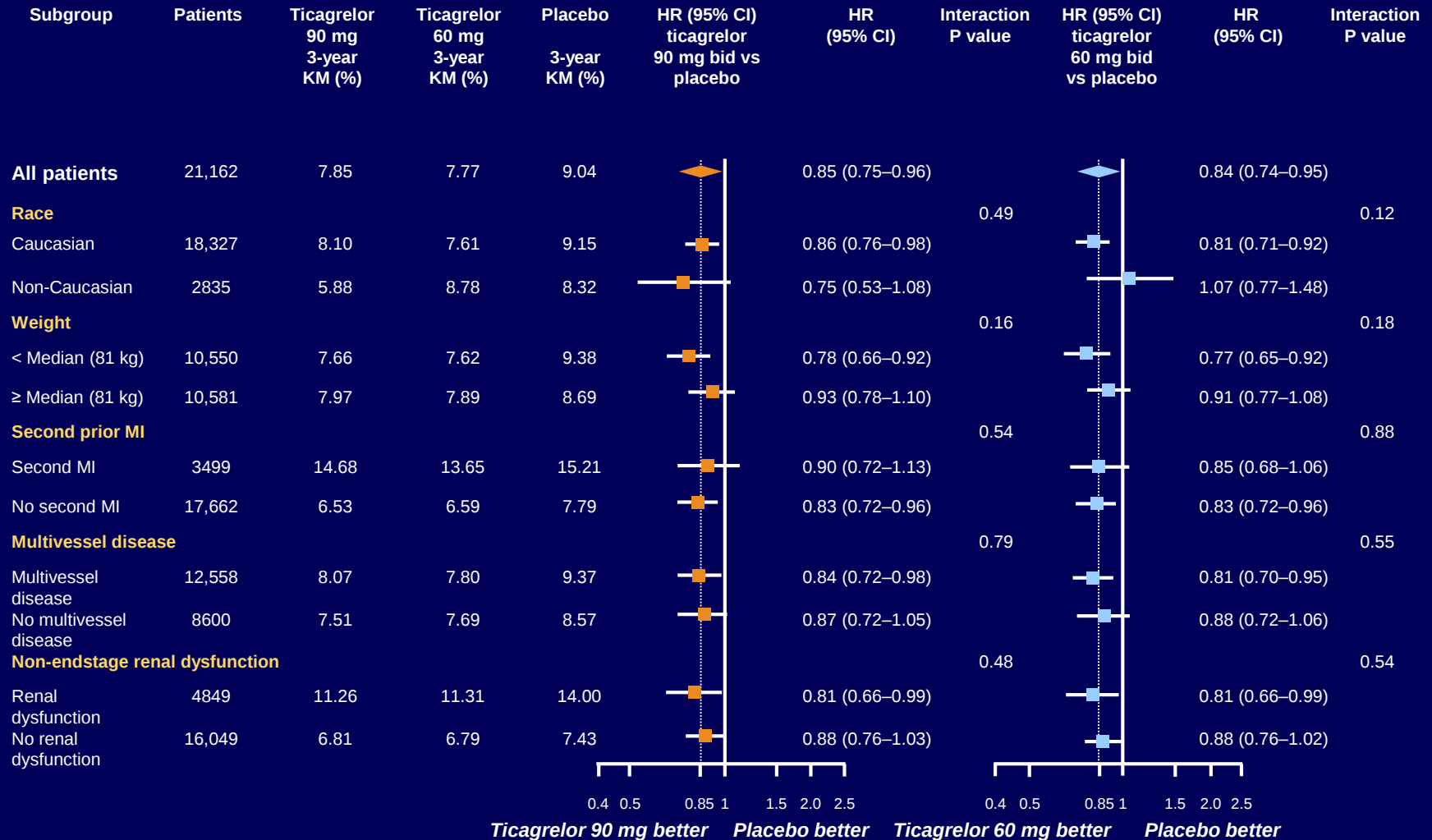
Primary Endpoint* by Subgroup (2)



*Composite of CV death, MI or stroke

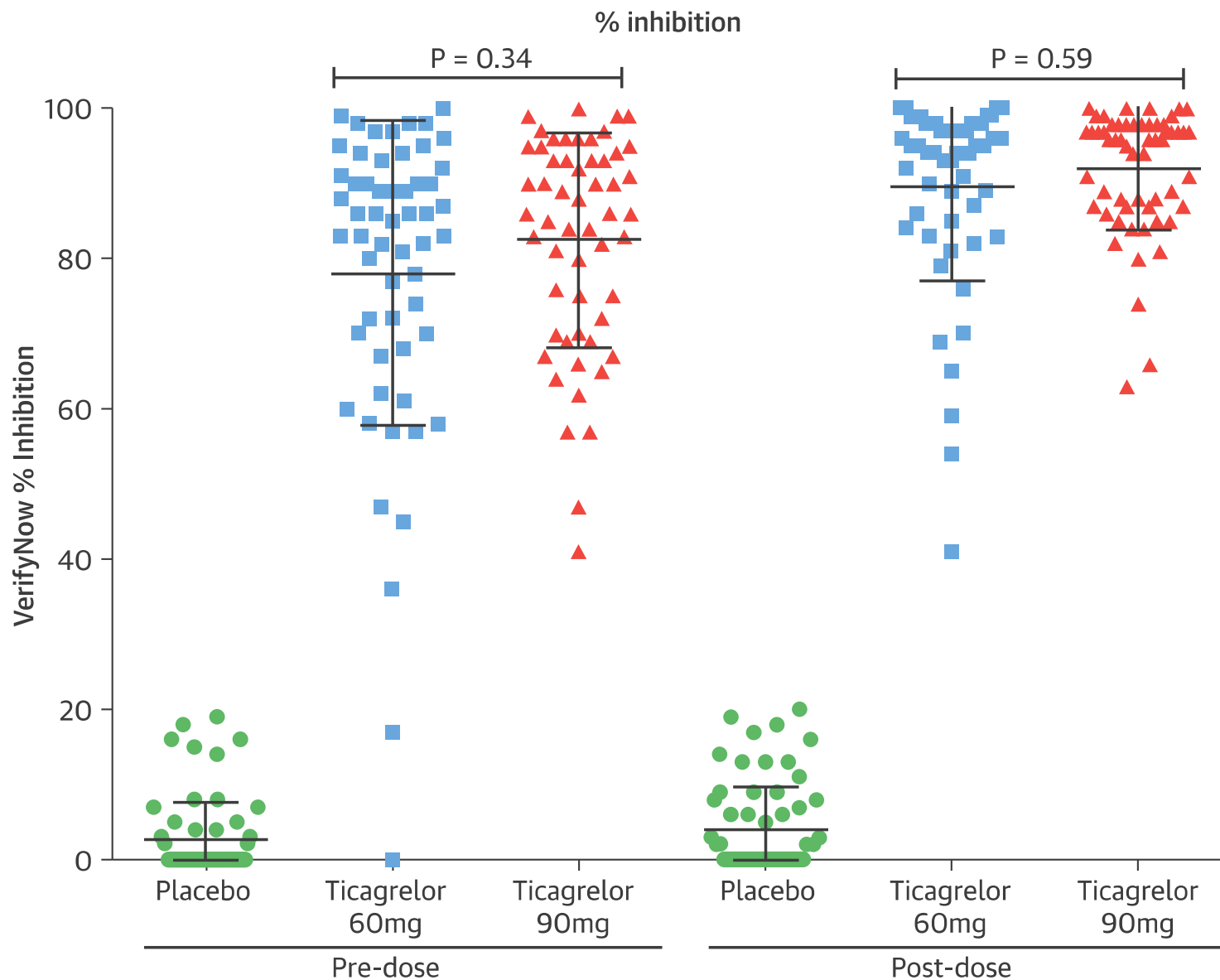
PEGASUS-TIMI 54:

Primary Endpoint* by Subgroup (3)



*Composite of CV death, MI or stroke

n = number of patients with events, not the number of events



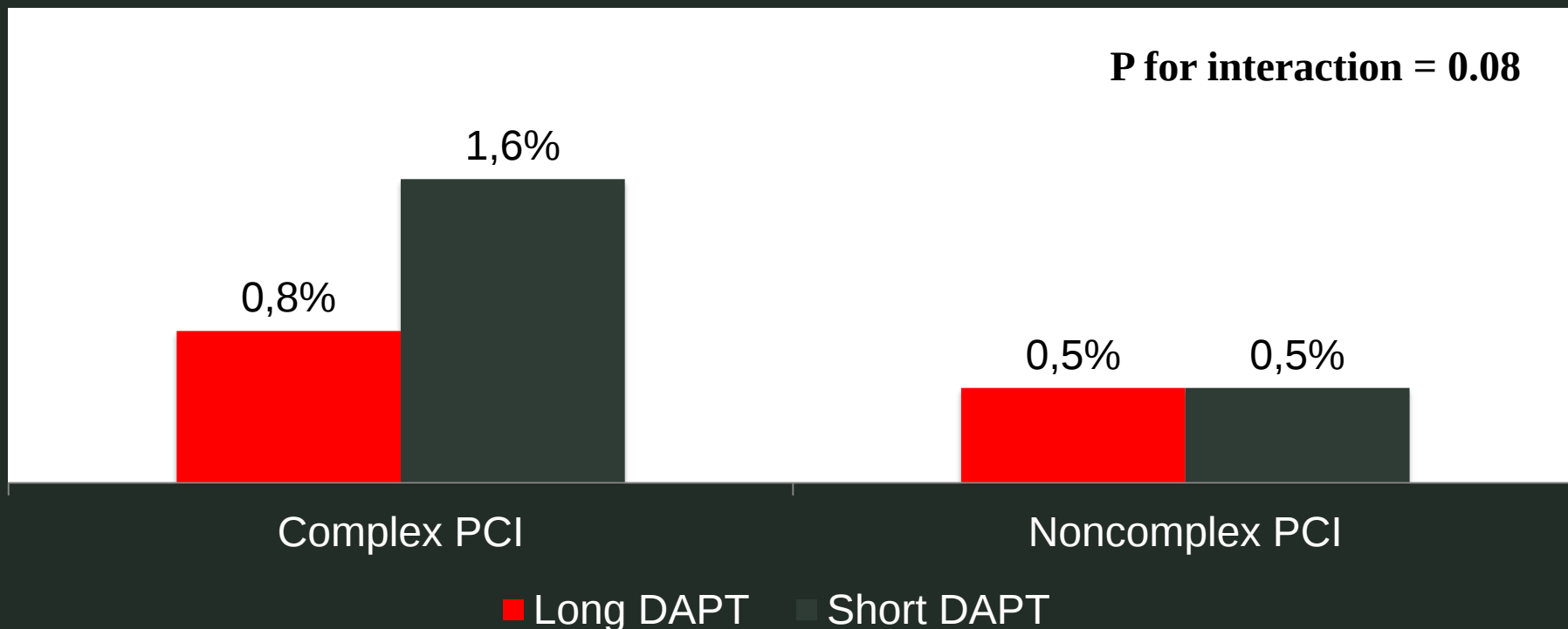
La doppia antiaggregazione prolungata : gli aggiornamenti dal PEGASUS

- **robusto disegno e risultati convincenti**
- **coerenza dei risultati in numerosi sottogruppi prespecificati**
- **spalanca il focus sul paziente stabile nella fase successiva a una sindrome coronarica acuta**

DAPT Duration for Complex PCI

Patient-level meta-analysis of 9,577 pts from 6 PCI trials of DAPT duration

Definite or probable stent thrombosis



Complex PCI was defined as having at least 1 of the following features: 3 vessels treated, ≥ 3 stents implanted, ≥ 3 lesions treated, bifurcation with 2 stents implanted, total stent length > 60 mm, or chronic total occlusion

DAPT a lungo termine : un nuovo paradigma

Il rischio residuo del paziente nella pratica clinica

**It's time to re-focus our attention and
resources on the chronic phase
after an acute coronary event**



**EYESHOT (EmployEd antithrombotic therapies in
patients with acute coronary Syndromes Hospitalized
in iTaly) Post-MI Registry**



230 centers



Post-PCI

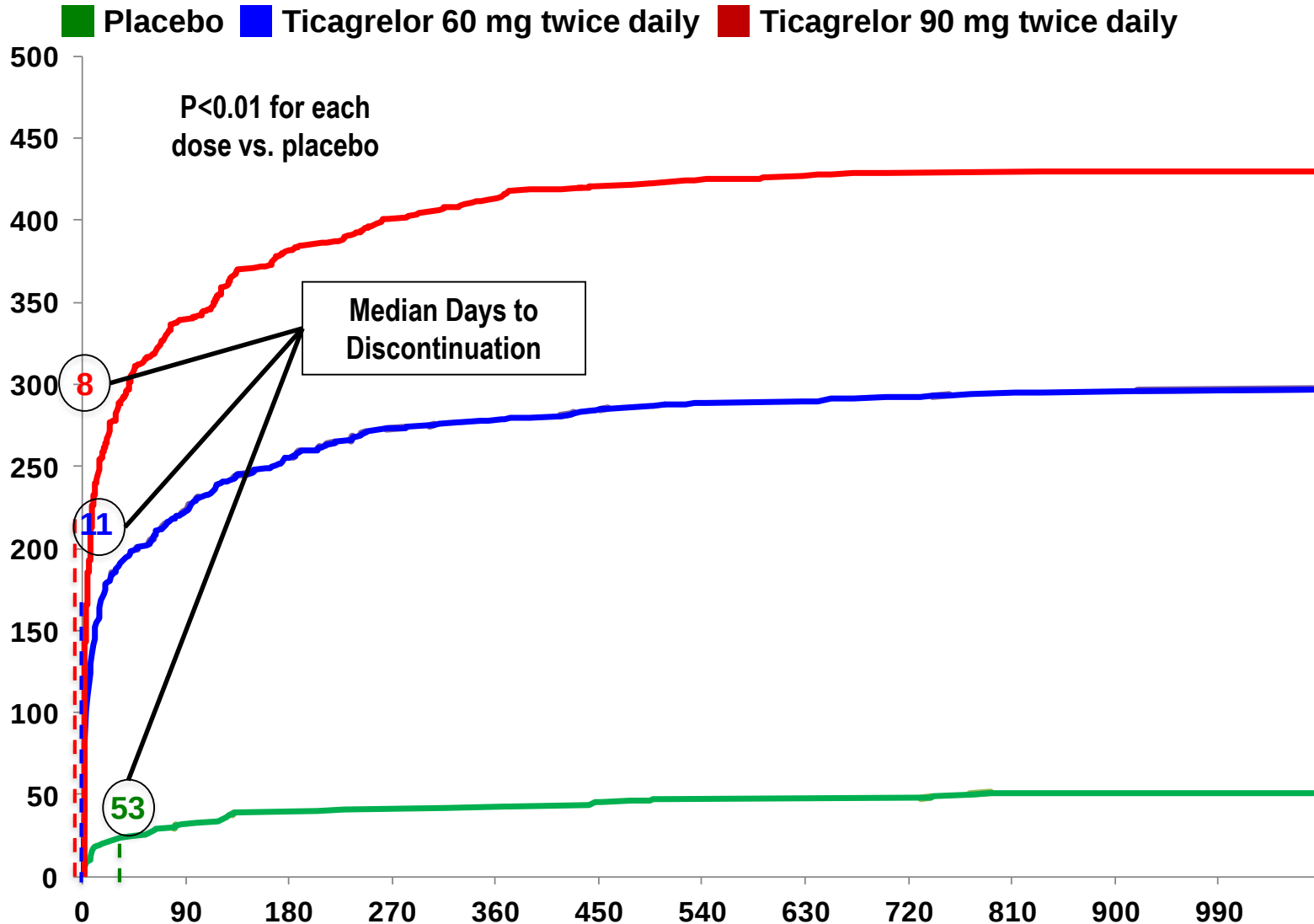
**Registro prospettico multicentrico
dei pazienti dimessi dalle Cardiologie della
Lombardia rivascolarizzati
con angioplastica coronarica**

Sponsor - Società Italiana di Cardiologia Interventistica GISE

Unrestricted grant : Astra Zeneca

Discontinuation over time for Dyspnea by Randomization Group

Number of Patients Discontinued for Dyspnea

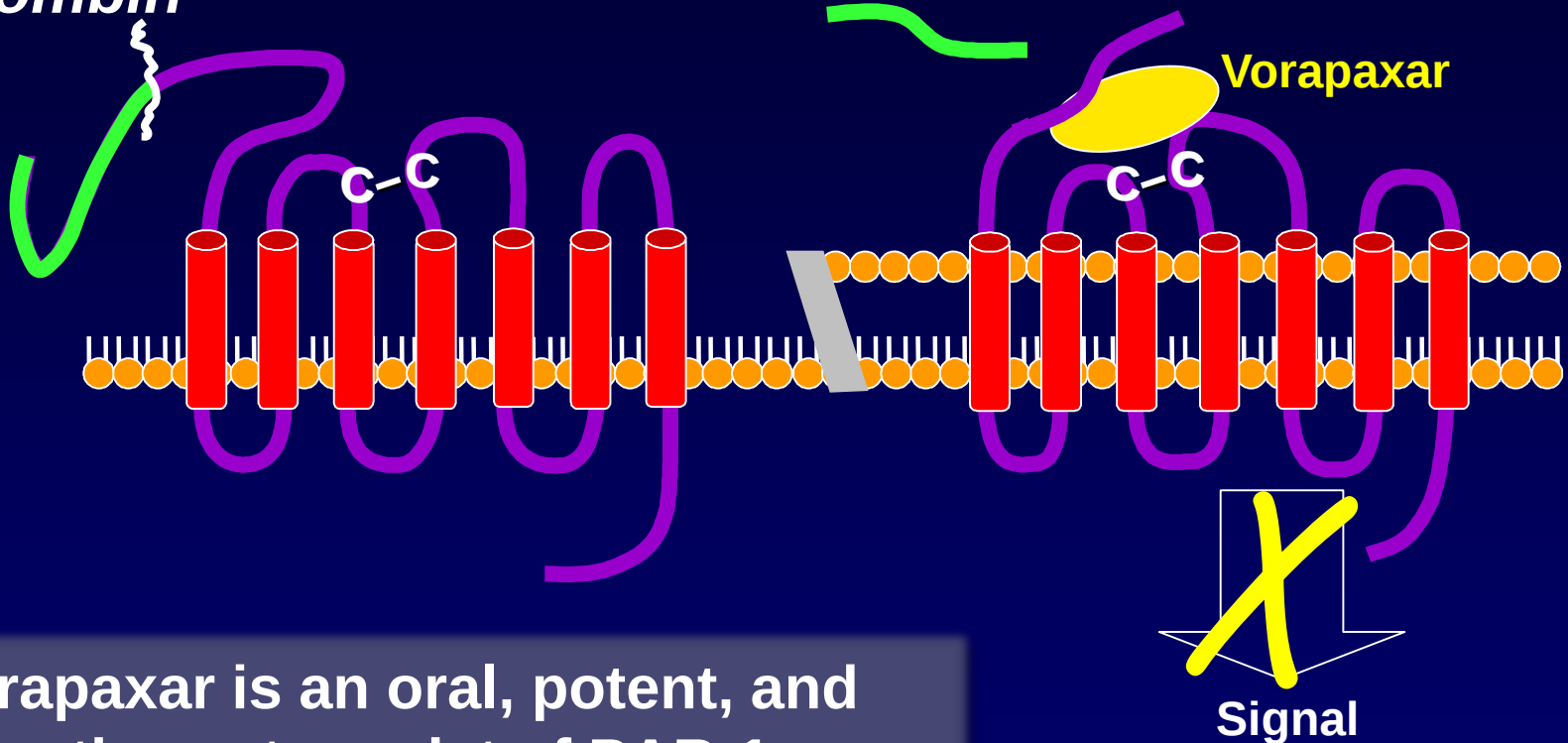


Days From Randomization

Bonaca M et al. JAMA Cardiol 2016;1:425-432

Protease-activated receptor (PAR)-1

Thrombin

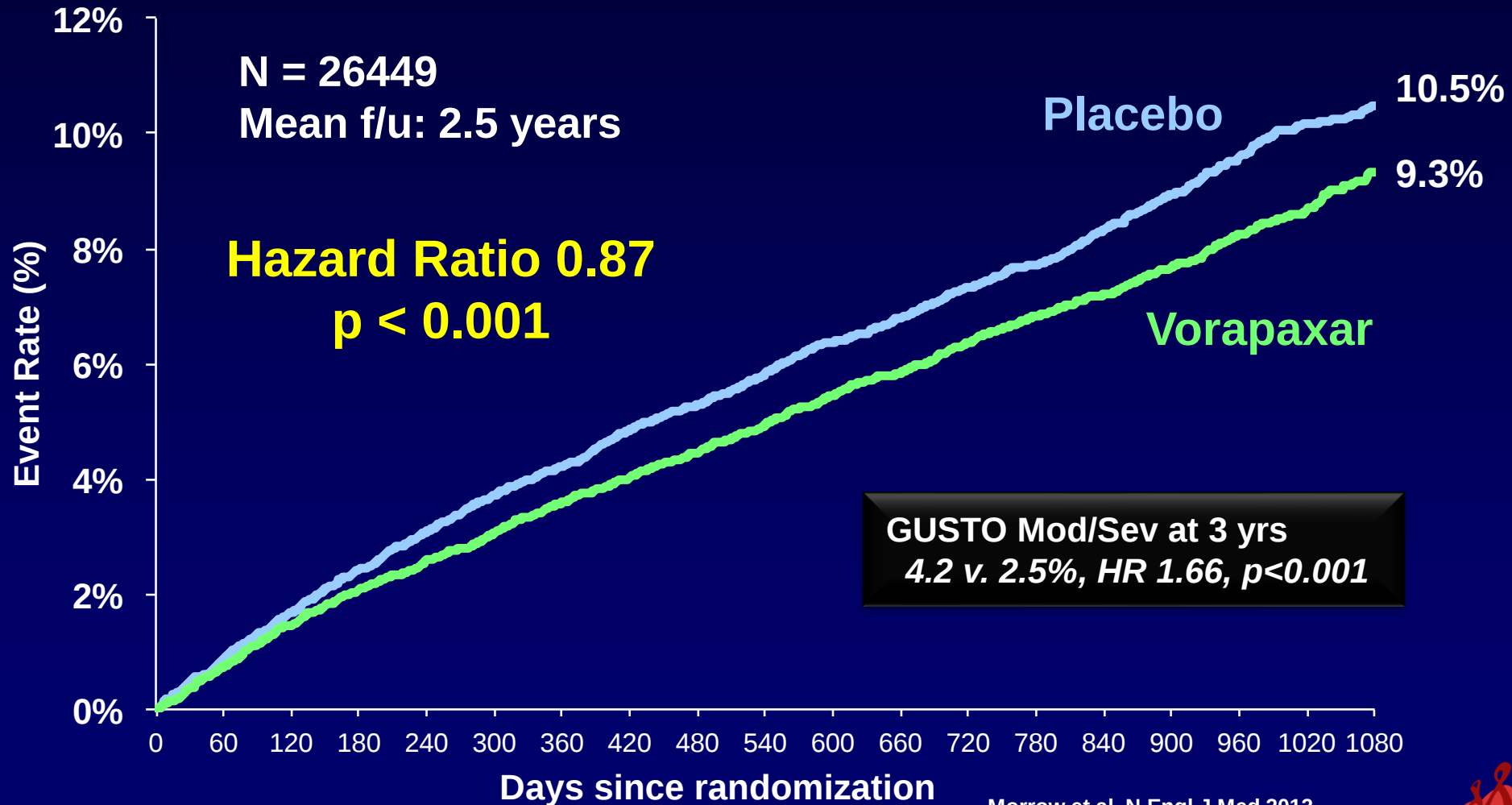


- Vorapaxar is an oral, potent, and selective antagonist of PAR-1
- Metabolism by CYP3A4 enzymes
- No meaningful renal clearance
- Long half-life ($T_{1/2} > 100$ hrs)

Shape Change
Activation
Aggregation

Adapted from Vu TH et al.
Cell 1991;64:1057–66.

CV Death, MI, or Stroke



Primary Efficacy Evaluation

Prior MI Cohort

CV Death, MI, or Stroke

N = 17,779
Mean f/u: 2.5 years

Hazard Ratio 0.80;
95% CI 0.72 - 0.89
p < 0.001

